



About the Jeffery Hale Community Partners (JH Partners) Project

JH Partners' main project goal was to help build a resilient community where its members have a social support network. They wished to improve the mental health community support offered to the English-speaking community of the Capitale-Nationale by building on the solidarity of their tightly knit community and organizing, in collaboration with partners, workshops on challenges related to mental health.

Where We Are

● Capitale-Nationale
jhparkers.net

Contact

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Promising Practice

The WE Mind Mental Health program was created and has allowed for the documentation and centralization of local mental health services and resources on the JH Partners' website, including crisis care helplines, suicide prevention, psychosocial services, and many more. This made it easier for people to be aware of available services and facilitated access to them. The program was managed by a new coordinator who was trained in Mental-Health First Aid and Red Cross Self Care, among other relevant courses and readings.



Building a community where its members have a social support and mutual aid network - providing emotional support and practical resources - contributes to positive mental health.

★ Key Success Factors

- Staff recruitment
- Evidence-based mental health staff training