



CHSSN

Annual Report

2023-2024

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1. Letter from the President

CHSSN's Growing Impact

In 2023-2024 the signatures were added to contracts of renewal of our programming that was prepared, submitted and approved in the previous year and with those signatures we started a period of stability for CHSSN programming.

Not only were most of our programs renewed, but in most cases, the budgets were increased. This commitment from our funders is, I believe, a strong testimony of their confidence in CHSSN to produce results and obtain the objectives of the programs and serve the needs of our community.

This renewal took place with an emerging backdrop of instability in the health and social services sector due to major reorganization of the public system, the creation of Santé Quebec, and the implementation of the revised Charter of the French Language in the health sector. The concerns of English-speaking communities about these developments will continue in the year ahead. These include application of new French-language policies on the right to services in English, transfer of regional access committees from institutions to Santé Québec, the development of new government-approved access programs, and the application of changes to the Official Languages Act regarding Quebec-federal cooperation that may affect the renewal of the Health Canada Contribution Program in 2028.

The CHSSN is engaged on all these issues right now and will continue to work in the period ahead to ensure that English-speaking communities benefit fully from the legislative guarantees of services in English.

On behalf of the board of directors I want to thank all the funders of CHSSN for their continued support and confidence in our organization.

Regards,
Ron.



2. Letter from the Executive Director

Confirming and Building



In 2023-2024 CHSSN celebrated the renewal of all our major programs and saw the end of a very successful mental health program with the Public Health Agency of Canada (PHAC). The evaluation of this project was overwhelmingly positive and you will see some of the results in this report. Mental health remains a key priority for all organizations and we will continue to try to find innovative ways for community organizations to play a role in responding to community needs.

We held two very successful large scale community organization events: the NPI bootcamp with 74 participants, that helped onboard the new people working in the NPI program, and a mental health event with over 100 participants. There were also several smaller events that helped to encourage peer to peer learning in all of our programming areas.

We had a very prolific year with nine different knowledge products released in multiple areas of interest (seniors, youth, 0-5 population, visible minorities, and a perception survey). We also produced four briefs to the government dealing with key issues and development: Bill 15 and Legislative Guarantees of the Health and Social Services System, the Action Plan for Seniors, the Action Plan for Youth and the Poverty and Social Exclusion Action Plan.

The launch of the Montreal Mapping Project was a real highlight for us as well. This tool is designed to help organizations and service providers better understand who their English-speaking clients are, where they are located and where resources in English are available.

This year we had, for the first time ever, financial support to help the community sector adapt their programming to better serve the autistic English-speaking community. This one-time investment from the Public Health Agency of Canada raised the profile of the needs of families with autistic children and offered them more resources and awareness building.

Learning from our peers is an important strategy in all our programming and we were also able to apply this philosophy to learning from our Francophone peers throughout Canada. I had the pleasure this year, with my colleague Russ Kueber, to visit two Francophone communities in Ontario: Sudbury and Thunder Bay. This visit was an important learning opportunity and has also set in motion a joint meeting between the Quebec Networks and the Francophone networks in early 2025!

Finally, the growth in our team this past year reflects the growth in our organization. We added four new employees to our roster, bringing our total to 15 and opened a satellite office in Montreal to house our growing team there. We have a remarkable team at CHSSN and they are all inspired by the work that they do.

Sincerely,
Jennifer.

CHSSN 2023-2024



3. Mission, Vision and Values

Our Mission

Our mission is to support English-speaking communities in Quebec to develop programs and services addressing the social determinants of health through knowledge sharing, collaboration, and training.

Our Vision

Achieving equitable access to health and social services in English through the development of programs and partnerships to address the social determinants of health and promoting the vitality of English-speaking communities of Quebec.

Values



Identity
preservation

Social
inclusion

Equity

4. Networking and Innovation



Health
Canada

Santé
Canada



4a. Networking and Partnership Initiative (NPI)



The CHSSN's Networking and Partnership Initiative (NPI) supports **22** networks and **14** satellites across **16** administrative regions, targeting the **1,230,180** English-speakers living in these regions. The activities of the NPIs focus on improving access to English-language health and social services through 5 different types of activities: networking, representation, knowledge development, partnerships, and outreach.

NPI 2023-2024 Sharing Opportunities

In the 2023-2024 fiscal year, CHSSN hosted five major knowledge-sharing events.

First and foremost is the annual NPI Knowledge Exchange Event from October 24-25, 2023, with **74** executive directors and project leads attending this year. This event focused on sharing best practices to improve access to English-language health and social services, and guest speakers offering insights from experts on Info-Santé, Info-Social (811), and interpretation services.

The NPI Summer Networking Event in Magog on July 12, 2023 was organized with the Townshippers' Association and provided **20** participants a platform for informal discussions on program successes and challenges.

The NSCA-led Northern Networking Event on March 20, 2024, and the ARC-led Eastern Networking Event on February 29, 2024, collectively hosted **47** participants and highlighted the program's commitment to fostering collaboration among NPI Networks.

Additionally, the NPI initiative contributed to the Mental Health and Wellness Forum held in February 2024 by supporting a networking and exchange opportunity with kiosks from mental health service providers from across the province.



NPI Summer Networking Event (July 12, 2023)

NPI 2023-2024 Training Opportunities

Throughout 2023-2024 the NPI program made significant strides in enhancing community and organizational capacity.

