

**SOCIO-DEMOGRAPHIC PROFILE OF  
CHILDREN AGED 0 TO 5 AND THEIR PARENTS  
RTS DE LA CÔTE-NORD, 2021**

**BASED ON THE 2021 CENSUS OF CANADA**

**A REPORT OF THE COMMUNITY HEALTH AND SOCIAL SERVICES NETWORK (CHSSN)**

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# Socio-demographic Profiles of Children aged 0-5 and their Parents

## Introduction

### Early Child Development as a Social Determinant of Health

Early child development (ECD) is a cornerstone of human development and childhood is considered to be the most important developmental phase of the individual lifespan. The developmental outcomes of this early phase of life impact the level of health and well-being enjoyed by a population in its future. Early child development is a social determinant of the health of communities and it is a process that is particularly sensitive to social determinants like the socio-economic status of families with children aged 0-5 and their social environment, access to health and social services, communication competency and literacy and access to local social support networks.

Health organizations around the globe are promoting knowledge and fostering policy, programs and initiatives that aim to improve the situation of children experiencing disadvantaged conditions and who are thereby vulnerable to poor childhood development. In Québec, the 2017 study of the Institut de la statistique du Québec entitled *Québec Survey on Children's Development in Kindergarten/Enquête québécoise sur le développement des enfants à la maternelle* selected the following key areas for assessment of the quality of ECD: physical health and well-being; social competence; emotional maturity; cognitive and language development; as well as communication skills and general knowledge.

See the report at <https://statistique.quebec.ca/en/enquetes/realisees/quebec-survey-of-child-development-in-kindergarten-qscdk>

### The Community Health and Social Services Network: *Bright Beginnings*

The Community Health and Social Services Network (CHSSN) supports the English-speaking communities of Québec in their efforts to redress health status inequalities and promote community vitality. It strengthens and mobilizes networks at the local, regional and provincial levels in order to address health determinants, influence public policy and develop services for English speakers who, too often are left out of the system. It's 70 member organizations from various sectors aim to improve vitality and health of individuals and families among Québec's minority language communities. Learn more at <http://chssn.org/about-us/>

CHSSN financially supports 23 local or regional community health and social services network organizations who mobilize citizens and multi-sectorial partners in all regions of Québec using a population health approach. They collectively address health determinants such as access to health services, healthy child development, education and literacy, and social environments or support networks. With their networks, CHSSN has developed a collective vision and an early childhood framework called *Bright Beginnings: an adapted approach to supporting English-speaking children (0-5) and families*. This approach is being implemented by networks to varying degrees in many regions in accordance with each network organization's capacity.

To explore their approach further go to <https://chssn.org/projects/bright-beginnings/>

### About These Profiles

These profiles draw from the 2021 Census of Canada to provide pertinent socio-demographic information on the children aged 0-5 of Québec's English-speaking communities and their families in accordance with Québec's RTS (réseau territorial de services) territories.<sup>1</sup> They include information on their numbers, where they live, family structures they are part of, socio-economic issues they face, their status as recent immigrants to Québec, aboriginal identity and their likelihood

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<sup>1</sup> For further information go to <http://www.msss.gouv.qc.ca/professionnels/informations-geographiques-et-de-population/decoupage-territorial/>

to be members of a visible minority. Each regional profile includes tables, graphs and information bullets that provide provincial and regional statistics for selected characteristics as well as comparisons between French-speaking majority and English-speaking minority populations within these administrative territories.

**Please note that these profiles draw from two different census samples. Section 1** of each profile provides information drawn from the 2021 census sample of the Québec population living in private households. **Section 2** provides information on the 2021 census sample of parents with at least one child aged 0 to 5 living in census families in Québec.

### Definitions and Concepts

These profiles draw data from the Statistics Canada 2021 Census of Canada and are organized in accordance with its definitions and concepts. The census dictionary is available at, <https://www12.statcan.gc.ca/census-recensement/2016/ref/dict/index-eng.cfm>

*First Official Language Spoken (FOLS)* The definitions of first official language spoken and official language minority are outlined in the Official Languages (Communications with and Services to the Public) Regulations issued pursuant to the Official Languages Act (1988). The official language minority is English in Québec and French in all other provinces and territories. First Official Language Spoken is derived from the census questions on knowledge of official languages, mother tongue and home language. Multiple responses are distributed equally among declared languages.

*Census Family households* are those with a married couple (with or without children), or a couple living common-law (with or without children), or a lone parent living with one or more children (lone-parent family).

*Census family* is defined as a married couple and the children, if any, of either and/or both spouses; a couple living common law and the children, if any, of either and/or both partners; or a lone parent of any marital status with at least one child living in the same dwelling and that child or those children. All members of a particular census family live in the same dwelling. A couple may be of opposite or same sex. Children may be children by birth, marriage, common-law union or adoption regardless of their age or marital status as long as they live in the dwelling and do not have their own married spouse, common-law partner or child living in the dwelling. Grandchildren living with their grandparent(s) but with no parents present also constitute a census family.

*Private household* refers to a person or group of persons who occupy the same dwelling and do not have a usual place of residence elsewhere in Canada or abroad. For census purposes, households are classified into three groups: private households, collective households and households outside Canada. Unless otherwise specified, all data in census products are for private households only.

*Educational Attainment* – Persons with low educational attainment are those with only a high school graduation certificate or less while those with high educational attainment are those with a university bachelor’s degree or higher.

*Income* – Persons with low income are those with individual after-tax income less than \$20k while those with high income reported \$50k or more. This includes income from all sources.

*LICO* uses the income levels of a given family and considers how large a share of its income is spent on necessities such as food, shelter and clothing. If the amount a family spends is 20% higher than an average family in a year, it falls into the low-income cut-off category. People who live below income cut-offs may be said to live in “straitened circumstances.” (Human Resources and Skills Development Canada, August 2009.) LICO Before-Tax (LICO-BT) is used in findings

drawn from the 2021 census sample drawing on the Quebec population in private households. LICO-After Tax (LICO-AT) is used in findings drawn from the 2021 census sample of parents with at least one child 0-5 living in census families in Quebec. (See Data Source below for sample explanation).

*Mobility status* – (Place of residence 5 years ago) Refers to the status of a person with regard to the place of residence on the reference day, May 10, 2021, in relation to the place of residence on the same date five years earlier.

-Persons who have not moved are referred to as non-movers and persons who have moved from one residence to another are referred to as movers.

-Movers include non-migrants and migrants.

-Non-migrants are persons who did move but remained in the same city, town, township, village or Indian reserve.

-Migrants include internal migrants who moved to a different city, town, township, village or Indian reserve within Canada.

-External migrants include persons who lived outside Canada at the earlier reference date. External migrants are referred to as immigrants in this document.

## Methodological Notes

### *Data Source*

These profiles draw information from datasets developed by the Community Health and Social Services Network (CHSSN) using the 2021 Census of Canada. Findings are provided for Québec's RTS territories in which there are at least 250 English speaking residents. **Please note that the profiles are divided into two sections. Section 1** provides information drawn from the 2021 census sample of the Québec population living in private households. **Section 2** provides information on the 2021 census sample of parents with at least one child aged 0 to 5 living in census families in Québec.

### *Linguistic definitions*

There are numerous linguistic definitions that are used to identify the English-speaking population in Québec. The choice of linguistic indicator depends largely on the issue being examined. These profiles use the [First Official Language Spoken](#) (FOLS) definition with multiple responses proportionally distributed since it best reflects the total English-speaking health service users in the province. First Official Language Spoken is derived from three census questions: knowledge of official languages, mother tongue and home language. Dual responses are divided equally among English-speaking and French-speaking groups. Other definitions include [Mother tongue](#) which refers to the first language learned at home in childhood and still understood. The [language most often spoken at home](#) is used to designate the home language. [Knowledge of official languages](#) indicates the official language in which a person can carry on a conversation. The [language used most often at work](#) indicates the language spoken most frequently at work.

### *Demographic and Socio-economic Characteristics*

The demographic and socio-economic variables addressed in these profiles are:

- Population size
- Household living arrangements
- Income
- Low-income cut-off (LICO)
- Educational attainment
- Labour force activity
- Visible minority status
- Family Structure
- Aboriginal identity
- Recent Immigrant status

