

2.9 HEALTH BEHAVIOUR OF WOMEN

Table 2.9.1

Frequency of self-administered breast examination according to age, female population 15 and over, Quebec, 1992-1993 and 1998

	At least once a month		Once every 2 or 3 months		Less than once every 2 or 3 months		Never	
	1992-1993	1998	1992-1993	1998	1992-1993	1998	1992-1993	1998
	%							
15-29	18.4	18.0	18.6	17.2	25.5	25.2	37.5	39.6
30-39	20.7	23.6	25.3	23.5	30.0	29.7	24.0	23.2
40-49	26.2	29.0	24.2	23.9	27.1	25.4	22.6	21.7
50-69	31.2	34.9	22.7	20.6	21.9	22.8	24.3	21.7
70+	25.5	29.6	15.5	13.4	22.0	19.1	37.0	38.0
Total	24.0	26.8	21.9	20.3	25.7	25.0	28.5	27.9
Pop.								
'000	--	794	--	--				831

Source: Institut de la statistique du Québec, *Enquête sociale et de santé 1998*.

Table 2.9.2

Time elapsed since the last clinic breast examination according to age, female population 15 and over, Quebec, 1992-1993 and 1998

	Less than 12 months		1 or 2 years		More than 2 years		Never		Do not know	
	1992-1993	1998	1992-1993	1998	1992-1993	1998	1992-1993	1998	1992-1993	1998
	%									
15-29	50.3	42.9	15.1	13.5	7.0	7.2	26.0	35.3	1.7*	1.1**
30-39	51.7	45.2	22.6	24.0	18.5	20.6	6.6	9.1	0.7**	1.1**
40-49	50.8	49.1	22.2	25.0	18.8	18.8	7.3	5.8	0.9**	1.3**
50-69	44.4	53.4	23.0	21.4	22.3	16.6	8.8	7.0	1.6*	1.5**
70+	29.3	32.7	16.1	17.7	26.6	29.8	22.9	16.0	5.2*	3.8*
Total	47.4	46.2	20.0	20.4	17.2	16.9	13.7	15.0	1.6	1.5
Pop.										
'000	--	1,367	--	603	--	504	--	444	--	45

* Interpret with caution.

** Imprecise estimate, indication only.

Source: Institut de la statistique du Québec, *Enquête sociale et de santé 1998*.

Table 2.9.3

Time elapsed since the last mammogram according to age, female population 15 and over, Quebec, 1992-1993 and 1998

	2 years or less		More than 2 years		Never		Do not know	
	1992-1993	1998	1992-1993	1998	1992-1993	1998	1992-1993	1998
	%							
15-29	2.7*	1.6*	2.3*	1.7*	95.0	95.6	0.0**	0.1**
30-39	13.0	8.8	12.7	12.9	74.0	77.8	0.3**	0.4**
40-49	42.9	36.2	19.6	22.2	36.9	40.2	0.7**	1.4**
50-69	49.4	64.3	20.3	16.8	29.4	17.2	0.9**	1.7*
70+	26.3*	35.7	19.0*	27.1	52.9	35.5	1.8**	1.7**
Total Pop. '000	25.5	29.1	13.6	14.4	60.3	55.5	0.6	1.0
	--	870	--	431	--	1,633	--	29

* Interpret with caution.

** Imprecise estimate, indication only.

Source: Institut de la statistique du Québec, *Enquête sociale et de santé 1998*.

Table 2.9.4

Time elapsed since the last PAP test according to age, female population 15 and over, Quebec, 1992-1993 and 1998

	Less than 12 months		1 or 2 years		More than 2 years		Never		Do not know	
	1992-1993	1998	1992-1993	1998	1992-1993	1998	1992-1993	1998	1992-1993	1998
	%									
15-29	57.8	53.6	14.4	12.9	4.4	3.4*	21.9	28.1	1.5*	2.0*
30-39	56.8	49.8	23.7	25.6	14.7	17.2	3.6	5.0	1.2**	2.4*
40-49	49.8	46.5	23.9	24.5	21.9	21.2	2.9*	4.7	1.5**	3.1*
50-69	34.0	38.5	20.3	19.9	32.9	27.7	8.9	8.6	4.0	5.4
70+	14.7	14.8	11.0	11.2	39.2	34.9	25.3	27.6	9.8	11.5
Total Pop. '000	46.8	43.9	19.4	19.5	19.7	19.0	11.4	13.6	2.7	4.1
	--	1,287	--	573	--	-570	--	410	--	124

* Interpret with caution.

** Imprecise estimate, indication only.

Source: Institut de la statistique du Québec, *Enquête sociale et de santé 1998*.

