

**SOCIO-DEMOGRAPHIC PROFILE OF
CHILDREN AGED 0 TO 5 AND THEIR PARENTS
RTS DE LA CAPITALE-NATIONALE, 2021**

BASED ON THE 2021 CENSUS OF CANADA

A REPORT OF THE COMMUNITY HEALTH AND SOCIAL SERVICES NETWORK (CHSSN)

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Socio-demographic Profiles of Children aged 0-5 and their Parents

Introduction

Early Child Development as a Social Determinant of Health

Early child development (ECD) is a cornerstone of human development and childhood is considered to be the most important developmental phase of the individual lifespan. The developmental outcomes of this early phase of life impact the level of health and well-being enjoyed by a population in its future. Early child development is a social determinant of the health of communities and it is a process that is particularly sensitive to social determinants like the socio-economic status of families with children aged 0-5 and their social environment, access to health and social services, communication competency and literacy and access to local social support networks.

Health organizations around the globe are promoting knowledge and fostering policy, programs and initiatives that aim to improve the situation of children experiencing disadvantaged conditions and who are thereby vulnerable to poor childhood development. In Québec, the 2017 study of the Institut de la statistique du Québec entitled *Québec Survey on Children's Development in Kindergarten/Enquête québécoise sur le développement des enfants à la maternelle* selected the following key areas for assessment of the quality of ECD: physical health and well-being; social competence; emotional maturity; cognitive and language development; as well as communication skills and general knowledge.

See the report at <https://statistique.quebec.ca/en/enquetes/realisees/quebec-survey-of-child-development-in-kindergarten-qscdk>

The Community Health and Social Services Network: *Bright Beginnings*

The Community Health and Social Services Network (CHSSN) supports the English-speaking communities of Québec in their efforts to redress health status inequalities and promote community vitality. It strengthens and mobilizes networks at the local, regional and provincial levels in order to address health determinants, influence public policy and develop services for English speakers who, too often are left out of the system. It's 70 member organizations from various sectors aim to improve vitality and health of individuals and families among Québec's minority language communities. Learn more at <http://chssn.org/about-us/>

CHSSN financially supports 23 local or regional community health and social services network organizations who mobilize citizens and multi-sectorial partners in all regions of Québec using a population health approach. They collectively address health determinants such as access to health services, healthy child development, education and literacy, and social environments or support networks. With their networks, CHSSN has developed a collective vision and an early childhood framework called *Bright Beginnings: an adapted approach to supporting English-speaking children (0-5) and families*. This approach is being implemented by networks to varying degrees in many regions in accordance with each network organization's capacity.

To explore their approach further go to <https://chssn.org/projects/bright-beginnings/>

About These Profiles

These profiles draw from the 2021 Census of Canada to provide pertinent socio-demographic information on the children aged 0-5 of Québec's English-speaking communities and their families in accordance with Québec's RTS (réseau territorial de services) territories.¹ They include information on their numbers, where

¹ For further information go to <http://www.msss.gouv.qc.ca/professionnels/informations-geographiques-et-de-population/decoupage-territorial/>

they live, family structures they are part of, socio-economic issues they face, their status as recent immigrants to Québec, aboriginal identity and their likelihood to be members of a visible minority. Each regional profile includes tables, graphs and information bullets that provide provincial and regional statistics for selected characteristics as well as comparisons between French-speaking majority and English-speaking minority populations within these administrative territories.

Please note that these profiles draw from two different census samples. **Section 1** of each profile provides information drawn from the 2021 census sample of the Québec population living in private households. **Section 2** provides information on the 2021 census sample of parents with at least one child aged 0 to 5 living in census families in Québec.

Definitions and Concepts

These profiles draw data from the Statistics Canada 2021 Census of Canada and are organized in accordance with its definitions and concepts. The census dictionary is available at, <https://www12.statcan.gc.ca/census-recensement/2016/ref/dict/index-eng.cfm>

First Official Language Spoken (FOLS) The definitions of first official language spoken and official language minority are outlined in the Official Languages (Communications with and Services to the Public) Regulations issued pursuant to the Official Languages Act (1988). The official language minority is English in Québec and French in all other provinces and territories. First Official Language Spoken is derived from the census questions on knowledge of official languages, mother tongue and home language. Multiple responses are distributed equally among declared languages.

Census Family households are those with a married couple (with or without children), or a couple living common-law (with or without children), or a lone parent living with one or more children (lone-parent family).

Census family is defined as a married couple and the children, if any, of either and/or both spouses; a couple living common law and the children, if any, of either and/or both partners; or a lone parent of any marital status with at least one child living in the same dwelling and that child or those children. All members of a particular census family live in the same dwelling. A couple may be of opposite or same sex. Children may be children by birth, marriage, common-law union or adoption regardless of their age or marital status as long as they live in the dwelling and do not have their own married spouse, common-law partner or child living in the dwelling. Grandchildren living with their grandparent(s) but with no parents present also constitute a census family.

Private household refers to a person or group of persons who occupy the same dwelling and do not have a usual place of residence elsewhere in Canada or abroad. For census purposes, households are classified into three groups: private households, collective households and households outside Canada. Unless otherwise specified, all data in census products are for private households only.

Educational Attainment – Persons with low educational attainment are those with only a high school graduation certificate or less while those with high educational attainment are those with a university bachelor’s degree or higher.

Income – Persons with low income are those with individual after-tax income less than \$20k while those with high income reported \$50k or more. This includes income from all sources.

LICO uses the income levels of a given family and considers how large a share of its income is spent on necessities such as food, shelter and clothing. If the amount a family spends is 20% higher than an average family in a year, it falls into the low-income cut-off category. People who live below income cut-offs may be said to live in “straitened circumstances.” (Human Resources and Skills Development Canada, August 2009.) LICO Before-Tax (LICO-BT) is used in findings

drawn from the 2021 census sample drawing on the Quebec population in private households. LICO-After Tax (LICO-AT) is used in findings drawn from the 2021 census sample of parents with at least one child 0-5 living in census families in Quebec. (See Data Source below for sample explanation).

Mobility status – (Place of residence 5 years ago) Refers to the status of a person with regard to the place of residence on the reference day, May 10, 2021, in relation to the place of residence on the same date five years earlier.

-Persons who have not moved are referred to as non-movers and persons who have moved from one residence to another are referred to as movers.

-Movers include non-migrants and migrants.

-Non-migrants are persons who did move but remained in the same city, town, township, village or Indian reserve.

-Migrants include internal migrants who moved to a different city, town, township, village or Indian reserve within Canada.

-External migrants include persons who lived outside Canada at the earlier reference date. External migrants are referred to as immigrants in this document.

Methodological Notes

Data Source

These profiles draw information from datasets developed by the Community Health and Social Services Network (CHSSN) using the 2021 Census of Canada. Findings are provided for Québec's RTS territories in which there are at least 250 English speaking residents. **Please note that the profiles are divided into two sections. Section 1** provides information drawn from the 2021 census sample of the Québec population living in private households. **Section 2** provides information on the 2021 census sample of parents with at least one child aged 0 to 5 living in census families in Québec.

Linguistic definitions

There are numerous linguistic definitions that are used to identify the English-speaking population in Québec. The choice of linguistic indicator depends largely on the issue being examined. These profiles use the [First Official Language Spoken](#) (FOLS) definition with multiple responses proportionally distributed since it best reflects the total English-speaking health service users in the province. First Official Language Spoken is derived from three census questions: knowledge of official languages, mother tongue and home language. Dual responses are divided equally among English-speaking and French-speaking groups. Other definitions include [Mother tongue](#) which refers to the first language learned at home in childhood and still understood. The [language most often spoken at home](#) is used to designate the home language. [Knowledge of official languages](#) indicates the official language in which a person can carry on a conversation. The [language used most often at work](#) indicates the language spoken most frequently at work.

Demographic and Socio-economic Characteristics

The demographic and socio-economic variables addressed in these profiles are:

- Population size
- Household living arrangements
- Income
- Low-income cut-off (LICO)
- Educational attainment
- Labour force activity
- Visible minority status
- Family Structure
- Aboriginal identity
- Recent Immigrant status

Section 1: Children 0-5

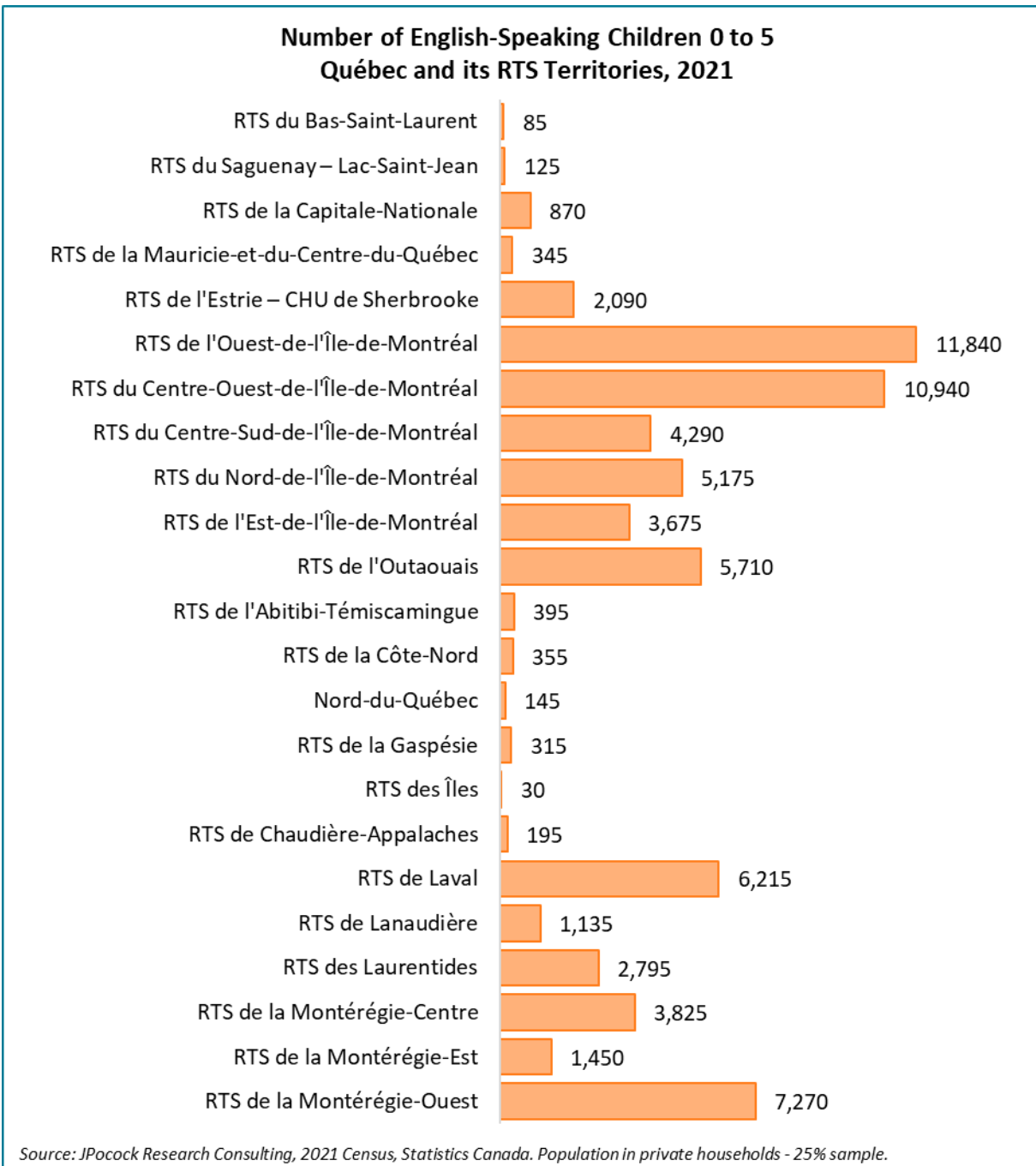
Children 0 to 5 Across Québec

Proportion of Children Across Québec

Size and Proportion English-speaking Children 0 to 5 and French-speaking Children 0 to 5 Québec and its RTS Territories, 2021							
Geography	English-speaking Population				French-speaking Population		
	Total English-speaking Population	Share of Total Population	English-speaking Children 0 to 5	English-speaking Children 0 to 5 (%)	Total French-speaking Population	French-speaking Children 0 to 5	French-speaking Children 0 to 5 (%)
Québec	1,244,440	15.0%	71,730	5.8%	6,985,640	424,480	6.1%
RTS du Bas-Saint-Laurent	1,480	0.8%	85	5.7%	190,430	9,965	5.2%
RTS du Saguenay – Lac-Saint-Jean	2,265	0.8%	125	5.5%	266,350	15,340	5.8%
RTS de la Capitale-Nationale	17,375	2.4%	870	5.0%	717,370	42,670	5.9%
RTS de la Mauricie-et-du-Centre-du-Québec	7,415	1.5%	345	4.7%	497,865	29,230	5.9%
RTS de l'Estrie – CHU de Sherbrooke	40,155	8.2%	2,090	5.2%	446,485	26,585	6.0%
RTS de l'Ouest-de-l'Île-de-Montréal	208,280	58.1%	11,840	5.7%	143,325	7,500	5.2%
RTS du Centre-Ouest-de-l'Île-de-Montréal	202,265	57.4%	10,940	5.4%	140,530	6,660	4.7%
RTS du Centre-Sud-de-l'Île-de-Montréal	95,110	30.5%	4,290	4.5%	211,745	10,695	5.1%
RTS du Nord-de-l'Île-de-Montréal	100,160	23.6%	5,175	5.2%	312,710	22,160	7.1%
RTS de l'Est-de-l'Île-de-Montréal	81,530	15.9%	3,675	4.5%	419,660	28,330	6.8%
RTS de l'Outaouais	82,385	20.7%	5,710	6.9%	314,395	19,675	6.3%
RTS de l'Abitibi-Témiscamingue	5,830	4.1%	395	6.8%	137,800	9,160	6.6%
RTS de la Côte-Nord	5,335	6.2%	355	6.7%	80,780	4,655	5.8%
Nord-du-Québec	1,755	12.0%	145	8.3%	12,890	905	7.0%
RTS de la Gaspésie	7,005	9.3%	315	4.5%	68,105	2,995	4.4%
RTS des Îles	720	5.8%	30	4.2%	11,730	550	4.7%
RTS de Chaudière-Appalaches	5,070	1.2%	195	3.8%	416,110	26,295	6.3%
RTS de Laval	104,535	24.3%	6,215	5.9%	316,190	18,180	5.7%
RTS de Lanaudière	17,675	3.4%	1,135	6.4%	500,090	32,610	6.5%
RTS des Laurentides	46,085	7.4%	2,795	6.1%	576,650	35,065	6.1%
RTS de la Montérégie-Centre	62,750	15.1%	3,825	6.1%	346,840	21,630	6.2%
RTS de la Montérégie-Est	24,115	4.6%	1,450	6.0%	496,400	30,960	6.2%
RTS de la Montérégie-Ouest	99,925	21.7%	7,270	7.3%	357,745	22,525	6.3%

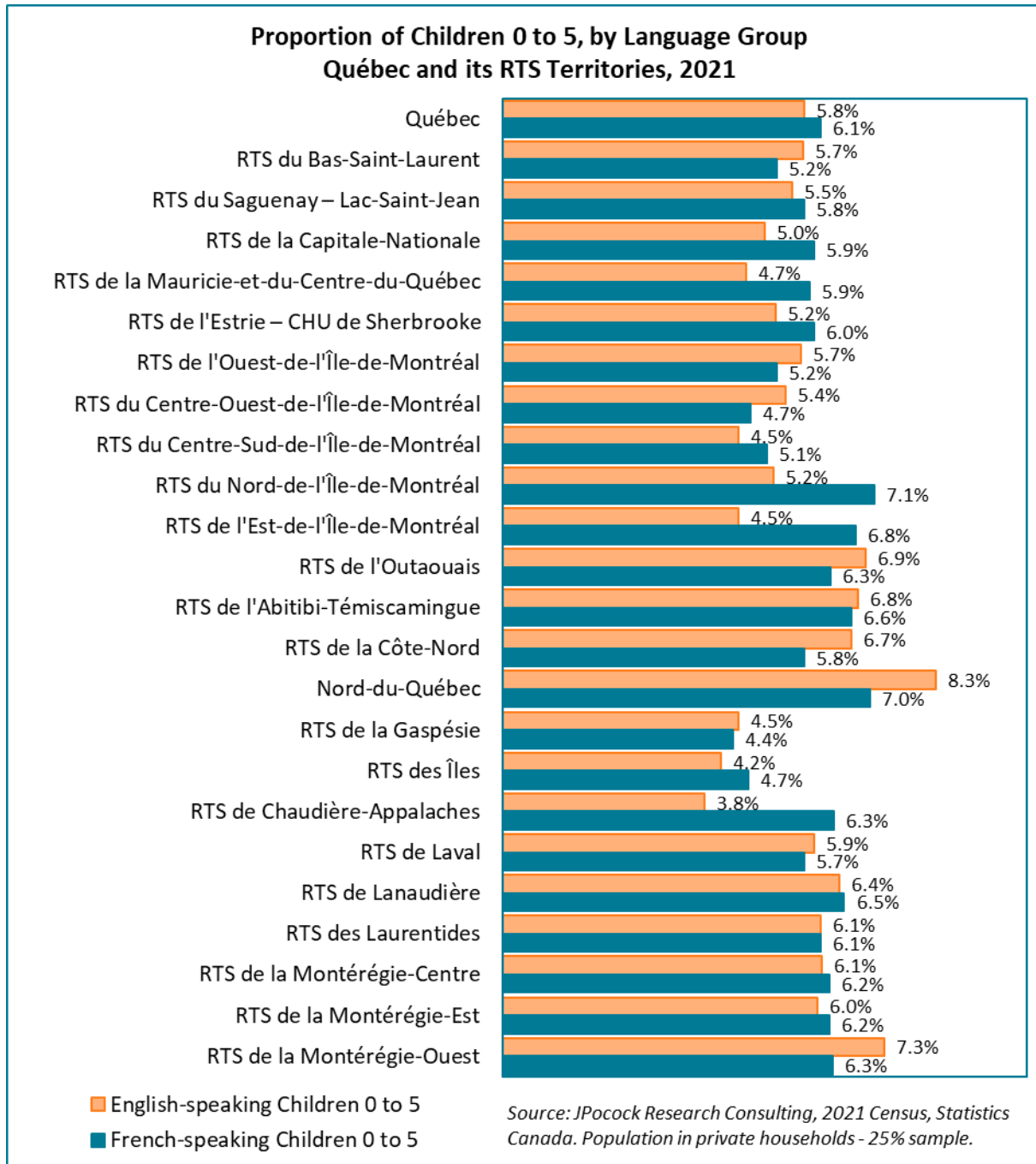
Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

Number of English Children 0 to 5 Across Québec



- There are 71, 730 English-speaking children aged 0 to 5 living in Quebec, and they represent 5.8% of the total English-speaking population.
- The number of English-speaking children aged 0-5 ranges from close to 36,000 among the five RTS regions of Montreal and 12,545 among the RTS of Montérégie to 30 children in des Îles, 85 in Bas-Saint-Laurent and 125 in Saguenay- Lac-Saint-Jean.

