



About the AGAPE Project

AGAPE's objective was to support organizations in the Laval region with the adaptation of resources, tools, and information campaigns to improve the mental health and well-being of youth aged 10 to 17, teachers, support staff, and administrators. Senior citizens were also targeted given that more than one-quarter of all English-speaking Quebecers are 55 or older, and many of them are especially isolated and vulnerable.

Where We Are

● Laval
agapeassociationinc.com

Contact

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Promising Practice

AGAPE provided Mental Health First Aid training through the Mental Health Commission of Canada to teachers and support staff working with children/youth and senior citizens. Their goals were centered on early intervention and health promotion, and with this evidence-based training, trainees can help identify at-risk youth before symptoms get worse.

★ Key Success Factors

- Solid partnerships
- Evidence-based training



Solid partnerships with an engaged and active project committee was a key contributor to the success of the project.