## Section 1: Children 0-5

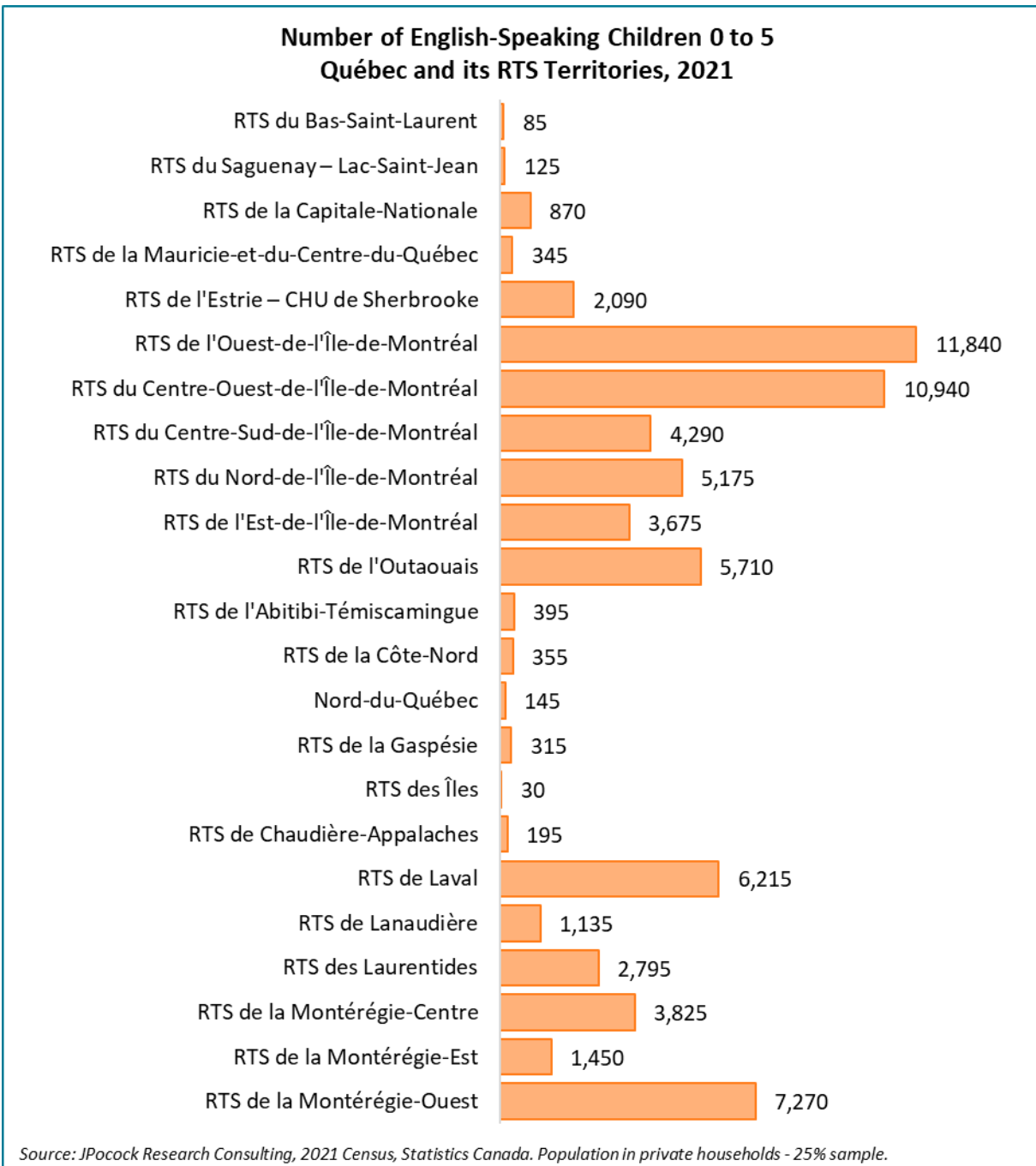
## Children 0 to 5 Across Québec

### Proportion of Children Across Québec

Size and Proportion English-speaking Children 0 to 5 and French-speaking Children 0 to 5 Québec and its RTS Territories, 2021							
Geography	English-speaking Population				French-speaking Population		
	Total English-speaking Population	Share of Total Population	English-speaking Children 0 to 5	English-speaking Children 0 to 5 (%)	Total French-speaking Population	French-speaking Children 0 to 5	French-speaking Children 0 to 5 (%)
Québec	1,244,440	15.0%	71,730	5.8%	6,985,640	424,480	6.1%
RTS du Bas-Saint-Laurent	1,480	0.8%	85	5.7%	190,430	9,965	5.2%
RTS du Saguenay – Lac-Saint-Jean	2,265	0.8%	125	5.5%	266,350	15,340	5.8%
RTS de la Capitale-Nationale	17,375	2.4%	870	5.0%	717,370	42,670	5.9%
RTS de la Mauricie-et-du-Centre-du-Québec	7,415	1.5%	345	4.7%	497,865	29,230	5.9%
RTS de l'Estrie – CHU de Sherbrooke	40,155	8.2%	2,090	5.2%	446,485	26,585	6.0%
RTS de l'Ouest-de-l'Île-de-Montréal	208,280	58.1%	11,840	5.7%	143,325	7,500	5.2%
RTS du Centre-Ouest-de-l'Île-de-Montréal	202,265	57.4%	10,940	5.4%	140,530	6,660	4.7%
RTS du Centre-Sud-de-l'Île-de-Montréal	95,110	30.5%	4,290	4.5%	211,745	10,695	5.1%
RTS du Nord-de-l'Île-de-Montréal	100,160	23.6%	5,175	5.2%	312,710	22,160	7.1%
RTS de l'Est-de-l'Île-de-Montréal	81,530	15.9%	3,675	4.5%	419,660	28,330	6.8%
RTS de l'Outaouais	82,385	20.7%	5,710	6.9%	314,395	19,675	6.3%
RTS de l'Abitibi-Témiscamingue	5,830	4.1%	395	6.8%	137,800	9,160	6.6%
RTS de la Côte-Nord	5,335	6.2%	355	6.7%	80,780	4,655	5.8%
Nord-du-Québec	1,755	12.0%	145	8.3%	12,890	905	7.0%
RTS de la Gaspésie	7,005	9.3%	315	4.5%	68,105	2,995	4.4%
RTS des Îles	720	5.8%	30	4.2%	11,730	550	4.7%
RTS de Chaudière-Appalaches	5,070	1.2%	195	3.8%	416,110	26,295	6.3%
RTS de Laval	104,535	24.3%	6,215	5.9%	316,190	18,180	5.7%
RTS de Lanaudière	17,675	3.4%	1,135	6.4%	500,090	32,610	6.5%
RTS des Laurentides	46,085	7.4%	2,795	6.1%	576,650	35,065	6.1%
RTS de la Montérégie-Centre	62,750	15.1%	3,825	6.1%	346,840	21,630	6.2%
RTS de la Montérégie-Est	24,115	4.6%	1,450	6.0%	496,400	30,960	6.2%
RTS de la Montérégie-Ouest	99,925	21.7%	7,270	7.3%	357,745	22,525	6.3%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

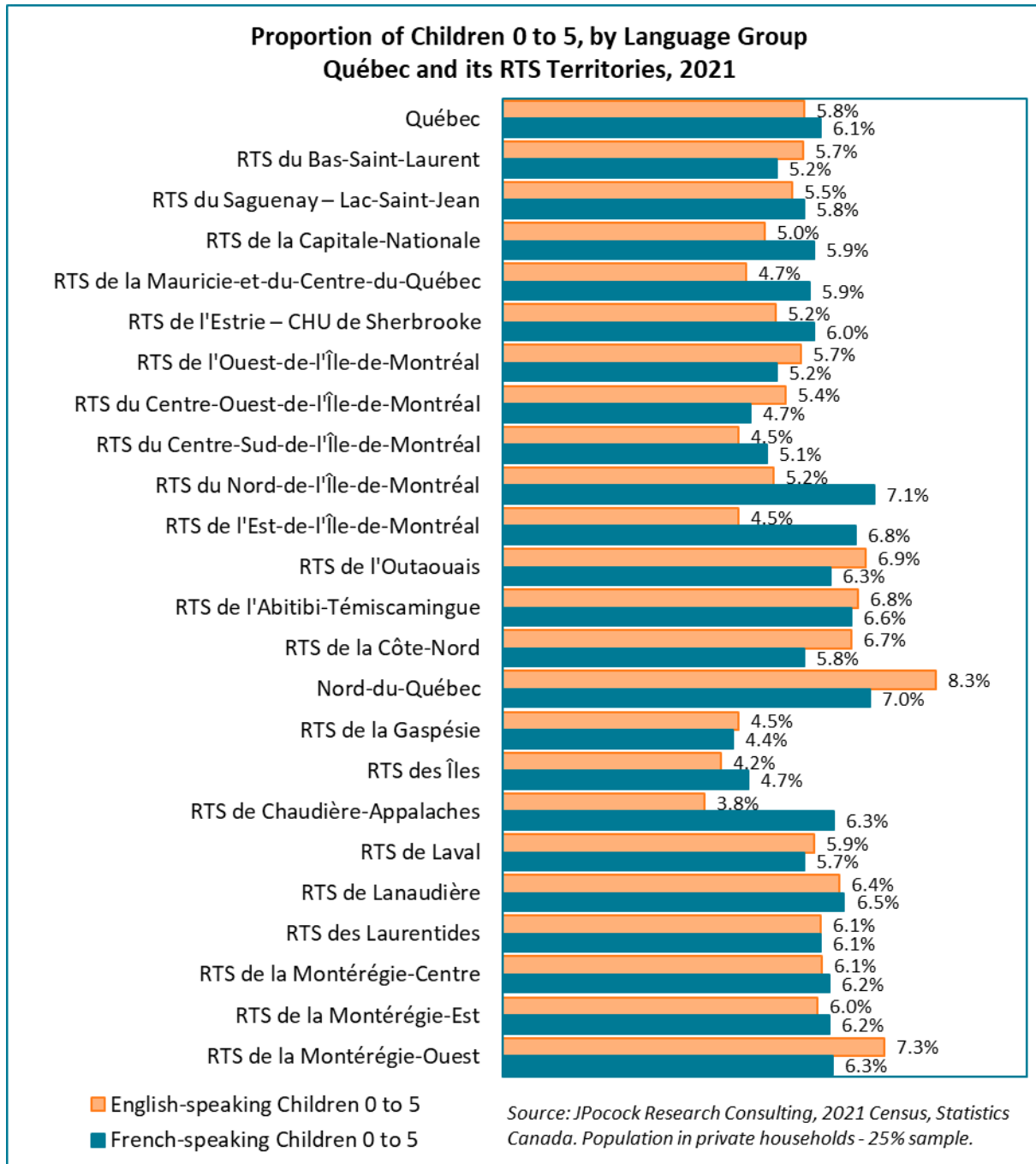
## Number of English Children 0 to 5 Across Québec



- There are 71, 730 English-speaking children aged 0 to 5 living in Quebec, and they represent 5.8% of the total English-speaking population.
- The number of English-speaking children aged 0-5 ranges from close to 36,000 among the five RTS regions of Montreal and 12,545 among the RTS of Montérégie to 30 children in des Îles, 85 in Bas-Saint-Laurent and 125 in Saguenay- Lac-Saint-Jean.



## Proportion of Children 0 to 5 Across Québec



- English-speaking children aged 0 to 5 years of age represent 5.8% of Québec's English-speaking population.
- The proportion represented by children 0 to 5 varies by region ranging from 3.8% in Chaudière-Appalaches to 8.3% in Nord-du-Québec and 7.3% in Montérégie-Ouest.