Proportion of Children 0 to 5 Across Québec



- English-speaking children aged 0 to 5 years of age represent 5.8% of Québec's English-speaking population.
- The proportion represented by children 0 to 5 varies by region ranging from 3.8% in Chaudière-Appalaches to 8.3% in Nord-du-Québec and 7.3% in Montérégie-Ouest.

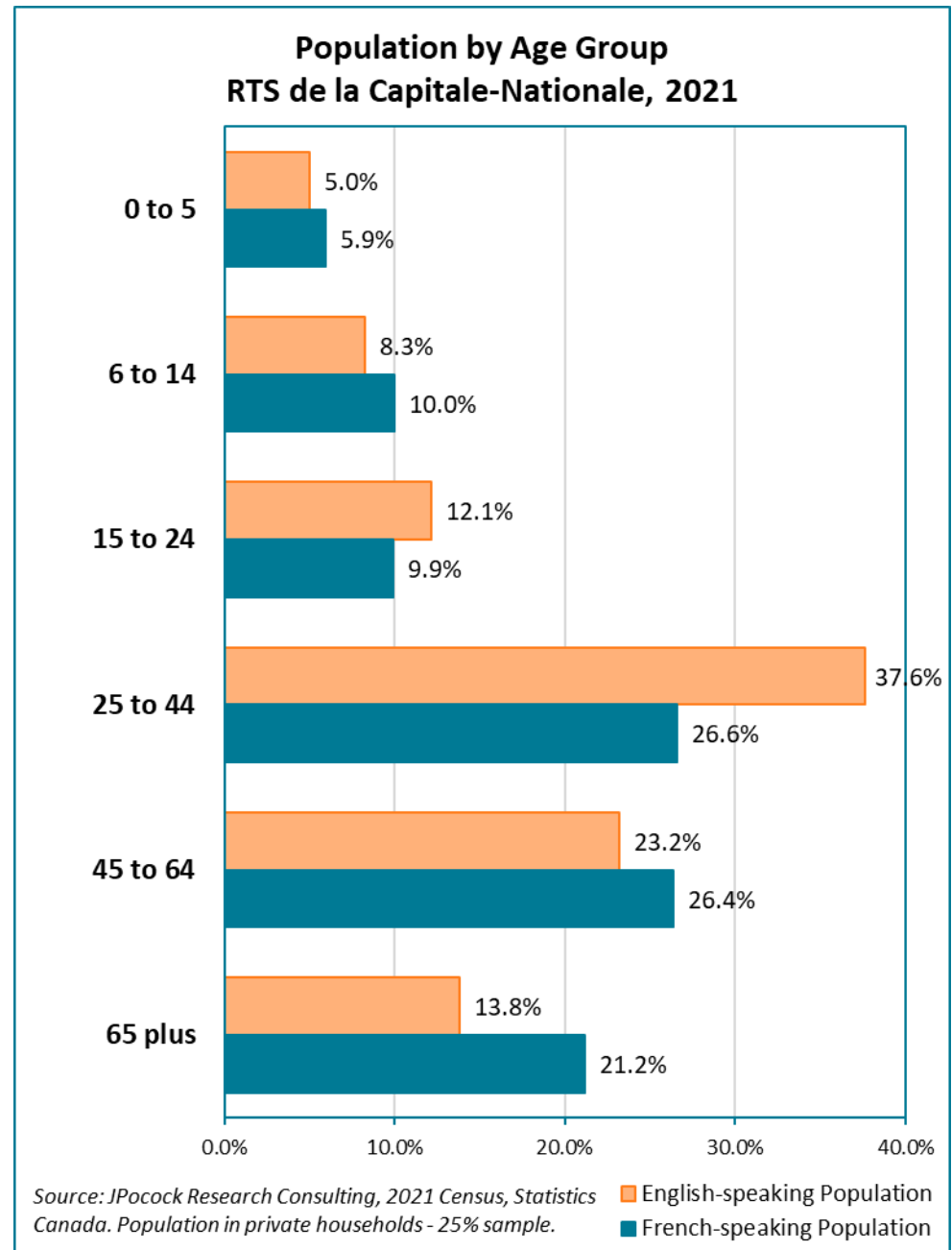
Children 0 to 5 in RTS de la Capitale-Nationale

Population by Age

Age Groups English- and French-speaking Population RTS de la Capitale-Nationale, 2021				
Age Group	English-speaking Population	French-speaking Population	English-speaking Population (%)	French-speaking Population (%)
Total	17,375	717,370	100.0%	100.0%
0 to 5	870	42,670	5.0%	5.9%
6 to 14	1,435	71,570	8.3%	10.0%
15 to 24	2,110	71,120	12.1%	9.9%
25 to 44	6,535	190,665	37.6%	26.6%
45 to 64	4,025	189,345	23.2%	26.4%
65 plus	2,405	152,010	13.8%	21.2%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

- In 2021, there were 17,375 English-speaking persons in RTS de la Capitale-Nationale. Of these, 870 (5.0%) were in the 0 to 5 age group.
- The proportion of children aged 0 to 5 in the English-speaking population was lower than that of French-speaking population (5.9%).
- The proportion of children aged 0 to 5 in the English-speaking population of RTS de la Capitale-Nationale was lower than the average for Quebec's English-speaking population (5.8%).

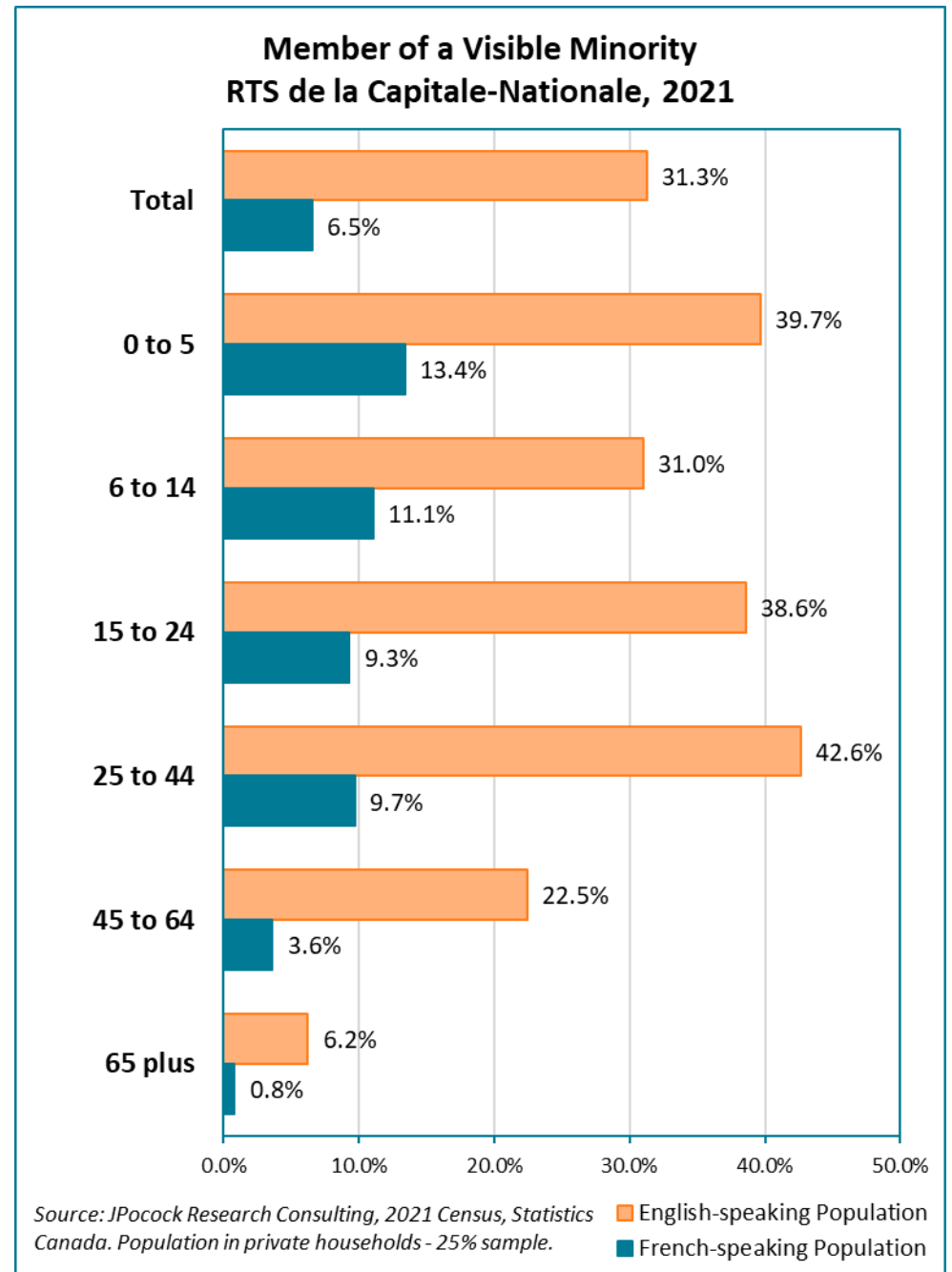


Visible Minority by Age

Visible Minority Status English- and French-speaking Population RTS de la Capitale-Nationale, 2021						
Age Group	English-speaking Population			French-speaking Population		
	Total	Visible Minority	Visible Minority (%)	Total	Visible Minority	Visible Minority (%)
Total	17,375	5,440	31.3%	717,370	46,900	6.5%
0 to 5	870	345	39.7%	42,670	5,720	13.4%
6 to 14	1,435	445	31.0%	71,570	7,945	11.1%
15 to 24	2,110	815	38.6%	71,120	6,625	9.3%
25 to 44	6,535	2,785	42.6%	190,665	18,490	9.7%
45 to 64	4,025	905	22.5%	189,345	6,845	3.6%
65 plus	2,405	150	6.2%	152,010	1,270	0.8%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

- In RTS de la Capitale-Nationale there were 870 English-speaking children aged 0 to 5. Of these children, 345 (39.7%) were members of a visible minority. This proportion was much higher than that displayed by the French-speaking population (13.4%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who were members of a visible minority was much higher than that of the total English-speaking population of RTS de la Capitale-Nationale (31.3%).
- For the overall English-speaking population of RTS de la Capitale-Nationale, there were 5,440 persons who were members of a visible minority, representing 31.3% of that population. The level for RTS de la Capitale-Nationale is lower than the provincial average (35.9%).



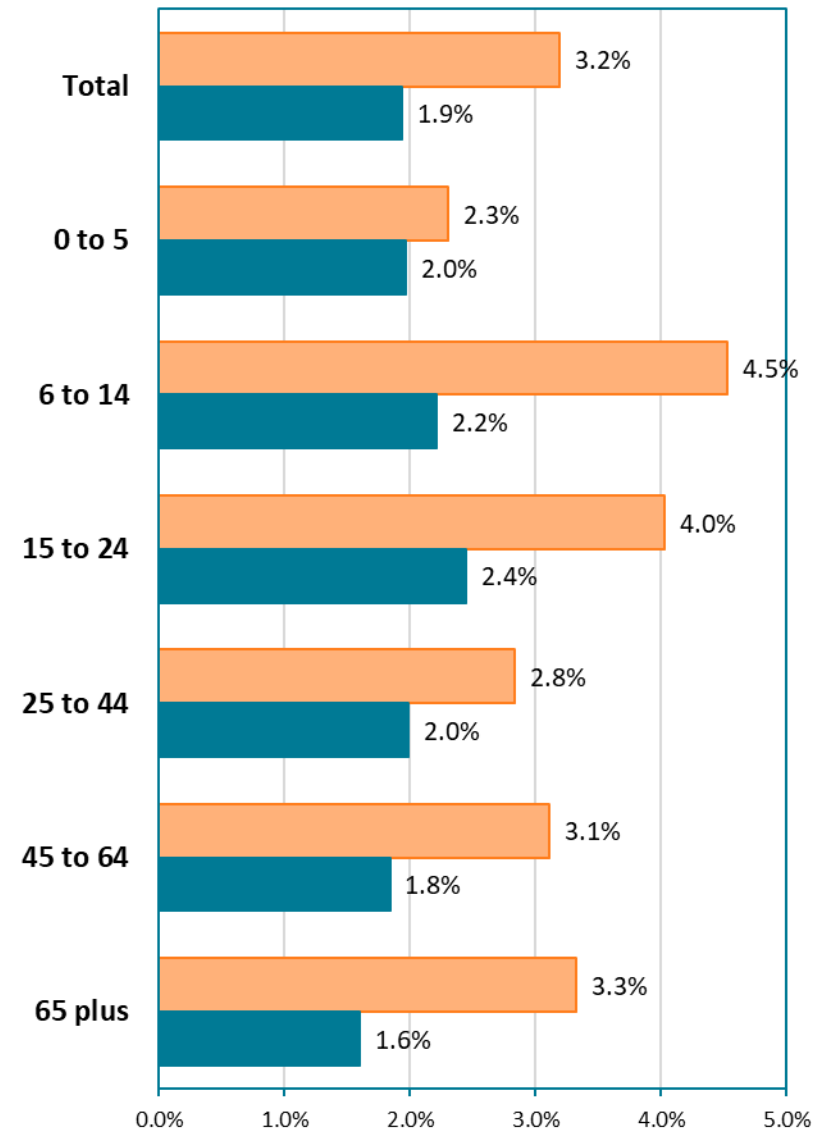
Indigenous Identity by Age

Indigenous Identity English- and French-speaking Population RTS de la Capitale-Nationale, 2021						
Age Group	English-speaking Population			French-speaking Population		
	Total	Indigenous Identity	Indigenous Identity (%)	Total	Indigenous Identity	Indigenous Identity (%)
Total	17,375	555	3.2%	717,375	13,850	1.9%
0 to 5	870	20	2.3%	42,665	840	2.0%
6 to 14	1,435	65	4.5%	71,570	1,585	2.2%
15 to 24	2,110	85	4.0%	71,115	1,740	2.4%
25 to 44	6,530	185	2.8%	190,660	3,785	2.0%
45 to 64	4,020	125	3.1%	189,345	3,480	1.8%
65 plus	2,405	80	3.3%	152,015	2,425	1.6%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample. In 2021, Statistics Canada replaced "Aboriginal Identity" with "Indigenous Identity".

- In RTS de la Capitale-Nationale there were 870 English-speaking children aged 0 to 5. Of these children, 20 (2.3%) reported an Indigenous identity. This proportion was higher than that displayed by the French-speaking population (2.0%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who reported an Indigenous identity was much lower than that of the total English-speaking population of Québec (3.2%).
- For the overall English-speaking population of RTS de la Capitale-Nationale, there were 555 persons who reported an Indigenous identity, representing 3.2% of that population. The level for RTS de la Capitale-Nationale is much lower than the provincial average (4.0%).