On May 17, 2023, a virtual “kick-starter” session successfully launched the new five-year cycle 2023-2028 of the NPI program, with 27 participants gaining valuable insights into upcoming changes. Building on this momentum, the CHSSN hosted a training session focused on preparing the 2024-2025 work plan with 36 participants engaging in strategic planning and reporting techniques. Additionally, on September 11, 2023, Dr. Joanne Pocock delivered a webinar to 66 participants, enhancing their ability to interpret and present socio-demographic data from the 2021 Canadian Census.

These efforts collectively underscore the NPI program’s commitment to fostering informed, well-prepared community and organizational leaders. On March 12, 2024, NPI introduced a new Performance Report template 2023-2028, training 23 community organizations on its effective use.



NPI Annual Knowledge Exchange (October 24-25, 2023)

The CHSSN has also made significant progress in establishing and enhancing provincial partnerships that contribute to the NPI model, supporting NPIs at the regional level through key collaborations:

- **Collaboration with CAP santé mentale:** CHSSN has collaborated with CAP Santé mentale (previously known as Réseau Avant de Craquer) to adapt and translate key information and resource documents, making them accessible to the English-speaking community.
- **Partnership with FCAAP:** In collaboration with Fédération des centres d'assistance et d'accompagnement aux plaintes (FCAAP), CHSSN is working to promote CAAP services to Official Languages Minority Communities (OLMC) across Quebec, supporting regional members who assist users through the complaints process.
- **Engagement with RPCU:** CHSSN has partnered with Regroupement provincial des comités des usagers (RPCU) to increase awareness among NPIs and user committees about the right to access services in English. The Executive Director presented to 30 user committees from health and social service establishments, emphasizing the importance of promoting English-language access.
- **Alliance with AQPS:** CHSSN has collaborated with the Association québécoise de prévention du suicide (AQPS) to promote their new 24/7 English-language texting line. Additionally, CHSSN developed and distributed English-language web-based tools and resources to NPIs and regional suicide prevention centers across the province.
- **Exchange with Franco-Ontarian Network:** CHSSN staff had the opportunity to travel to Northern Ontario to learn about how the Réseau du mieux-être francophone du nord de l'Ontario work with public and community partners and share best practices. It was an incredibly inspiring exchange and has already led to the development of new projects with our public partners.



(L to R) Jennifer Johnson, CHSSN, Chantal Chartrand, Planning and Community Engagement Officer, North West Region, and Diane Quintas, Executive Director for the Réseau du mieux-être francophone du Nord de l'Ontario, and Russell Kueber, CHSSN.



(L to R) Didier Pilon, French Language Services Lead at the Health Sciences North, Monique Rocheleau, Associate Executive Director of the Réseau du mieux-être francophone du Nord de l'Ontario, Jennifer Johnson and Russell Kueber, CHSSN, Roxanne Langemann, Planning and Engagement Officer of the Réseau du mieux-être francophone du Nord de l'Ontario.

4b. Services for Healthy Aging in the Right Place (SHARP)

In response to the changes in our funding from Health Canada for 2023-2024, we have reoriented the Community Health Education Program (CHEP). The program has transitioned from general health promotion activities to focusing on a key federal priority: providing resources to help seniors live in the community for as long as they wish. The new program, Services for Healthy Aging in the Right Place (SHARP), now provides information sessions aimed at achieving this goal. The program still includes 8 virtual webinars that are offered once a month.

The infographics below show our successes. Participants valued new resources and easy access to recordings. We delivered 8 sessions to 1,055 participants in 2023-2024. CHSSN will keep evaluating the needs of seniors in order to select the best topics and speakers for healthy aging.

Overall, **90.2%** of participants felt that the SHARP sessions helped to increase their knowledge

Key Metrics (Live)

914

Total sessions participants

8

Sessions Provided

Key Metrics (Recorded)

141

Recorded sessions participants

10

Recordings shown by 9 organizations

Successes

- New knowledge & resources
- New partnerships
- Access to recordings

Challenges

- Not enough health education
- Finding local health partners
- Scheduling & attendance

Date	Session topic	Total Participants
23-Apr-23	Love Is In the Details: a guide to assist you prepare your legacy notebook	204
17-May-23	Aging in Place While Lightsizing	166
21-Jun-23	Taking the Fear Out of Prostate Screening and Follow Up	55
20-Sep-23	Thinking About Your Cognitive Health... community resources for people living with dementia and their caregivers	106
18-Oct-23	Thinking About Your Physical Health...safer sex for older adults	55
15-Nov-23	Thinking About Your Home and Community... resources for fall prevention	113
17-Jan-24	Thinking About Social Isolation: resources for seniors living in the community	69
21-Feb-24	Thinking About Supports and Services... what can the CLSC offer to help me maintain my independence as I age?	146
Total Live SHARP session participants for FY 2023-2024		914
Total participants including recorded sessions participants for FY 2023-2024		1055

4c. Adaptation of Health and Social Services

This year, CHSSN signed 16 five-year agreements with regional health partners (CISSS/CIUSSS) to improve access to English services in the public healthcare system through innovative projects.

