



Where We Are

● **Mauricie**
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About the Centre for Access to Services in English (CASE) Project

CASE's project set out to better identify and document mental health services available in the Mauricie-Centre-du-Québec (MCQ) region. The goal was to use this knowledge to inform the design of a program that would be effective in supporting English-speaking people in the community experiencing mental health issues.



Identifying areas of need and gaps in service were crucial first steps towards expanding services and mental health care for the ESC.



Promising Practice

In an effort to address the linguistic and systemic barriers preventing equal access to mental health services for the English-speaking community (ESC), CASE disseminated 'Accessibility' surveys to determine what services existed in the MCQ region and which organizations were open to partnering to serve the ESC.

★ Key Success Factor

- Survey to identify service gaps and to support partnership development