



### Where We Are

## Montreal tyndalestgeorges.com

## Contact

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## **About the Tyndale St-Georges Community Centre Project**

Tyndale St-Georges Community Centre planned to expand their High School Program and to bring youth into the centre who were not benefitting from their academic support programs. They targeted the most vulnerable students to access the community centre space and focused on increasing social-leisure activities by offering this service on Tuesday and Friday evenings.



# Promising Practice

A key practice was to build and nurture existing relationships with youth. The staff were often young role models from the community who were able to build an initial alliance which helped with the youth's openness to connect and receive interventions. The staff connected youth or their families with a Family Support Worker who could then ensure that the right mental health supports were in place.



These young role models helped bridge the gap between the community and more specialized, timely supports.



• Peer representation among front-line staff

Agence de la santé

publique du Canada

Relationship building