Key Objectives and Achievements:

- Understanding Regional English-Speaking Communities:
 - 14 local knowledge products were produced, including community consultations, portraits based on 2021 census data, satisfaction surveys, local mapping, and identification of missing services.
- Improving Access to Health Services:
 - 39 measures were implemented in various service programs, such as using community liaisons for improved service access in 6 regions, enhancing communication strategies, and increasing the use of interpretation services.
- Creating Community Partnerships:
 - 49 partnerships were formed, including with NPIs, to better understand local English-speaking communities and develop innovative approaches for service access.
- Producing English Information Resources:
 - 1,155 documents and 213 online resources were translated or updated into English.

CHSSN also released an Adaptation Project Guidebook, detailing each region's projects, available on our website.

Additionally, in collaboration with CISSS Montérégie-Centre, we hosted a forum in Montreal on March 12th with 17 CISSS representatives. This first in-person meeting of the CISSS/CIUSSS English-language respondents focused on strengthening collaboration, sharing expertise, and developing joint projects. Discussions led to the formation of working committees to implement inter-regional projects like pictograms, health passports, and visual identification of English-speaking employees.



4d. Enhancing Knowledge of Health Status and Well-being of English-speaking Quebecers

The Enhancing Knowledge project for CHSSN produced nine projects in 2023-2024, which include socio-demographic profiles, needs assessments, and best practices. These resources offer critical insights into various population groups and service needs within Quebec:



Socio-Demographic Characteristics of the Black Population in Québec by Dr. Joanne Pocock.

This report provides detailed tables that highlight key socio-demographic variables for the Black population across different language groups in Quebec and its RTS regions.



Socio-Demographic Characteristics of Visible Minorities in Montréal (Mapping Montréal App)

The statistical data used for the Mapping Montréal App project show the demographics of Montréal RTS and neighborhoods.



CROP Regional Profiles

CHSSN has collaborated with CROP to conduct regional profiles based on the surveys aimed at improving health and social services for the English-speaking population.



Socio-Demographic Characteristics of Visible Minorities in Québec by Dr. Joanne Pocock.

This document features tables that outline the socio-demographic characteristics of visible minority populations within various language groups in Quebec.



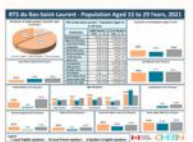
CROP Longitudinal Surveys of the English-Speaking Population in Québec

CHSSN has collaborated with CROP to conduct comprehensive longitudinal surveys aimed at improving health and social services for the English-speaking population.



EQDEM Report with Institut de la statistique du Québec (ISQ)

This analysis of the EQDEM (Enquête québécoise sur le développement des enfants à la maternelle), to be launched during the Grand Semaine des Tout-Petits (GSTP) 2024, will analyze survey data on the vulnerability indicators of English-speaking children aged 0-5, as reported by kindergarten teachers. The study aims to enhance access to health and social services for young English-speaking families.



Regional Dashboards for Population Aged 15-29 by Dr. Joanne Pocock.

This document offers regional dashboards detailing the socio-demographic characteristics of the 15-29 age group based on the 2021 Canadian Census.



Regional Dashboards for Population Aged 55 and over by Dr. Joanne Pocock.

This document offers regional dashboards detailing the socio-demographic characteristics of the 55+ age group based on the 2021 Canadian Census.

Geo-Data Approach Report for Community-Level Analysis in collaboration with Jeffery Hale Community Partners

This report focuses on the application of geo-data analytics for predicting health service needs among seniors in the Greater Quebec City region. It will integrate demographic data from Statistics Canada, ICLSC data from Jeffery Hale – Saint Brigid's, and community survey data from the Aging in Community Survey. The approach will be tested locally and, if successful, applied to other regions. Local partners will need to contribute perceptual survey data to validate and refine predictive analytics.

5. Early Childhood, Youth and Families Initiatives



Public Health
Agency of Canada

Agence de la santé
publique du Canada

5a. Bright Beginnings (BB)

The Bright Beginnings Program was launched in August 2019 by CHSSN, with support from the Fondation Lucie et André Chagnon. The program aims to improve the well-being of English-speaking children and families in Quebec by increasing their access to health, social, and family services. 2023-2024 marks the completion of its first five-year cycle. Our early childhood team is delighted to share some results from the hard work accomplished for our communities.

Highlights

This year, CHSSN was thrilled to sign a new five-year funding agreement with the Lucie and André Chagnon Foundation to continue our work with English-speaking children and families in Quebec. The support of the Foundation is invaluable for assisting families in need and creating systemic change in accessing services in English.

The Observatoire des tout-petits invited CHSSN to be a spokesperson for their campaign on children needing special support. This offer enabled CHSSN to speak publicly on the issue of accessing specialized care for English-speaking children.

The interview can be found [on CBC Radio Noon](#).

Three early childhood research projects were undertaken in collaboration with the Institut de la statistique du Québec and Dr. Joanne Pocock. The culmination of this work is expected to yield important findings for English-speaking families in Quebec. Stay tuned for our communications campaign in the fall of 2024.



At the Early Childhood Week event organized by the Collectif petite enfance (L to R) Anne-Marie Cech, CHSSN, Valérie Pelletier and Patricia Rossi, Fondation Lucie et André Chagnon, Jennifer Johnson, CHSSN.



