

**SOCIO-DEMOGRAPHIC PROFILE OF  
CHILDREN AGED 0 TO 5 AND THEIR PARENTS  
RTS DE CHAUDIÈRE-APPALACHES, 2021**

**BASED ON THE 2021 CENSUS OF CANADA**

**A REPORT OF THE COMMUNITY HEALTH AND SOCIAL SERVICES NETWORK (CHSSN)**

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# Socio-demographic Profiles of Children aged 0-5 and their Parents

## Introduction

### Early Child Development as a Social Determinant of Health

Early child development (ECD) is a cornerstone of human development and childhood is considered to be the most important developmental phase of the individual lifespan. The developmental outcomes of this early phase of life impact the level of health and well-being enjoyed by a population in its future. Early child development is a social determinant of the health of communities and it is a process that is particularly sensitive to social determinants like the socio-economic status of families with children aged 0-5 and their social environment, access to health and social services, communication competency and literacy and access to local social support networks.

Health organizations around the globe are promoting knowledge and fostering policy, programs and initiatives that aim to improve the situation of children experiencing disadvantaged conditions and who are thereby vulnerable to poor childhood development. In Québec, the 2017 study of the Institut de la statistique du Québec entitled *Québec Survey on Children's Development in Kindergarten/Enquête québécoise sur le développement des enfants à la maternelle* selected the following key areas for assessment of the quality of ECD: physical health and well-being; social competence; emotional maturity; cognitive and language development; as well as communication skills and general knowledge.

See the report at <https://statistique.quebec.ca/en/enquetes/realisees/quebec-survey-of-child-development-in-kindergarten-qscdk>

### The Community Health and Social Services Network: *Bright Beginnings*

The Community Health and Social Services Network (CHSSN) supports the English-speaking communities of Québec in their efforts to redress health status inequalities and promote community vitality. It strengthens and mobilizes networks at the local, regional and provincial levels in order to address health determinants, influence public policy and develop services for English speakers who, too often are left out of the system. It's 70 member organizations from various sectors aim to improve vitality and health of individuals and families among Québec's minority language communities. Learn more at <http://chssn.org/about-us/>

CHSSN financially supports 23 local or regional community health and social services network organizations who mobilize citizens and multi-sectorial partners in all regions of Québec using a population health approach. They collectively address health determinants such as access to health services, healthy child development, education and literacy, and social environments or support networks. With their networks, CHSSN has developed a collective vision and an early childhood framework called *Bright Beginnings: an adapted approach to supporting English-speaking children (0-5) and families*. This approach is being implemented by networks to varying degrees in many regions in accordance with each network organization's capacity.

To explore their approach further go to <https://chssn.org/projects/bright-beginnings/>

### About These Profiles

These profiles draw from the 2021 Census of Canada to provide pertinent socio-demographic information on the children aged 0-5 of Québec's English-speaking communities and their families in accordance with Québec's RTS (réseau territorial de services) territories.<sup>1</sup> They include information on their numbers, where

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<sup>1</sup> For further information go to <http://www.msss.gouv.qc.ca/professionnels/informations-geographiques-et-de-population/decoupage-territorial/>

they live, family structures they are part of, socio-economic issues they face, their status as recent immigrants to Québec, aboriginal identity and their likelihood to be members of a visible minority. Each regional profile includes tables, graphs and information bullets that provide provincial and regional statistics for selected characteristics as well as comparisons between French-speaking majority and English-speaking minority populations within these administrative territories.

**Please note that these profiles draw from two different census samples. Section 1** of each profile provides information drawn from the 2021 census sample of the Québec population living in private households. **Section 2** provides information on the 2021 census sample of parents with at least one child aged 0 to 5 living in census families in Québec.

### Definitions and Concepts

These profiles draw data from the Statistics Canada 2021 Census of Canada and are organized in accordance with its definitions and concepts. The census dictionary is available at, <https://www12.statcan.gc.ca/census-recensement/2016/ref/dict/index-eng.cfm>

*First Official Language Spoken (FOLS)* The definitions of first official language spoken and official language minority are outlined in the Official Languages (Communications with and Services to the Public) Regulations issued pursuant to the Official Languages Act (1988). The official language minority is English in Québec and French in all other provinces and territories. First Official Language Spoken is derived from the census questions on knowledge of official languages, mother tongue and home language. Multiple responses are distributed equally among declared languages.

*Census Family households* are those with a married couple (with or without children), or a couple living common-law (with or without children), or a lone parent living with one or more children (lone-parent family).

*Census family* is defined as a married couple and the children, if any, of either and/or both spouses; a couple living common law and the children, if any, of either and/or both partners; or a lone parent of any marital status with at least one child living in the same dwelling and that child or those children. All members of a particular census family live in the same dwelling. A couple may be of opposite or same sex. Children may be children by birth, marriage, common-law union or adoption regardless of their age or marital status as long as they live in the dwelling and do not have their own married spouse, common-law partner or child living in the dwelling. Grandchildren living with their grandparent(s) but with no parents present also constitute a census family.

*Private household* refers to a person or group of persons who occupy the same dwelling and do not have a usual place of residence elsewhere in Canada or abroad. For census purposes, households are classified into three groups: private households, collective households and households outside Canada. Unless otherwise specified, all data in census products are for private households only.

*Educational Attainment* – Persons with low educational attainment are those with only a high school graduation certificate or less while those with high educational attainment are those with a university bachelor’s degree or higher.

*Income* – Persons with low income are those with individual after-tax income less than \$20k while those with high income reported \$50k or more. This includes income from all sources.

*LICO* uses the income levels of a given family and considers how large a share of its income is spent on necessities such as food, shelter and clothing. If the amount a family spends is 20% higher than an average family in a year, it falls into the low-income cut-off category. People who live below income cut-offs may be said to live in “straitened circumstances.” (Human Resources and Skills Development Canada, August 2009.) LICO Before-Tax (LICO-BT) is used in findings

drawn from the 2021 census sample drawing on the Quebec population in private households. LICO-After Tax (LICO-AT) is used in findings drawn from the 2021 census sample of parents with at least one child 0-5 living in census families in Quebec. (See Data Source below for sample explanation).

*Mobility status* – (Place of residence 5 years ago) Refers to the status of a person with regard to the place of residence on the reference day, May 10, 2021, in relation to the place of residence on the same date five years earlier.

-Persons who have not moved are referred to as non-movers and persons who have moved from one residence to another are referred to as movers.

-Movers include non-migrants and migrants.

-Non-migrants are persons who did move but remained in the same city, town, township, village or Indian reserve.

-Migrants include internal migrants who moved to a different city, town, township, village or Indian reserve within Canada.

-External migrants include persons who lived outside Canada at the earlier reference date. External migrants are referred to as immigrants in this document.

## Methodological Notes

### *Data Source*

These profiles draw information from datasets developed by the Community Health and Social Services Network (CHSSN) using the 2021 Census of Canada. Findings are provided for Québec's RTS territories in which there are at least 250 English speaking residents. **Please note that the profiles are divided into two sections. Section 1** provides information drawn from the 2021 census sample of the Québec population living in private households. **Section 2** provides information on the 2021 census sample of parents with at least one child aged 0 to 5 living in census families in Québec.

### *Linguistic definitions*

There are numerous linguistic definitions that are used to identify the English-speaking population in Québec. The choice of linguistic indicator depends largely on the issue being examined. These profiles use the [First Official Language Spoken](#) (FOLS) definition with multiple responses proportionally distributed since it best reflects the total English-speaking health service users in the province. First Official Language Spoken is derived from three census questions: knowledge of official languages, mother tongue and home language. Dual responses are divided equally among English-speaking and French-speaking groups. Other definitions include [Mother tongue](#) which refers to the first language learned at home in childhood and still understood. The [language most often spoken at home](#) is used to designate the home language. [Knowledge of official languages](#) indicates the official language in which a person can carry on a conversation. The [language used most often at work](#) indicates the language spoken most frequently at work.

### *Demographic and Socio-economic Characteristics*

The demographic and socio-economic variables addressed in these profiles are:

- Population size
- Household living arrangements
- Income
- Low-income cut-off (LICO)
- Educational attainment
- Labour force activity
- Visible minority status
- Family Structure
- Aboriginal identity
- Recent Immigrant status