Proportion with an Indigenous Identity RTS de la Capitale-Nationale, 2021



Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25%

English-speaking Population
French-speaking Population

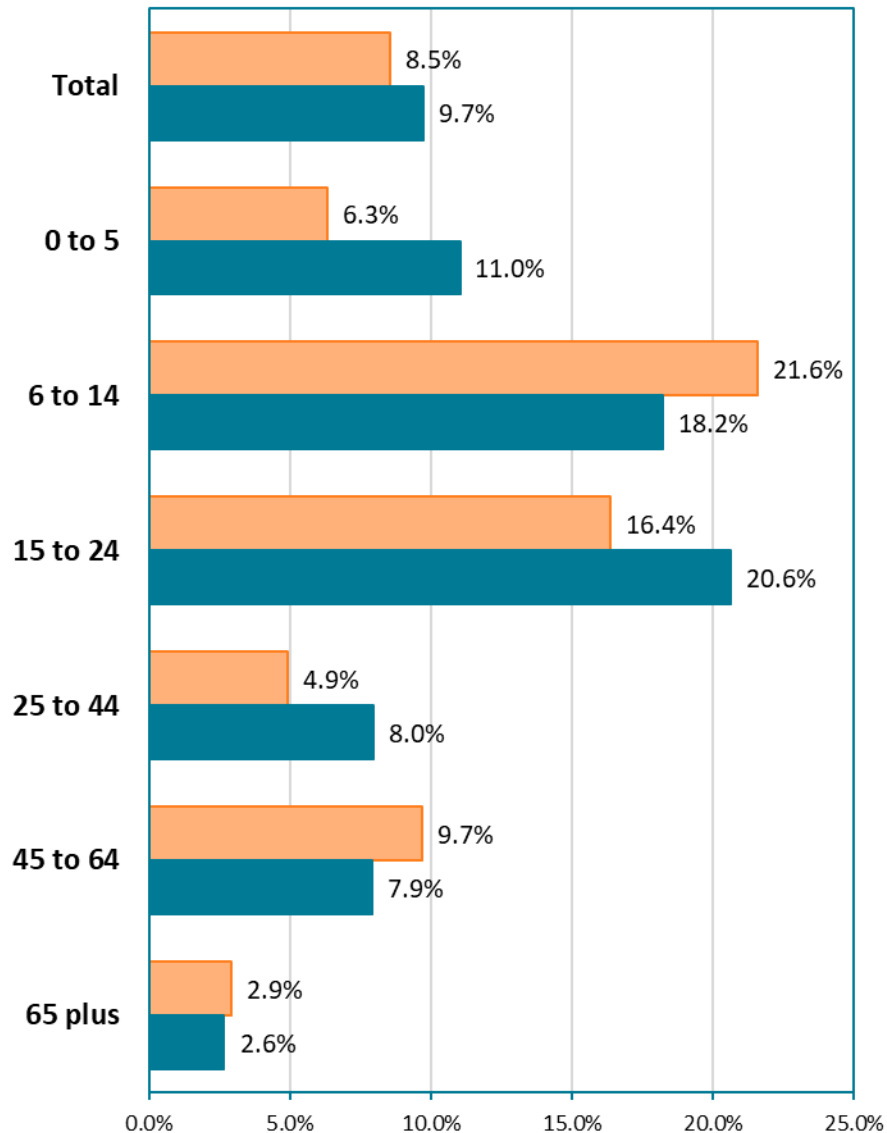
Household Living Arrangements by Age

**Household Living Arrangements
English- and French-speaking Population
RTS de la Capitale-Nationale, 2021**

Age Group	English-speaking Population						French-speaking Population					
	Total	In a Census Family	Spouses, common-law parents and children	Lone parents and children	Total persons in non-Census families	Living with relatives	Total	In a Census Family	Spouses, common-law parents and children	Lone parents and children	Total persons in non-Census families	Living with relatives
Total	17,375	13,040	11,555	1,485	4,335	220	717,370	552,050	482,380	69,670	165,320	10,160
0 to 5	870	865	815	55	-	-	42,670	42,465	37,750	4,705	205	205
6 to 14	1,435	1,435	1,120	310	-	-	114,240	113,695	92,860	20,830	550	550
15 to 24	2,110	1,575	1,220	345	535	70	71,120	58,435	43,755	14,675	12,680	1,545
25 to 44	6,535	4,785	4,470	320	1,740	55	190,665	145,820	130,665	15,160	44,840	2,200
45 to 64	4,025	2,995	2,610	390	1,030	45	189,345	139,955	124,980	14,985	49,385	2,305
65 plus	2,405	1,390	1,310	70	1,020	50	152,010	94,140	90,105	4,025	57,870	3,565
Total	100.0%	75.1%	66.5%	8.5%	24.9%	1.3%	100.0%	77.0%	67.2%	9.7%	23.0%	1.4%
0 to 5	100.0%	99.4%	93.7%	6.3%	-	-	100.0%	99.5%	88.5%	11.0%	0.5%	0.5%
6 to 14	100.0%	100.0%	78.0%	21.6%	-	-	100.0%	99.5%	81.3%	18.2%	0.5%	0.5%
15 to 24	100.0%	74.6%	57.8%	16.4%	25.4%	3.3%	100.0%	82.2%	61.5%	20.6%	17.8%	2.2%
25 to 44	100.0%	73.2%	68.4%	4.9%	26.6%	0.8%	100.0%	76.5%	68.5%	8.0%	23.5%	1.2%
45 to 64	100.0%	74.4%	64.8%	9.7%	25.6%	1.1%	100.0%	73.9%	66.0%	7.9%	26.1%	1.2%
65 plus	100.0%	57.8%	54.5%	2.9%	42.4%	2.1%	100.0%	61.9%	59.3%	2.6%	38.1%	2.3%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

Lone Parent Families RTS de la Capitale-Nationale, 2021



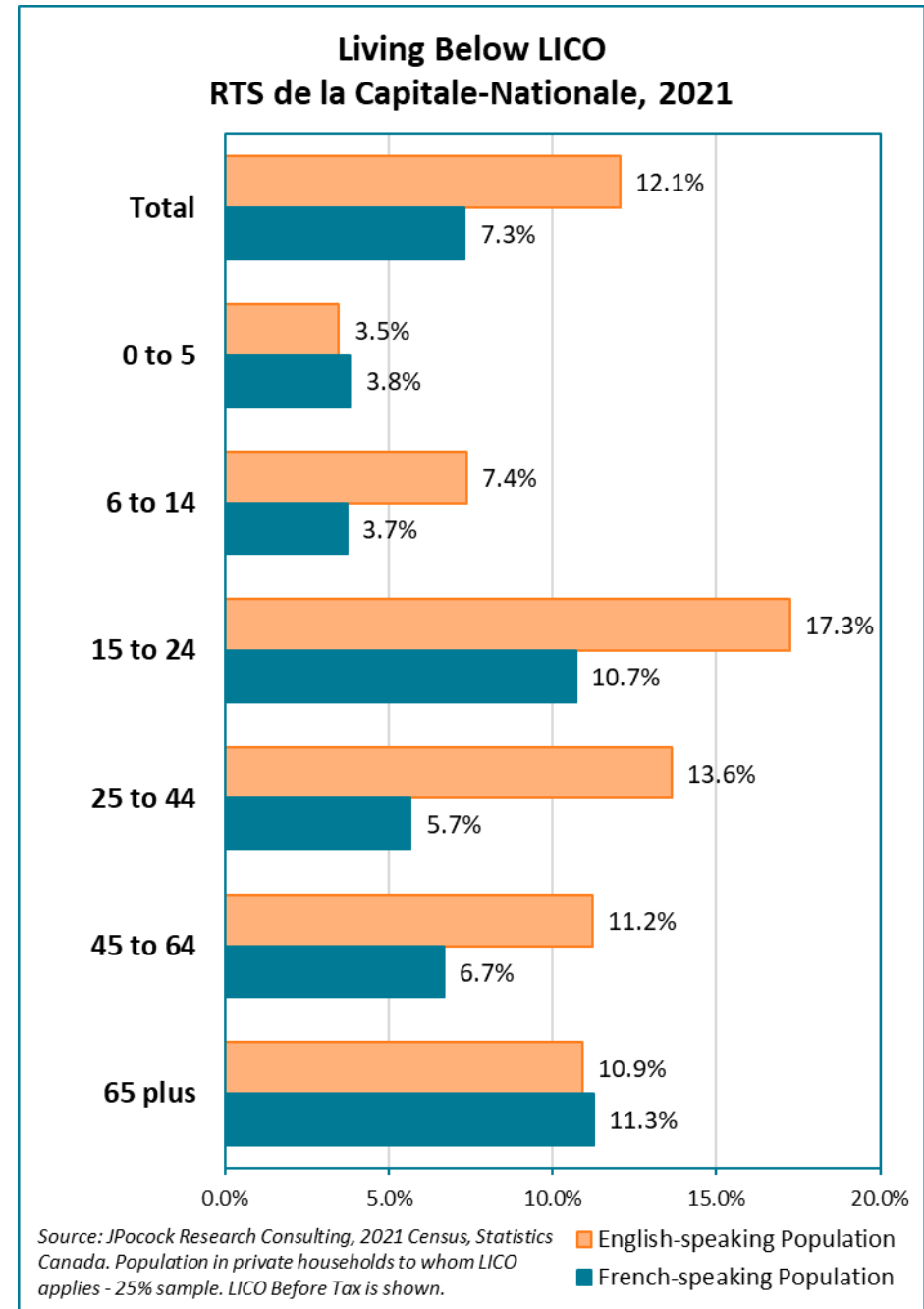
Source: JPocock Research Consulting, 2021 Census, Statistics Canada. English-speaking Population Population in private households - 25% sample. French-speaking Population

- In RTS de la Capitale-Nationale there were 870 English-speaking children aged 0 to 5. Of these children, 55 (6.3%) were in lone parent families. This proportion was lower than that displayed by the French-speaking population (11.0%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who were in lone parent families was much lower than that of the total English-speaking population of RTS de la Capitale-Nationale (8.5%).
- For the overall English-speaking population of RTS de la Capitale-Nationale, there were 1,485 persons in lone parent families, representing 8.5% of that population. The level for RTS de la Capitale-Nationale is much lower than the provincial average (12.1%).

Living Below LICO English- and French-speaking Population RTS de la Capitale-Nationale, 2021						
Age Group	English-speaking Population			French-speaking Population		
	Total to whom LICO applies	Below LICO	Below LICO (%)	Total to whom LICO applies	Below LICO	Below LICO (%)
Total	17,310	2,090	12.1%	715,245	52,325	7.3%
0 to 5	865	30	3.5%	42,545	1,625	3.8%
6 to 14	1,425	105	7.4%	71,390	2,655	3.7%
15 to 24	2,115	365	17.3%	70,855	7,605	10.7%
25 to 44	6,525	890	13.6%	190,180	10,765	5.7%
45 to 64	4,010	450	11.2%	188,705	12,620	6.7%
65 plus	2,385	260	10.9%	151,575	17,060	11.3%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada.
Population in private households to whom LICO applies - 25% sample. LICO Before Tax is shown.

- In RTS de la Capitale-Nationale there were 865 English-speaking children aged 0 to 5. Of these children, 30 (3.5%) were living below LICO. This proportion was lower than that displayed by the French-speaking population (3.8%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who were living below LICO was much lower than that of the total English-speaking population of RTS de la Capitale-Nationale (12.1%).
- For the overall English-speaking population of RTS de la Capitale-Nationale, there were 2,090 persons who were living below LICO, representing 12.1% of that population. The level for RTS de la Capitale-Nationale is similar to the provincial average (12.1%).



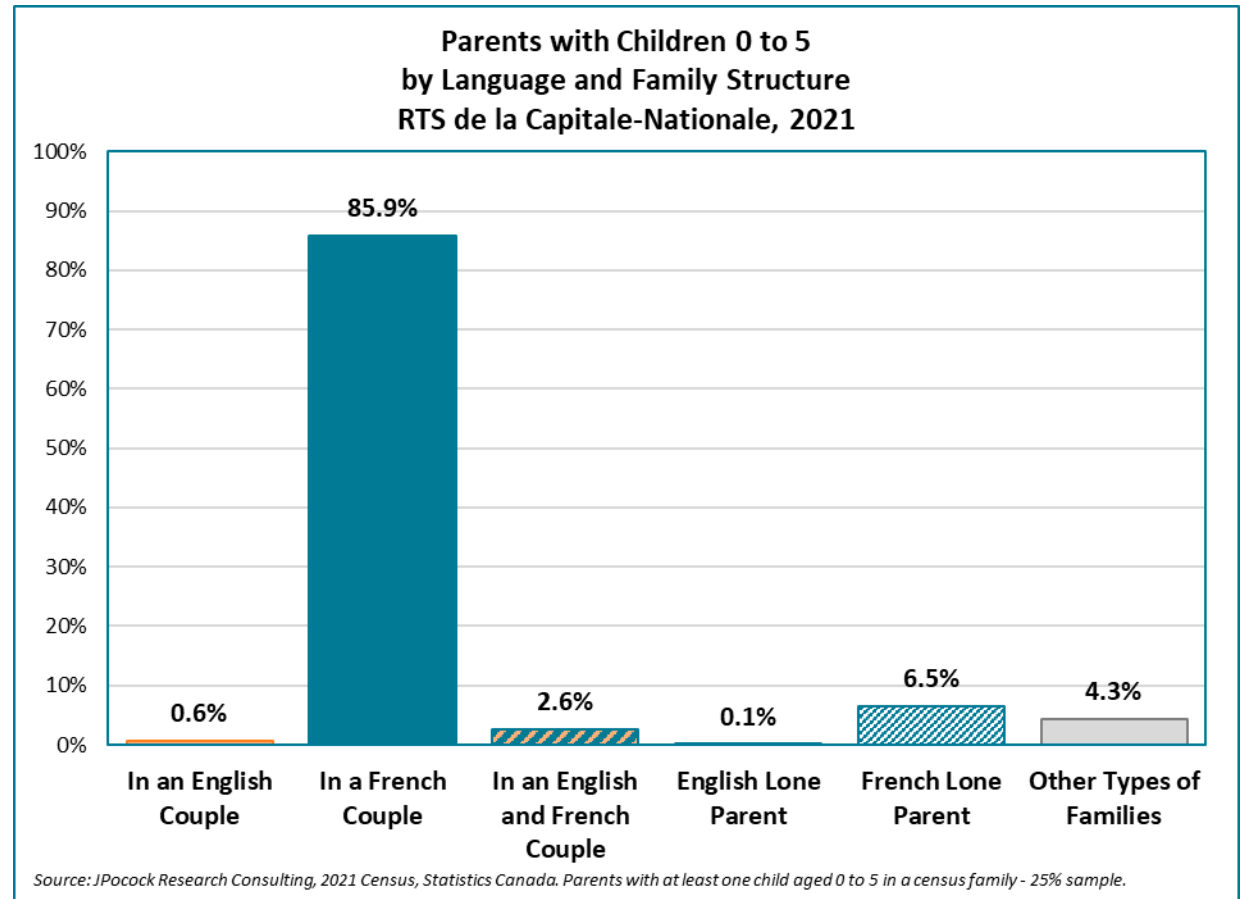
Section 2: Parents of Children 0 to 5

The statistics presented in this section of the profile are drawn from the 2021 census sample of parents with at least one child aged 0 to 5 living in a census family. Children of other ages may be present.

Language and Family Structure of Parents with Children 0 to 5

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Age RTS de la Capitale-Nationale, 2021	
Census Family Structure and Language	Total
All Parents with Children 0 to 5	61,090
In an English Couple	360
In a French Couple	52,450
In an English and French Couple	1,600
English Lone Parent	40
French Lone Parent	4,000
Other Types of Families	2,645
Percentages	
All Parents with Children 0 to 5	100.0%
In an English Couple	0.6%
In a French Couple	85.9%
In an English and French Couple	2.6%
English Lone Parent	0.1%
French Lone Parent	6.5%
Other Types of Families	4.3%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.

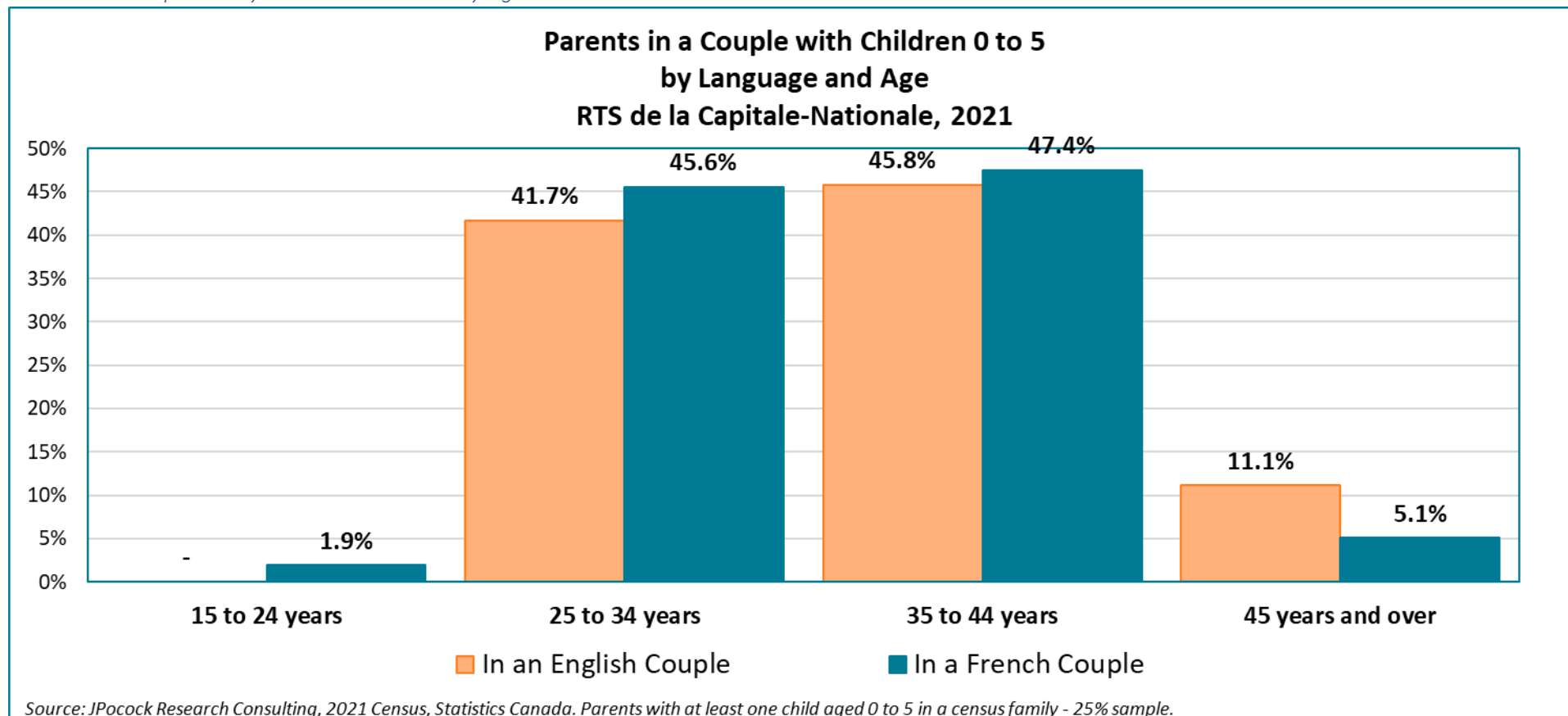


- In Québec there were 697,695 parents with at least one child aged 0 to 5. Of these parents, 65,000 (9.3%) were part of an English-speaking couple, while 7,730 (1.1%) were English-speaking lone parents.