Access campaign report

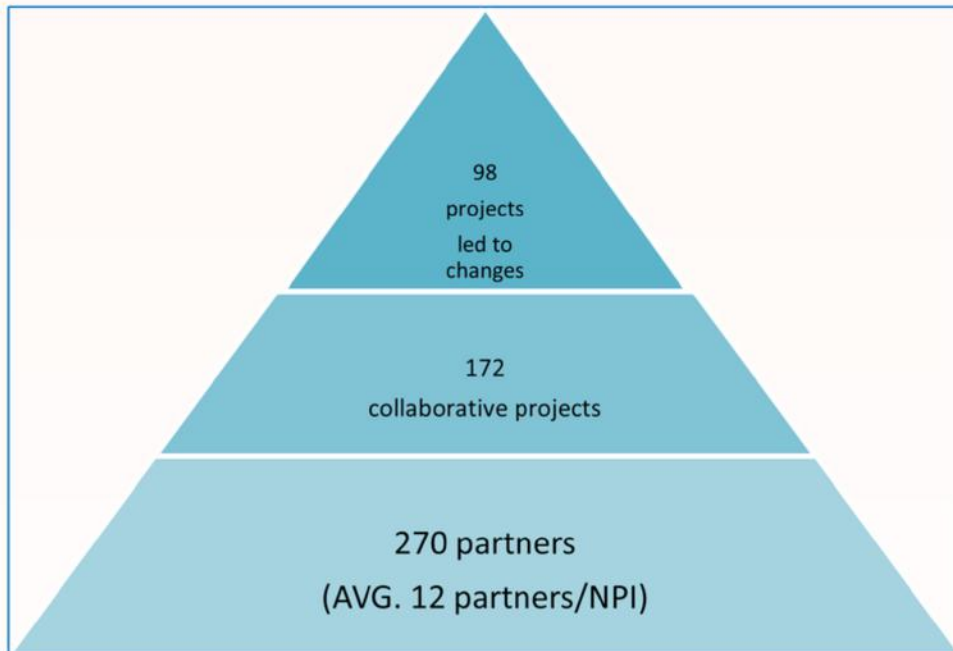
Results

We are very proud of the advancements made by NPI organizations with their partner organizations. Here are a few stats to demonstrate program and partnership growth over the past five years.

Project Years	2019 (Aug-Dec)	2020	2021	2022	2023
NPIs funded by BB Program	18	19	21	23	23
Number of NPI BB partners		74	152	195	27
Number of CHSSN BB collaborations		9	9	11	11

As mentioned above, the Bright Beginnings Program aims to increase access to services for English-speaking families. The illustration below reflects the number of NPI projects which led partner organizations to adapt their services to make them more accessible to English-speaking families. The total number of projects that led to partners making changes was 98 (57% of collaborative projects).

Changes Made by Partners in 2023: Impact of NPI Collaborations



5b. Healthy Early Years (HEY)

The HEY Program, funded by the Public Health Agency of Canada (PHAC), is designed to enable communities to develop comprehensive, culturally, and linguistically appropriate programs to improve the health and development of children (0-6 years) and their families living in Official Language Minority Communities (OLMCs) in Québec.

In 2023-2024, the CHSSN Healthy Early Years Program completed its fifth and final year of the program cycle with great success. Thirty-two organizations implemented activities that reached 6,142 parents/caregivers and children aged 0-6 from the English-speaking population in Quebec. Notably, over the five years of the program, recipient organizations, with support from a significant provincial partner (Regroupement pour la valorisation de la paternité), have successfully engaged 713 fathers.



CHSSN Early Childhood Autism Symposium

In addition to the 24 projects supported by the HEY program, 19 additional projects were funded through a one-time funding envelope for autism from PHAC. This investment enabled recipient organizations to create change in their communities by implementing initiatives to address the specific needs of OLMC children and parents, as well as working towards systemic change in their regions. The organizations connected with partners in 13 of the 18 regions of Quebec.

The autism funding allowed CHSSN to engage with expert organizations and researchers in the field, mobilize community partners around the issue, support organizations in better responding to the needs of autistic OLMC families, and increase knowledge regarding the challenges in accessing services for this population group.

Notably, the CHSSN Autism Symposium, which took place February 2024, brought together expert organizations, researchers, community, education, and health organizations working with OLMC families, as well as individuals with lived experience.



