

6. SPIRITUALITY, RELIGION AND HEALTH

Table 6.1

Importance accorded spiritual life, belief in the positive effect of spiritual values on health, attendance at a church or cult in a twelve-month period and current religious affiliation, population 15 years and older, Quebec, 1998

	%	Pop '000
Importance accorded spiritual life		
Very important	29.8	1,739
Fairly important	35.4	2,064
Of little importance	24.6	1,431
Not important at all	10.2	591
Belief in the positive effects of spiritual values on health		
Yes, a lot	36.9	2,150
Yes, a little	32.5	1,893
No, not at all	21.3	1,242
Do not know	9.3	540
Frequency of attendance at a church or cult in the course of 12 months		
More than once a week	4.6	270
Once a week	11.9	701
More than once a month	9.5	557
More than once a year	42.7	2,478
Never attend	31.3	1,818
Religious affiliation		
None	13.7	797
Roman Catholic	78.4	4,568
United Church	1.3	76
Anglican	1.9*	61
Greek Orthodox	0.8*	48
Jewish	0.7*	42
Islamic	0.9*	52
Other	3.2	181

*Interpret with caution

Source: Institut de la statistique du Québec, *Enquête sociale et de santé 1998*.

Table 6.2**Current religious affiliation by mother tongue, Quebec, 1998**

	N=	18211	1029	1045	445
		French	English	Other	n/a
None		10.72%	18.37%	11.20%	4.94%
Catholic		83.67%	44.61%	55.02%	48.99%
Other		2.56%	33.72%	28.42%	6.52%
Unknown		3.04%	3.30%	5.36%	39.55%
		100.00%	100.00%	100.00%	100.00%

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.

Table 6.3**Importance accorded spiritual life with respect to effect on health by mother tongue, Quebec, 1998**

	N=	18211	1029	1045	445
		French	English	Other	n/a
Very important		27.85%	33.21%	39.56%	28.76%
Fairly important		36.24%	35.01%	31.09%	27.87%
Of little importance		24.60%	19.83%	19.42%	13.26%
Not important at all		9.62%	9.96%	7.01%	5.39%
Refusal		1.70%	1.99%	2.92%	24.72%
		100.00%	100.00%	100.00%	100.00%

Source: Institut de la statistique du Québec, *Enquête social et de santé 1998*.