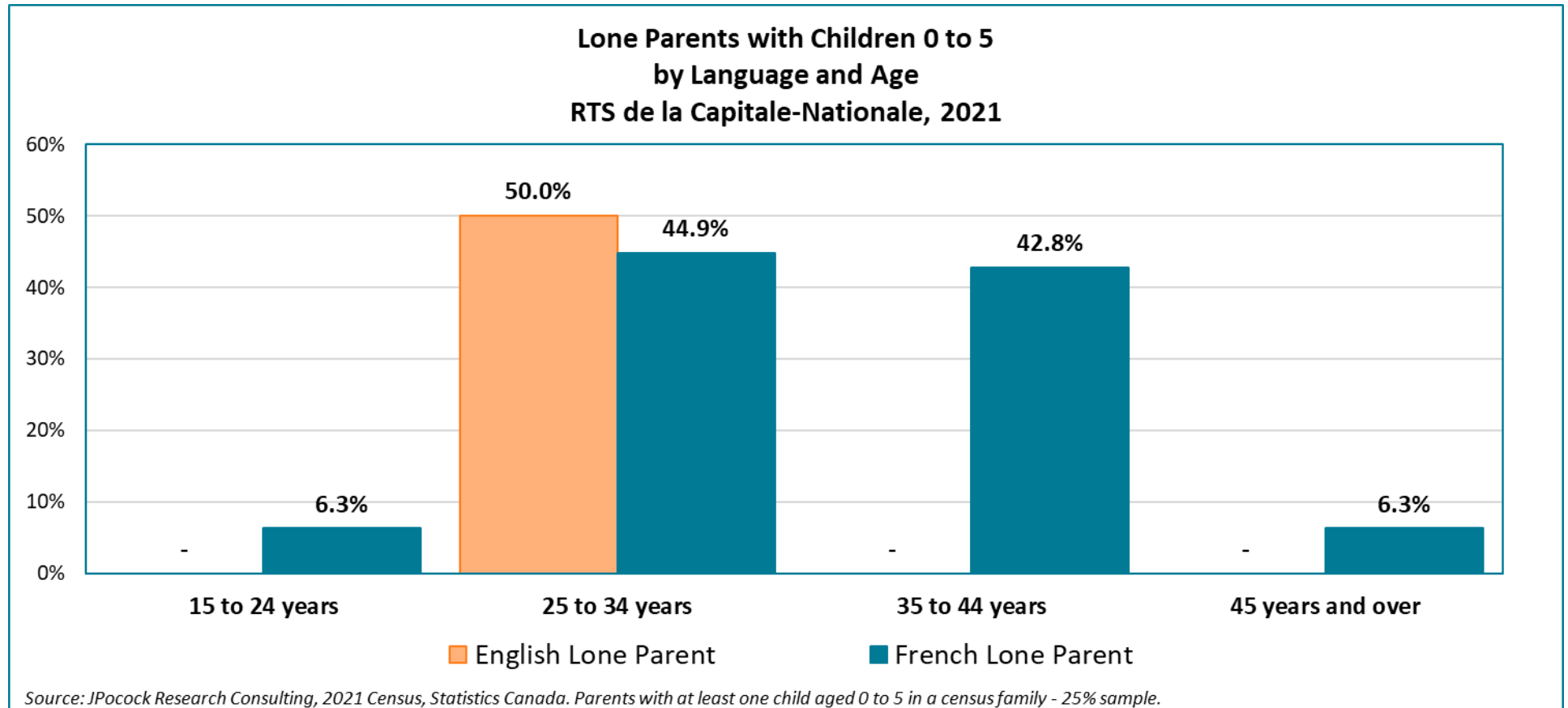
**Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and Age
RTS de la Capitale-Nationale, 2021**

Census Family Structure and Language	Total	15 to 24 years	25 to 34 years	35 to 44 years	45 years and over
All Parents with Children 0 to 5	61,090	1,345	27,445	29,030	3,275
In an English Couple	360	-	150	165	40
In a French Couple	52,450	1,005	23,905	24,885	2,650
In an English and French Couple	1,600	20	690	770	105
English Lone Parent	40	-	20	15	-
French Lone Parent	4,000	250	1,795	1,710	250
Other Types of Families	2,645	80	885	1,485	185
Percentages					
All Parents with Children 0 to 5	100.0%	2.2%	44.9%	47.5%	5.4%
In an English Couple	100.0%	-	41.7%	45.8%	11.1%
In a French Couple	100.0%	1.9%	45.6%	47.4%	5.1%
In an English and French Couple	100.0%	1.3%	43.1%	48.1%	6.6%
English Lone Parent	100.0%	-	50.0%	-	-
French Lone Parent	100.0%	6.3%	44.9%	42.8%	6.3%
Other Types of Families	100.0%	3.0%	33.5%	56.1%	7.0%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.



- Among parents with at least one child aged 0 to 5 in English-speaking couples, 41.7% were between the ages of 25 and 34. This was lower than the proportion for French-speaking couples (45.6%).
- Among parents with at least one child aged 0 to 5 in English-speaking couples, 45.8% were between the ages of 35 and 44. This was similar to the proportion for French-speaking couples (47.4%).
- Among parents with children aged 0 to 5, the majority (92.4%) were between the ages of 25 and 44. Within English-speaking couples, 87.5% were within this age category, which was lower than the proportion for French-speaking couples (93.0%) and lower than the overall average.
- In RTS de la Capitale-Nationale, 5.4% of parents with children aged 0 to 5 were 45 years of age or older. Within English-speaking couples, 11.1% of parents with young children were within this age group, which was much higher than the proportion within French-speaking couples (5.1%) and much higher than the overall average.



- Among English-speaking lone parents with children aged 0 to 5, 50.0% were between the ages of 25 and 34. This was higher than the proportion among French-speaking lone parents (44.9%).

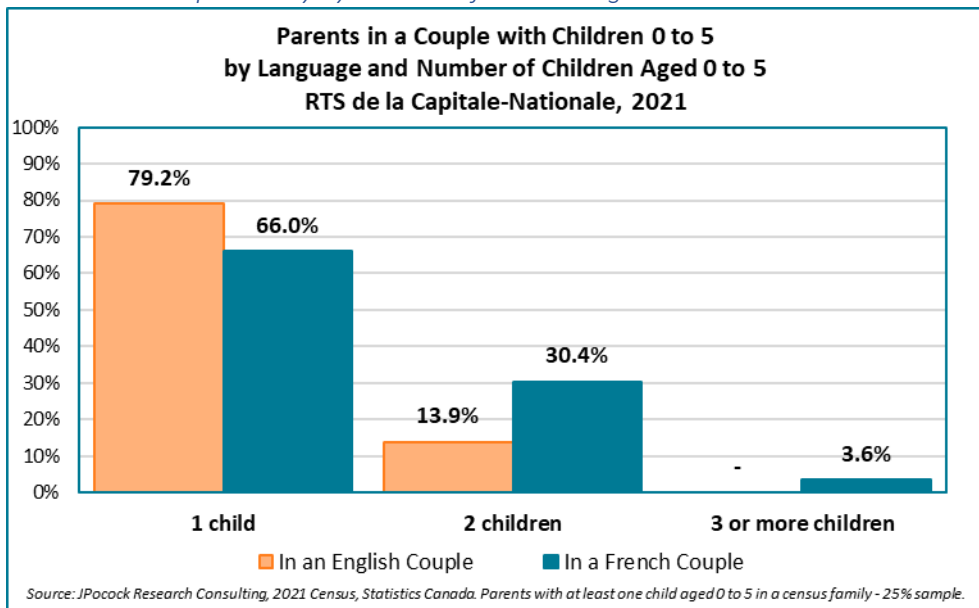
Parents with at Least One Child Aged 0 to 5 by Number of Children

**Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and Number of Children
RTS de la Capitale-Nationale, 2021**

Census Family Structure and Language	Total	1 child	2 children	3 or more children
All Parents with Children 0 to 5	61,090	41,115	17,855	2,110
In an English Couple	360	285	50	20
In a French Couple	52,450	34,610	15,970	1,875
In an English and French Couple	1,600	985	560	60
English Lone Parent	40	20	20	-
French Lone Parent	4,000	3,360	600	40
Other Types of Families	2,645	1,865	665	120
Percentages				
All Parents with Children 0 to 5	100.0%	67.3%	29.2%	3.5%
In an English Couple	100.0%	79.2%	13.9%	-
In a French Couple	100.0%	66.0%	30.4%	3.6%
In an English and French Couple	100.0%	61.6%	35.0%	3.8%
English Lone Parent	100.0%	-	-	-
French Lone Parent	100.0%	84.0%	15.0%	1.0%
Other Types of Families	100.0%	70.5%	25.1%	4.5%

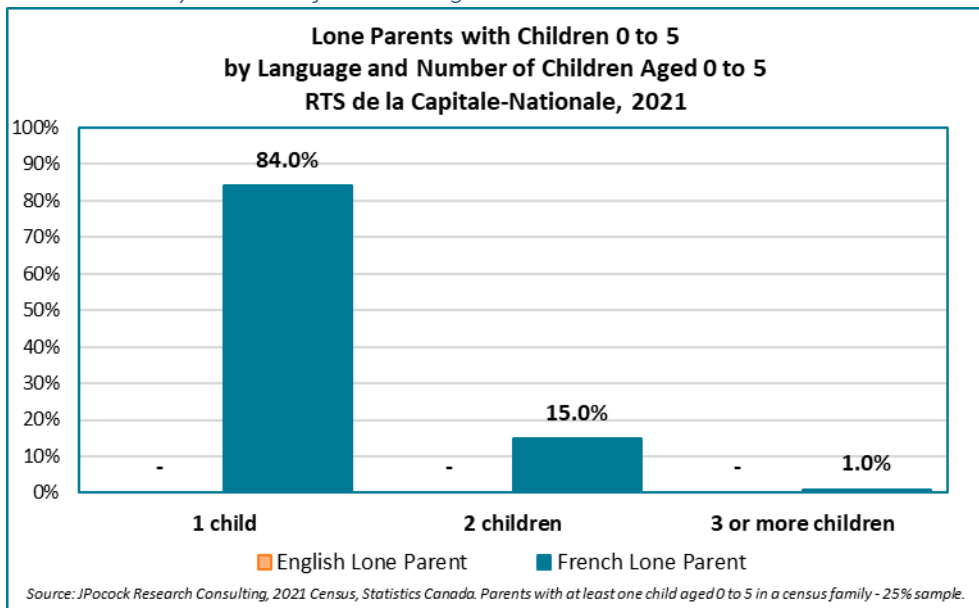
Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.

Parents in a Couple Family by Number of Children Aged 0 to 5



- In RTS de la Capitale-Nationale, 67.3% of all parents with children 0 to 5 had a single child within that age range. Among those parents in an English-speaking couple, 79.2% had a single child aged 0 to 5, which was higher than the proportion within French-speaking couples (66.0%) and higher than the overall average.
- Among parents in English-speaking couples with children aged 0 to 5, 13.9% had two children within that age range, which was much lower than the proportion among French-speaking couples (30.4%).

Lone Parents by Number of Children Aged 0 to 5

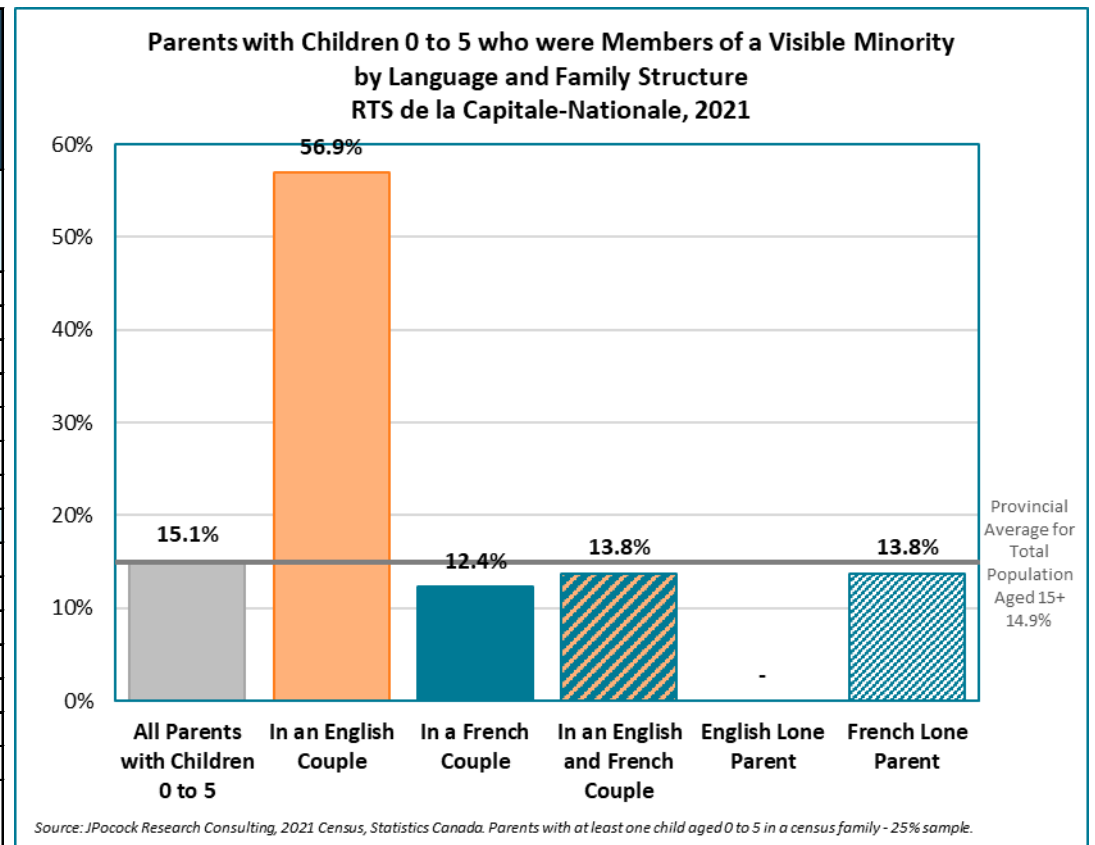


The number of English-speaking lone parents with at least one child aged 0 to 5 was too low to report by number of children.

Visible Minority Status

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Visible Minority Status RTS de la Capitale-Nationale, 2021			
Census Family Structure and Language	Total	Member of a Visible Minority	Not a Visible Minority
All Parents with Children 0 to 5	61,090	9,255	51,835
In an English Couple	360	205	155
In a French Couple	52,450	6,485	45,970
In an English and French Couple	1,600	220	1,375
English Lone Parent	40	10	35
French Lone Parent	4,000	550	3,450
Other Types of Families	2,645	1,795	850
Percentages			
All Parents with Children 0 to 5	100.0%	15.1%	84.9%
In an English Couple	100.0%	56.9%	43.1%
In a French Couple	100.0%	12.4%	87.6%
In an English and French Couple	100.0%	13.8%	85.9%
English Lone Parent	100.0%	-	87.5%
French Lone Parent	100.0%	13.8%	86.3%
Other Types of Families	100.0%	67.9%	32.1%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.