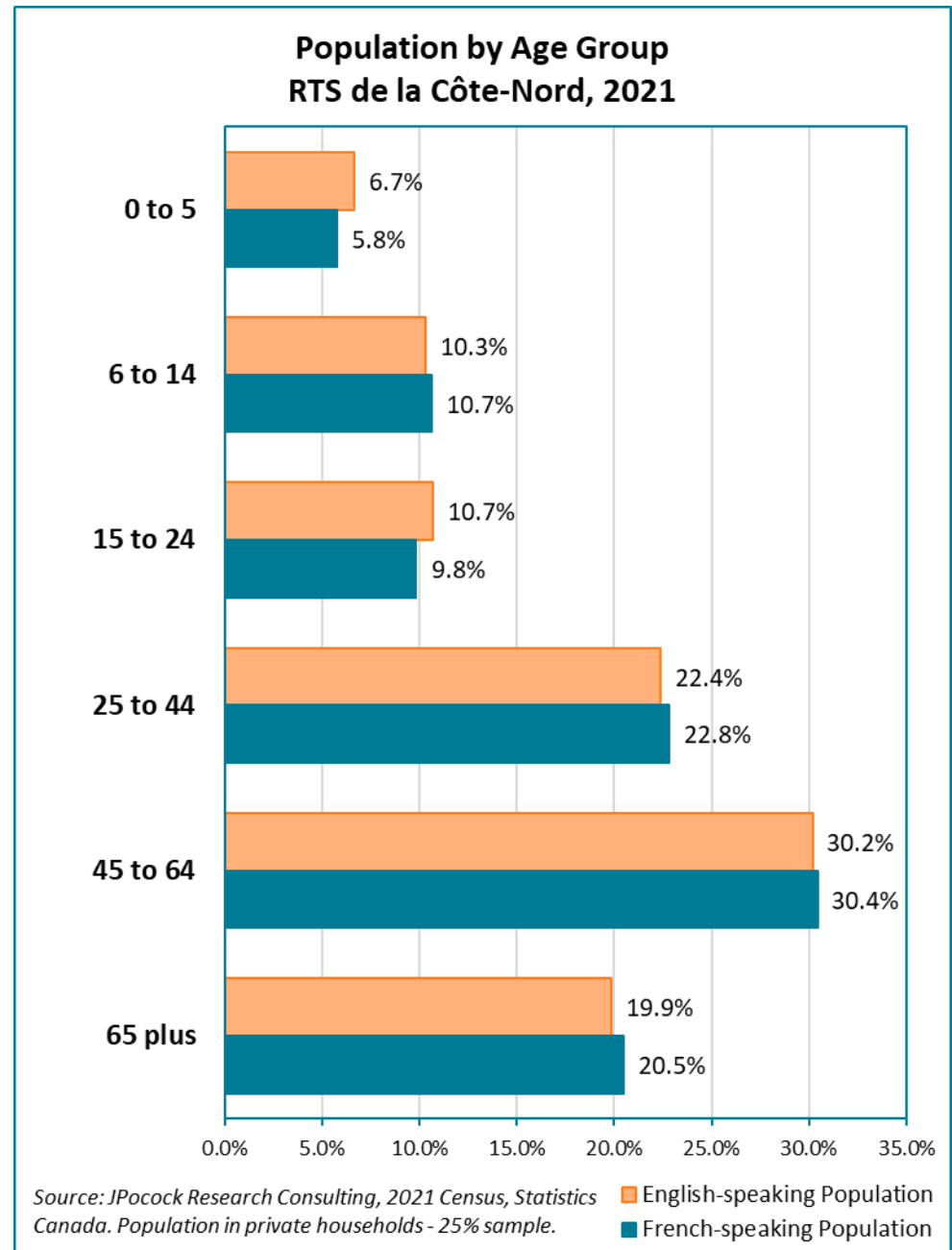
## Children 0 to 5 in RTS de la Côte-Nord

### Population by Age

Age Groups English- and French-speaking Population RTS de la Côte-Nord, 2021				
Age Group	English-speaking Population	French-speaking Population	English-speaking Population (%)	French-speaking Population (%)
Total	5,335	80,780	100.0%	100.0%
0 to 5	355	4,655	6.7%	5.8%
6 to 14	550	8,605	10.3%	10.7%
15 to 24	570	7,940	10.7%	9.8%
25 to 44	1,195	18,445	22.4%	22.8%
45 to 64	1,610	24,580	30.2%	30.4%
65 plus	1,060	16,560	19.9%	20.5%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.*

- In 2021, there were 5,335 English-speaking persons in RTS de la Côte-Nord. Of these, 355 (6.7%) were in the 0 to 5 age group.
- The proportion of children aged 0 to 5 in the English-speaking population was higher than that of French-speaking population (5.8%).
- The proportion of children aged 0 to 5 in the English-speaking population of RTS de la Côte-Nord was higher than the average for Quebec's English-speaking population (5.8%).

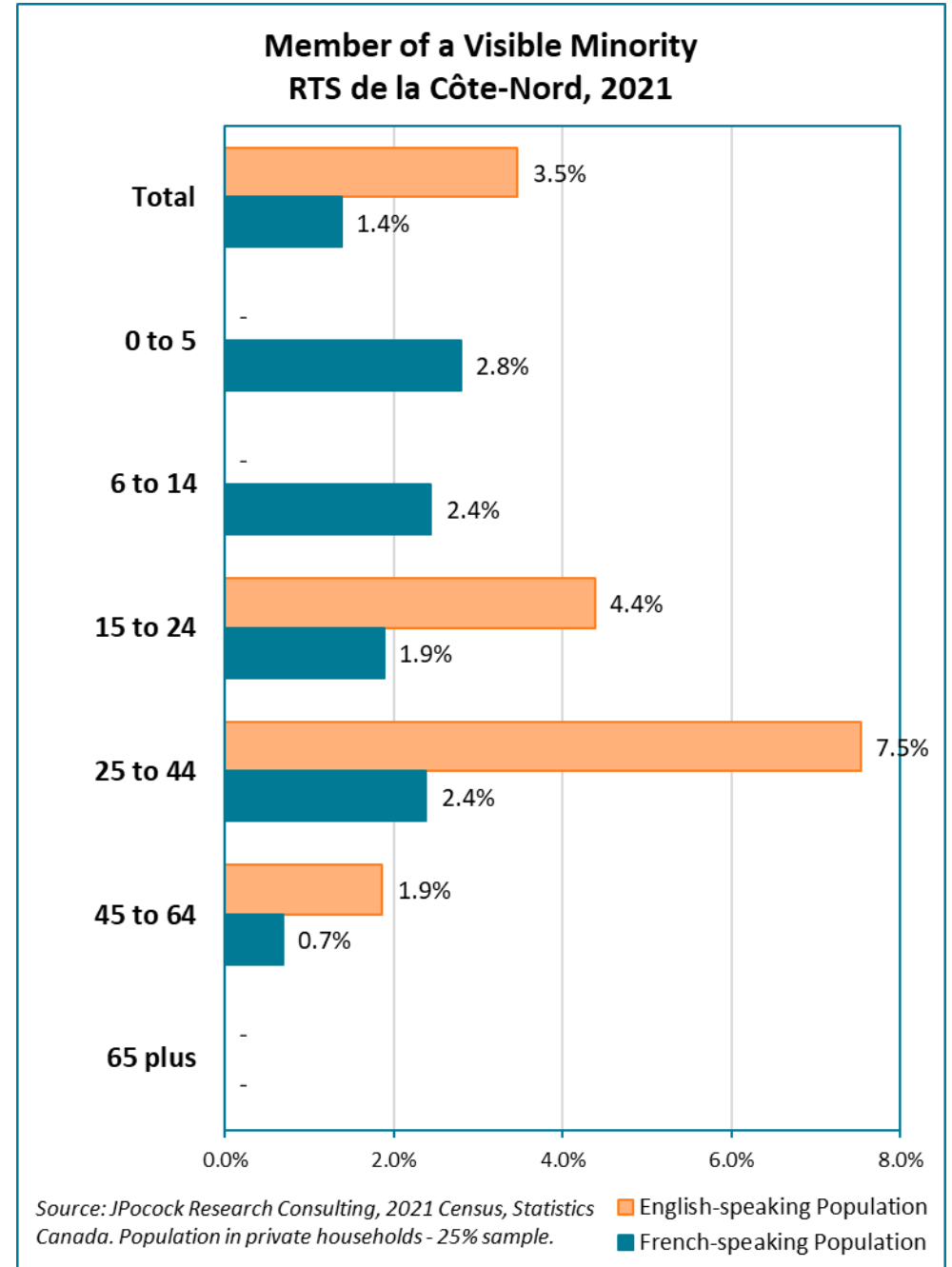


## Visible Minority by Age

Visible Minority Status English- and French-speaking Population RTS de la Côte-Nord, 2021						
Age Group	English-speaking Population			French-speaking Population		
	Total	Visible Minority	Visible Minority (%)	Total	Visible Minority	Visible Minority (%)
Total	5,335	185	3.5%	80,780	1,115	1.4%
0 to 5	355	10	-	4,655	130	2.8%
6 to 14	550	-	-	8,605	210	2.4%
15 to 24	570	25	4.4%	7,940	150	1.9%
25 to 44	1,195	90	7.5%	18,445	440	2.4%
45 to 64	1,610	30	1.9%	24,580	170	0.7%
65 plus	1,060	-	-	16,560	-	0.0%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada.  
Population in private households - 25% sample.*

The number of children aged 0 to 5 who reported being a member of a visible minority was too low to report.