## Section 1: Children 0-5

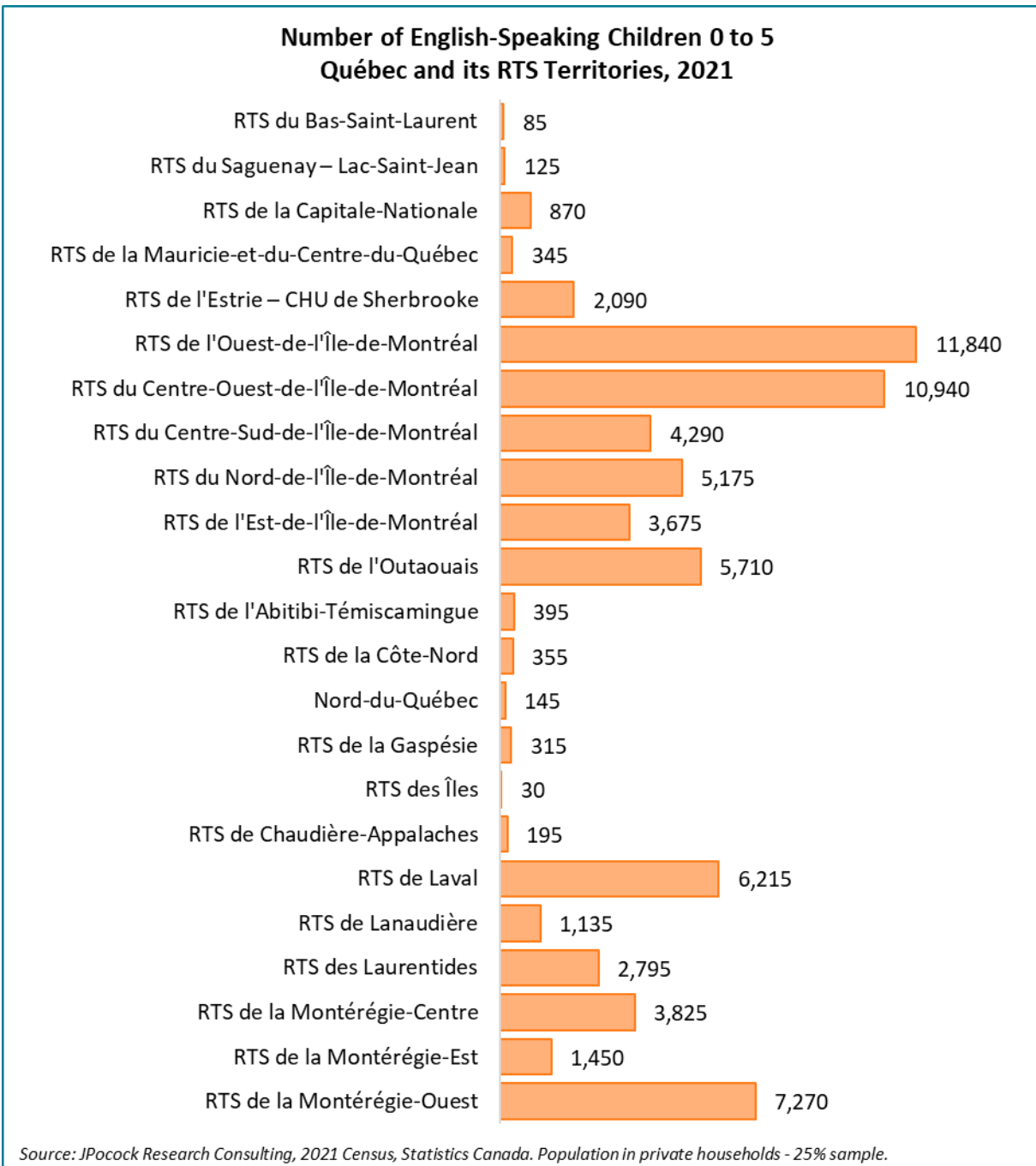
## Children 0 to 5 Across Québec

### Proportion of Children Across Québec

| Size and Proportion<br>English-speaking Children 0 to 5 and French-speaking Children 0 to 5<br>Québec and its RTS Territories, 2021 |                                   |                           |                                  |                                      |                                  |                                 |                                     |
|---|-----------------------------------|---------------------------|----------------------------------|--------------------------------------|----------------------------------|---------------------------------|-------------------------------------|
| Geography   | English-speaking Population       |                           |                                  |                                      | French-speaking Population       |                                 |                                     |
|   | Total English-speaking Population | Share of Total Population | English-speaking Children 0 to 5 | English-speaking Children 0 to 5 (%) | Total French-speaking Population | French-speaking Children 0 to 5 | French-speaking Children 0 to 5 (%) |
| Québec  | 1,244,440                         | 15.0%                     | 71,730                           | 5.8%                                 | 6,985,640                        | 424,480                         | 6.1%                                |
| RTS du Bas-Saint-Laurent  | 1,480                             | 0.8%                      | 85                               | 5.7%                                 | 190,430                          | 9,965                           | 5.2%                                |
| RTS du Saguenay – Lac-Saint-Jean  | 2,265                             | 0.8%                      | 125                              | 5.5%                                 | 266,350                          | 15,340                          | 5.8%                                |
| RTS de la Capitale-Nationale  | 17,375                            | 2.4%                      | 870                              | 5.0%                                 | 717,370                          | 42,670                          | 5.9%                                |
| RTS de la Mauricie-et-du-Centre-du-Québec   | 7,415                             | 1.5%                      | 345                              | 4.7%                                 | 497,865                          | 29,230                          | 5.9%                                |
| RTS de l'Estrie – CHU de Sherbrooke   | 40,155                            | 8.2%                      | 2,090                            | 5.2%                                 | 446,485                          | 26,585                          | 6.0%                                |
| RTS de l'Ouest-de-l'Île-de-Montréal   | 208,280                           | 58.1%                     | 11,840                           | 5.7%                                 | 143,325                          | 7,500                           | 5.2%                                |
| RTS du Centre-Ouest-de-l'Île-de-Montréal  | 202,265                           | 57.4%                     | 10,940                           | 5.4%                                 | 140,530                          | 6,660                           | 4.7%                                |
| RTS du Centre-Sud-de-l'Île-de-Montréal  | 95,110                            | 30.5%                     | 4,290                            | 4.5%                                 | 211,745                          | 10,695                          | 5.1%                                |
| RTS du Nord-de-l'Île-de-Montréal  | 100,160                           | 23.6%                     | 5,175                            | 5.2%                                 | 312,710                          | 22,160                          | 7.1%                                |
| RTS de l'Est-de-l'Île-de-Montréal   | 81,530                            | 15.9%                     | 3,675                            | 4.5%                                 | 419,660                          | 28,330                          | 6.8%                                |
| RTS de l'Outaouais  | 82,385                            | 20.7%                     | 5,710                            | 6.9%                                 | 314,395                          | 19,675                          | 6.3%                                |
| RTS de l'Abitibi-Témiscamingue  | 5,830                             | 4.1%                      | 395                              | 6.8%                                 | 137,800                          | 9,160                           | 6.6%                                |
| RTS de la Côte-Nord   | 5,335                             | 6.2%                      | 355                              | 6.7%                                 | 80,780                           | 4,655                           | 5.8%                                |
| Nord-du-Québec  | 1,755                             | 12.0%                     | 145                              | 8.3%                                 | 12,890                           | 905                             | 7.0%                                |
| RTS de la Gaspésie  | 7,005                             | 9.3%                      | 315                              | 4.5%                                 | 68,105                           | 2,995                           | 4.4%                                |
| RTS des Îles  | 720                               | 5.8%                      | 30                               | 4.2%                                 | 11,730                           | 550                             | 4.7%                                |
| RTS de Chaudière-Appalaches   | 5,070                             | 1.2%                      | 195                              | 3.8%                                 | 416,110                          | 26,295                          | 6.3%                                |
| RTS de Laval  | 104,535                           | 24.3%                     | 6,215                            | 5.9%                                 | 316,190                          | 18,180                          | 5.7%                                |
| RTS de Lanaudière   | 17,675                            | 3.4%                      | 1,135                            | 6.4%                                 | 500,090                          | 32,610                          | 6.5%                                |
| RTS des Laurentides   | 46,085                            | 7.4%                      | 2,795                            | 6.1%                                 | 576,650                          | 35,065                          | 6.1%                                |
| RTS de la Montérégie-Centre   | 62,750                            | 15.1%                     | 3,825                            | 6.1%                                 | 346,840                          | 21,630                          | 6.2%                                |
| RTS de la Montérégie-Est  | 24,115                            | 4.6%                      | 1,450                            | 6.0%                                 | 496,400                          | 30,960                          | 6.2%                                |
| RTS de la Montérégie-Ouest  | 99,925                            | 21.7%                     | 7,270                            | 7.3%                                 | 357,745                          | 22,525                          | 6.3%                                |

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

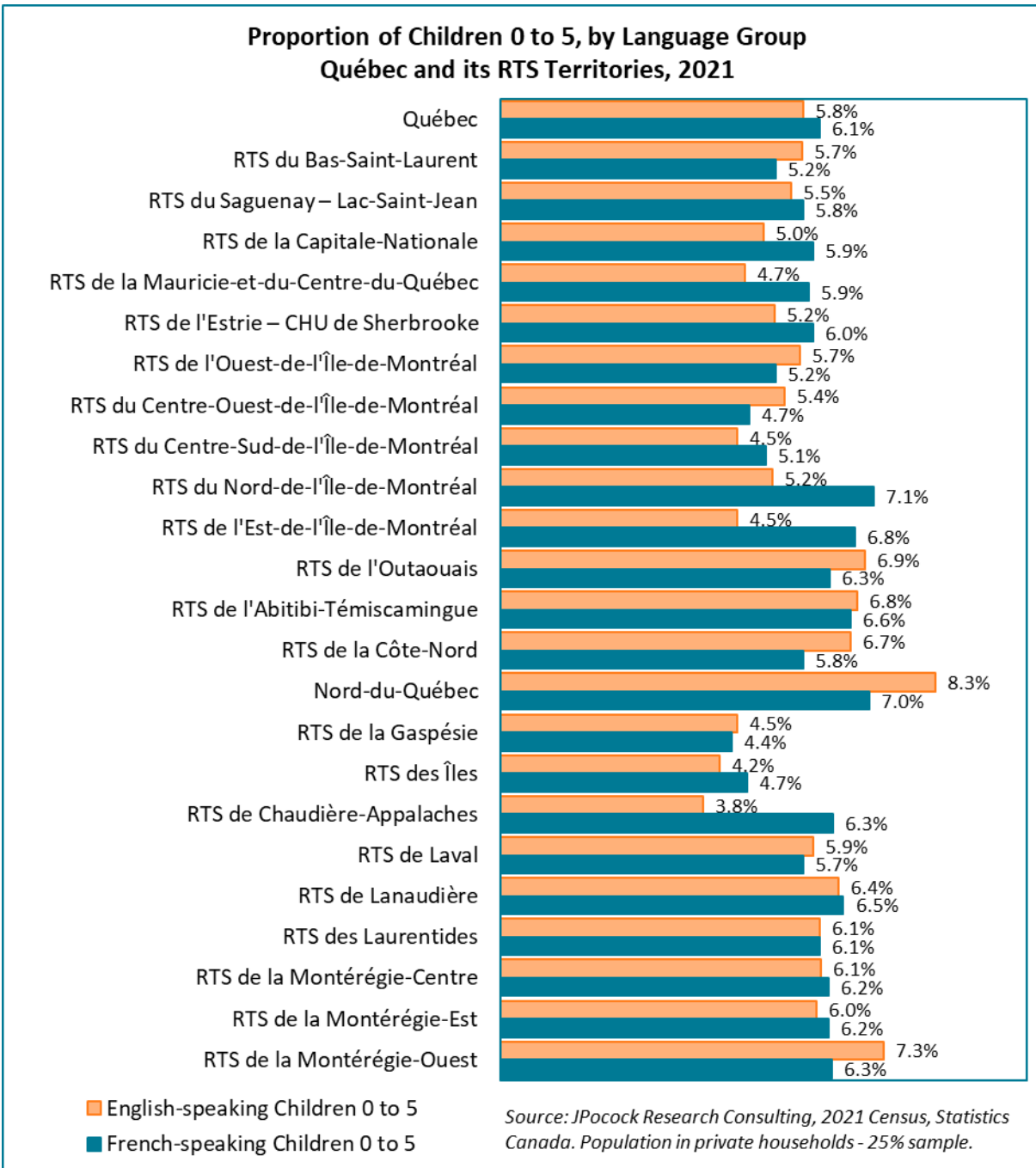
## Number of English Children 0 to 5 Across Québec



- There are 71, 730 English-speaking children aged 0 to 5 living in Quebec, and they represent 5.8% of the total English-speaking population.
- The number of English-speaking children aged 0-5 ranges from close to 36,000 among the five RTS regions of Montreal and 12,545 among the RTS of Montérégie to 30 children in des Îles, 85 in Bas-Saint-Laurent and 125 in Saguenay- Lac-Saint-Jean.