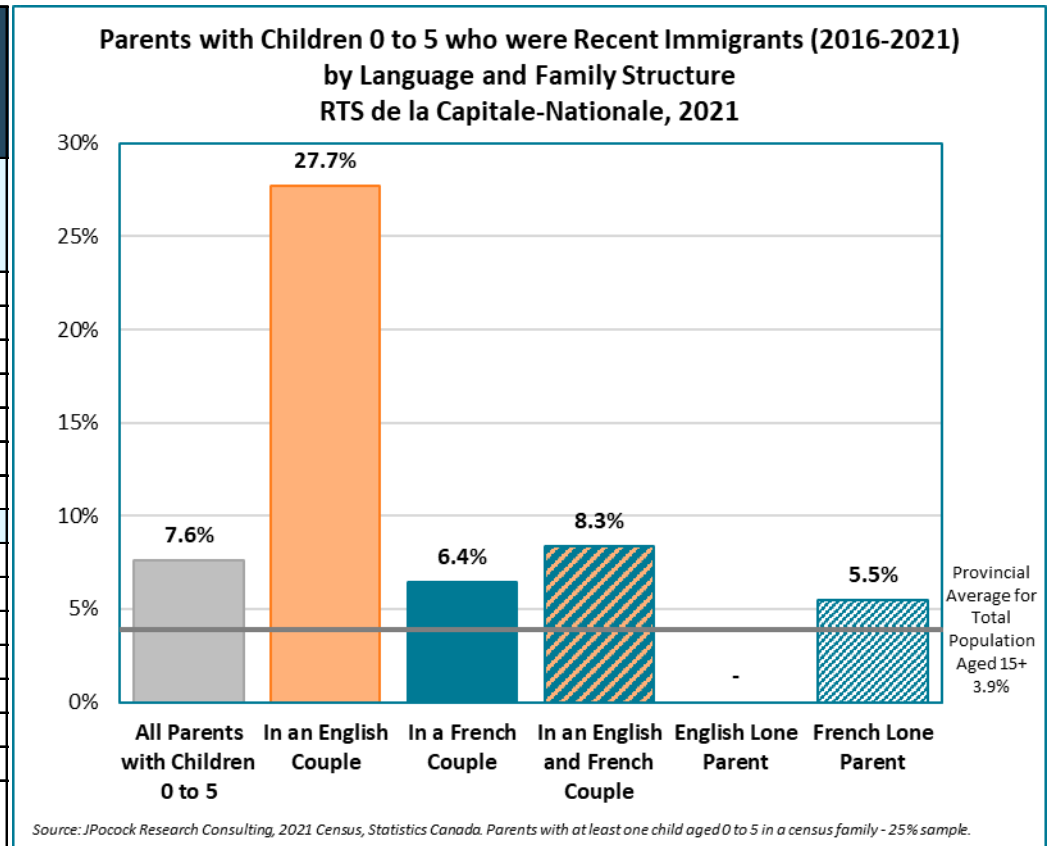


- In RTS de la Capitale-Nationale, 15.1% of parents with at least one child aged 0 to 5 were members of a visible minority in 2021.
- Among those parents in English-speaking couples, 56.9% were members of a visible minority, which was much higher than those in French-speaking couples (12.4%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 13.8% parents with children 0 to 5 were members of a visible minority. This was much lower than the proportion in English-speaking couples and higher than the proportion in French-speaking couples.

Recent Mobility (2016 – 2021)

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Recent* Mobility Status RTS de la Capitale-Nationale, 2021				
Census Family Structure and Language	Total	Migrants	Inter-provincial Migrants	External Migrants (Immigrants)
All Parents with Children 0 to 5	126,595	37,980	1,605	9,610
In an English Couple	740	465	180	205
In a French Couple	108,540	30,875	855	6,955
In an English and French Couple	3,235	1,345	265	270
English Lone Parent	85	25	-	-
French Lone Parent	8,390	2,630	80	460
Other Types of Families	5,615	2,625	205	1,730
Percentages				
All Parents with Children 0 to 5	100.0%	30.0%	1.3%	7.6%
In an English Couple	100.0%	62.8%	24.3%	27.7%
In a French Couple	100.0%	28.4%	0.8%	6.4%
In an English and French Couple	100.0%	41.6%	8.2%	8.3%
English Lone Parent	100.0%	29.4%	-	-
French Lone Parent	100.0%	31.3%	1.0%	5.5%
Other Types of Families	100.0%	46.7%	3.7%	30.8%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. *Between 2016 and 2021.

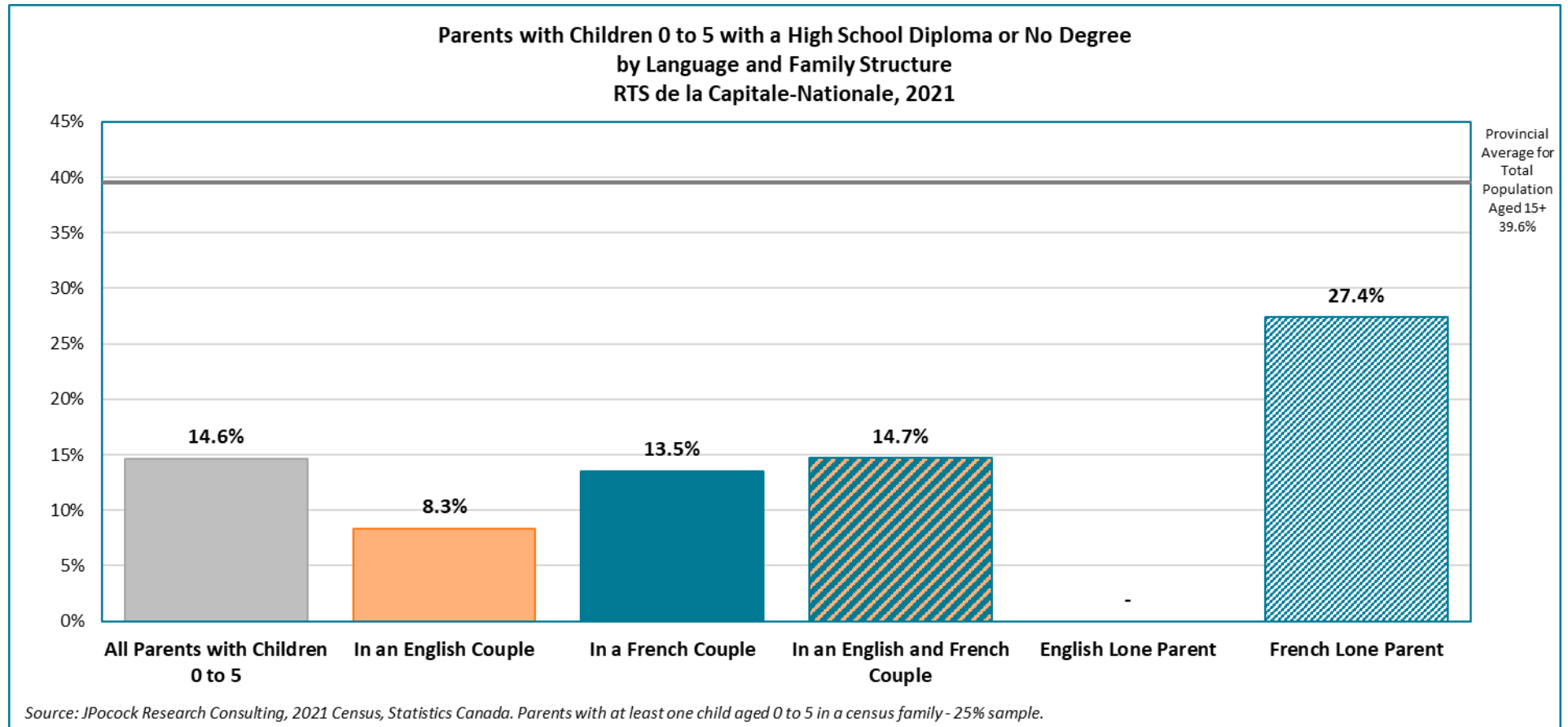


- In RTS de la Capitale-Nationale, 7.6% of parents with at least one child aged 0 to 5 were recent immigrants in 2021.
- Among those parents in English-speaking couples, 27.7% were recent immigrants, which was much higher than those in French-speaking couples (6.4%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 8.3% of parents with children 0 to 5 were recent immigrants. This was much lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.

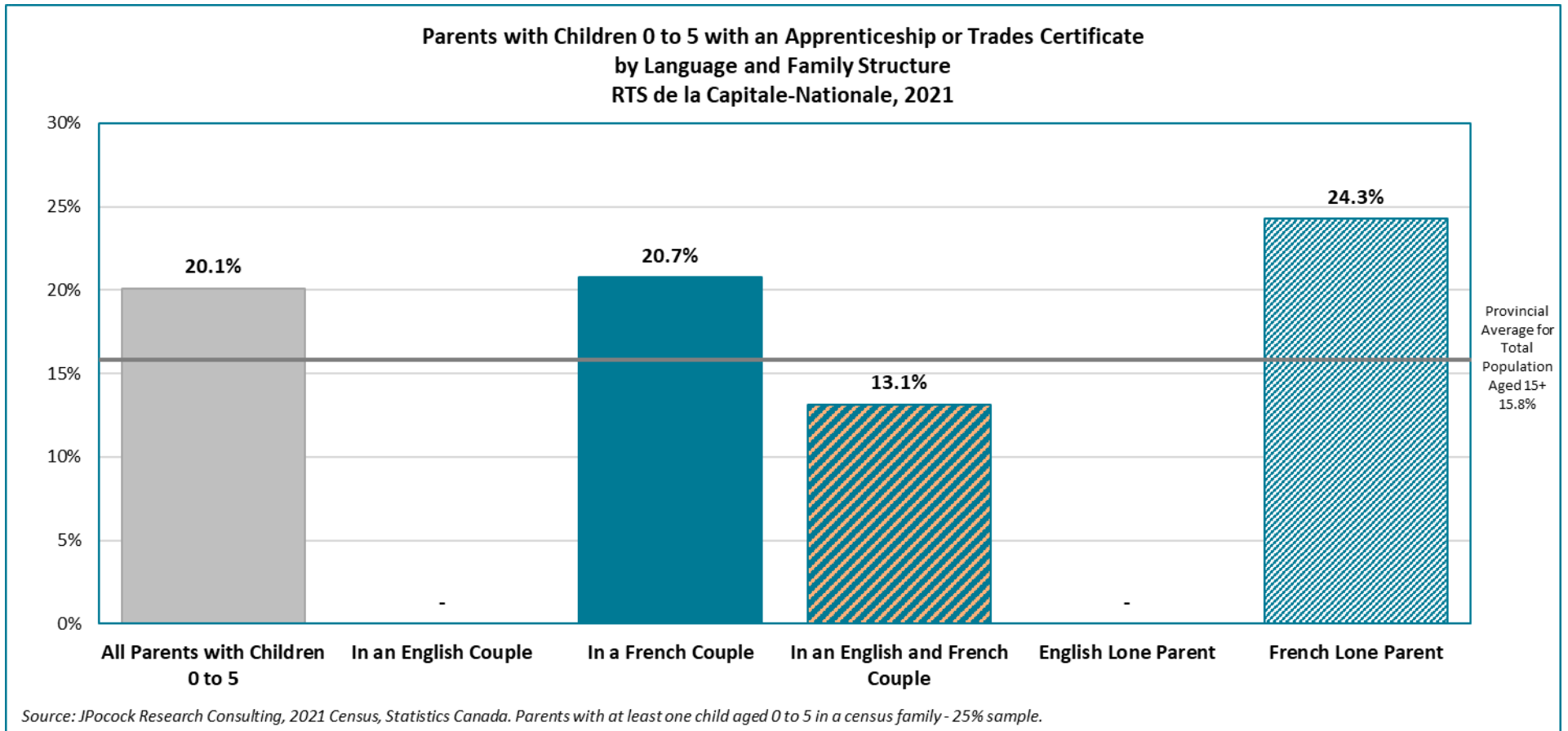
**Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and Highest Level of Education
RTS de la Capitale-Nationale, 2021**

Census Family Structure and Language	Total	High School Diploma or No Degree	Apprenticeship or Trades Certificate	College, CEGEP or Other Non-University	University Certificate Below BA	University BA or Higher
All Parents with Children 0 to 5	61,090	8,945	12,260	12,115	2,140	25,635
In an English Couple	360	30	10	55	15	240
In a French Couple	52,450	7,100	10,880	10,495	1,895	22,090
In an English and French Couple	1,600	235	210	340	30	790
English Lone Parent	40	10	-	20	-	10
French Lone Parent	4,000	1,095	970	890	95	950
Other Types of Families	2,645	480	185	330	110	1,550
Percentages						
All Parents with Children 0 to 5	100.0%	14.6%	20.1%	19.8%	3.5%	42.0%
In an English Couple	100.0%	8.3%	-	15.3%	-	66.7%
In a French Couple	100.0%	13.5%	20.7%	20.0%	3.6%	42.1%
In an English and French Couple	100.0%	14.7%	13.1%	21.3%	1.9%	49.4%
English Lone Parent	100.0%	-	-	50.0%	-	-
French Lone Parent	100.0%	27.4%	24.3%	22.3%	2.4%	23.8%
Other Types of Families	100.0%	18.1%	7.0%	12.5%	4.2%	58.6%

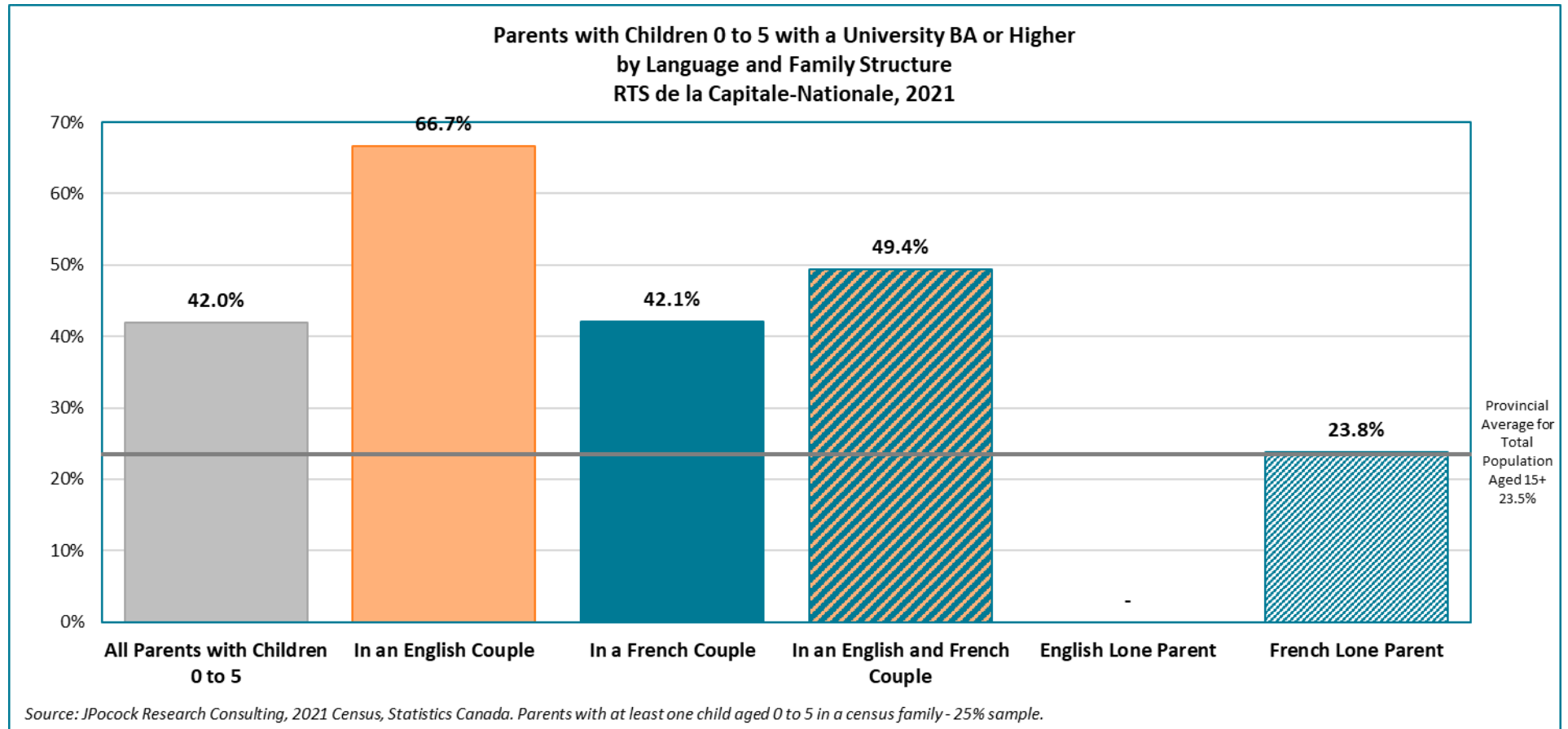
Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.



- In RTS de la Capitale-Nationale, 14.6% of parents with at least one child aged 0 to 5 reported a high school diploma as their highest level of educational attainment in 2021.
- Among those parents in English-speaking couples, 8.3% reported a high school diploma as their highest level of educational attainment, which was much lower than those in French-speaking couples (13.5%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 14.7% of parents with children 0 to 5 reported a high school diploma as their highest level of educational attainment. This was much higher than the proportion in English-speaking couples and higher than the proportion in French-speaking couples.



- The number of English-speaking parents of children aged 0 to 5 who reported an apprenticeship or trades certificate as their highest level of educational attainment was too low to report in RTS de la Capitale-Nationale.