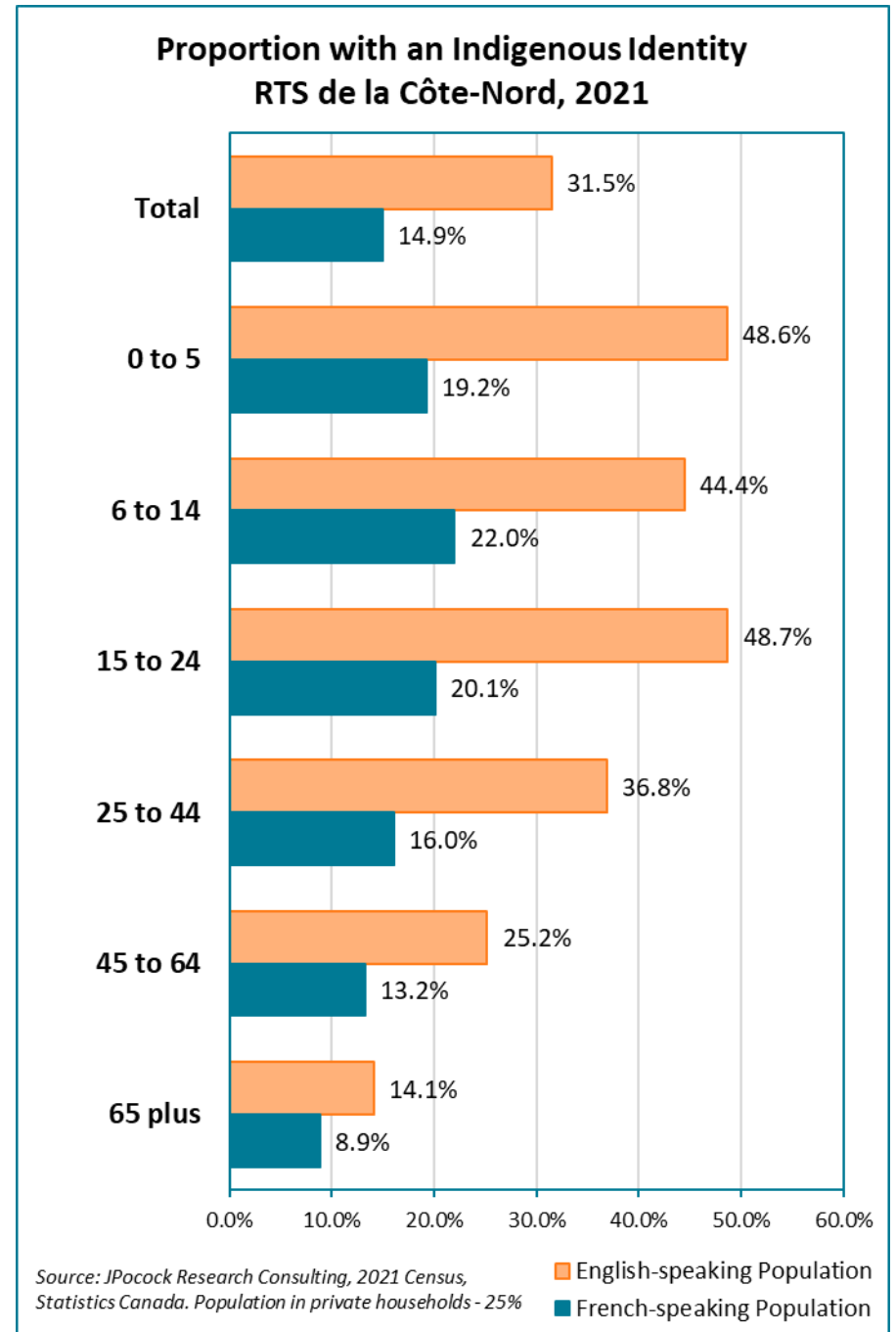


## Indigenous Identity by Age

Indigenous Identity English- and French-speaking Population RTS de la Côte-Nord, 2021						
Age Group	English-speaking Population			French-speaking Population		
	Total	Indigenous Identity	Indigenous Identity (%)	Total	Indigenous Identity	Indigenous Identity (%)
Total	5,340	1,680	31.5%	80,775	12,060	14.9%
0 to 5	360	175	48.6%	4,655	895	19.2%
6 to 14	540	240	44.4%	8,610	1,890	22.0%
15 to 24	565	275	48.7%	7,940	1,595	20.1%
25 to 44	1,195	440	36.8%	18,445	2,955	16.0%
45 to 64	1,610	405	25.2%	24,580	3,255	13.2%
65 plus	1,065	150	14.1%	16,565	1,475	8.9%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample. In 2021, Statistics Canada replaced "Aboriginal Identity" with "Indigenous Identity".*

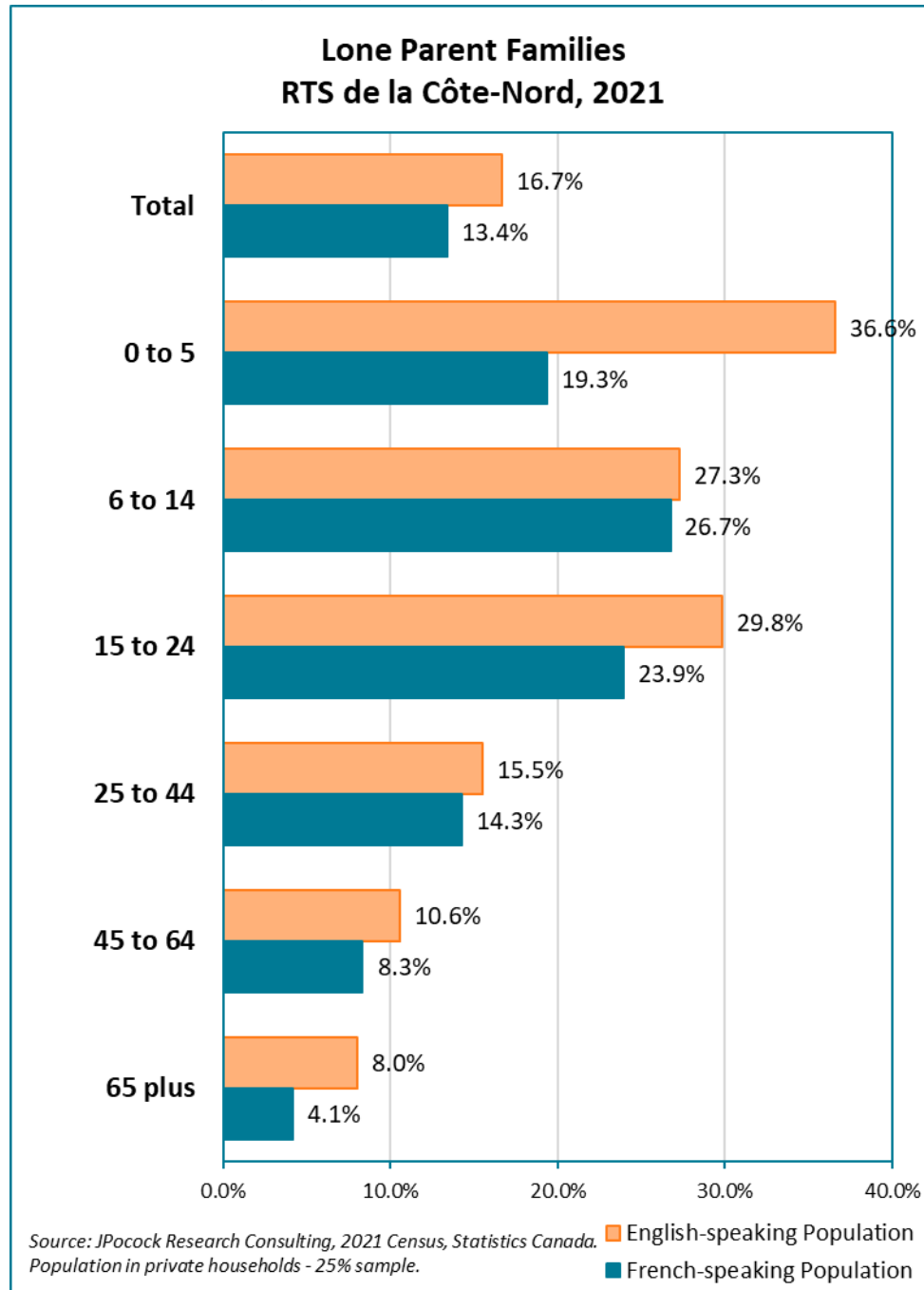
- In RTS de la Côte-Nord there were 360 English-speaking children aged 0 to 5. Of these children, 175 (48.6%) reported an Indigenous identity. This proportion was much higher than that displayed by the French-speaking population (19.2%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who reported an Indigenous identity was much higher than that of the total English-speaking population of Québec (31.5%).
- For the overall English-speaking population of RTS de la Côte-Nord, there were 1,680 persons who reported an Indigenous identity, representing 31.5% of that population. The level for RTS de la Côte-Nord is much higher than the provincial average (4.0%).



Household Living Arrangements by Age

Household Living Arrangements English- and French-speaking Population RTS de la Côte-Nord, 2021												
Age Group	English-speaking Population						French-speaking Population					
	Total	In a Census Family	Spouses, common-law parents and children	Lone parents and children	Total persons in non-Census families	Living with relatives	Total	In a Census Family	Spouses, common-law parents and children	Lone parents and children	Total persons in non-Census families	Living with relatives
Total	5,335	4,450	3,555	890	890	175	80,780	64,185	53,375	10,810	16,600	1,615
0 to 5	355	340	220	130	-	-	4,655	4,585	3,680	900	70	70
6 to 14	550	525	360	150	35	35	13,260	12,990	9,435	3,545	265	265
15 to 24	570	520	355	170	55	15	7,940	7,020	5,120	1,900	920	140
25 to 44	1,195	1,015	830	185	175	25	18,445	14,920	12,280	2,635	3,530	215
45 to 64	1,610	1,320	1,145	170	290	45	24,580	18,440	16,390	2,045	6,135	460
65 plus	1,060	735	650	85	325	45	16,560	10,820	10,140	685	5,745	525
Total	100.0%	83.4%	66.6%	16.7%	16.7%	3.3%	100.0%	79.5%	66.1%	13.4%	20.5%	2.0%
0 to 5	100.0%	95.8%	62.0%	36.6%	-	-	100.0%	98.5%	79.1%	19.3%	1.5%	1.5%
6 to 14	100.0%	95.5%	65.5%	27.3%	6.4%	6.4%	100.0%	98.0%	71.2%	26.7%	2.0%	2.0%
15 to 24	100.0%	91.2%	62.3%	29.8%	9.6%	-	100.0%	88.4%	64.5%	23.9%	11.6%	1.8%
25 to 44	100.0%	84.9%	69.5%	15.5%	14.6%	2.1%	100.0%	80.9%	66.6%	14.3%	19.1%	1.2%
45 to 64	100.0%	82.0%	71.1%	10.6%	18.0%	2.8%	100.0%	75.0%	66.7%	8.3%	25.0%	1.9%
65 plus	100.0%	69.3%	61.3%	8.0%	30.7%	4.2%	100.0%	65.3%	61.2%	4.1%	34.7%	3.2%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