## Proportion of Children 0 to 5 Across Québec



- English-speaking children aged 0 to 5 years of age represent 5.8% of Québec's English-speaking population.
- The proportion represented by children 0 to 5 varies by region ranging from 3.8% in Chaudière-Appalaches to 8.3% in Nord-du-Québec and 7.3% in Montérégie-Ouest.

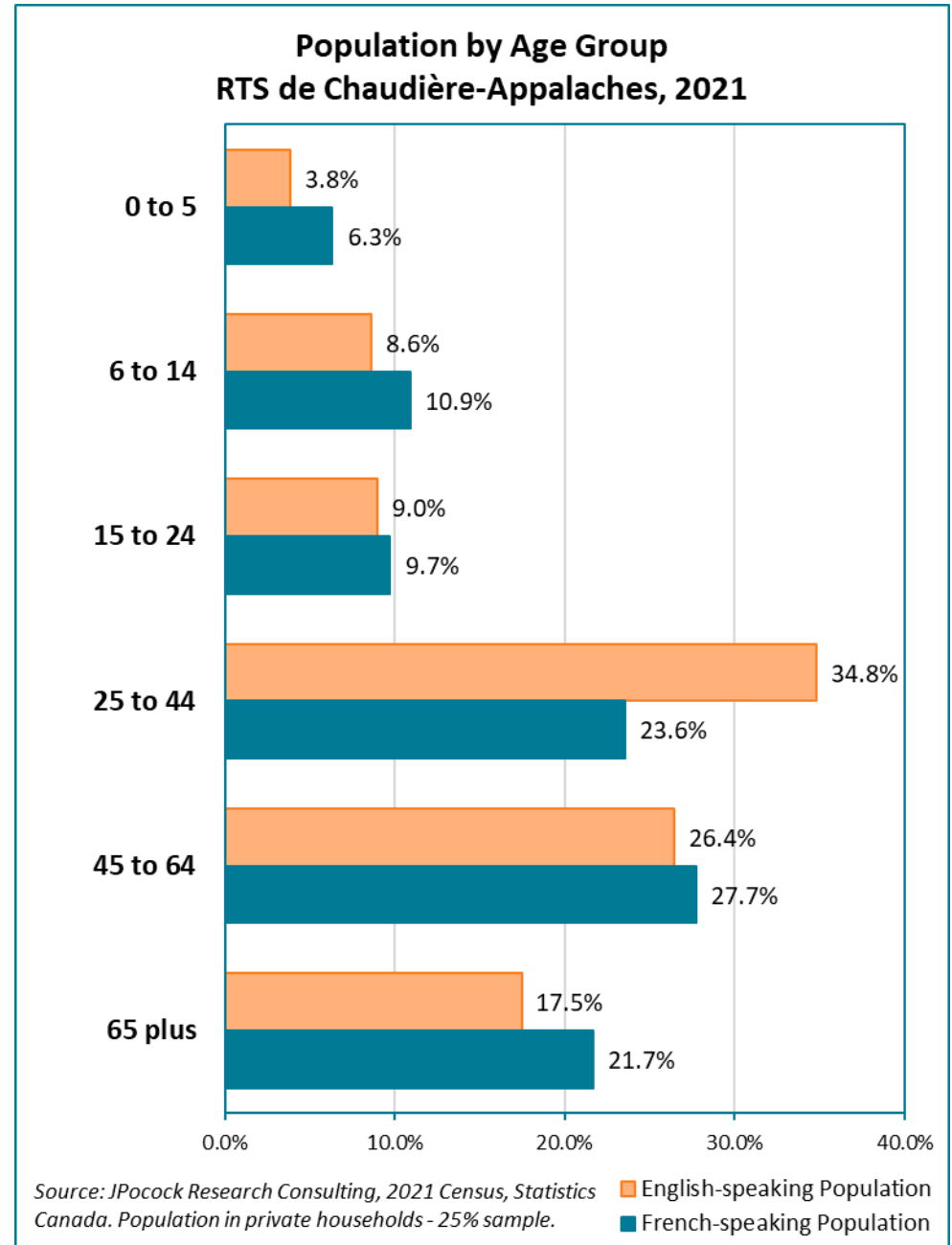
## Children 0 to 5 in RTS de Chaudière-Appalaches

### Population by Age

| Age Groups<br>English- and French-speaking Population<br>RTS de Chaudière-Appalaches, 2021 |                             |                            |                                 |                                |
|--|-----------------------------|----------------------------|---------------------------------|--------------------------------|
| Age Group  | English-speaking Population | French-speaking Population | English-speaking Population (%) | French-speaking Population (%) |
| Total  | 5,070                       | 416,110                    | 100.0%                          | 100.0%                         |
| 0 to 5   | 195                         | 26,295                     | 3.8%                            | 6.3%                           |
| 6 to 14  | 435                         | 45,525                     | 8.6%                            | 10.9%                          |
| 15 to 24   | 455                         | 40,480                     | 9.0%                            | 9.7%                           |
| 25 to 44   | 1,765                       | 98,110                     | 34.8%                           | 23.6%                          |
| 45 to 64   | 1,340                       | 115,360                    | 26.4%                           | 27.7%                          |
| 65 plus  | 885                         | 90,330                     | 17.5%                           | 21.7%                          |

Source: JPocock Research Consulting, 2021 Census, Statistics Canada.  
Population in private households - 25% sample.

- In 2021, there were 5,070 English-speaking persons in RTS de Chaudière-Appalaches. Of these, 195 (3.8%) were in the 0 to 5 age group.
- The proportion of children aged 0 to 5 in the English-speaking population was much lower than that of French-speaking population (6.3%).
- The proportion of children aged 0 to 5 in the English-speaking population of RTS de Chaudière-Appalaches was much lower than the average for Quebec's English-speaking population (5.8%).

