



### Where We Are

● Provincial/Quebec  
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## About the Leading English Education and Resource Network (LEARN) Project

Schools are an ideal setting in which to promote mental health for children and youth but also to reach large groups of children during their formative years of cognitive, emotional and behavioural development. The goal of LEARN's project was to build the capacity of Community Learning Centre (CLC) schools to develop or strengthen school-based mental health initiatives in collaboration with a community partner.



## Promising Practice

In an effort to address the lack of socialization skills amongst students and staff, a common challenge for schools post-pandemic, CLC schools implemented a series of community-based projects. They organized activities focused on relationship-building between students and teachers, as well as peer-to-peer. Examples include: promoting positive mental wellness by working and learning together, participating in shared activities, developing student advocacy/support groups, training for staff, teacher-led wellness sessions for their peers, and more.



### ★ Key Success Factors

- Regular, open communication
- Well-designed activities
- On-going mental health-related collaborations among students and staff

**Consistent communication and collaboration allows for potential issues to be identified and addressed early, reducing the impact of unforeseen challenges. When school climate improves, student learning improves.**