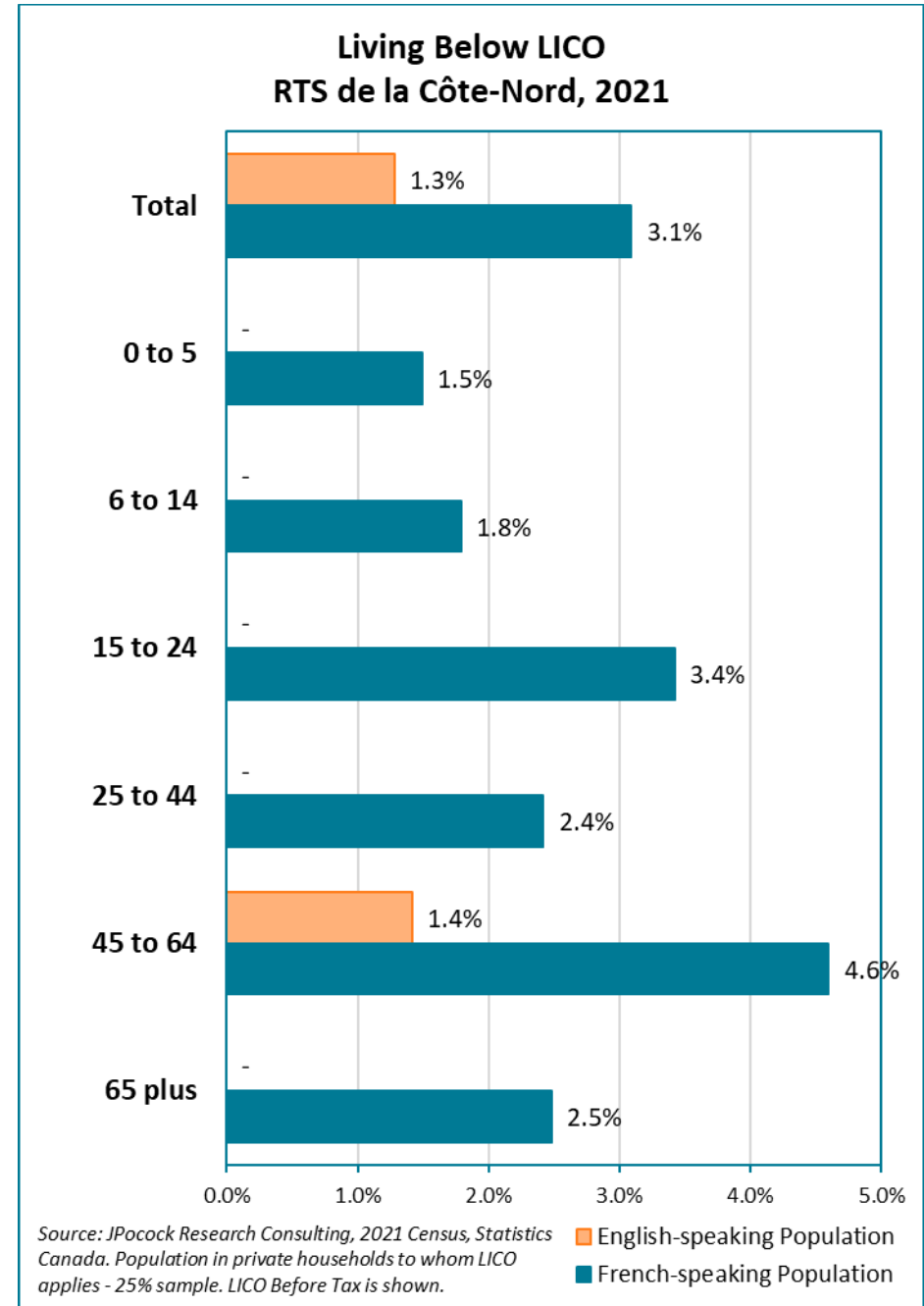


- In RTS de la Côte-Nord there were 355 English-speaking children aged 0 to 5. Of these children, 130 (36.6%) were in lone parent families. This proportion was much higher than that displayed by the French-speaking population (19.3%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who were in lone parent families was much higher than that of the total English-speaking population of RTS de la Côte-Nord (16.7%).
- For the overall English-speaking population of RTS de la Côte-Nord, there were 890 persons in lone parent families, representing 16.7% of that population. The level for RTS de la Côte-Nord is much higher than the provincial average (12.1%).

Living Below LICO English- and French-speaking Population RTS de la Côte-Nord, 2021						
Age Group	English-speaking Population			French-speaking Population		
	Total to whom LICO applies	Below LICO	Below LICO (%)	Total to whom LICO applies	Below LICO	Below LICO (%)
Total	4,285	55	1.3%	73,440	2,270	3.1%
0 to 5	245	-	-	4,015	60	1.5%
6 to 14	325	-	-	7,260	130	1.8%
15 to 24	380	-	-	6,870	235	3.4%
25 to 44	895	10	-	16,545	400	2.4%
45 to 64	1,410	20	1.4%	22,840	1,050	4.6%
65 plus	1,005	-	-	15,910	395	2.5%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada.  
Population in private households to whom LICO applies - 25% sample. LICO Before Tax is shown.

- The number of children aged 0 to 5 living below LICO in RTS de la Côte-Nord was too low to report.



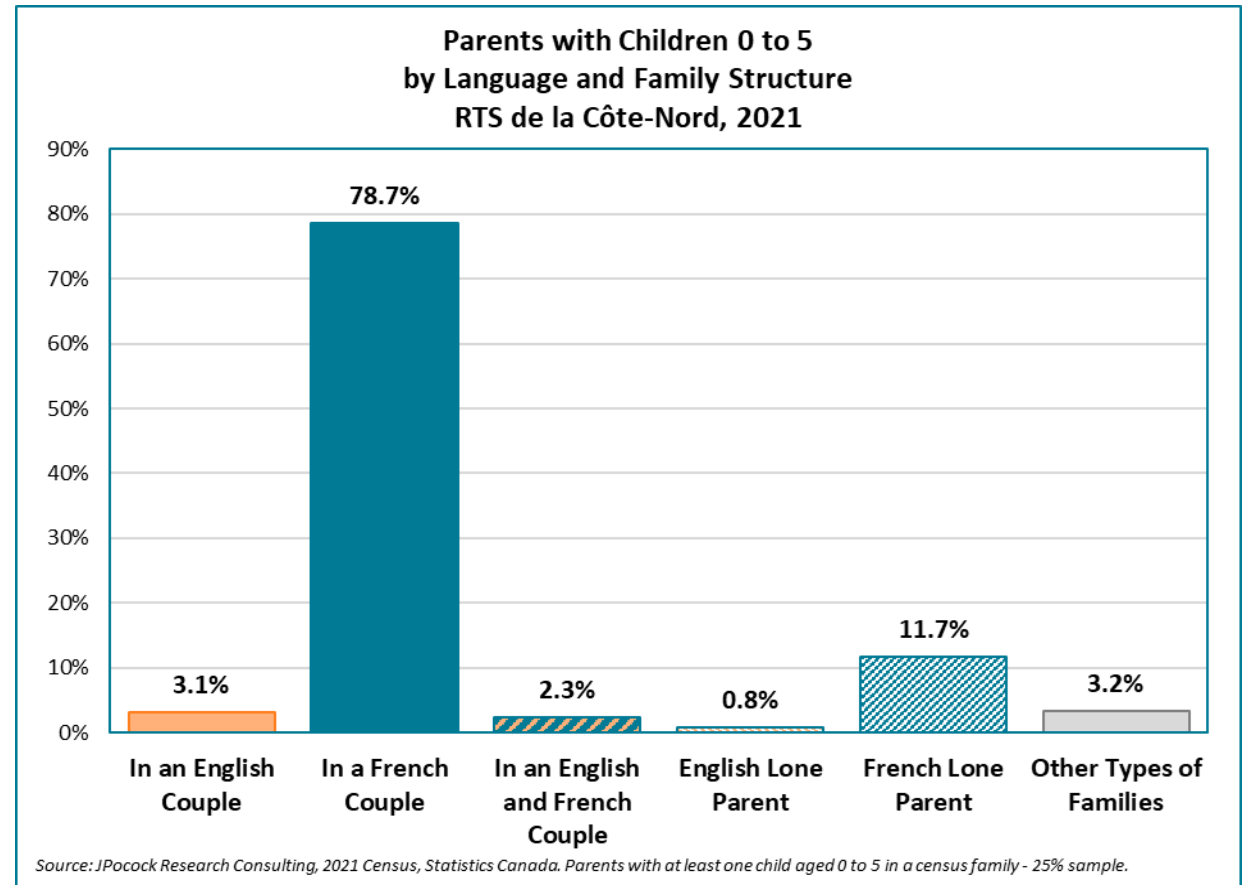
## Section 2: Parents of Children 0 to 5

The statistics presented in this section of the profile are drawn from the 2021 census sample of parents with at least one child aged 0 to 5 living in a census family. Children of other ages may be present.



## Language and Family Structure of Parents with Children 0 to 5

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Age RTS de la Côte-Nord, 2021	
Census Family Structure and Language	Total
<b>All Parents with Children 0 to 5</b>	6,630
In an English Couple	205
In a French Couple	5,215
In an English and French Couple	155
English Lone Parent	55
French Lone Parent	775
Other Types of Families	215
Percentages	
All Parents with Children 0 to 5	100.0%
In an English Couple	3.1%
In a French Couple	78.7%
In an English and French Couple	2.3%
English Lone Parent	0.8%
French Lone Parent	11.7%
Other Types of Families	3.2%
<i>Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.</i>	