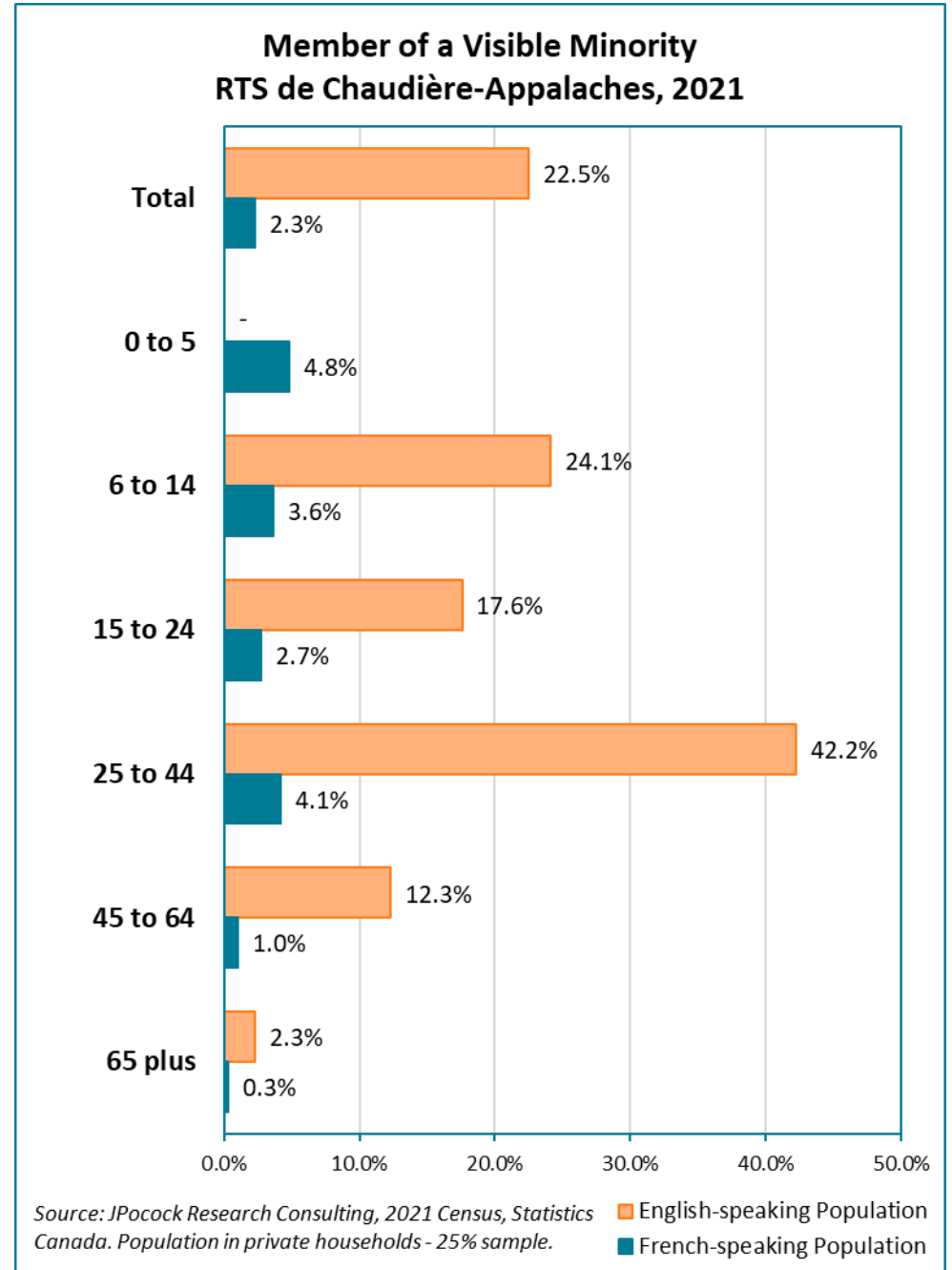


## Visible Minority by Age

| Visible Minority Status<br>English- and French-speaking Population<br>RTS de Chaudière-Appalaches, 2021 |                             |                  |                      |                            |                  |                      |
|---|-----------------------------|------------------|----------------------|----------------------------|------------------|----------------------|
| Age Group   | English-speaking Population |                  |                      | French-speaking Population |                  |                      |
|   | Total                       | Visible Minority | Visible Minority (%) | Total                      | Visible Minority | Visible Minority (%) |
| Total   | 5,070                       | 1,140            | 22.5%                | 416,110                    | 9,490            | 2.3%                 |
| 0 to 5  | 195                         | 15               | -                    | 26,295                     | 1,265            | 4.8%                 |
| 6 to 14   | 435                         | 105              | 24.1%                | 45,525                     | 1,645            | 3.6%                 |
| 15 to 24  | 455                         | 80               | 17.6%                | 40,480                     | 1,090            | 2.7%                 |
| 25 to 44  | 1,765                       | 745              | 42.2%                | 98,110                     | 4,055            | 4.1%                 |
| 45 to 64  | 1,340                       | 165              | 12.3%                | 115,360                    | 1,165            | 1.0%                 |
| 65 plus   | 885                         | 20               | 2.3%                 | 90,330                     | 280              | 0.3%                 |

Source: JPocock Research Consulting, 2021 Census, Statistics Canada.  
Population in private households - 25% sample.

- The number of children aged 0 to 5 who reported being a member of a visible minority was too low to report.

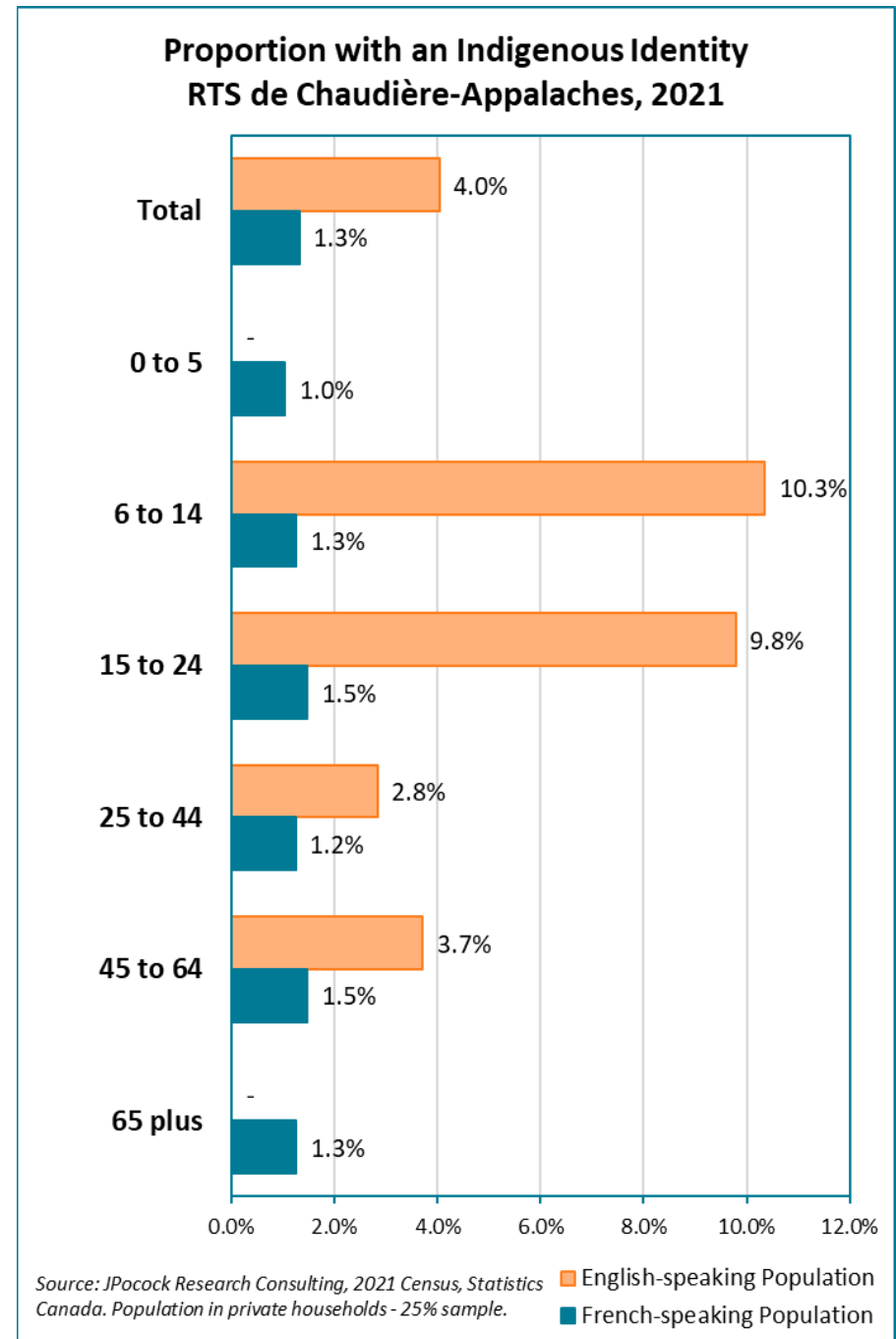


## Indigenous Identity by Age

| Indigenous Identity<br>English- and French-speaking Population<br>RTS de Chaudière-Appalaches, 2021 |                             |                     |                         |                            |                     |                         |
|---|-----------------------------|---------------------|-------------------------|----------------------------|---------------------|-------------------------|
| Age Group   | English-speaking Population |                     |                         | French-speaking Population |                     |                         |
|   | Total                       | Indigenous Identity | Indigenous Identity (%) | Total                      | Indigenous Identity | Indigenous Identity (%) |
| Total   | 5,075                       | 205                 | 4.0%                    | 416,105                    | 5,490               | 1.3%                    |
| 0 to 5  | 200                         | -                   | -                       | 26,295                     | 275                 | 1.0%                    |
| 6 to 14   | 435                         | 45                  | 10.3%                   | 45,520                     | 570                 | 1.3%                    |
| 15 to 24  | 460                         | 45                  | 9.8%                    | 40,485                     | 595                 | 1.5%                    |
| 25 to 44  | 1,765                       | 50                  | 2.8%                    | 98,115                     | 1,225               | 1.2%                    |
| 45 to 64  | 1,345                       | 50                  | 3.7%                    | 115,370                    | 1,700               | 1.5%                    |
| 65 plus   | 880                         | 15                  | -                       | 90,325                     | 1,135               | 1.3%                    |

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample. In 2021, Statistics Canada replaced "Aboriginal Identity" with "Indigenous Identity".

- The number of children aged 0 to 5 reporting an Indigenous Identity was too low to report.