CHSSN Early Childhood Autism Symposium,
Lived Experience Conference

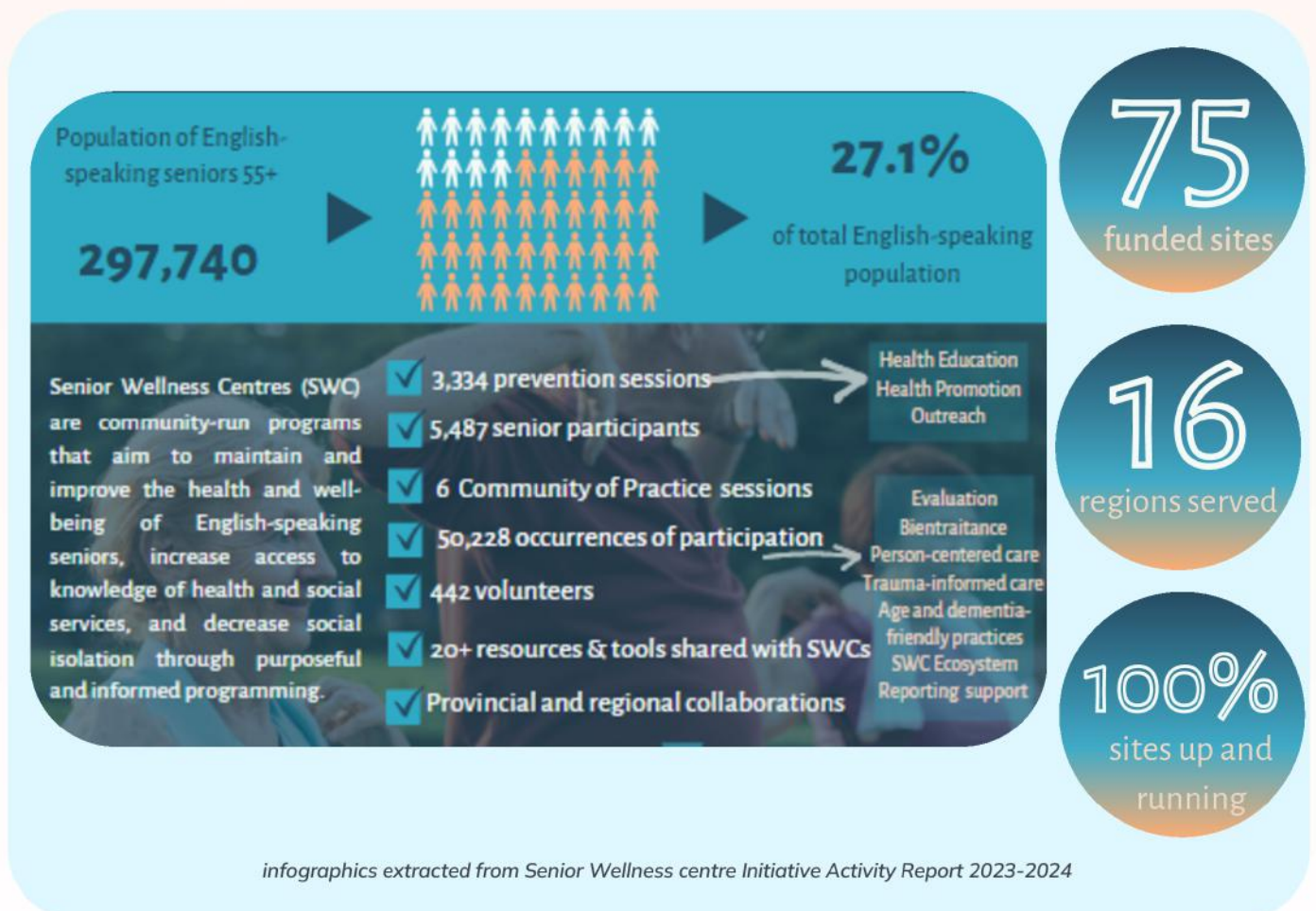


CHSSN Early Childhood Autism Symposium
(L to R) Anne-Marie Cech, CHSSN,
Kieran Holmes, PHAC, Jennifer Johnson, CHSSN

6. Senior Wellness Initiative (SWI)

2023-2024 was the final year of our first 3-year contract with the Secrétariat aux relations avec les Québécois d'expression anglaise (SRQEA) and with the 30 organizations receiving funding for the Senior Wellness Centre program and we surpassed all of our indicators!

As shown in the infographic, 75 senior wellness center sites across the province offered 3,334 health education and promotion activities to 5,487 participants. The organizations utilized a combination of in-person, virtual, and hybrid sessions, developed partnerships and collaborations, and provided outreach services to remove barriers to participation for vulnerable English-speaking seniors in their regions.



Highlights from 2023-2024

- 7 community of practice sessions with 30+ participants were held, including one in-person retreat for knowledge sharing, networking and capacity building
- more than 20 tools were created and or shared in the Facebook groups and knowledge hub
- feedback indicated that the sessions and resources created/ shared were rated high for relevance, learning and satisfaction
- in-person and virtual support provided to all 30 organizations
- 5 new provincial collaborations and representation opportunities
- formal evaluation and participation in 2 research studies
- confirmation of renewal of funding to extend and expand the program to 125 sites!



Senior Wellness Centre Retreat 2023

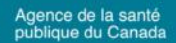
Impact:

- Provincial coordination
- Increased capacity of SWC's
- Enhance health related attitudes, knowledge & skills
- Increase access to information & services in English
- Reduced social isolation
- Increased autonomy & well-being
- Improved health outcomes



Senior Wellness Centre Retreat 2023

7. Mental Health Programs



7a. Partenariat d'assistance aux organismes en santé mentale 2023-2024 (PAOSM)

In its third year, the CMHI initiative, funded by the Secrétariat aux relations avec les Québécois d'expression anglaise, was renamed Partenariat d'assistance aux organismes en santé mentale (PAOSM) for 2023-2024. This continued support strengthened nine community-based service providers, extending mental health services to vulnerable English-speaking clients and supporting capacity building. Mental health service accessibility for English-speaking communities is heavily influenced by population density. Densely populated areas have more organizations offering services in English. In contrast, post-pandemic online services have helped mitigate barriers in less populated regions, where English speakers are often underserved.

"The intensity of the intervention required to support the mental health needs of the populations being served by the organizations varied widely across the projects funded. While some projects were focused on educating the public about what promotes mental health and preventing stigmatization of mental illness, others were oriented towards providing highly specialized services to people with advanced and complicated mental health conditions."

Christie Huff, Organizational Learning Integration Consultant & Evaluator of the PAOSM initiative.

This year, the nine English-speaking organizations in Quebec served 9,260 clients, representing a 47.6% increase from the previous year, not including the thousands reached through advertisements and social media.