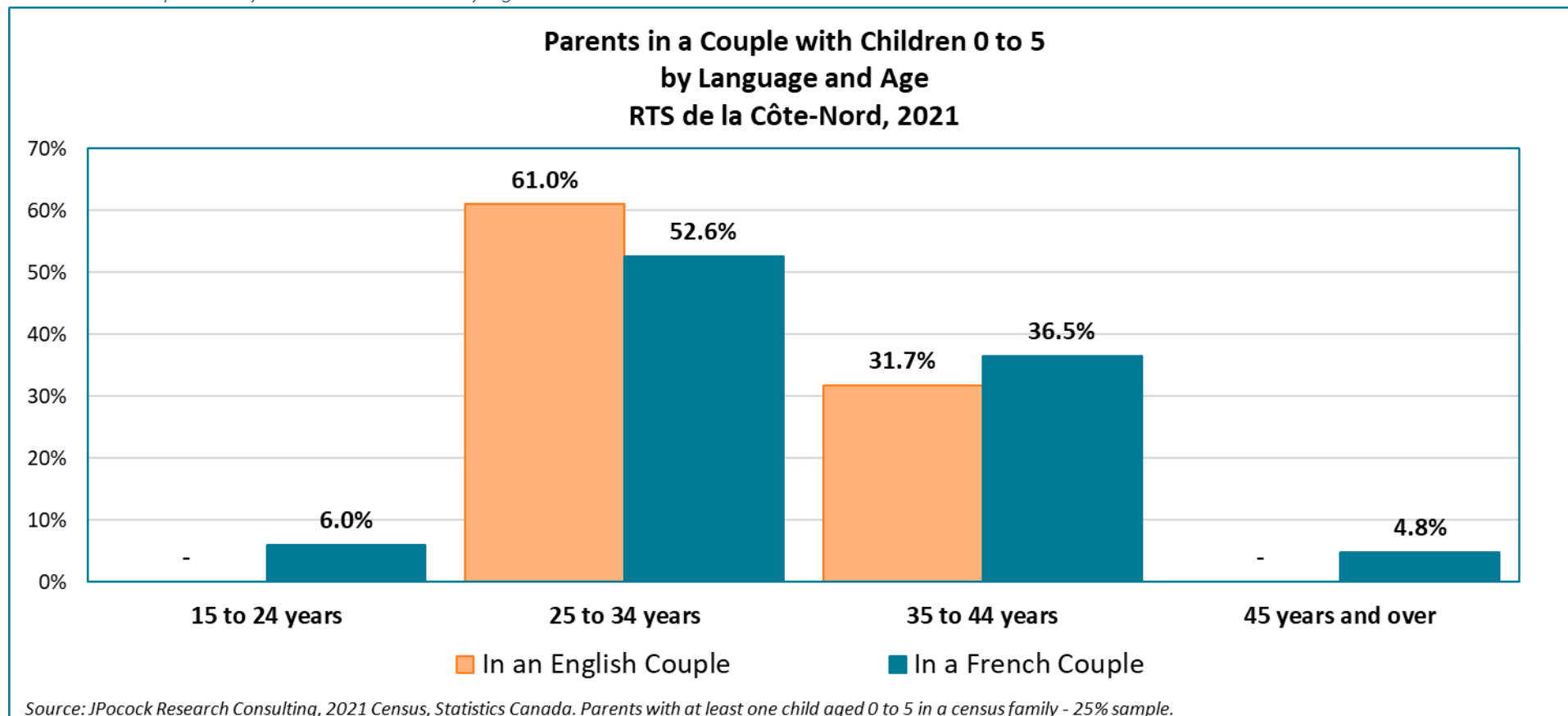
- In RTS de la Côte-Nord there were 6,630 parents with at least one child aged 0 to 5. Of these parents, 205 (3.1%) were part of an English-speaking couple, while 55 (0.8%) were English-speaking lone parents.

Parents with at Least One Child Aged 0 to 5 by Age

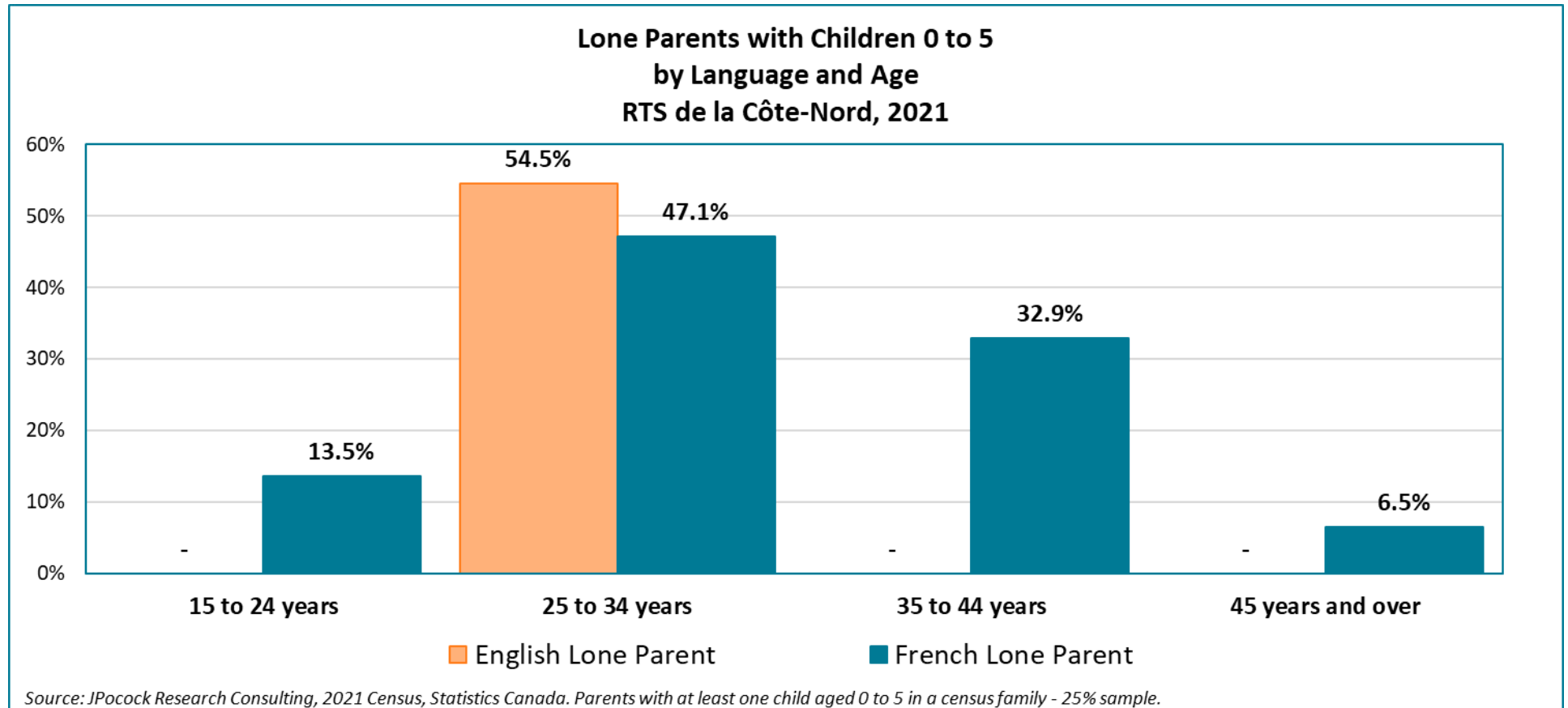
**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Age  
RTS de la Côte-Nord, 2021**

<b>Census Family Structure and Language</b>	<b>Total</b>	<b>15 to 24 years</b>	<b>25 to 34 years</b>	<b>35 to 44 years</b>	<b>45 years and over</b>
<b>All Parents with Children 0 to 5</b>	6,630	490	3,435	2,365	340
<b>In an English Couple</b>	205	10	125	65	10
<b>In a French Couple</b>	5,215	315	2,745	1,905	250
<b>In an English and French Couple</b>	155	15	75	70	-
<b>English Lone Parent</b>	55	10	30	15	-
<b>French Lone Parent</b>	775	105	365	255	50
<b>Other Types of Families</b>	215	40	100	60	30
<b>Percentages</b>					
<b>All Parents with Children 0 to 5</b>	100.0%	7.4%	51.8%	35.7%	5.1%
<b>In an English Couple</b>	100.0%	-	61.0%	31.7%	-
<b>In a French Couple</b>	100.0%	6.0%	52.6%	36.5%	4.8%
<b>In an English and French Couple</b>	100.0%	-	48.4%	45.2%	-
<b>English Lone Parent</b>	100.0%	-	54.5%	-	-
<b>French Lone Parent</b>	100.0%	13.5%	47.1%	32.9%	6.5%
<b>Other Types of Families</b>	100.0%	18.6%	46.5%	27.9%	14.0%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*



- Among parents with at least one child aged 0 to 5 in English-speaking couples, 61.0% were between the ages of 25 and 34. This was higher than the proportion for French-speaking couples (52.6%).
- Among parents with at least one child aged 0 to 5 in English-speaking couples, 31.7% were between the ages of 35 and 44. This was lower than the proportion for French-speaking couples (36.5%).
- Among parents with children aged 0 to 5, the majority (87.5%) were between the ages of 25 and 44. Within English-speaking couples, 92.7% were within this age category, which was similar to the proportion for French-speaking couples (89.2%) and higher than the overall average.



- Among English-speaking lone parents with children aged 0 to 5, 54.5% were between the ages of 25 and 34. This was higher than the proportion among French-speaking lone parents (47.1%).

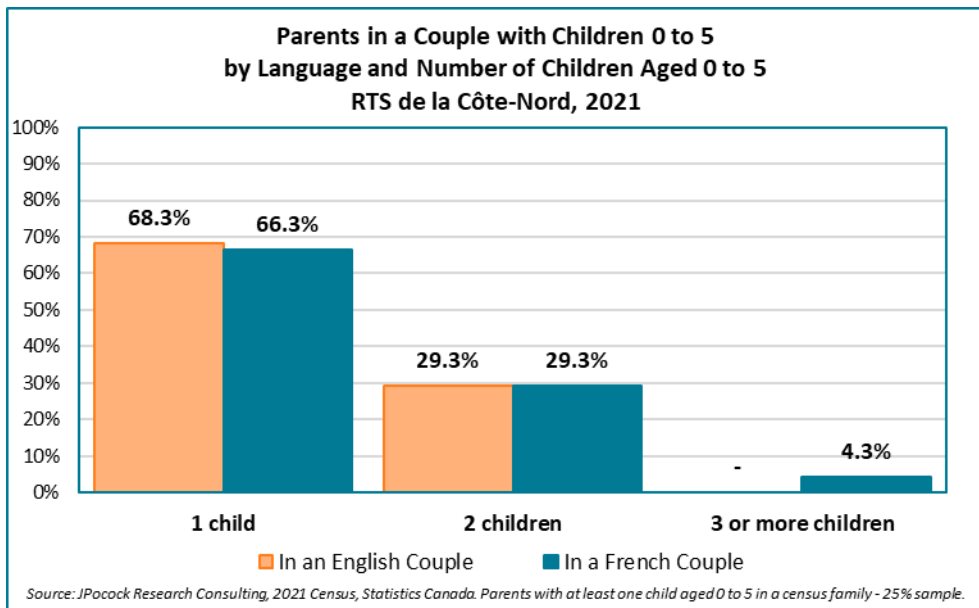
Parents with at Least One Child Aged 0 to 5 by Number of Children