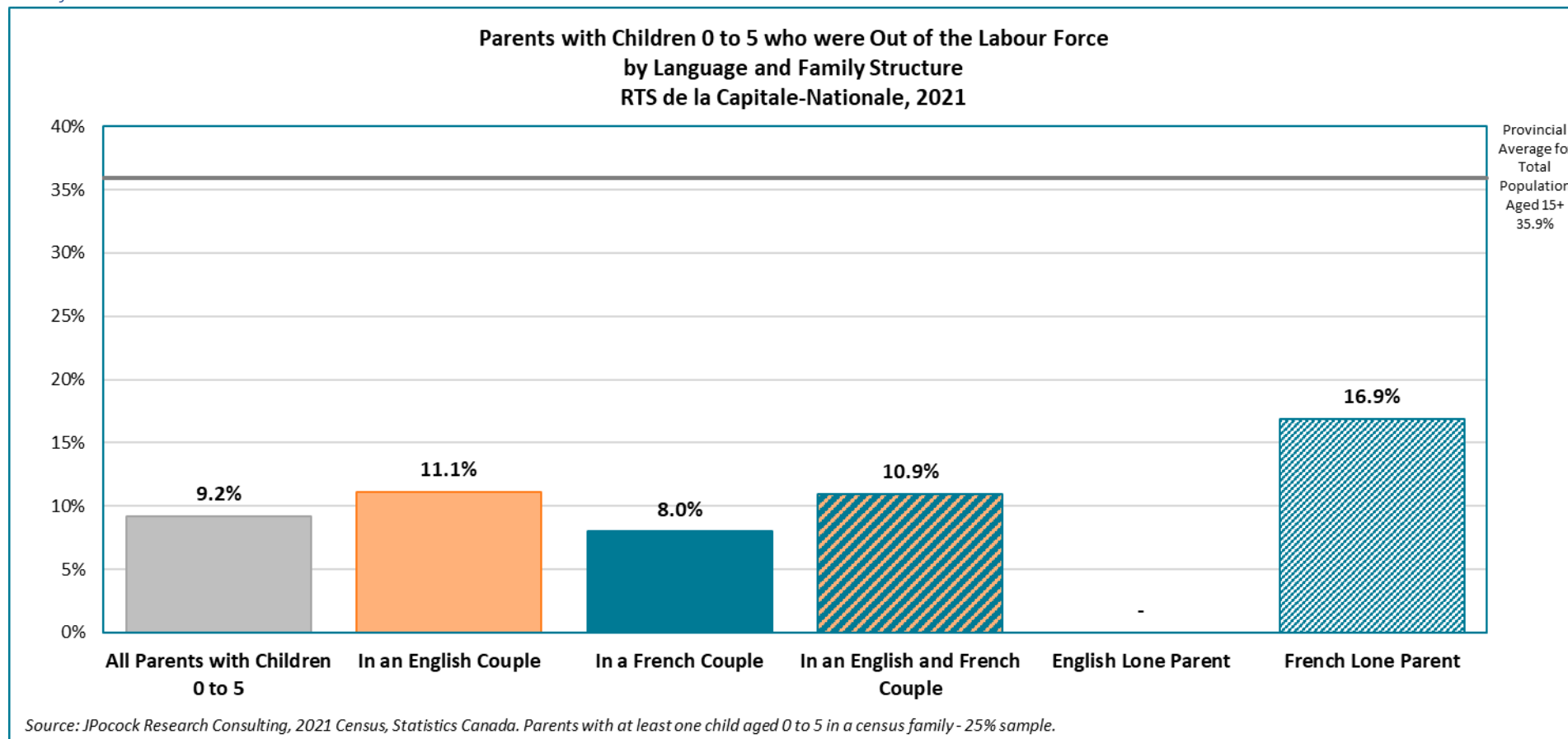


- In RTS de la Capitale-Nationale, 42.0% of parents with at least one child aged 0 to 5 reported having a university BA or higher in 2021.
- Among those parents in English-speaking couples, 66.7% reported having a university BA or higher, which was much higher than those in French-speaking couples (42.1%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 49.4% of parents with children 0 to 5 reported having a university BA or higher. This was much lower than the proportion in English-speaking couples and higher than the proportion in French-speaking couples.

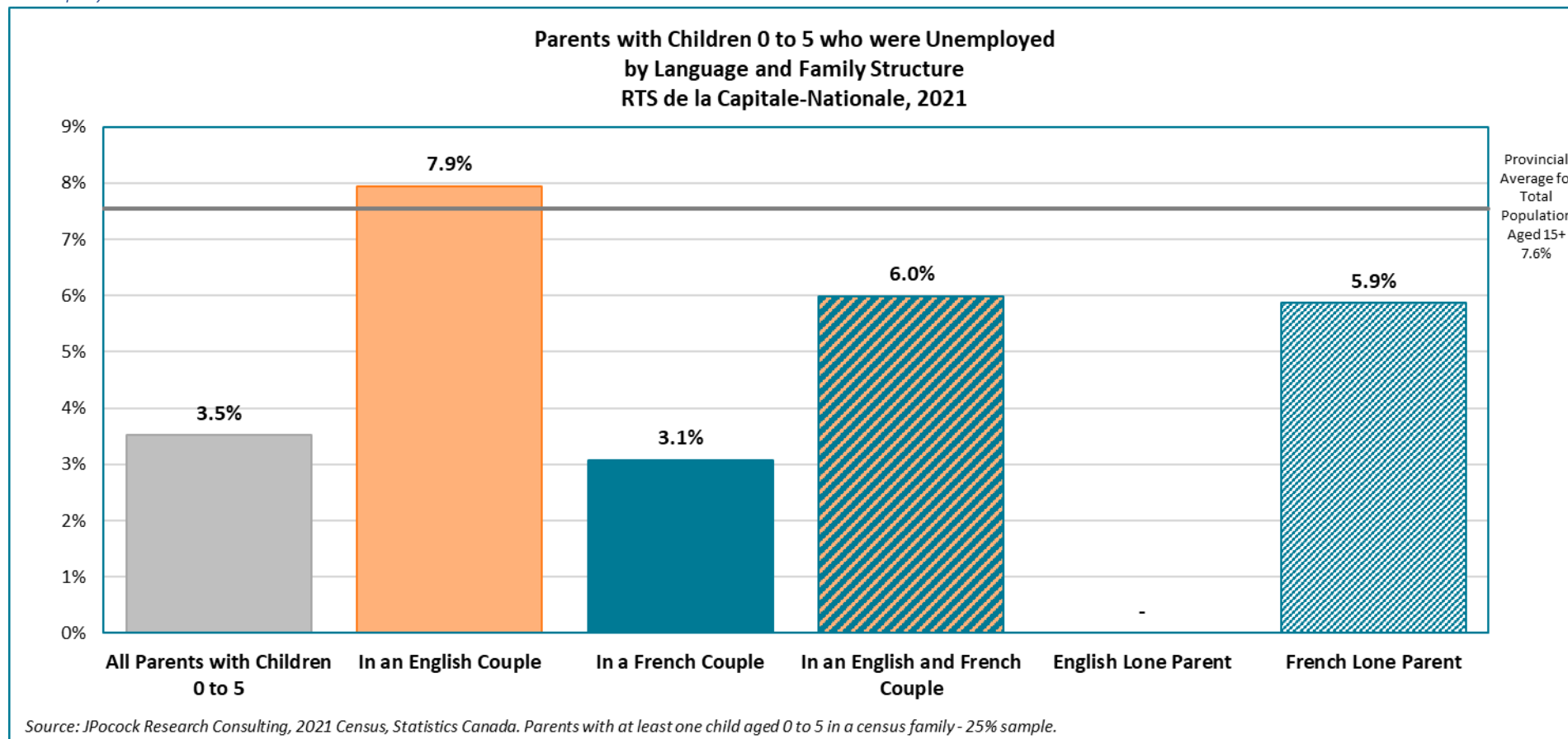
**Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and Labour Force Activity
RTS de la Capitale-Nationale, 2021**

Census Family Structure and Language	Total	In the Labour Force	Un-employed	Out of the Labour Force
All Parents with Children 0 to 5	61,090	55,480	1,950	5,610
In an English Couple	360	315	25	40
In a French Couple	52,450	48,255	1,480	4,190
In an English and French Couple	1,600	1,420	85	175
English Lone Parent	40	35	-	10
French Lone Parent	4,000	3,325	195	675
Other Types of Families	2,645	2,130	165	515
Percentages				
All Parents with Children 0 to 5	100.0%	90.8%	3.5%	9.2%
In an English Couple	100.0%	87.5%	7.9%	11.1%
In a French Couple	100.0%	92.0%	3.1%	8.0%
In an English and French Couple	100.0%	88.8%	6.0%	10.9%
English Lone Parent	100.0%	87.5%	-	-
French Lone Parent	100.0%	83.1%	5.9%	16.9%
Other Types of Families	100.0%	80.5%	7.7%	19.5%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.



- In RTS de la Capitale-Nationale, 9.2% of parents with at least one child aged 0 to 5 were out of the labour force in 2021.
- Among those parents in English-speaking couples, 11.1% were out of the labour force, which was much higher than those in French-speaking couples (8.0%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 10.9% of parents with children 0 to 5 were out of the labour force. This was similar to the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.

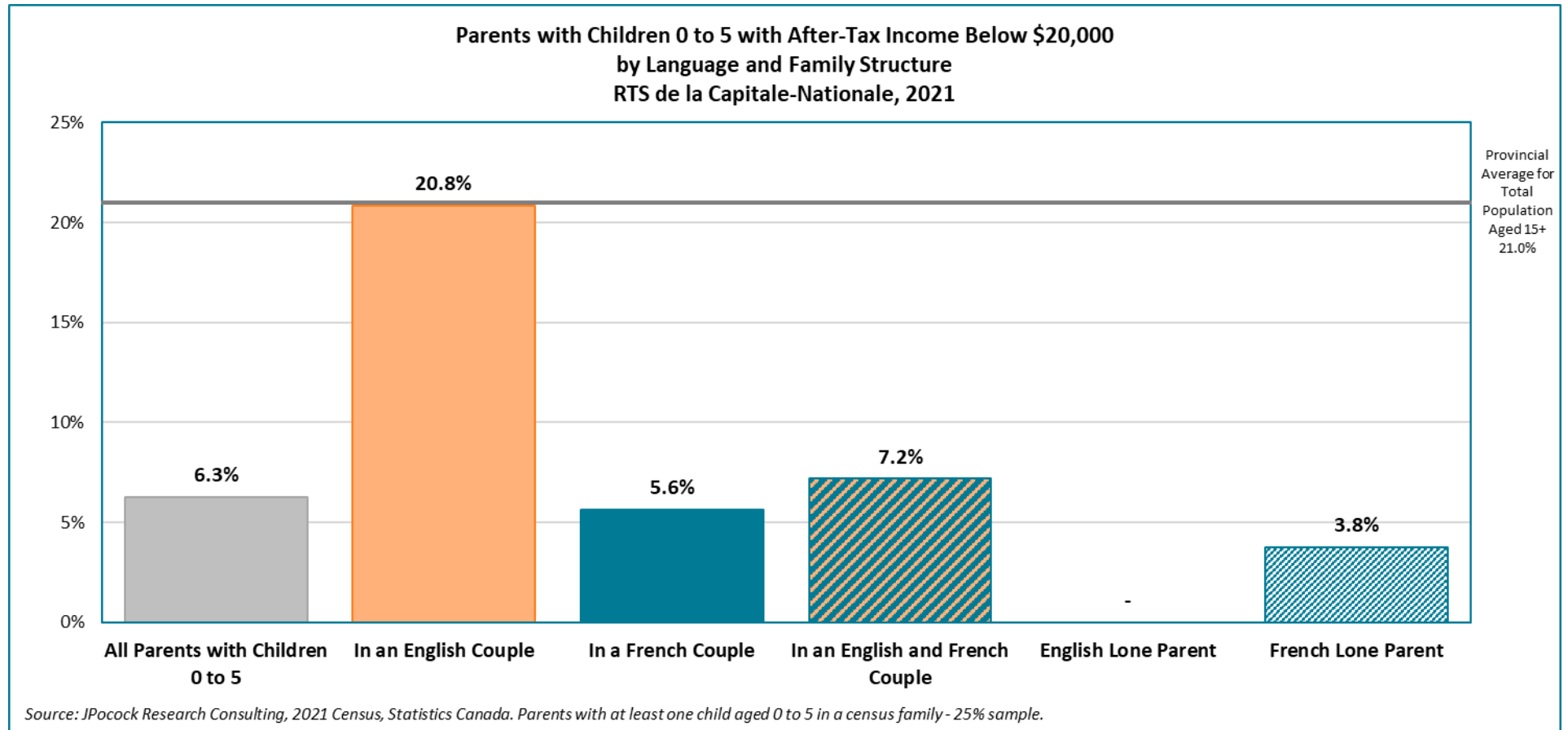


- In RTS de la Capitale-Nationale, 3.5% of parents with at least one child aged 0 to 5 were unemployed in 2021.
- Among those parents in English-speaking couples, 7.9% were unemployed, which was much higher than those in French-speaking couples (3.1%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 6.0% of parents with children 0 to 5 were unemployed. This was much lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.

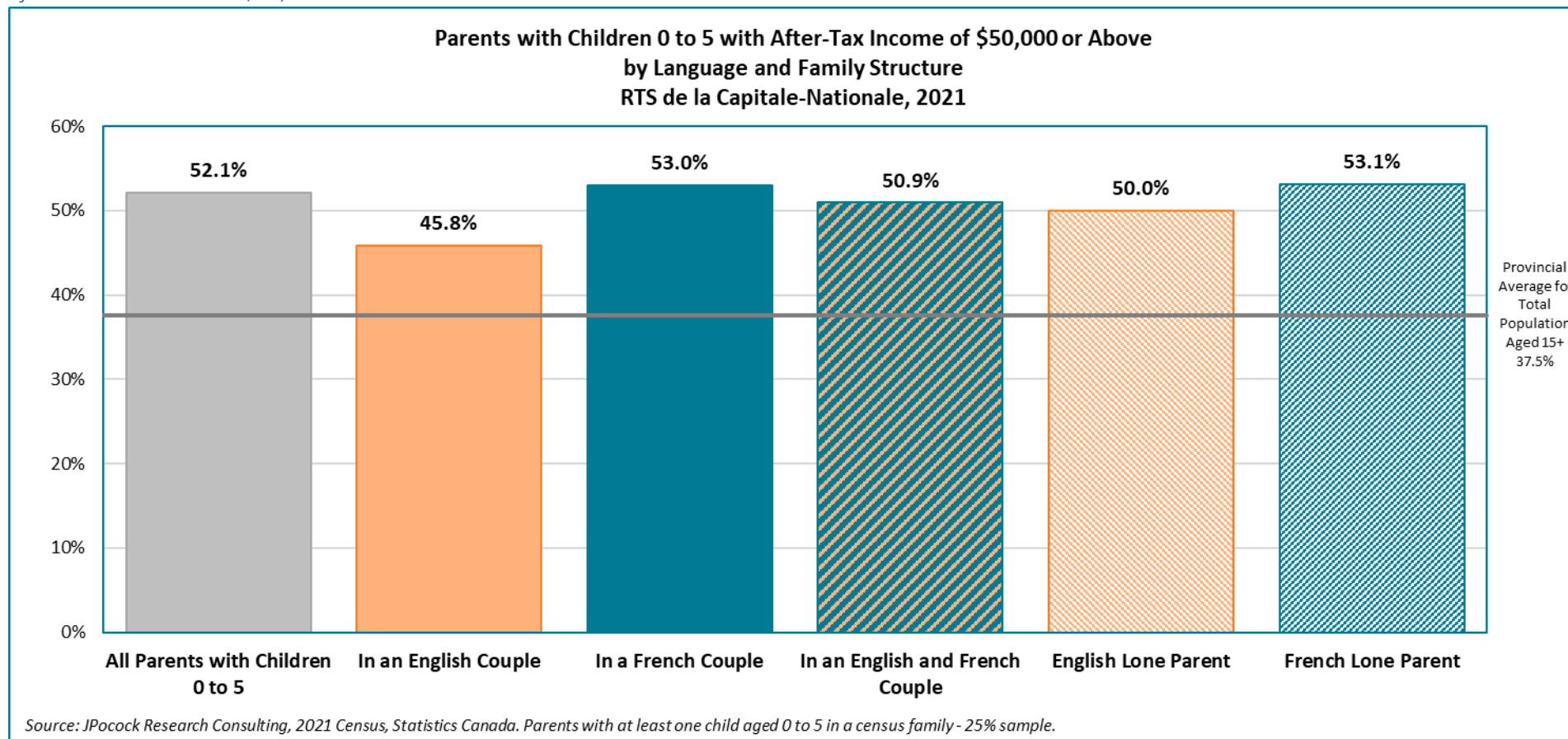
**Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and After-Tax Income
RTS de la Capitale-Nationale, 2021**

Census Family Structure and Language	Total	Less than \$20,000	\$20,000 to \$49,999	\$50,000 and Over
All Parents with Children 0 to 5	61,090	3,830	25,445	31,815
In an English Couple	360	75	115	165
In a French Couple	52,450	2,960	21,705	27,780
In an English and French Couple	1,600	115	665	815
English Lone Parent	40	-	15	20
French Lone Parent	4,000	150	1,710	2,125
Other Types of Families	2,645	510	1,230	905
Percentages				
All Parents with Children 0 to 5	100.0%	6.3%	41.7%	52.1%
In an English Couple	100.0%	20.8%	31.9%	45.8%
In a French Couple	100.0%	5.6%	41.4%	53.0%
In an English and French Couple	100.0%	7.2%	41.6%	50.9%
English Lone Parent	100.0%	-	-	50.0%
French Lone Parent	100.0%	3.8%	42.8%	53.1%
Other Types of Families	100.0%	19.3%	46.5%	34.2%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.