Table 2.9.5**Use of oral contraceptives and sexual activity, female population 15 to 44, Quebec, 1998**

	Use of oral contraceptives (sexually active women or not)	At least one sexual partner over a 12- month period
	%	
15-17	29.8	42.3
18-19	56.6	77.0
20-24	52.2	85.1
25-34	28.5	91.5
35-44	7.1	88.4
Total	25.1	83.7

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.

Table 2.9.6**Use of hormones for problems linked to menopause and perceived menopausal status, according to age, female population 15 and over, Quebec, 1998**

	%
Use of hormones	
15-24	0.1**
25-44	2.4*
45-64	35.5
65+	16.1
Total	13.9
Menopausal status	
15-24	0.2**
25-44	2.9
45-64	66.2
65+	57.4
Total	29.0
Do not know	
15-24	0.7**
25-44	4.1
45-64	8.8
65+	2.3*
Total	4.7

* Interpret with caution.

** Imprecise estimate, indication only.

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.

Table 2.9.7

Frequency of self-administered breast examination according to scolarity and income level, female population 15 and over, Quebec, 1998

	At least once a month	Once every 2 or 3 months	Less than once every 2 or 3 months	Never
	%			
Relative scolarity				
Very low	31.9	16.9	20.3	31.0
Low	27.2	20.6	24.9	27.3
Average	24.3	20.9	26.7	28.1
High or very high	25.7	21.5	26.4	26.4
Income level				
Very poor	28.6	12.4	26.3	32.8
Poor	26.9	17.5	21.5	34.1
Lower middle income	28.2	18.7	24.1	29.0
Upper middle income	26.1	23.6	25.0	25.3
High income	23.1	22.9	30.7	23.3

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.

Table 2.9.8

Time elapsed since the last clinic breast examination according to scolarity and income level, female population 15 and over, Quebec, 1998

	Less than 12 months	1 or 2 years	More than 2 years	Never	Do not know
	%				
Relative scolarity					
Very low	39.3	19.6	18.2	20.4	2.5*
Low	47.2	19.4	17.4	14.6	1.5**
Average	45.3	21.3	15.8	16.1	1.6*
High or very high	49.7	20.6	16.9	11.9	1.0*
Income level					
Very poor	40.1	17.8	19.2	18.9	4.0*
Poor	38.4	18.0	19.8	21.5	2.3**
Lower middle income	43.2	21.3	17.6	16.8	1.2*
Upper middle income	50.8	20.9	15.4	11.8	1.1*
High income	53.2	20.4	15.0	10.1	1.4**

* Interpret with caution.

** Imprecise estimate, indication only.

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.

Table 2.9.9**Time elapsed since the last mammogram according to scolarity and income level, female population 15 and over, Quebec, 1998**

	2 years or less	More than 2 years	Never	Do not know
	%			
Relative scolarity				
Very low	27.9	15.2	55.3	1.6**
Low	27.4	13.5	58.2	0.9**
Average	26.2	13.8	58.9	1.2**
High or very high	32.1	14.9	52.4	0.6**
Income level				
Very poor	27.0	14.5	57.6	1.0**
Poor	23.5	14.1	60.6	1.9**
Lower middle income	28.6	14.0	56.5	0.9**
Upper middle income	30.4	14.9	53.9	0.9**
High income	34.4	14.5	50.4	0.7**

** Imprecise estimate, indication only.

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.

Table 2.9.10**Time elapsed since the last PAP test according to scolarity and income level, female population 15 and over, Quebec, 1998**

	Less than 12 months	1 or 2 years	More than 2 years	Never	Do not know
	%				
Relative scolarity					
Very low	37.4	19.5	21.8	15.4	6.0
Low	44.0	19.6	18.1	14.1	4.3
Average	44.0	18.3	18.7	15.1	4.0
High	43.3	21.0	19.2	12.7	3.9*
Very high	50.4	19.2	17.5	10.7	2.2*
Income level					
Very poor	40.3	16.9	21.2	15.1	6.6*
Poor	34.6	17.8	21.3	19.1	7.2.*
Lower middle income	40.0	21.0	19.3	15.0	4.6
Upper middle income	49.1	19.4	17.8	11.0	2.7
High income	50.5	18.7	17.9	11.3	1.6**

* Interpret with caution.

** Imprecise estimate, indication only.

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.

Table 2.9.11

**Use of oral contraceptives according to age and relative scolarity
female population 15 to 44, Quebec, 1998**

	%
Relative scolarity	
15-24	
Very low	31.0*
Low	41.3
Average	48.8
High	44.3
Very high	58.1
25-44	
Very low	12.3
Low	14.2
Average	21.0
High	15.4
Very high	20.0
Total	
Very low	16.6
Low	21.5
Average	32.2
High	23.4
Very high	30.0

* Interpret with caution.

** Imprecise estimate, indication only.

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.