ORGANIZATION FUNDED	REGION
Our Harbour	Monteregie
Mental Health Estrie	Estrie
Seniors Respite Monteregie	Monteregie
Fraser Recovery Program	Capitale-Nationale
Tyndale St-Georges Community Centre	Montreal
AMI-Quebec	Provincial
Friends for Mental Health	Montreal
Vent Over Tea	Provincial
Connexions	Outaouais

7b. Youth Mental Health Initiative (YMHI)

In its final year, the Youth Mental Health Initiative (YMHI) supported 27 community organizations across the province, doubling its outcomes, significantly advancing access to mental health services and resources for English-speaking Quebecers aged 15 to 29.

Three notable achievements over YMHI's past three years

- The creation, adaptation, or translation of resources doubled annually, reaching 391 in 2024. This highlights increased efforts in mental health promotion, raising youth awareness, and enhancing mental health literacy.
- The number of youth involved in identifying gaps in mental health services has nearly doubled to 1,368 in 2024. This reflects effective engagement and collaboration with youth to address priority areas and ensure equitable access to supports.
- The involvement of mental health professionals in activities and events has roughly doubled to 211 in 2024, demonstrating growing partnerships with experts and enhancing the credibility of awareness efforts.

“At the beginning of the project, the youth stated many times that they felt like there was nothing for them back here [remote region of Quebec] - both in relation to mental health and not. Now, when we speak to the youth, they are much more optimistic about what is available in the region. They are excited and enthusiastic about activities that are coming up and any new projects with [the community organization].”

Quote from anonymous survey respondent

“This project has empowered our youth to co-create a space where they feel understood, valued and supported during daily struggles, important transitions and life altering events.”

Quote from anonymous survey respondent



From top to bottom, numbers represent amounts from 2021-2022 to 2022-2023 to 2023-2024.

The future of the YMHI

CHSSN secured a five-year commitment from the Chagnon Foundation to invest in our children, youth, and families programs, effectively consolidating the management and resources for YMHI, BB, and HEY.

We received confirmation of continued funding for YMHI for a 2024-2025 bridging year from the Secrétariat à la jeunesse as they roll out their new Action Plan for the Politique québécoise de la jeunesse 2030 under the Ministry of Culture and Communications. CHSSN submitted a brief to the Secrétariat as part of their public consultation, "Consultation pour la jeunesse: Ta voix. Ton Québec," outlining the situation of vulnerable English-speaking youth and our recommendations for moving forward.



(L to R) Anne-Marie Cech, CHSSN, Patricia Rossi, Vice-president of partnerships, Amy Bilodeau, Valérie Pelletier, responsible for partnerships of the Chagnon Foundation, and Jennifer Johnson, CHSSN.



(L to R) Amy Bilodeau, CHSSN, Matilde Matkovic, responsable des partenariats et des opérations and Alexandre Gagné, Directeur des partenariats et des opérations par intérim, Secrétariat à la jeunesse du Québec.

Stigma reduction efforts

From October 2023 to February 2024, a questionnaire was conducted with 345 current and past participants of YMHI-supported initiatives.

- 65% of respondents felt more aware of available mental health resources.
- Many reported increased comfort in discussing mental health challenges (15% strongly agree, 29% agree, 21% agree a little).
- About half felt more comfortable seeking help for their mental wellbeing or that of others (21% strongly agree, 29% agree).

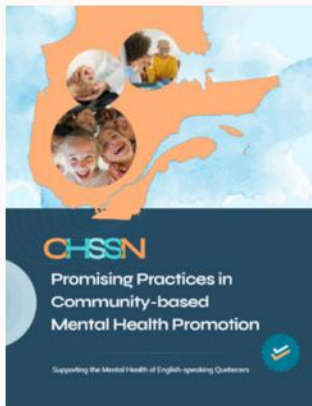
Finally, the results show that despite the encouraging efforts of the initiatives, there is still a long way to go before stigma regarding mental health is no longer a factor for young people. Over a third of youth respondents said they would feel judged by others for seeking help to support their own mental well-being, or that of their friends or family members.

7c. Supporting and Promoting the Mental Health (SPMH) of those most affected by COVID-19

CHSSN was able to maintain 46 community projects across the province in this second and final year of the initiative. A total of 34,465 vulnerable English-speaking individuals received mental health support or information. The projects impacted 14 regions of the province, with eight of the funded projects having a provincial scope, making this a very wide-reaching initiative.

CHSSN collected, cataloged, and disseminated the promising practices in community-based mental health promotion from 41 of the community organizations receiving this funding. The *Promising Practices in Community-based Mental Health Promotion* is available on the CHSSN website.


To help build and strengthen networks and the capacity of the community organizations receiving this funding to offer effective mental health promotion interventions, CHSSN offered six virtual and two in-person events.

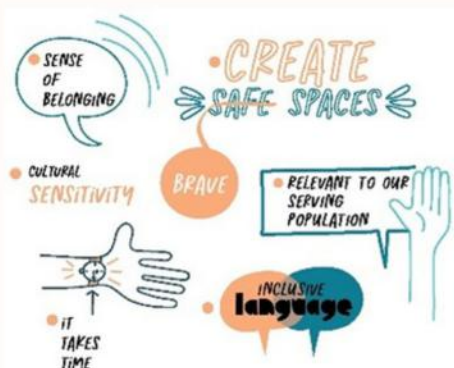


7d. Mental Health & Wellness Forum

In response to a growing need for collaboration between access points, mental health support promoters, and their partners, CHSSN held a provincial Mental Health & Wellness Forum in Montréal on February 14th and 15th. This event, a collaboration between the three CHSSN mental health programs (YMHI, PAOSM, SPMH), gathered over 67 community organizations in the field of mental health promotion. Diverse experts explored themes such as building relationships with partners in the mental health ecosystem and fostering connections with diverse, equity-deserving groups. Additionally, the forum addressed the challenges involved in serving marginalized or vulnerable community members using an intersectional lens on mental health equity.