**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Number of Children  
RTS de la Côte-Nord, 2021**

<b>Census Family Structure and Language</b>	<b>Total</b>	<b>1 child</b>	<b>2 children</b>	<b>3 or more children</b>
<b>All Parents with Children 0 to 5</b>	6,630	4,525	1,825	280
<b>In an English Couple</b>	205	140	60	-
<b>In a French Couple</b>	5,215	3,460	1,530	225
<b>In an English and French Couple</b>	155	105	50	-
<b>English Lone Parent</b>	55	30	15	10
<b>French Lone Parent</b>	775	625	130	20
<b>Other Types of Families</b>	215	165	40	15
<b>Percentages</b>				
<b>All Parents with Children 0 to 5</b>	100.0%	68.3%	27.5%	4.2%
<b>In an English Couple</b>	100.0%	68.3%	29.3%	-
<b>In a French Couple</b>	100.0%	66.3%	29.3%	4.3%
<b>In an English and French Couple</b>	100.0%	67.7%	32.3%	-
<b>English Lone Parent</b>	100.0%	54.5%	-	-
<b>French Lone Parent</b>	100.0%	80.6%	16.8%	2.6%
<b>Other Types of Families</b>	100.0%	76.7%	18.6%	-

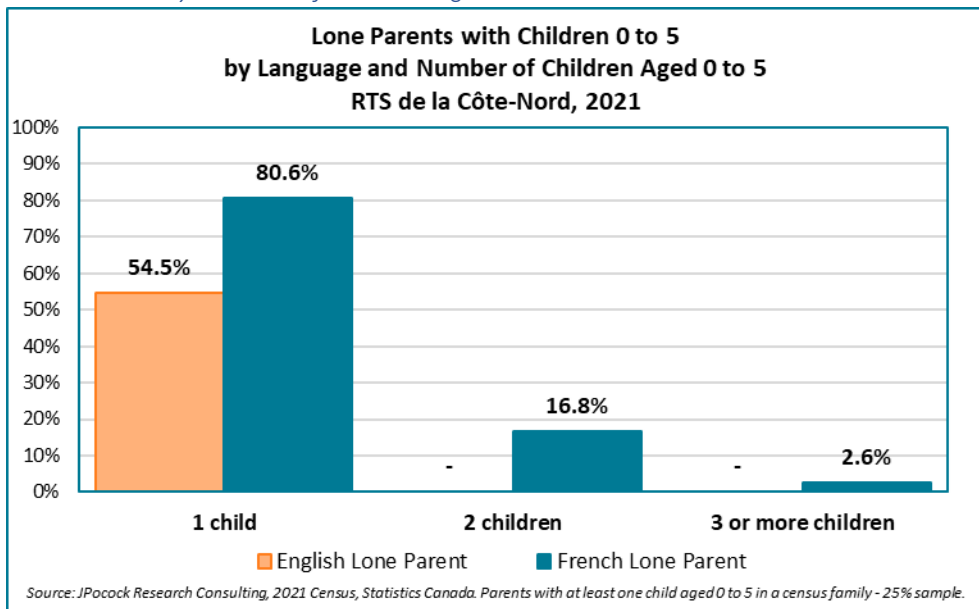
*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*

Parents in a Couple Family by Number of Children Aged 0 to 5



- In RTS de la Côte-Nord, 68.3% of all parents with children 0 to 5 had a single child within that age range. Among those parents in an English-speaking couple, 68.3% had a single child aged 0 to 5, which was similar to the proportion within French-speaking couples (66.3%) and similar to the overall average.
- Among parents in English-speaking couples with children aged 0 to 5, 29.3% had two children within that age range, which was similar to the proportion among French-speaking couples (29.3%).

Lone Parents by Number of Children Aged 0 to 5

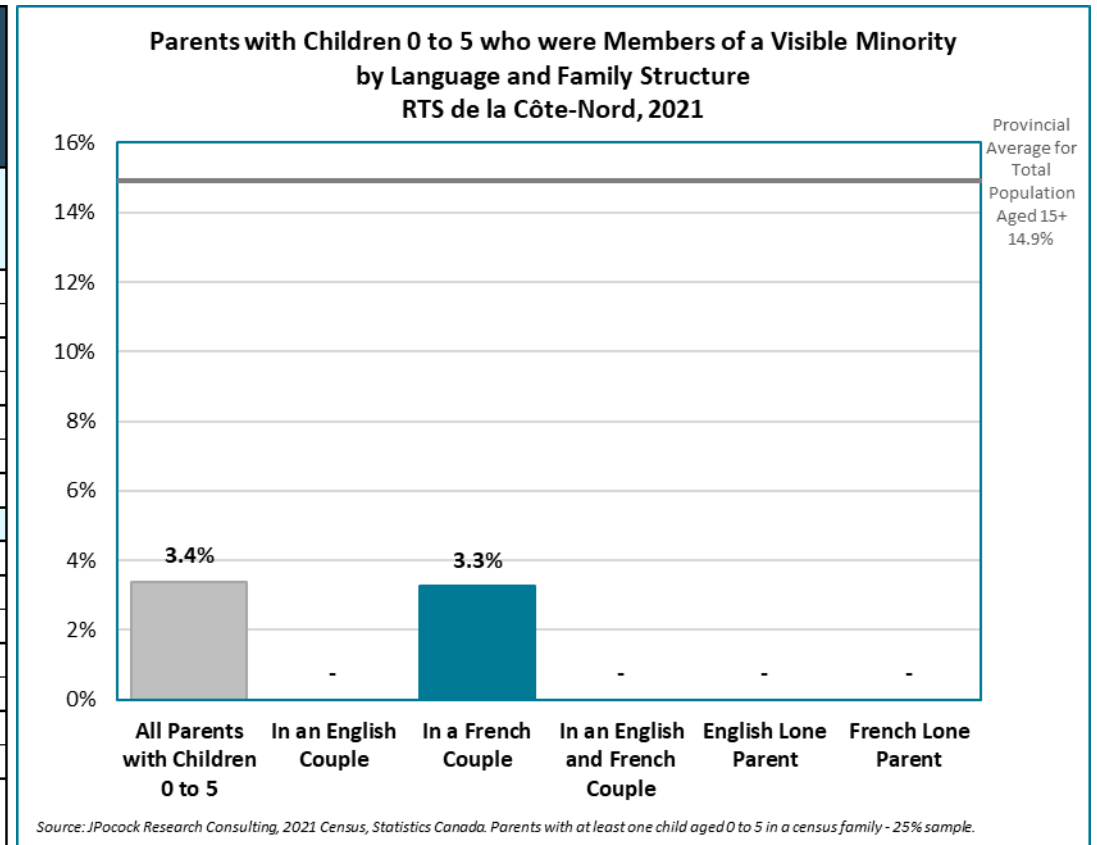


- In RTS de la Côte-Nord, 54.5% of English-speaking lone parents with children 0 to 5 had a single child in that age group, which was much lower than the proportion within French-speaking lone parents (80.6%).

## Visible Minority Status

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Visible Minority Status RTS de la Côte-Nord, 2021			
Census Family Structure and Language	Total	Member of a Visible Minority	Not a Visible Minority
<b>All Parents with Children 0 to 5</b>	6,630	225	6,410
<b>In an English Couple</b>	205	15	190
<b>In a French Couple</b>	5,215	170	5,045
<b>In an English and French Couple</b>	155	-	150
<b>English Lone Parent</b>	55	-	55
<b>French Lone Parent</b>	775	10	770
<b>Other Types of Families</b>	215	20	190
Percentages			
<b>All Parents with Children 0 to 5</b>	100.0%	3.4%	96.7%
<b>In an English Couple</b>	100.0%	-	92.7%
<b>In a French Couple</b>	100.0%	3.3%	96.7%
<b>In an English and French Couple</b>	100.0%	-	96.8%
<b>English Lone Parent</b>	100.0%	-	100.0%
<b>French Lone Parent</b>	100.0%	-	99.4%
<b>Other Types of Families</b>	100.0%	9.3%	88.4%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*

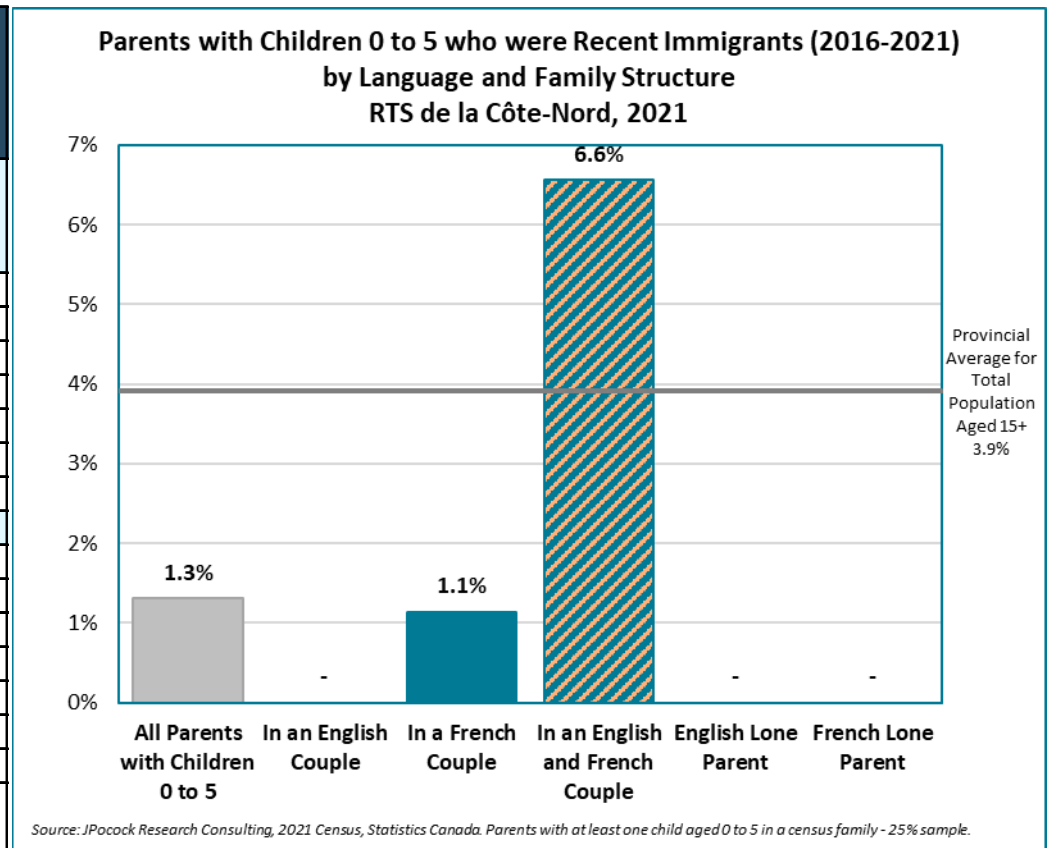


- The number of English-speaking parents of children aged 0 to 5 in RTS de la Côte-Nord who were members of a visible minority was too low to report.