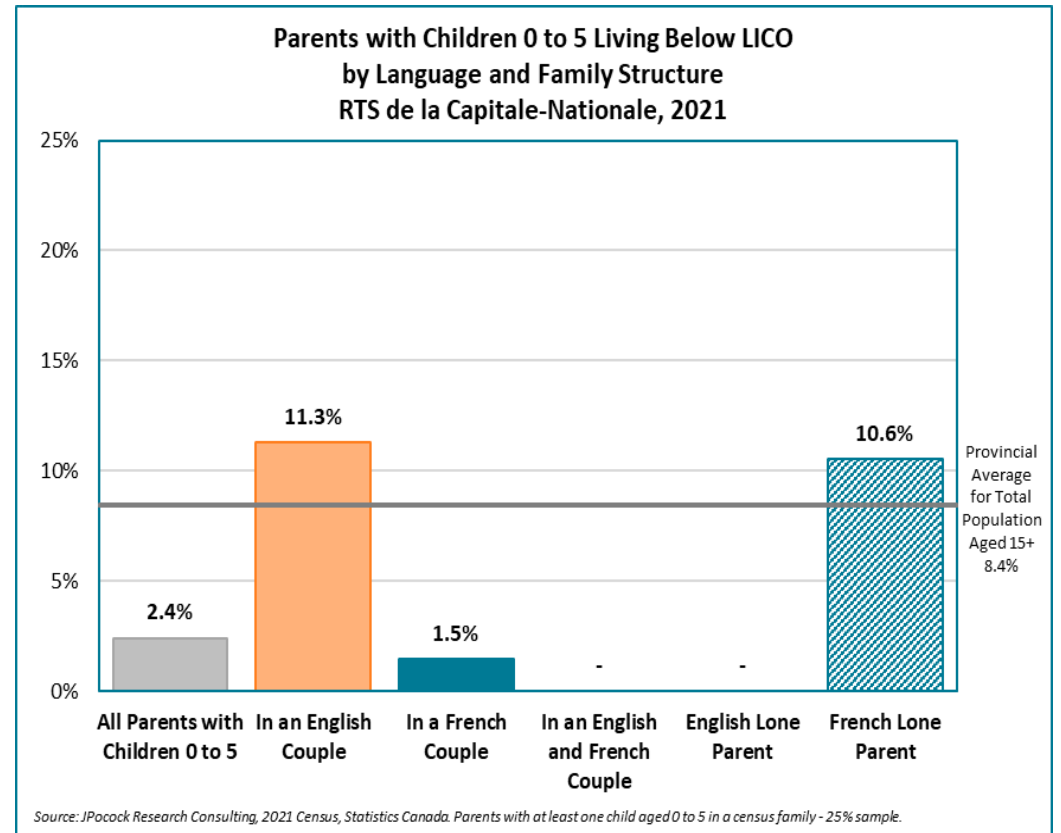
- In RTS de la Capitale-Nationale, 6.3% of parents with at least one child aged 0 to 5 earned an after-tax income below \$20,000 in 2021.
- Among those parents in English-speaking couples, 20.8% earned an after-tax income below \$20,000, which was much higher than those in French-speaking couples (5.6%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 7.2% of parents with children 0 to 5 earned an after-tax income below \$20,000. This was much lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.



- In RTS de la Capitale-Nationale, 52.1% of parents with at least one child aged 0 to 5 earned \$50,000 or more in 2021.
- Among those parents in English-speaking couples, 45.8% earned \$50,000 or more, which was lower than those in French-speaking couples (53.0%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 50.9% of parents with children 0 to 5 earned \$50,000 or more. This was higher than the proportion in English-speaking couples and similar to the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 50.0% earned \$50,000 or more. This was lower than the proportion of French-speaking lone parents (53.1%). English-speaking lone parents with children 0 to 5 were less likely to earn an income of \$50,000 or more than were parents with children of that age in English-speaking couples.

Low Income Cut-Off (LICO)

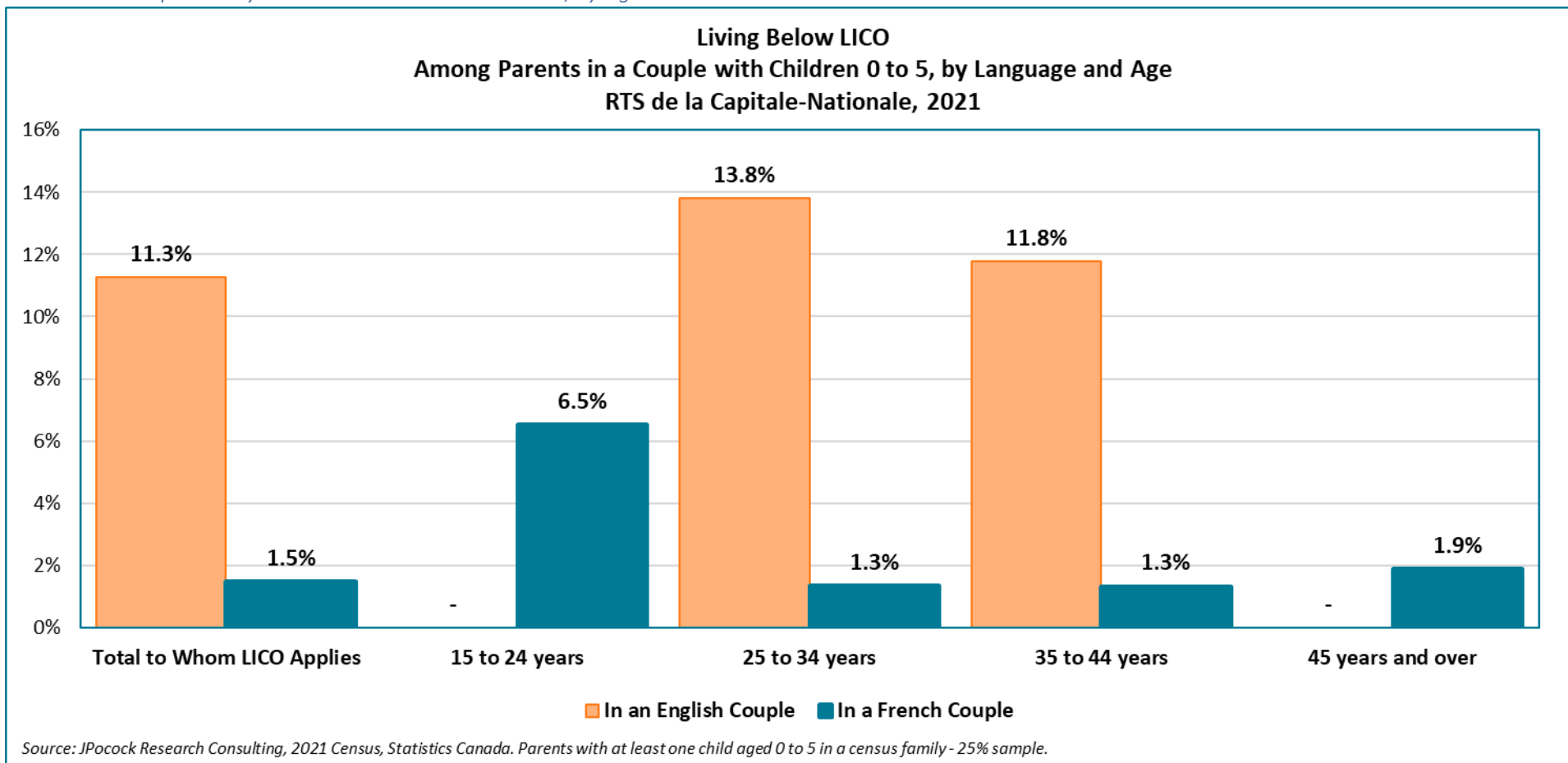
Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Low Income Cut-Off Status RTS de la Capitale-Nationale, 2021			
Census Family Structure and Language	Total	Above LICO-AT	Below LICO-AT
All Parents with Children 0 to 5	60,930	59,460	1,470
In an English Couple	355	315	40
In a French Couple	52,320	51,550	770
In an English and French Couple	1,575	1,575	-
English Lone Parent	30	30	-
French Lone Parent	3,980	3,560	420
Other Types of Families	2,645	2,435	210
Percentages			
All Parents with Children 0 to 5	100.0%	97.6%	2.4%
In an English Couple	100.0%	88.7%	11.3%
In a French Couple	100.0%	98.5%	1.5%
In an English and French Couple	100.0%	100.0%	-
English Lone Parent	100.0%	100.0%	-
French Lone Parent	100.0%	89.4%	10.6%
Other Types of Families	100.0%	92.1%	7.9%
<i>Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown.</i>			



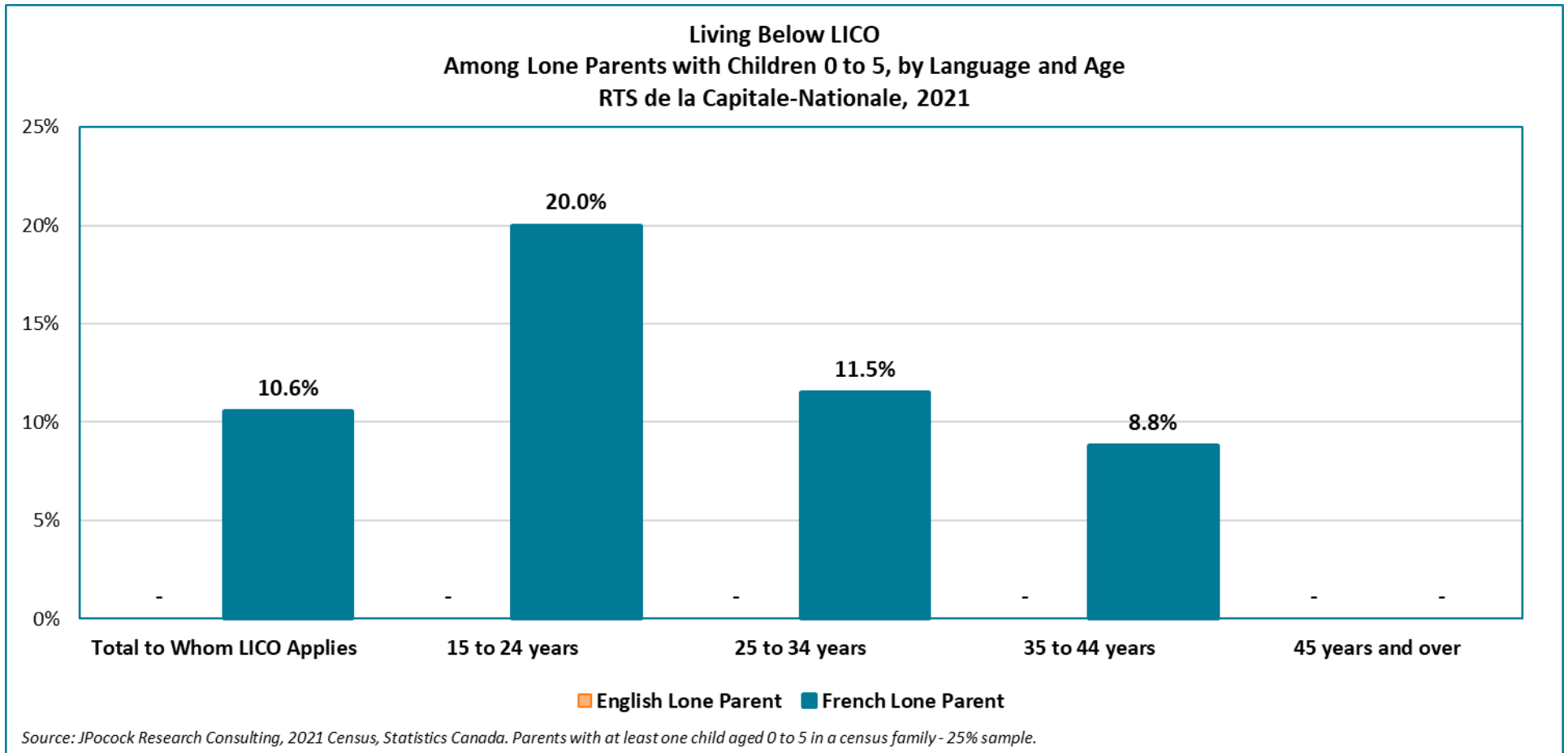
- In RTS de la Capitale-Nationale, 2.4% of parents with at least one child aged 0 to 5 were living below LICO in 2021.
- Among those parents in English-speaking couples, 11.3% were living below LICO, which was much higher than those in French-speaking couples (1.5%).

**Low Income Cut-off Stats of Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and Age
RTS de la Capitale-Nationale, 2021**

Census Family Structure and Language	Total to Whom LICO Applies	15 to 24 years	25 to 34 years	35 to 44 years	45 years and over
All Parents with Children 0 to 5	60,930	1,335	27,370	28,970	3,245
In an English Couple	355	-	145	170	35
In a French Couple	52,320	995	23,840	24,840	2,645
In an English and French Couple	1,575	-	680	765	105
English Lone Parent	30	-	15	-	-
French Lone Parent	3,980	250	1,785	1,705	215
Other Types of Families	2,645	55	885	1,480	190
Living Below LICO-AT					
All Parents with Children 0 to 5	1,470	130	625	615	80
In an English Couple	40	-	20	20	-
In a French Couple	770	65	320	330	50
In an English and French Couple	-	-	-	-	-
English Lone Parent	-	-	-	-	-
French Lone Parent	420	50	205	150	-
Other Types of Families	210	-	65	105	15
Percentages					
All Parents with Children 0 to 5	2.4%	9.7%	2.3%	2.1%	2.5%
In an English Couple	11.3%	-	13.8%	11.8%	-
In a French Couple	1.5%	6.5%	1.3%	1.3%	1.9%
In an English and French Couple	-	-	-	-	-
English Lone Parent	-	-	-	-	-
French Lone Parent	10.6%	20.0%	11.5%	8.8%	-
Other Types of Families	7.9%	-	7.3%	7.1%	-
<i>Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown.</i>					



- Among parents aged 15 to 25 with at least one child aged 0 to 5, - of those in English-speaking couples were living below LICO, which was much higher than the proportion among those in French-speaking couples (6.5%).
- Among parents aged 25 to 35 with at least one child aged 0 to 5, 13.8% of those in English-speaking couples were living below LICO, which was much higher than the proportion among those in French-speaking couples (1.3%).
- Among parents aged 35 to 45 with at least one child aged 0 to 5, 11.8% of those in English-speaking couples were living below LICO, which was much higher than the proportion among those in French-speaking couples (1.3%).
- Among parents aged 45 years and over with at least one child aged 0 to 5, - of those in English-speaking couples were living below LICO, which was much higher than the proportion among those in French-speaking couples (1.9%).

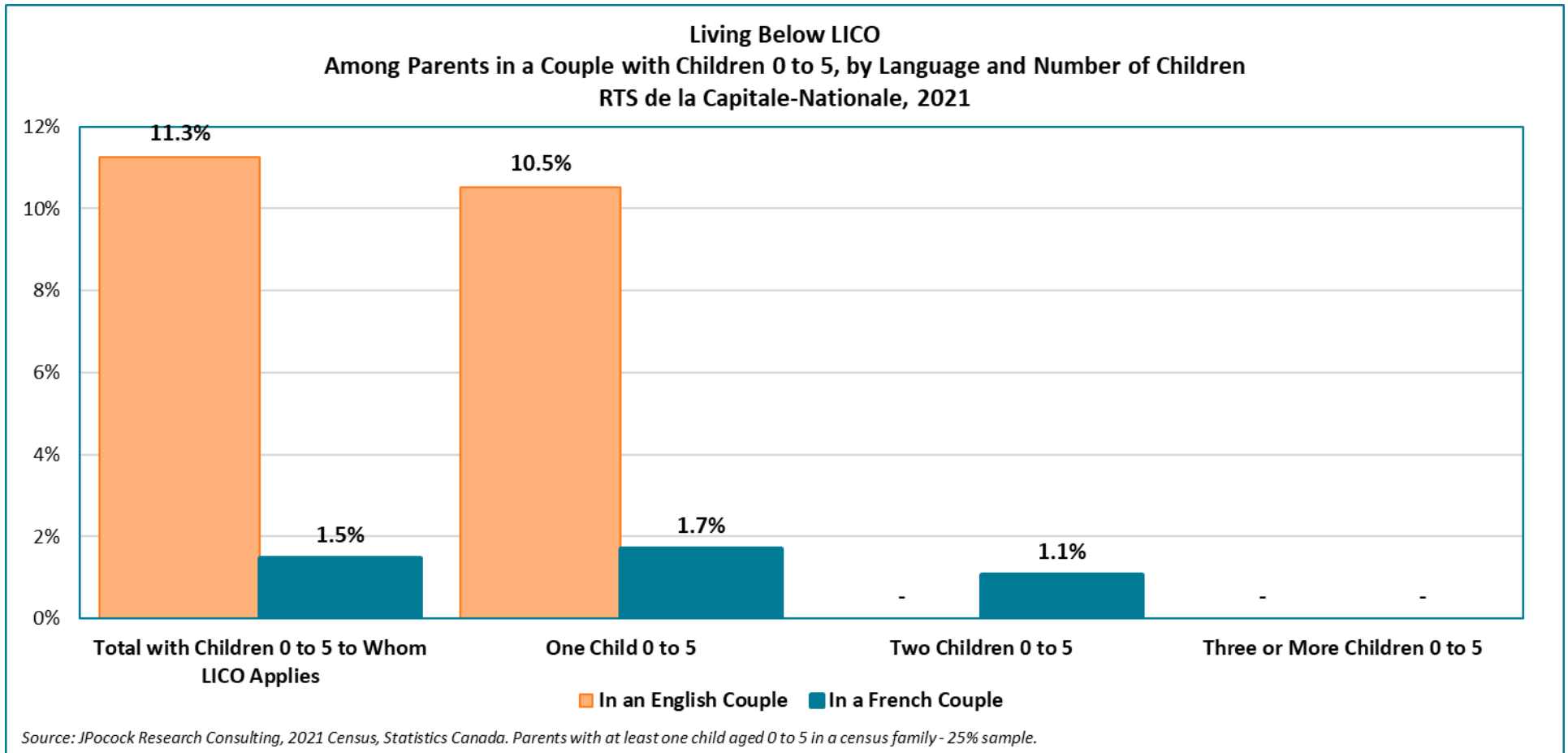


- The number of English-speaking lone parents with at least one child aged 0 to 5 living below LICO in RTS de la Capitale-Nationale was too low to report by age.

