



Estrie townshippers.org

Contact

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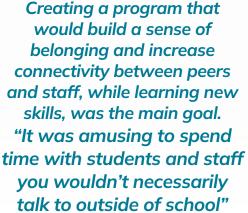
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About the Townshippers' Association (TA) Project

For this project, Townshippers' Association (TA) implemented activities and programs that addressed key mental health determinants of the OLMC's early childhood/young family, youth, senior, and adult populations. To achieve their goal for this initiative, Townshippers collaborated with partners across the territory to ensure that mental health services for the English-speaking community were available and promoted.









Promising Practice

Townshippers' Association and the Richmond, Danville & Drummondville area CLC collaborated to create a Healthy School Climates Program, which aimed to support students by pairing them with a school staff member in a fun activity: an escape room challenge. This program supported students' mental health by: strengthening student/teacher relationships, strengthening peer relationships, increasing the students' sense of belonging, and developing collaboration skills.

Key Success Factors

- · Pairing of students and staff
- Critical thinking context
- Creation of a fun learning experience
- Local partner collaboration
- Activities outside the school setting



