|  |  |  |
| --- | --- | --- |
| **Date** | **CHEP Topic** | **Presenter** |
| Jan 19, 2022 | Decluttering for your Health: Strategies for Chronic Disorganization, Hoarding, and Downsizing | Kathleen Murphy, Certified Professional Organizer, Chronic Disorganization Specialist and Hoarding specialist |
| Feb 16th, 2022 | From Social Isolation and Loneliness to Belonging and Well-Being | Darla Fortune, PhD, Professor Concordia University, Department of Applied Human Sciences |
| Mar 16th, 2022 | Diabetes 1 + 2  | (hosted by ECO-02) |
| April 20th, 2022 | Music Therapy – Music for your Mind, Body and Spirit | Lara McKinnis, Music Therapist and Professional Development Specialist |
| May 18th, 2022 | Age-Related Hearing Loss – Causes, Complications and Care | Audiologist (TBD)  |
| June 15th, 2022 | Stroke Signs and Symptoms | Dr. Morais, Professor and Director of the Division of Geriatric Medicine at McGill, MUHC, and JGH |
| Sept 15th, 2022 | It’s Okay to Forget: An Update on Memory Loss and Treatments  | Dr. Serge Gauthier, Director or the Alzheimer Disease and Related Disorders Research Unit at the McGill Centre for Studies of Aging  |
| Oct 19th, 2022 | Incontinence and Pelvic Floor Rehabilitation  | Chantal Dumoulin, PhD, Canada Research Chair in Urogynecological Health and Aging Research center, University Institute of Geriatrics of Montreal  |
| Nov 16th, 2022 | Coping with Chronic Pain: A Summary of the Work by the Canadian Pain Task Force | Dr. Manon Choniere and Dr. Patricia Poulin, members of the Canadian Pain Task Force |