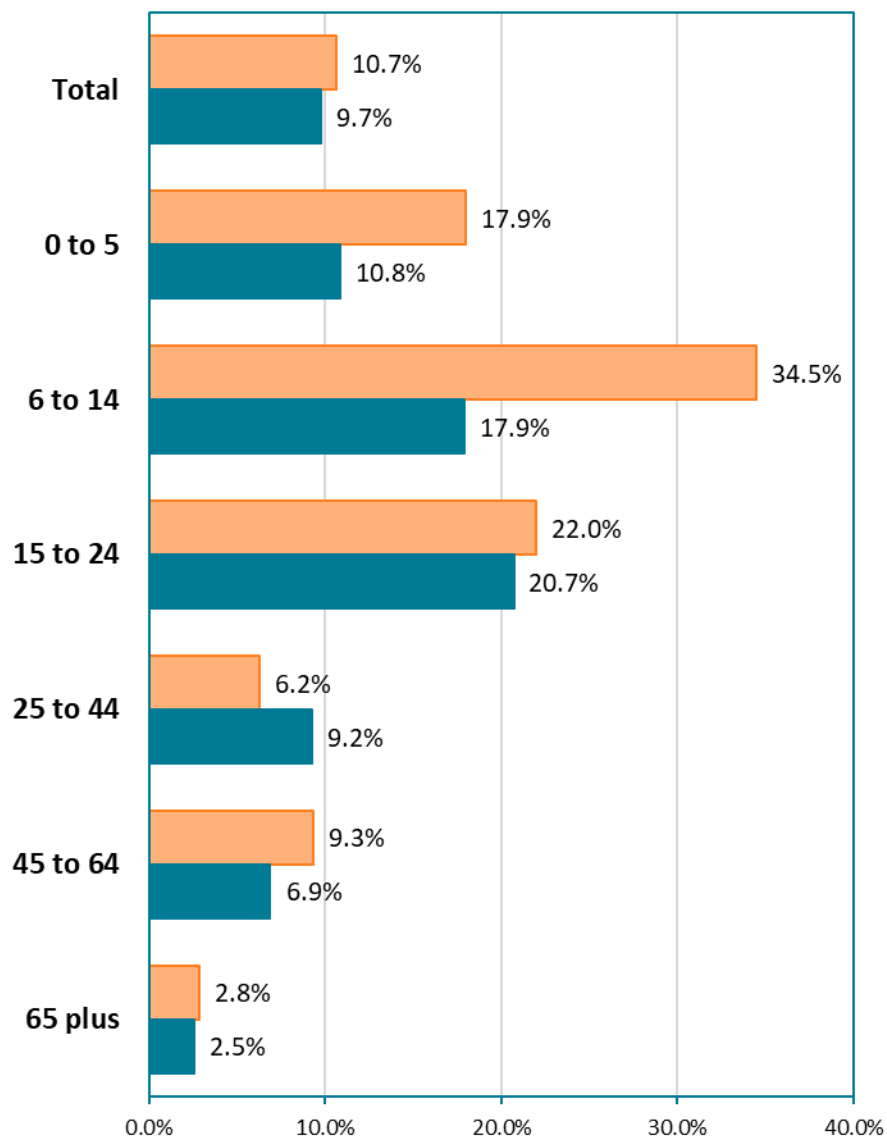
Household Living Arrangements by Age

**Household Living Arrangements  
English- and French-speaking Population  
RTS de Chaudière-Appalaches, 2021**

| Age Group | English-speaking Population |                    |  |                           |                                      |                       | French-speaking Population |                    |  |                           |                                      |                       |
|-----------|-----------------------------|--------------------|--|---------------------------|--------------------------------------|-----------------------|----------------------------|--------------------|--|---------------------------|--------------------------------------|-----------------------|
|           | Total                       | In a Census Family | Spouses, common-law parents and children | Lone parents and children | Total persons in non-Census families | Living with relatives | Total                      | In a Census Family | Spouses, common-law parents and children | Lone parents and children | Total persons in non-Census families | Living with relatives |
| Total     | 5,070                       | 3,810              | 3,280                                    | 540                       | 1,255                                | 85                    | 416,110                    | 340,450            | 299,975                                  | 40,480                    | 75,655                               | 5,030                 |
| 0 to 5    | 195                         | 195                | 160                                      | 35                        | -                                    | -                     | 26,295                     | 26,205             | 23,355                                   | 2,850                     | 90                                   | 90                    |
| 6 to 14   | 435                         | 435                | 295                                      | 150                       | -                                    | -                     | 71,820                     | 71,420             | 58,580                                   | 12,840                    | 400                                  | 400                   |
| 15 to 24  | 455                         | 385                | 285                                      | 100                       | 70                                   | -                     | 40,480                     | 36,775             | 28,390                                   | 8,380                     | 3,710                                | 535                   |
| 25 to 44  | 1,765                       | 1,160              | 1,050                                    | 110                       | 610                                  | -                     | 98,110                     | 81,660             | 72,610                                   | 9,055                     | 16,460                               | 795                   |
| 45 to 64  | 1,340                       | 1,020              | 890                                      | 125                       | 330                                  | -                     | 115,360                    | 89,320             | 81,390                                   | 7,930                     | 26,050                               | 1,255                 |
| 65 plus   | 885                         | 625                | 600                                      | 25                        | 245                                  | 20                    | 90,330                     | 61,290             | 59,005                                   | 2,285                     | 29,035                               | 2,030                 |
| Total     | 100.0%                      | 75.1%              | 64.7%                                    | 10.7%                     | 24.8%                                | 1.7%                  | 100.0%                     | 81.8%              | 72.1%                                    | 9.7%                      | 18.2%                                | 1.2%                  |
| 0 to 5    | 100.0%                      | 100.0%             | 82.1%                                    | 17.9%                     | -                                    | -                     | 100.0%                     | 99.7%              | 88.8%                                    | 10.8%                     | 0.3%                                 | 0.3%                  |
| 6 to 14   | 100.0%                      | 100.0%             | 67.8%                                    | 34.5%                     | -                                    | -                     | 100.0%                     | 99.4%              | 81.6%                                    | 17.9%                     | 0.6%                                 | 0.6%                  |
| 15 to 24  | 100.0%                      | 84.6%              | 62.6%                                    | 22.0%                     | 15.4%                                | -                     | 100.0%                     | 90.8%              | 70.1%                                    | 20.7%                     | 9.2%                                 | 1.3%                  |
| 25 to 44  | 100.0%                      | 65.7%              | 59.5%                                    | 6.2%                      | 34.6%                                | -                     | 100.0%                     | 83.2%              | 74.0%                                    | 9.2%                      | 16.8%                                | 0.8%                  |
| 45 to 64  | 100.0%                      | 76.1%              | 66.4%                                    | 9.3%                      | 24.6%                                | -                     | 100.0%                     | 77.4%              | 70.6%                                    | 6.9%                      | 22.6%                                | 1.1%                  |
| 65 plus   | 100.0%                      | 70.6%              | 67.8%                                    | 2.8%                      | 27.7%                                | 2.3%                  | 100.0%                     | 67.9%              | 65.3%                                    | 2.5%                      | 32.1%                                | 2.2%                  |

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

### Lone Parent Families RTS de Chaudière-Appalaches, 2021



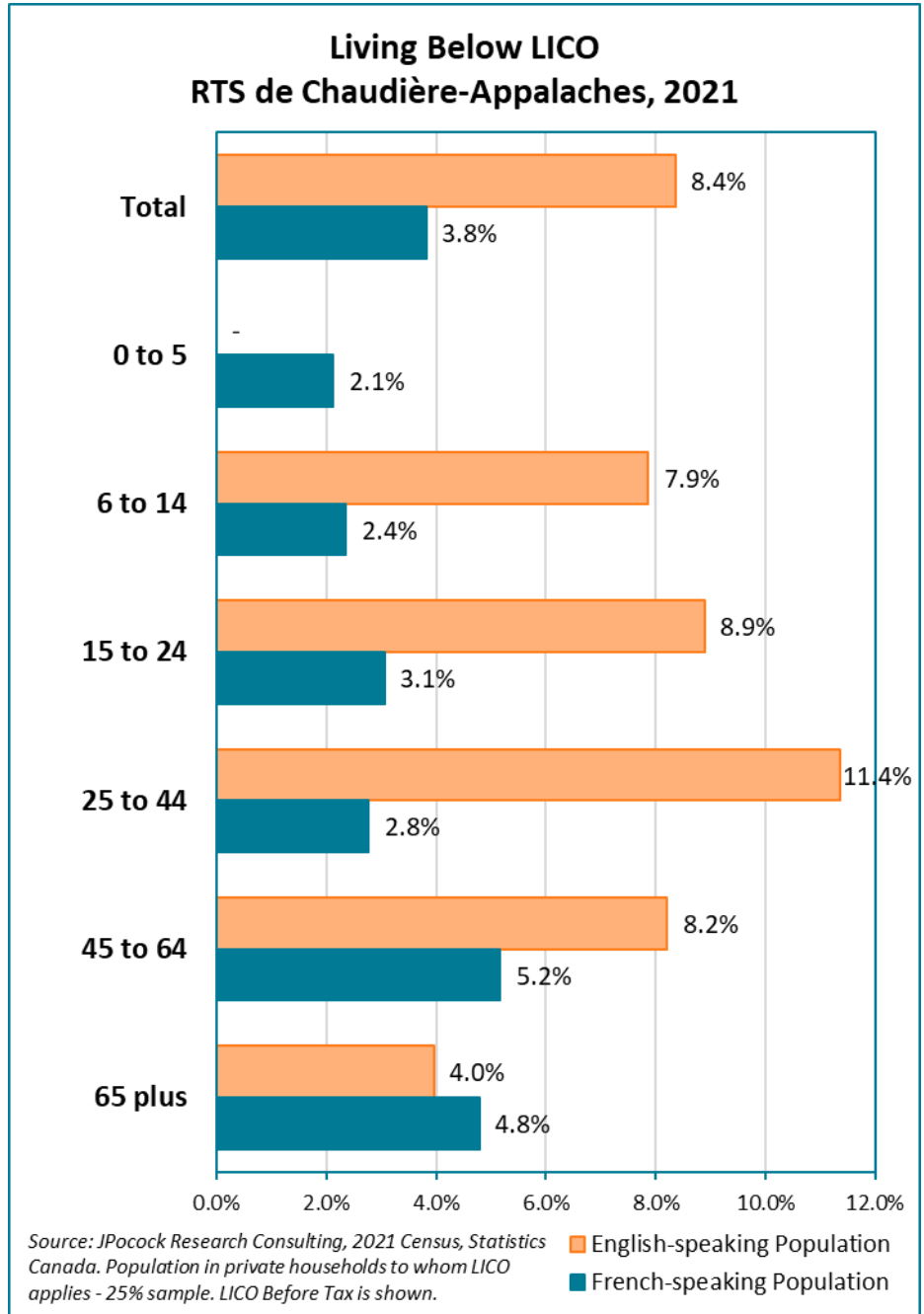
Source: JPocock Research Consulting, 2021 Census, Statistics Canada. English-speaking Population in private households - 25% sample. French-speaking Population

- In RTS de Chaudière-Appalaches there were 195 English-speaking children aged 0 to 5. Of these children, 35 (17.9%) were in lone parent families. This proportion was higher than that displayed by the French-speaking population (10.8%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who were in lone parent families was much higher than that of the total English-speaking population of RTS de Chaudière-Appalaches (10.7%).
- For the overall English-speaking population of RTS de Chaudière-Appalaches, there were 540 persons in lone parent families, representing 10.7% of that population. The level for RTS de Chaudière-Appalaches is lower than the provincial average.

| Living Below LICO<br>English- and French-speaking Population<br>RTS de Chaudière-Appalaches, 2021 |                             |            |                |                            |            |                |
|---|-----------------------------|------------|----------------|----------------------------|------------|----------------|
| Age Group   | English-speaking Population |            |                | French-speaking Population |            |                |
|   | Total to whom LICO applies  | Below LICO | Below LICO (%) | Total to whom LICO applies | Below LICO | Below LICO (%) |
| Total   | 5,080                       | 425        | 8.4%           | 416,105                    | 15,900     | 3.8%           |
| 0 to 5  | 190                         | -          | -              | 26,295                     | 560        | 2.1%           |
| 6 to 14   | 445                         | 35         | 7.9%           | 45,520                     | 1,075      | 2.4%           |
| 15 to 24  | 450                         | 40         | 8.9%           | 40,485                     | 1,240      | 3.1%           |
| 25 to 44  | 1,760                       | 200        | 11.4%          | 98,115                     | 2,720      | 2.8%           |
| 45 to 64  | 1,340                       | 110        | 8.2%           | 115,360                    | 5,965      | 5.2%           |
| 65 plus   | 885                         | 35         | 4.0%           | 90,325                     | 4,330      | 4.8%           |

Source: JPocock Research Consulting, 2021 Census, Statistics Canada.  
Population in private households to whom LICO applies - 25% sample. LICO Before Tax is shown.