To help build and strengthen networks and the capacity of the community organizations receiving this funding and to offer effective mental health promotion interventions, CHSSN offered six virtual and two in-person events.

 The summary report "[A Truly Brave Space](#)" is available on the CHSSN website.



8. Soutien à la mission globale (SMG)

Secrétariat aux relations
avec les Québécois
d'expression anglaise

Québec 

This was our first year of a two-year support and representation project in the health and social services sector funded by the Secrétariat aux relations avec les Québécois d'expression anglaise.

The three major objectives of SMG are:

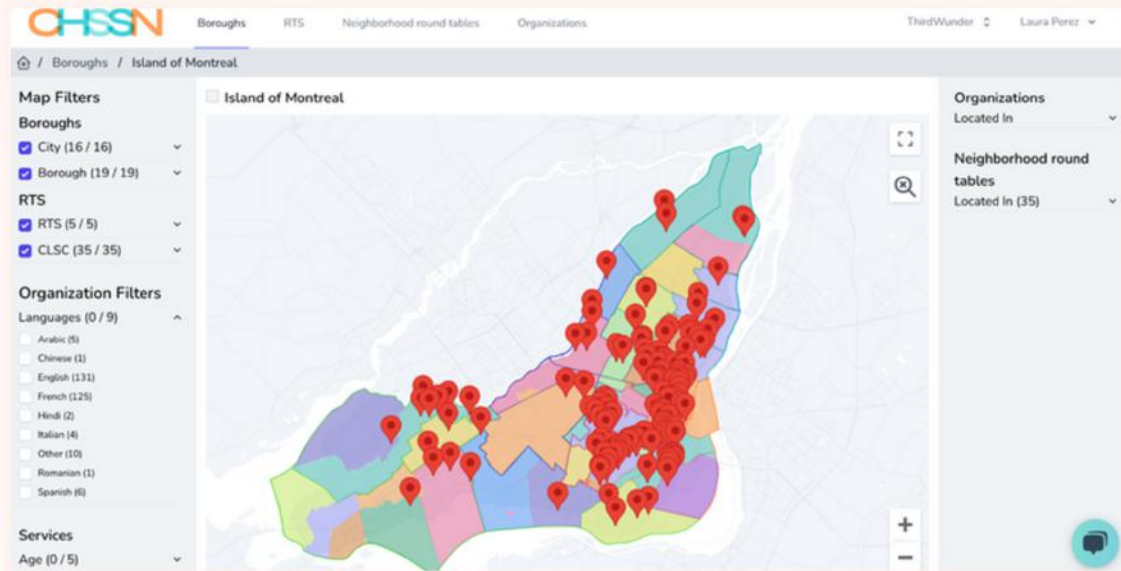
- To provide outreach and to support community health and social services organizations and networks.
- To provide greater representation and collaboration with governmental and non-governmental provincial stakeholders.
- To engage in policy and program development, research, and representation initiatives.

This year, over 55 organizations and more than 200 individuals were supported through individual coaching and/or participation in hybrid or online workshops, a Provincial Mental Health Forum with over 130 participants, a five-episode podcast on mental health, and a Montreal mental health event to share community resources.



Poverty and Social Exclusion in Quebec- Quebec's English-speaking Communities is a brief reacting to a new government Action Plan to improve the situation of individuals and families living in poverty and social exclusion in Quebec was also prepared and submitted in 2023. the brief is available on the CHSSN website.

The Montreal Mapping Project has become a multilayered tool for organizations to understand the demographics of their RTS and neighborhoods and to identify the services available in each community. To date, 170 organizations have been included.



Screenshot of the Mapping Montréal App

A Montreal-specific e-bulletin, "Jenn's Tuesday Musings" (five editions), was distributed to 90 individuals in the Montreal region, sharing information and news while spotlighting organizations and important announcements for English-speaking communities.



There were multiple meetings with stakeholders and numerous collaborations established. CHSSN participated in various conferences, both in person and online, in Quebec and across Canada, presenting information about our different programs, research results, and exciting initiatives.