Table 2.9.12

Frequency of self-administered breast examination according to mother tongue, female population 15 and over, Quebec, 1998

	N=	9718	556	533	210
		French	English	Other	n/a
At least 1 a month		26.03%	33.09%	27.02%	27.14%
Once every 2 to 3 months		21.07%	20.50%	15.01%	11.43%
Less often		25.14%	23.02%	22.89%	15.71%
Never		25.75%	21.94%	30.02%	16.19%
Unknown		2.01%	1.44%	5.07%	29.52%
		100.00%	100.00%	100.00%	100.00%

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.

Table 2.9.13

Time elapsed since the last clinic breast examination according to mother tongue, female population 15 and over, Quebec, 1998

	N=	9718	556	533	210
		French	English	Other	n/a
Less than 12 months		46.14%	47.12%	37.71%	33.33%
1-2 years		20.38%	24.64%	21.01%	10.48%
More than 2 years		16.32%	14.03%	12.76%	13.33%
Never		13.68%	11.15%	22.89%	12.38%
Do not know		1.52%	1.62%	1.88%	0.00%
Unknown		1.96%	1.44%	3.75%	29.52%
		100.00%	100.00%	100.00%	100.00%

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.

Table 2.9.14

Time elapsed since the last clinic breast examination according to mother tongue, female population 15 and over, Quebec, 1998

	N=	9718	556	533	210
		French	English	Other	n/a
Less than 12 months		46.14%	47.12%	37.71%	33.33%
1-2 years		20.38%	24.64%	21.01%	10.48%
More than 2 years		16.32%	14.03%	12.76%	13.33%
Never		13.68%	11.15%	22.89%	12.38%
Do not know		1.52%	1.62%	1.88%	0.00%
Unknown		1.96%	1.44%	3.75%	29.52%
		100.00%	100.00%	100.00%	100.00%

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.

Table 2.9.15

Had a mammogram according to mother tongue, female population 15 and over, Quebec, 1998

	N=	9718	568	340	210
		French	English	Other	n/a
Yes		42.23%	48.24%	35.00%	40.95%
No		55.69%	50.70%	62.65%	30.48%
Refusal		2.08%	1.06%	2.35%	28.57%
		100.00%	100.00%	100.00%	100.00%

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.

Table 2.9.16

Time elapsed since the last mammogram according to mother tongue, female population 15 and over, Quebec, 1998

	N=	4104	274	119	86
		French	English	Other	n/a
Less than 12 months		37.99%	36.13%	40.34%	47.67%
1-2 years		26.78%	34.67%	30.25%	20.93%
More than 2 years		32.68%	27.74%	26.89%	25.58%
Never		2.17%	0.00%	0.00%	0.00%
Do not know		0.39%	0.00%	0.00%	0.00%
Unknown		37.99%	36.13%	40.34%	47.67%
		100.00%	100.00%	100.00%	100.00%

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.

Table 2.9.17

Time elapsed since the last PAP test according to mother tongue, female population 15 and over, Quebec, 1998

	N=	9718	568	340	210
		French	English	Other	n/a
Less than 12 months		43.60%	43.31%	34.12%	30.48%
1-2 years		19.46%	23.59%	18.53%	12.38%
More than 2 years		18.85%	20.25%	11.18%	11.90%
Never		11.60%	8.45%	23.53%	6.19%
Do not know		3.59%	2.82%	7.65%	4.76%
Unknown		2.90%	1.58%	5.00%	34.29%
		100.00%	100.00%	100.00%	100.00%

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.

Table 2.9.18**Use of oral contraceptives by mother tongue, female population 15 to 44, Quebec, 1998**

	N=	9718	568	340	210
		French	English	Other	n/a
Yes		14.19%	11.27%	6.47%	13.81%
No		83.11%	86.62%	90.29%	54.76%
Refusal		2.70%	2.11%	3.24%	31.43%
		100.00%	100.00%	100.00%	100.00%

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.**Table 2.9.19****Use of hormones for problems linked to menopause according to mother tongue, female population 15 and over, Quebec, 1998**

	N=	9718	568	340	210
		French	English	Other	n/a
Yes		14.19%	11.27%	6.47%	13.81%
No		83.11%	86.62%	90.29%	54.76%
Refusal		2.70%	2.11%	3.24%	31.43%
		100.00%	100.00%	100.00%	100.00%

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.

Table 2.9.20**In menopause or entering menopause according to mother tongue, female population 15 and over, Quebec, 1998**

	N=	9718	568	340	210
		French	English	Other	n/a
Yes		26.38%	34.15%	17.94%	29.52%
No		65.53%	59.15%	71.18%	34.76%
Do not know		4.83%	4.05%	7.06%	2.86%
Refusal		3.26%	2.64%	3.82%	32.86%
		100.00%	100.00%	100.00%	100.00%

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.