- The number of children aged 0 to 5 living below LICO in RTS de Chaudière-Appalaches was too low to report.



## Section 2: Parents of Children 0 to 5

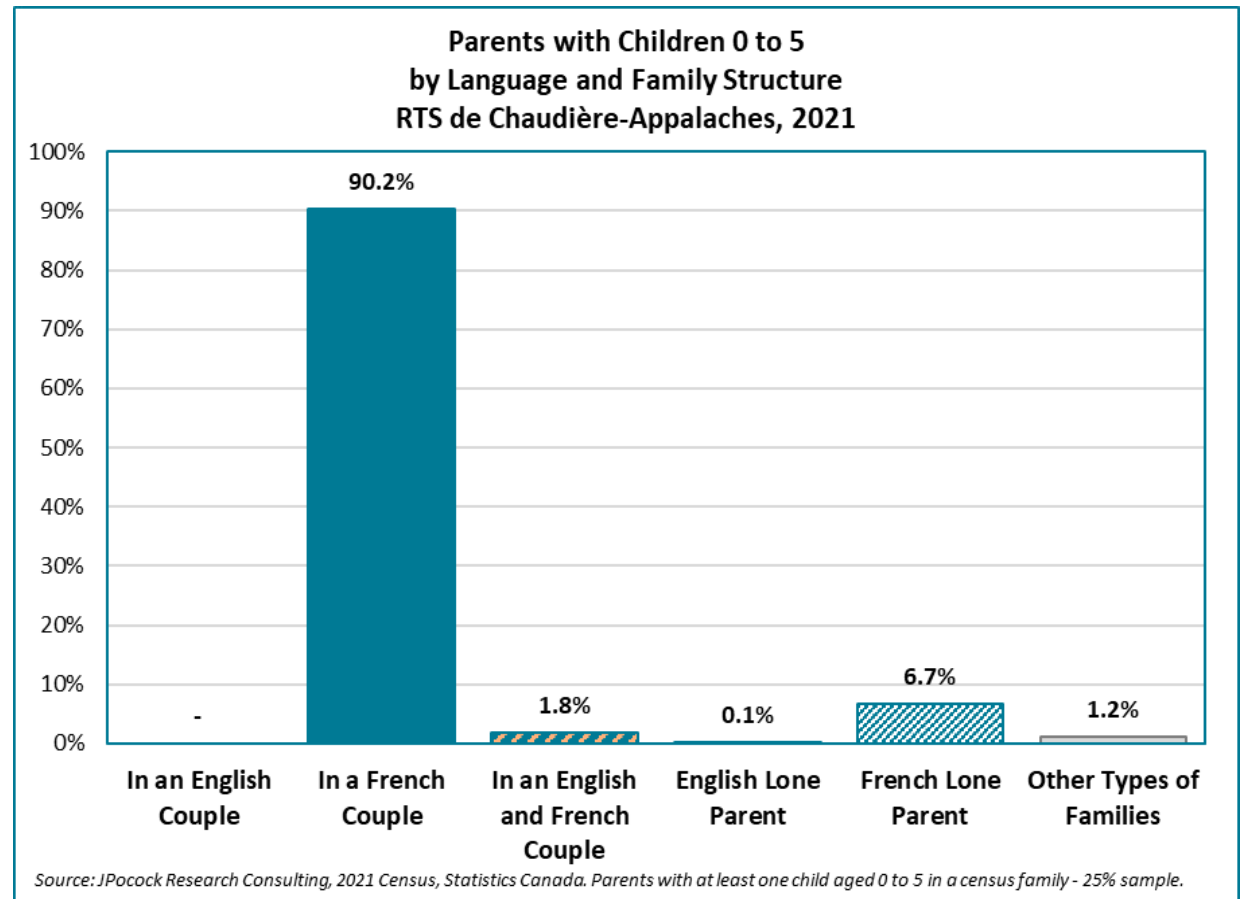
The statistics presented in this section of the profile are drawn from the 2021 census sample of parents with at least one child aged 0 to 5 living in a census family. Children of other ages may be present.



## Language and Family Structure of Parents with Children 0 to 5

| Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Age RTS de Chaudière-Appalaches, 2021 |        |
|--|--------|
| Census Family Structure and Language   | Total  |
| All Parents with Children 0 to 5   | 34,760 |
| In an English Couple   | -      |
| In a French Couple   | 31,370 |
| In an English and French Couple  | 630    |
| English Lone Parent  | 25     |
| French Lone Parent   | 2,320  |
| Other Types of Families  | 410    |
| Percentages  |        |
| All Parents with Children 0 to 5   | 100.0% |
| In an English Couple   | -      |
| In a French Couple   | 90.2%  |
| In an English and French Couple  | 1.8%   |
| English Lone Parent  | 0.1%   |
| French Lone Parent   | 6.7%   |
| Other Types of Families  | 1.2%   |

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*



- In RTS de Chaudière-Appalaches there were 34,760 parents with at least one child aged 0 to 5. Of these parents, 25 (0.1%) were English-speaking lone parents. The number of parents with at least one child aged 0 to 5 in an English couple was too low to report.

Parents with at Least One Child Aged 0 to 5 by Age

**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Age  
RTS de Chaudière-Appalaches, 2021**

| <b>Census Family Structure and Language</b> | <b>Total</b> | <b>15 to 24 years</b> | <b>25 to 34 years</b> | <b>35 to 44 years</b> | <b>45 years and over</b> |
|---|--------------|-----------------------|-----------------------|-----------------------|--------------------------|
| <b>All Parents with Children 0 to 5</b>     | 34,760       | 1,050                 | 18,225                | 14,140                | 1,345                    |
| <b>In an English Couple</b>                 | -            | -                     | -                     | -                     | -                        |
| <b>In a French Couple</b>                   | 31,370       | 840                   | 16,720                | 12,655                | 1,160                    |
| <b>In an English and French Couple</b>      | 630          | 10                    | 305                   | 265                   | 35                       |
| <b>English Lone Parent</b>                  | 25           | -                     | 15                    | 10                    | -                        |
| <b>French Lone Parent</b>                   | 2,320        | 190                   | 1,020                 | 995                   | 115                      |
| <b>Other Types of Families</b>              | 410          | 10                    | 160                   | 205                   | 25                       |
| <b>Percentages</b>                          |              |                       |                       |                       |                          |
| <b>All Parents with Children 0 to 5</b>     | 100.0%       | 3.0%                  | 52.4%                 | 40.7%                 | 3.9%                     |
| <b>In an English Couple</b>                 | -            | -                     | -                     | -                     | -                        |
| <b>In a French Couple</b>                   | 100.0%       | 2.7%                  | 53.3%                 | 40.3%                 | 3.7%                     |
| <b>In an English and French Couple</b>      | 100.0%       | -                     | 48.4%                 | 42.1%                 | 5.6%                     |
| <b>English Lone Parent</b>                  | 100.0%       | -                     | -                     | -                     | -                        |
| <b>French Lone Parent</b>                   | 100.0%       | 8.2%                  | 44.0%                 | 42.9%                 | 5.0%                     |
| <b>Other Types of Families</b>              | 100.0%       | -                     | 39.0%                 | 50.0%                 | 6.1%                     |

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*

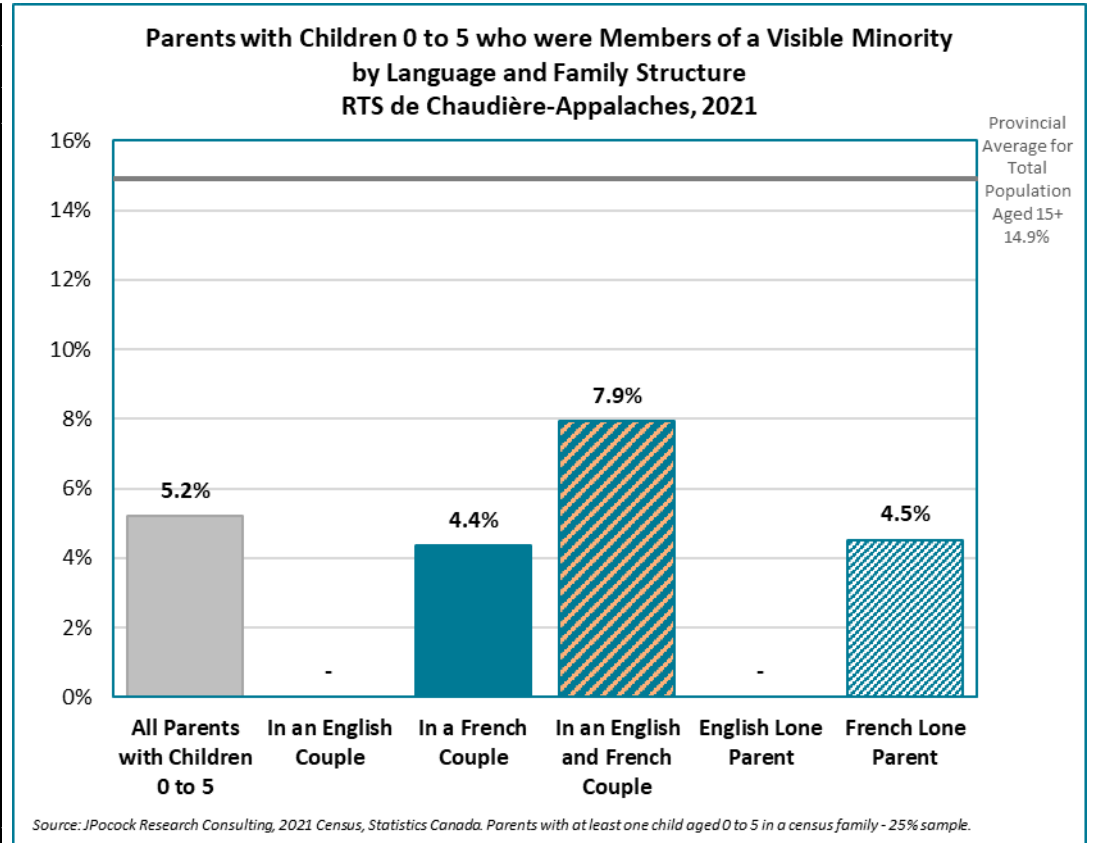
Parents with at Least One Child Aged 0 to 5 by Number of Children