9. CHSSN Team



Jennifer Johnson
Executive Director



Amy Bilodeau
Program Manager
for Youth Mental Health



Erica Botner
Program Manager
for Seniors



James Carter
Senior Program & Policy
Advisor



Anne-Marie Cech
Program Manager for Early
Childhood, Youth and Families



Jennifer Cooke
Regional Development
Officer – Greater Montreal



Steve Guimond
Program Coordinator



Flora Janos
Administrative Assistant



Russell Kueber
Director of Programs



Claude Levesque
Project Admin. Assistant
for Children, Youth and
Families



Céline Lebigot
Executive Assistant



Julie Lemieux
Director of Finance



Sara Lakhri
Program Coordinator



Danica Logan
Program Coordinator



Megan Yang
Project Admin. Assistant
for Seniors



CHSSN Team 2023-2024



10. CHSSN Funding Partners



Santé
Canada

Health
Canada

*Secrétariat aux relations
avec les Québécois
d'expression anglaise*

Québec 

*Secrétariat
à la jeunesse*

Québec 



Fondation Lucie
et André Chagnon

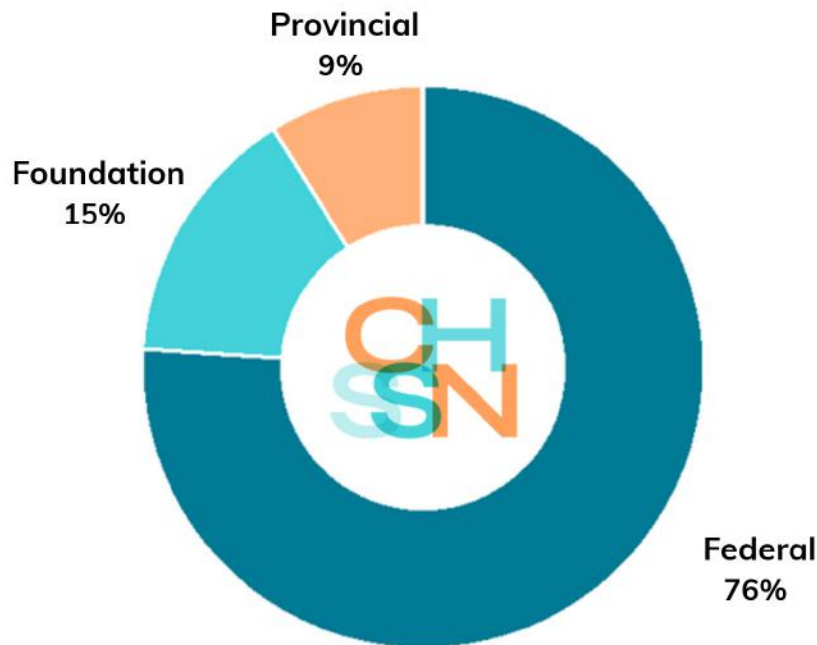
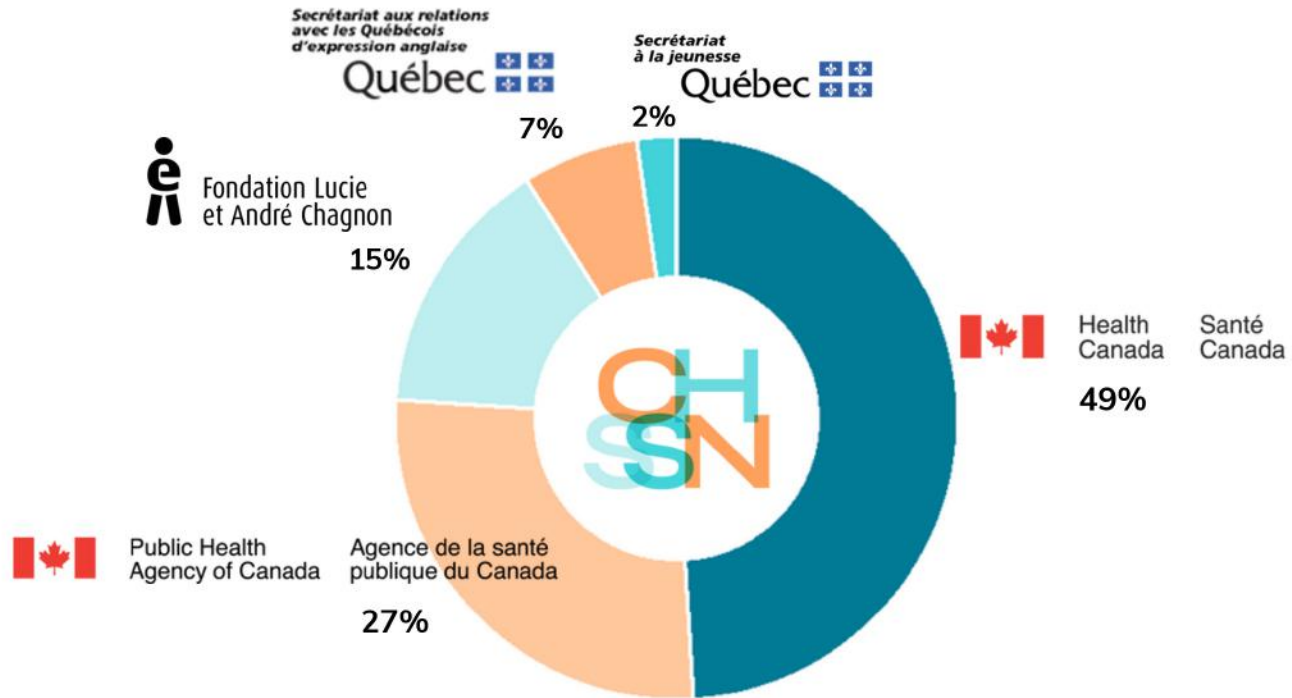


Public Health
Agency of Canada

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CHSSN Funding Partners

2023-2024





COMMUNITY HEALTH &
SOCIAL SERVICES NETWORK

RÉSEAU COMMUNAUTAIRE DE
SANTÉ ET DE SERVICES SOCIAUX

CHSSN Annual Report 2023-2024

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