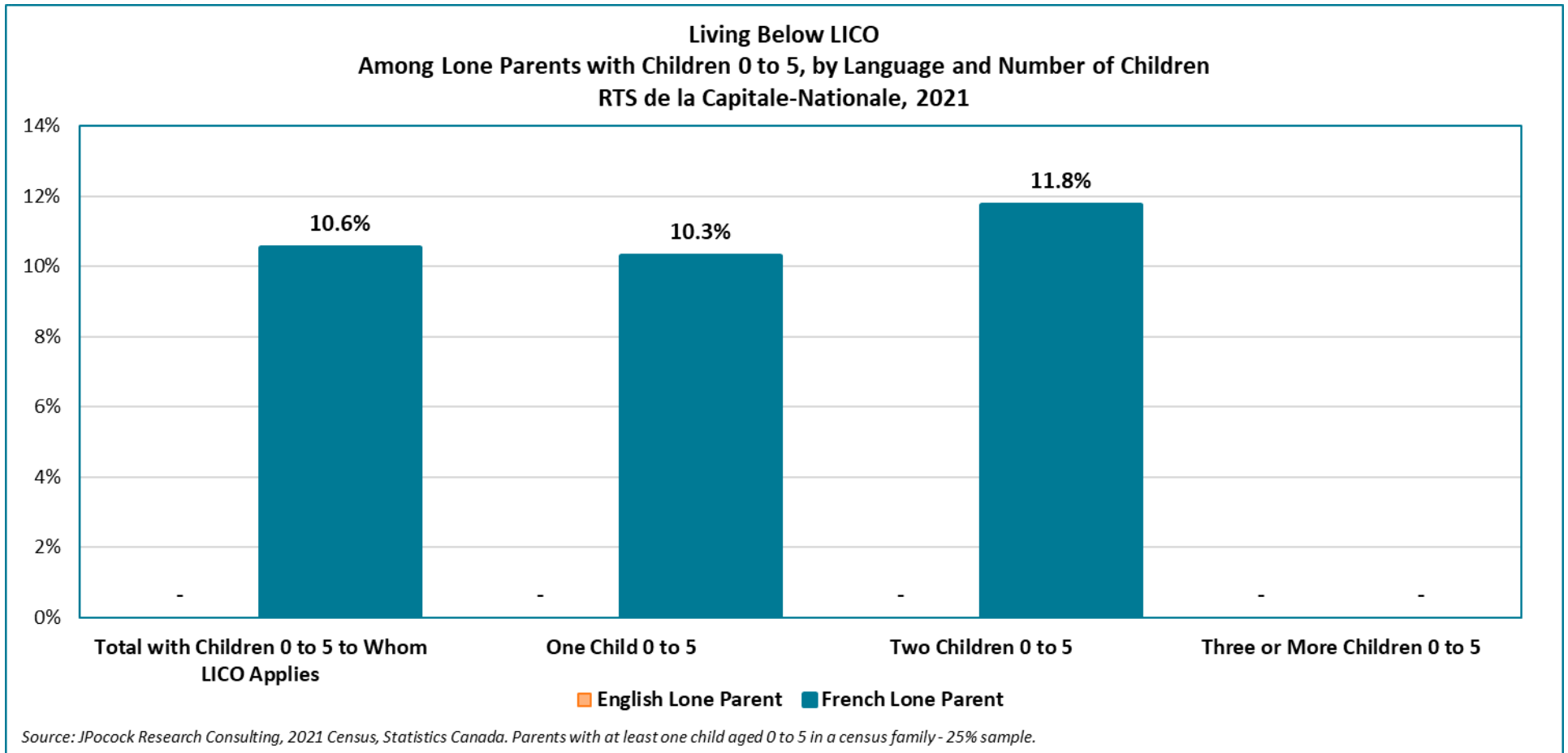
**Low Income Cut-off Stats of Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and Number of Children
RTS de la Capitale-Nationale, 2021**

Census Family Structure and Language	Total with Children 0 to 5 to Whom LICO Applies	One Child 0 to 5	Two Children 0 to 5	Three or More Children 0 to 5
All Parents with Children 0 to 5	60,930	41,010	17,835	2,095
In an English Couple	355	285	40	-
In a French Couple	52,320	34,520	15,945	1,850
In an English and French Couple	1,575	960	560	40
English Lone Parent	30	15	-	-
French Lone Parent	3,980	3,345	595	35
Other Types of Families	2,645	1,865	660	100
Living Below LICO-AT				
All Parents with Children 0 to 5	1,470	1,130	315	30
In an English Couple	40	30	-	-
In a French Couple	770	590	170	-
In an English and French Couple	-	-	-	-
English Lone Parent	-	-	-	-
French Lone Parent	420	345	70	-
Other Types of Families	210	140	55	-
Percentages				
All Parents with Children 0 to 5	2.4%	2.8%	1.8%	1.4%
In an English Couple	11.3%	10.5%	-	-
In a French Couple	1.5%	1.7%	1.1%	-
In an English and French Couple	-	-	-	-
English Lone Parent	-	-	-	-
French Lone Parent	10.6%	10.3%	11.8%	-
Other Types of Families	7.9%	7.5%	8.3%	-

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown.



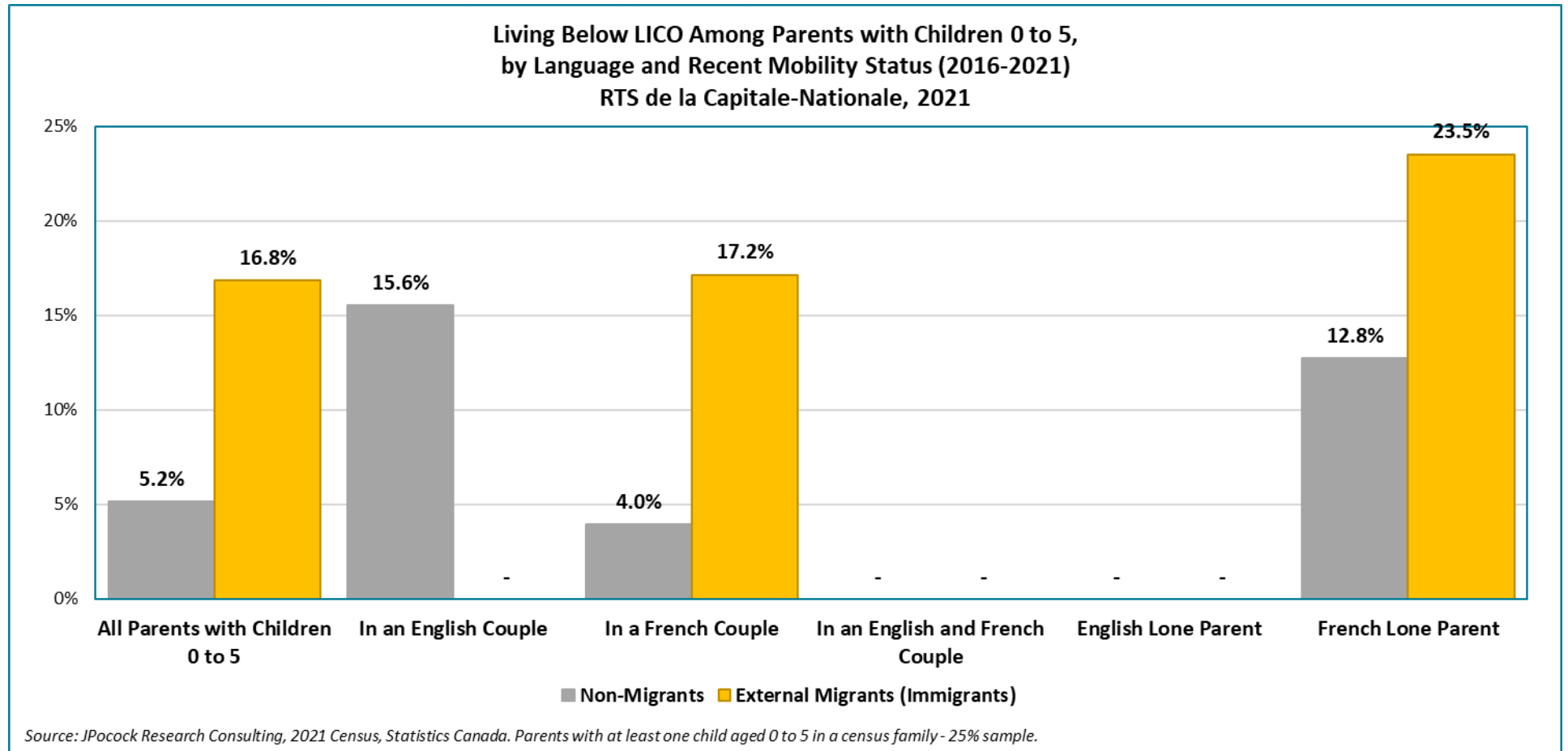
- In RTS de la Capitale-Nationale, 10.5% of parents in English-speaking couples with a single child aged 0 to 5 reported living below LICO. This was much higher than the proportion among those in French-speaking couples (1.7%).



- The number of English-speaking lone parents with at least one child aged 0 to 5 living below LICO in RTS de la Capitale-Nationale was too low to report by number of children.

Low Income Cut-off Stats of Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Recent* Mobility Status RTS de la Capitale-Nationale, 2021				
Census Family Structure and Language	Total	Non-Migrants	Migrants	External Migrants (Immigrants)
All Parents with Children 0 to 5	60,930	17,860	745	4,095
In an English Couple	355	225	70	85
In a French Couple	52,320	14,510	385	2,885
In an English and French Couple	1,575	645	135	120
English Lone Parent	30	-	-	-
French Lone Parent	3,980	1,215	25	170
Other Types of Families	2,645	1,235	90	810
Living Below LICO-AT				
All Parents with Children 0 to 5	1,470	925	30	690
In an English Couple	40	35	-	-
In a French Couple	770	575	-	495
In an English and French Couple	-	-	-	-
English Lone Parent	-	-	-	-
French Lone Parent	420	155	-	40
Other Types of Families	210	135	-	130
Percentages				
All Parents with Children 0 to 5	2.4%	5.2%	4.0%	16.8%
In an English Couple	11.3%	15.6%	-	-
In a French Couple	1.5%	4.0%	-	17.2%
In an English and French Couple	-	-	-	-
English Lone Parent	-	-	-	-
French Lone Parent	10.6%	12.8%	-	23.5%
Other Types of Families	7.9%	10.9%	-	16.0%

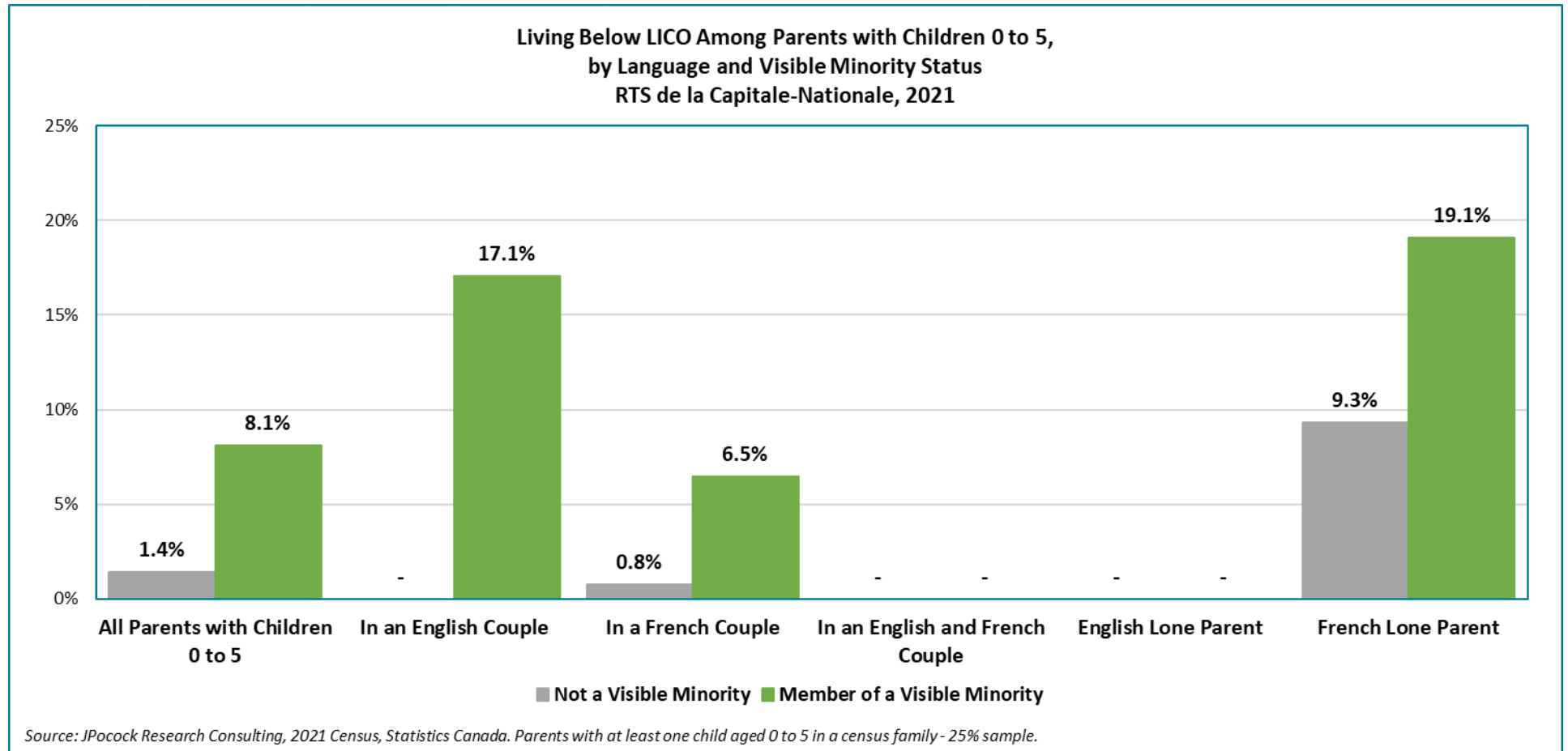
Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown. *Recent refers to the past five years, from 2016 to 2021.



- Among parents with children 0 to 5 who were not recent migrants, 15.6% of those in an English-speaking couple were living below LICO, which was much higher than the proportion among those in French-speaking couples (4.0%).

**Low Income Cut-off Stats of Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and Visible Minority Status
RTS de la Capitale-Nationale, 2021**

Census Family Structure and Language	Total	Member of a Visible Minority	Not a Visible Minority
All Parents with Children 0 to 5	60,930	9,250	51,680
In an English Couple	355	205	145
In a French Couple	52,320	6,480	45,840
In an English and French Couple	1,575	205	1,375
English Lone Parent	30	-	25
French Lone Parent	3,980	550	3,435
Other Types of Families	2,645	1,795	845
Living Below LICO-AT			
All Parents with Children 0 to 5	1,470	750	720
In an English Couple	40	35	-
In a French Couple	770	420	345
In an English and French Couple	-	-	-
English Lone Parent	-	-	-
French Lone Parent	420	105	320
Other Types of Families	210	175	35
Percentages			
All Parents with Children 0 to 5	2.4%	8.1%	1.4%
In an English Couple	11.3%	17.1%	-
In a French Couple	1.5%	6.5%	0.8%
In an English and French Couple	-	-	-
English Lone Parent	-	-	-
French Lone Parent	10.6%	19.1%	9.3%
Other Types of Families	7.9%	9.7%	4.1%
<p><i>Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown.</i></p>			



- In RTS de la Capitale-Nationale there were 9,250 parents of children 0 to 5 who reported being a member of a visible minority. Of those parents in English-speaking couples, 17.1% were living below the Low-Income Cut-Off (LICO). This was much higher than the proportion among those in French-speaking couples (6.5%).