| <b>Parents with at Least One Child Aged 0 to 5<br/>by Language, Census Family Structure and Number of Children<br/>RTS de Chaudière-Appalaches, 2021</b> |              |                |                   |                           |
|--|--------------|----------------|-------------------|---------------------------|
| <b>Census Family Structure and Language</b>  | <b>Total</b> | <b>1 child</b> | <b>2 children</b> | <b>3 or more children</b> |
| <b>All Parents with Children 0 to 5</b>  | 34,760       | 21,760         | 10,875            | 2,130                     |
| <b>In an English Couple</b>  | -            | -              | -                 | -                         |
| <b>In a French Couple</b>  | 31,370       | 19,160         | 10,150            | 2,060                     |
| <b>In an English and French Couple</b>   | 630          | 450            | 165               | 10                        |
| <b>English Lone Parent</b>   | 25           | 15             | 10                | -                         |
| <b>French Lone Parent</b>  | 2,320        | 1,840          | 440               | 40                        |
| <b>Other Types of Families</b>   | 410          | 280            | 110               | 15                        |
| <b>Percentages</b>   |              |                |                   |                           |
| <b>All Parents with Children 0 to 5</b>  | 100.0%       | 62.6%          | 31.3%             | 6.1%                      |
| <b>In an English Couple</b>  | -            | -              | -                 | -                         |
| <b>In a French Couple</b>  | 100.0%       | 61.1%          | 32.4%             | 6.6%                      |
| <b>In an English and French Couple</b>   | 100.0%       | 71.4%          | 26.2%             | 1.6%                      |
| <b>English Lone Parent</b>   | 100.0%       | 60.0%          | 40.0%             | 0.0%                      |
| <b>French Lone Parent</b>  | 100.0%       | 79.3%          | 19.0%             | 1.7%                      |
| <b>Other Types of Families</b>   | 100.0%       | 68.3%          | 26.8%             | 3.7%                      |
| <i>Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.</i> |              |                |                   |                           |

## Visible Minority Status

| Parents with at Least One Child Aged 0 to 5<br>by Language, Census Family Structure and Visible Minority Status<br>RTS de Chaudière-Appalaches, 2021 |        |                                    |                              |
|--|--------|------------------------------------|------------------------------|
| Census Family Structure and Language   | Total  | Member of<br>a Visible<br>Minority | Not a<br>Visible<br>Minority |
| <b>All Parents with Children 0 to 5</b>  | 34,760 | 1,815                              | 32,945                       |
| <b>In an English Couple</b>  | -      | -                                  | -                            |
| <b>In a French Couple</b>  | 31,370 | 1,365                              | 30,005                       |
| <b>In an English and French Couple</b>   | 630    | 50                                 | 580                          |
| <b>English Lone Parent</b>   | 25     | -                                  | 20                           |
| <b>French Lone Parent</b>  | 2,320  | 105                                | 2,215                        |
| <b>Other Types of Families</b>   | 410    | 285                                | 120                          |
| Percentages  |        |                                    |                              |
| <b>All Parents with Children 0 to 5</b>  | 100.0% | 5.2%                               | 94.8%                        |
| <b>In an English Couple</b>  | -      | -                                  | -                            |
| <b>In a French Couple</b>  | 100.0% | 4.4%                               | 95.6%                        |
| <b>In an English and French Couple</b>   | 100.0% | 7.9%                               | 92.1%                        |
| <b>English Lone Parent</b>   | 100.0% | -                                  | 80.0%                        |
| <b>French Lone Parent</b>  | 100.0% | 4.5%                               | 95.5%                        |
| <b>Other Types of Families</b>   | 100.0% | 69.5%                              | 29.3%                        |

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*

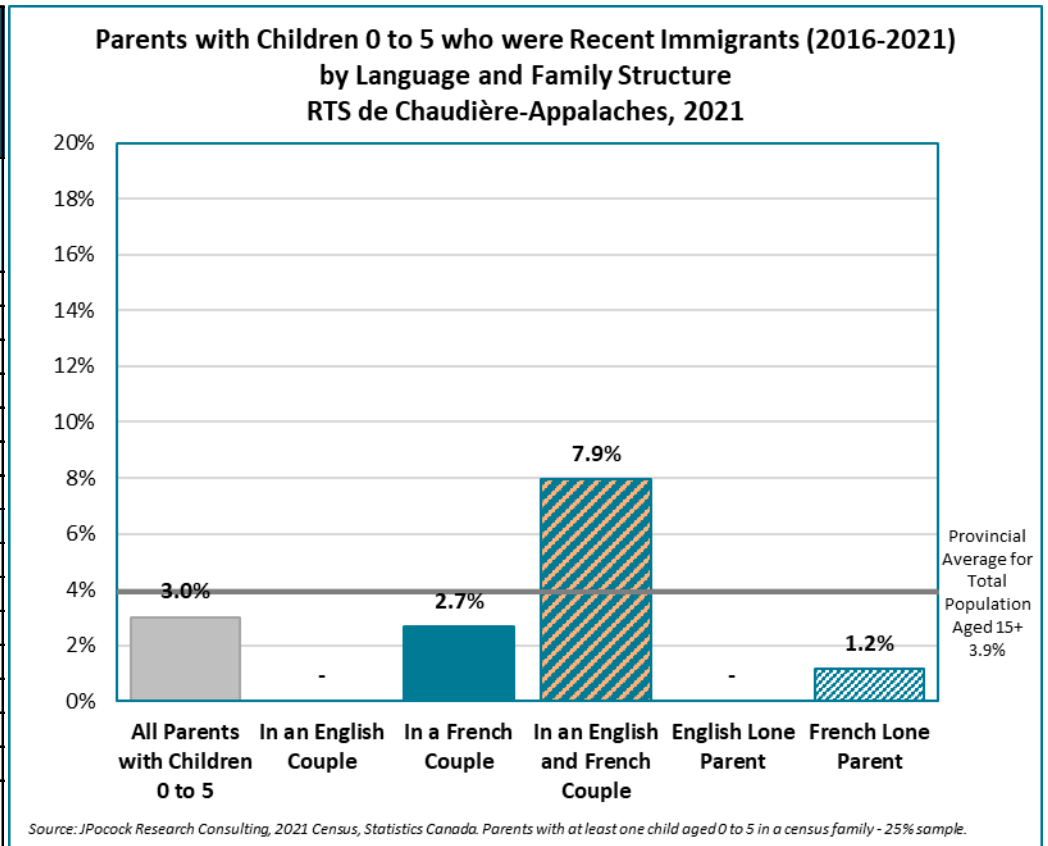


The number of English-speaking parents of children aged 0 to 5 in RTS de Chaudière-Appalaches who were members of a visible minority was too low to report.

## Recent Mobility (2016 – 2021)

| Parents with at Least One Child Aged 0 to 5<br>by Language, Census Family Structure and Recent* Mobility Status<br>RTS de Chaudière-Appalaches, 2021 |        |          |                           |                                |
|--|--------|----------|---------------------------|--------------------------------|
| Census Family Structure and Language   | Total  | Migrants | Inter-provincial Migrants | External Migrants (Immigrants) |
| All Parents with Children 0 to 5   | 70,315 | 25,280   | 440                       | 2,125                          |
| In an English Couple   | -      | -        | -                         | -                              |
| In a French Couple   | 63,395 | 22,305   | 300                       | 1,695                          |
| In an English and French Couple  | 1,260  | 565      | 40                        | 100                            |
| English Lone Parent  | 45     | 25       | -                         | -                              |
| French Lone Parent   | 4,715  | 1,765    | 50                        | 55                             |
| Other Types of Families  | 875    | 600      | 30                        | 275                            |
| Percentages  |        |          |                           |                                |
| All Parents with Children 0 to 5   | 100.0% | 36.0%    | 0.6%                      | 3.0%                           |
| In an English Couple   | -      | -        | -                         | -                              |
| In a French Couple   | 100.0% | 35.2%    | 0.5%                      | 2.7%                           |
| In an English and French Couple  | 100.0% | 44.8%    | 3.2%                      | 7.9%                           |
| English Lone Parent  | 100.0% | 55.6%    | -                         | -                              |
| French Lone Parent   | 100.0% | 37.4%    | 1.1%                      | 1.2%                           |
| Other Types of Families  | 100.0% | 68.6%    | 3.4%                      | 31.4%                          |

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. \*Between 2016 and 2021.*



The number of English-speaking parents of children aged 0 to 5 in RTS de Chaudière-Appalaches who were recent immigrants was too low to report.

**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Highest Level of Education  
RTS de Chaudière-Appalaches, 2021**

| Census Family Structure and Language   | Total  | High School Diploma or No Degree | Apprenticeship or Trades Certificate | College, CEGEP or Other Non-University | University Certificate Below BA | University BA or Higher |
|--|--------|----------------------------------|--------------------------------------|--|---------------------------------|-------------------------|
| <b>All Parents with Children 0 to 5</b>  | 34,760 | 6,145                            | 10,100                               | 7,765                                  | 895                             | 9,850                   |
| <b>In an English Couple</b>  | -      | -                                | -                                    | -                                      | -                               | -                       |
| <b>In a French Couple</b>  | 31,370 | 5,120                            | 9,180                                | 7,135                                  | 820                             | 9,115                   |
| <b>In an English and French Couple</b>   | 630    | 150                              | 125                                  | 140                                    | -                               | 215                     |
| <b>English Lone Parent</b>   | 25     | 20                               | -                                    | -                                      | -                               | -                       |
| <b>French Lone Parent</b>  | 2,320  | 775                              | 745                                  | 420                                    | 45                              | 335                     |
| <b>Other Types of Families</b>   | 410    | 85                               | 35                                   | 80                                     | 25                              | 185                     |
| <b>Percentages</b>   |        |                                  |                                      |  |                                 |                         |
| <b>All Parents with Children 0 to 5</b>  | 100.0% | 17.7%                            | 29.1%                                | 22.3%                                  | 2.6%                            | 28.3%                   |
| <b>In an English Couple</b>  | -      | -                                | -                                    | -                                      | -                               | -                       |
| <b>In a French Couple</b>  | 100.0% | 16.3%                            | 29.3%                                | 22.7%                                  | 2.6%                            | 29.1%                   |
| <b>In an English and French Couple</b>   | 100.0% | 23.8%                            | 19.8%                                | 22.2%                                  | -                               | 34.1%                   |
| <b>English Lone Parent</b>   | 100.0% | 80.0%                            | -                                    | -                                      | -                               | -                       |
| <b>French Lone Parent</b>  | 100.0% | 33.4%                            | 32.1%                                | 18.1%                                  | 1.9%                            | 14.4%                   |
| <b>Other Types of Families</b>   | 100.0% | 20.7%                            | 8.5%                                 | 19.5%                                  | 6.1%                            | 45.1%                   |
| <i>Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.</i> |        |                                  |                                      |  |                                 |                         |

**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Labour Force Activity  
RTS de Chaudière-Appalaches, 2021**

| <b>Census Family Structure and Language</b> | <b>Total</b> | <b>In the Labour Force</b> | <b>Un-employed</b> | <b>Out of the Labour Force</b> |
|---|--------------|----------------------------|--------------------|--------------------------------|
| <b>All Parents with Children 0 to 5</b>     | 34,760       | 31,645                     | 975                | 3,115                          |
| <b>In an English Couple</b>                 | -            | -                          | -                  | -                              |
| <b>In a French Couple</b>                   | 31,370       | 28,865                     | 800                | 2,505                          |
| <b>In an English and French Couple</b>      | 630          | 545                        | 35                 | 95                             |
| <b>English Lone Parent</b>                  | 25           | 20                         | -                  | -                              |
| <b>French Lone Parent</b>                   | 2,320        | 1,880                      | 105                | 440                            |
| <b>Other Types of Families</b>              | 410          | 340                        | 35                 | 70                             |
| <b>Percentages</b>                          |              |                            |                    |                                |
| <b>All Parents with Children 0 to 5</b>     | 100.0%       | 91.0%                      | 3.1%               | 9.0%                           |
| <b>In an English Couple</b>                 | -            | -                          | -                  | -                              |
| <b>In a French Couple</b>                   | 100.0%       | 92.0%                      | 2.8%               | 8.0%                           |
| <b>In an English and French Couple</b>      | 100.0%       | 86.5%                      | 6.4%               | 15.1%                          |
| <b>English Lone Parent</b>                  | 100.0%       | 80.0%                      | -                  | -                              |
| <b>French Lone Parent</b>                   | 100.0%       | 81.0%                      | 5.6%               | 19.0%                          |
| <b>Other Types of Families</b>              | 100.0%       | 82.9%                      | 10.3%              | 17.1%                          |

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*

**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and After-Tax Income  
RTS de la Capitale-Nationale, 2021**

| <b>Census Family Structure and Language</b> | <b>Total</b> | <b>Less than<br/>\$20,000</b> | <b>\$20,000 to<br/>\$49,999</b> | <b>\$50,000 and<br/>Over</b> |
|---|--------------|-------------------------------|---------------------------------|------------------------------|
| <b>All Parents with Children 0 to 5</b>     | 61,090       | 3,830                         | 25,445                          | 31,815                       |
| <b>In an English Couple</b>                 | 360          | 75                            | 115                             | 165                          |
| <b>In a French Couple</b>                   | 52,450       | 2,960                         | 21,705                          | 27,780                       |
| <b>In an English and French Couple</b>      | 1,600        | 115                           | 665                             | 815                          |
| <b>English Lone Parent</b>                  | 40           | -                             | 15                              | 20                           |
| <b>French Lone Parent</b>                   | 4,000        | 150                           | 1,710                           | 2,125                        |
| <b>Other Types of Families</b>              | 2,645        | 510                           | 1,230                           | 905                          |
| <b>Percentages</b>                          |              |                               |                                 |                              |
| <b>All Parents with Children 0 to 5</b>     | 100.0%       | 6.3%                          | 41.7%                           | 52.1%                        |
| <b>In an English Couple</b>                 | 100.0%       | 20.8%                         | 31.9%                           | 45.8%                        |
| <b>In a French Couple</b>                   | 100.0%       | 5.6%                          | 41.4%                           | 53.0%                        |
| <b>In an English and French Couple</b>      | 100.0%       | 7.2%                          | 41.6%                           | 50.9%                        |
| <b>English Lone Parent</b>                  | 100.0%       | -                             | -                               | 50.0%                        |
| <b>French Lone Parent</b>                   | 100.0%       | 3.8%                          | 42.8%                           | 53.1%                        |
| <b>Other Types of Families</b>              | 100.0%       | 19.3%                         | 46.5%                           | 34.2%                        |

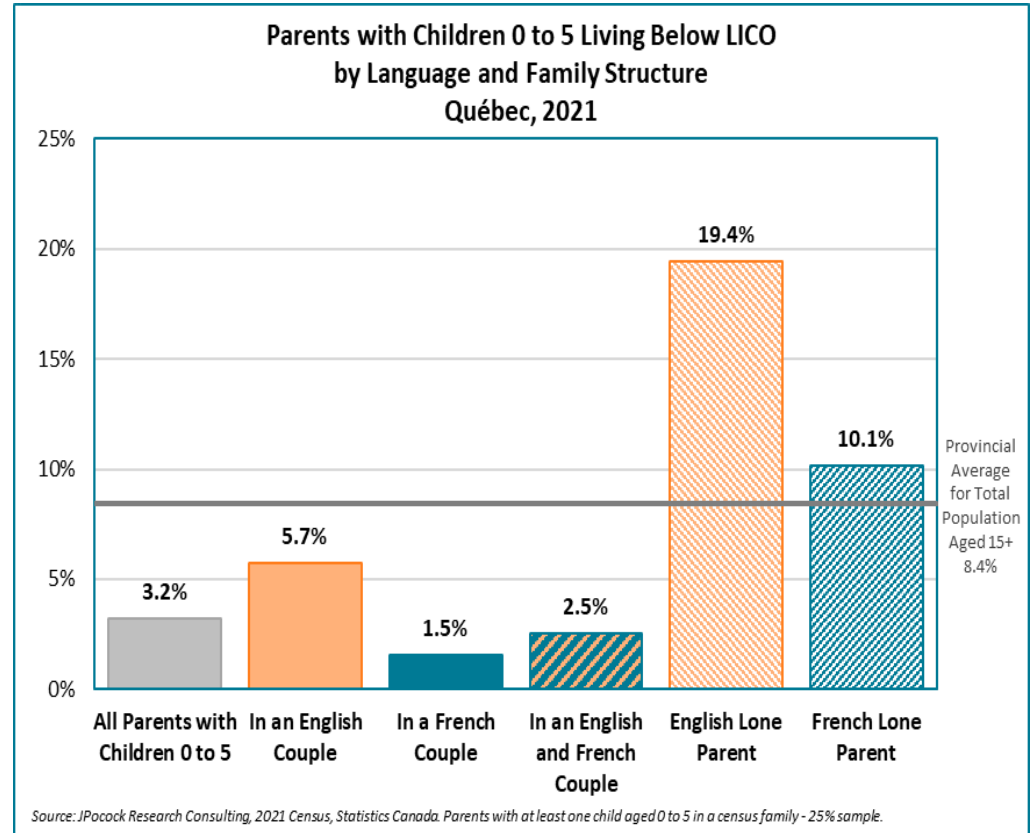
*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*



## Low Income Cut-Off (LICO)

| Parents with at Least One Child Aged 0 to 5<br>by Language, Census Family Structure and Low Income Cut-Off Status<br>RTS de Chaudière-Appalaches, 2021 |        |               |               |
|--|--------|---------------|---------------|
| Census Family Structure and Language   | Total  | Above LICO-AT | Below LICO-AT |
| <b>All Parents with Children 0 to 5</b>  | 34,765 | 34,395        | 370           |
| In an English Couple   | -      | -             | -             |
| In a French Couple   | 31,370 | 31,195        | 175           |
| In an English and French Couple  | 630    | 630           | -             |
| English Lone Parent  | 20     | 20            | -             |
| French Lone Parent   | 2,320  | 2,155         | 165           |
| Other Types of Families  | 385    | 385           | -             |
| Percentages  |        |               |               |
| <b>All Parents with Children 0 to 5</b>  | 100.0% | 98.9%         | 1.1%          |
| In an English Couple   | -      | -             | -             |
| In a French Couple   | 100.0% | 99.4%         | 0.6%          |
| In an English and French Couple  | 100.0% | 100.0%        | -             |
| English Lone Parent  | 100.0% | 100.0%        | -             |
| French Lone Parent   | 100.0% | 92.9%         | 7.1%          |
| Other Types of Families  | 100.0% | 100.0%        | -             |

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown.



The number of English-speaking parents of children aged 0 to 5 in RTS de Chaudière-Appalaches who were living below LICO was too low to report.