Recent Mobility (2016 – 2021)

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Recent* Mobility Status RTS de la Côte-Nord, 2021				
Census Family Structure and Language	Total	Migrants	Inter-provincial Migrants	External Migrants (Immigrants)
All Parents with Children 0 to 5	13,365	2,630	145	175
In an English Couple	410	110	80	-
In a French Couple	10,525	1,985	20	120
In an English and French Couple	305	75	10	20
English Lone Parent	110	20	-	-
French Lone Parent	1,555	340	20	-
Other Types of Families	425	80	-	20
Percentages				
All Parents with Children 0 to 5	100.0%	19.7%	1.1%	1.3%
In an English Couple	100.0%	26.8%	19.5%	-
In a French Couple	100.0%	18.9%	0.2%	1.1%
In an English and French Couple	100.0%	24.6%	-	6.6%
English Lone Parent	100.0%	18.2%	-	-
French Lone Parent	100.0%	21.9%	1.3%	-
Other Types of Families	100.0%	18.8%	-	4.7%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. \*Between 2016 and 2021.



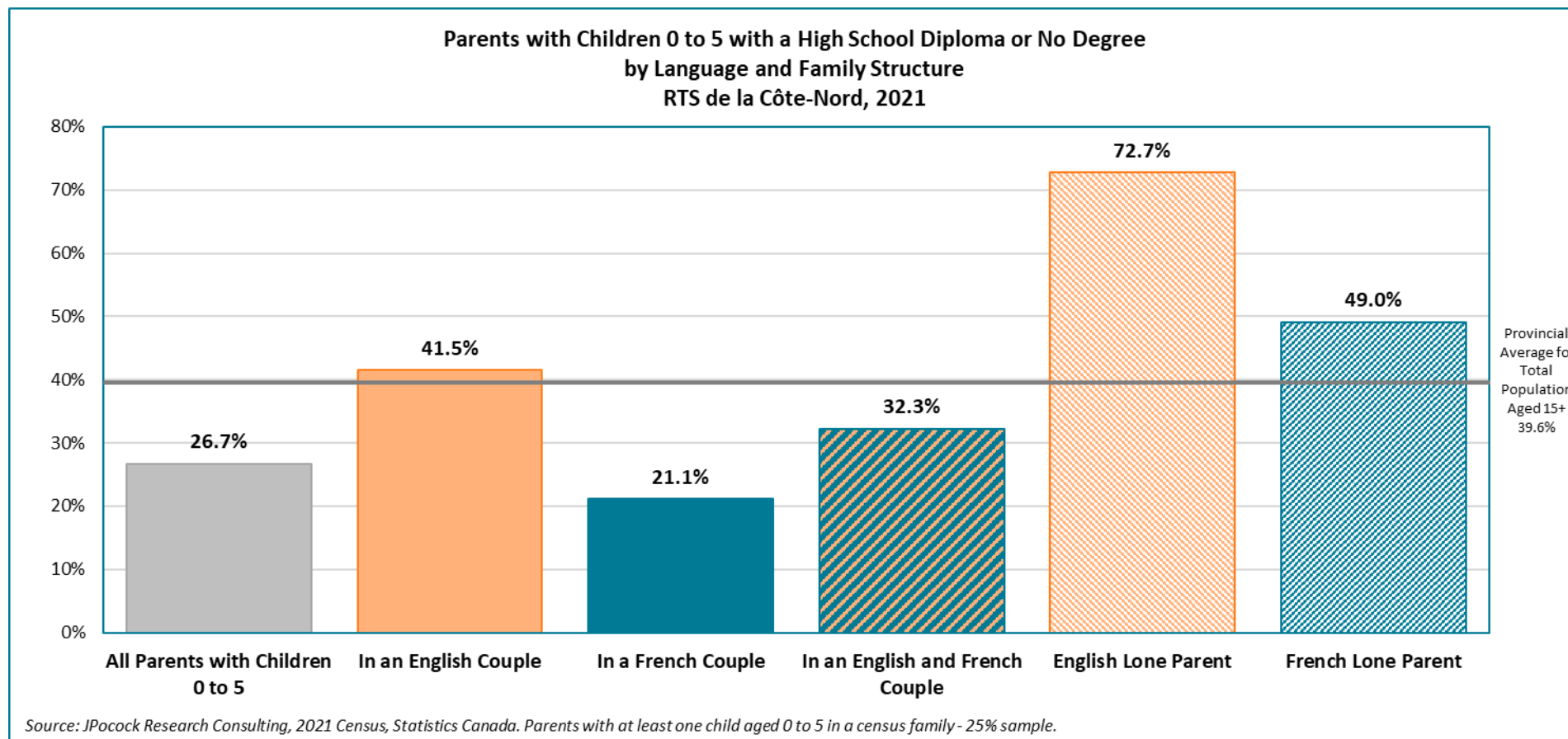
- The number of English-speaking parents of children aged 0 to 5 in RTS de la Côte-Nord who were recent immigrants was too low to report.



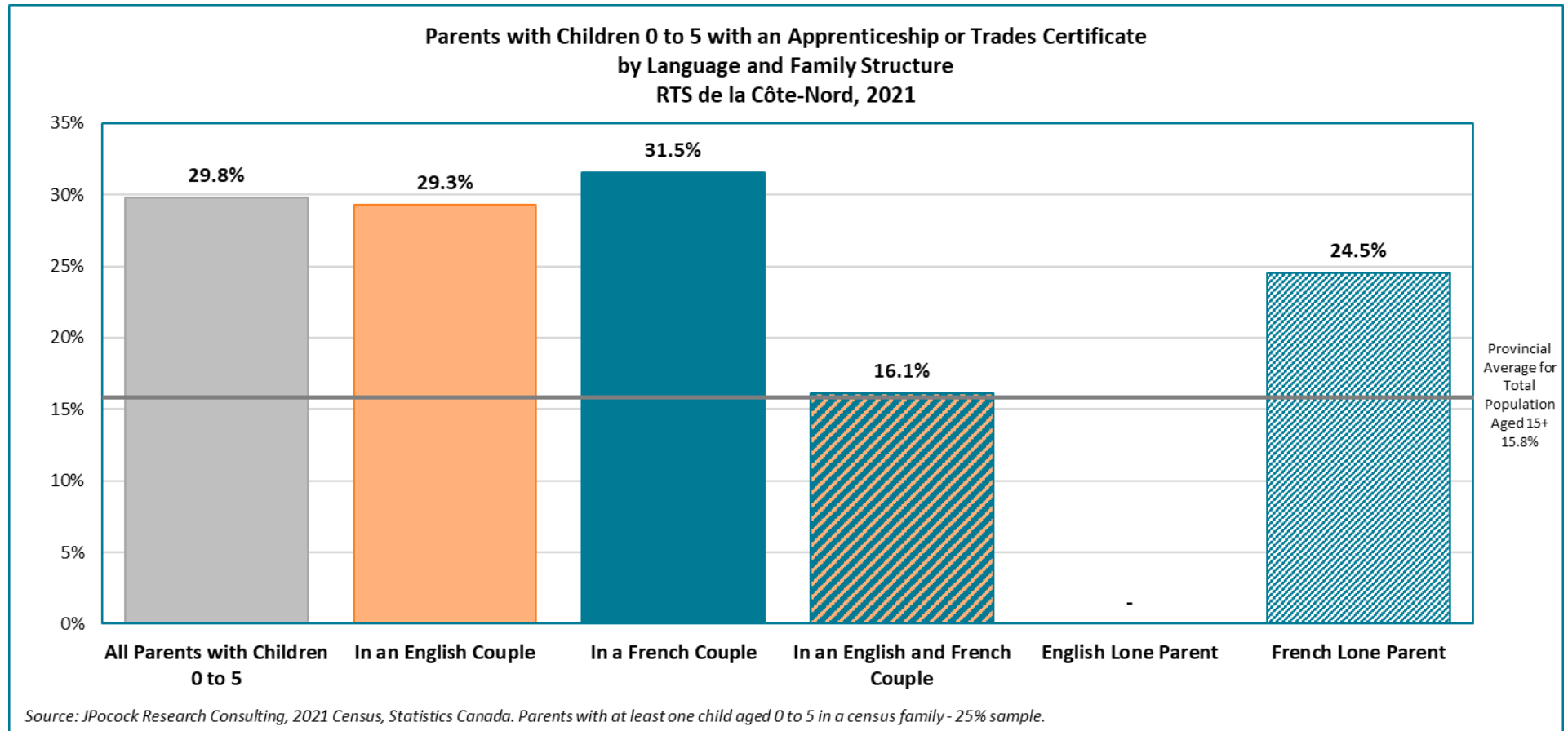
**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Highest Level of Education  
RTS de la Côte-Nord, 2021**

<b>Census Family Structure and Language</b>	<b>Total</b>	<b>High School Diploma or No Degree</b>	<b>Apprenticeship or Trades Certificate</b>	<b>College, CEGEP or Other Non-University</b>	<b>University Certificate Below BA</b>	<b>University BA or Higher</b>
<b>All Parents with Children 0 to 5</b>	6,630	1,770	1,975	1,485	175	1,225
<b>In an English Couple</b>	205	85	60	30	10	25
<b>In a French Couple</b>	5,215	1,100	1,645	1,280	135	1,060
<b>In an English and French Couple</b>	155	50	25	30	-	45
<b>English Lone Parent</b>	55	40	10	10	-	-
<b>French Lone Parent</b>	775	380	190	125	20	65
<b>Other Types of Families</b>	215	110	40	20	10	30
<b>Percentages</b>						
<b>All Parents with Children 0 to 5</b>	100.0%	26.7%	29.8%	22.4%	2.6%	18.5%
<b>In an English Couple</b>	100.0%	41.5%	29.3%	14.6%	-	12.2%
<b>In a French Couple</b>	100.0%	21.1%	31.5%	24.5%	2.6%	20.3%
<b>In an English and French Couple</b>	100.0%	32.3%	16.1%	19.4%	-	29.0%
<b>English Lone Parent</b>	100.0%	72.7%	-	-	-	-
<b>French Lone Parent</b>	100.0%	49.0%	24.5%	16.1%	2.6%	8.4%
<b>Other Types of Families</b>	100.0%	51.2%	18.6%	9.3%	-	14.0%

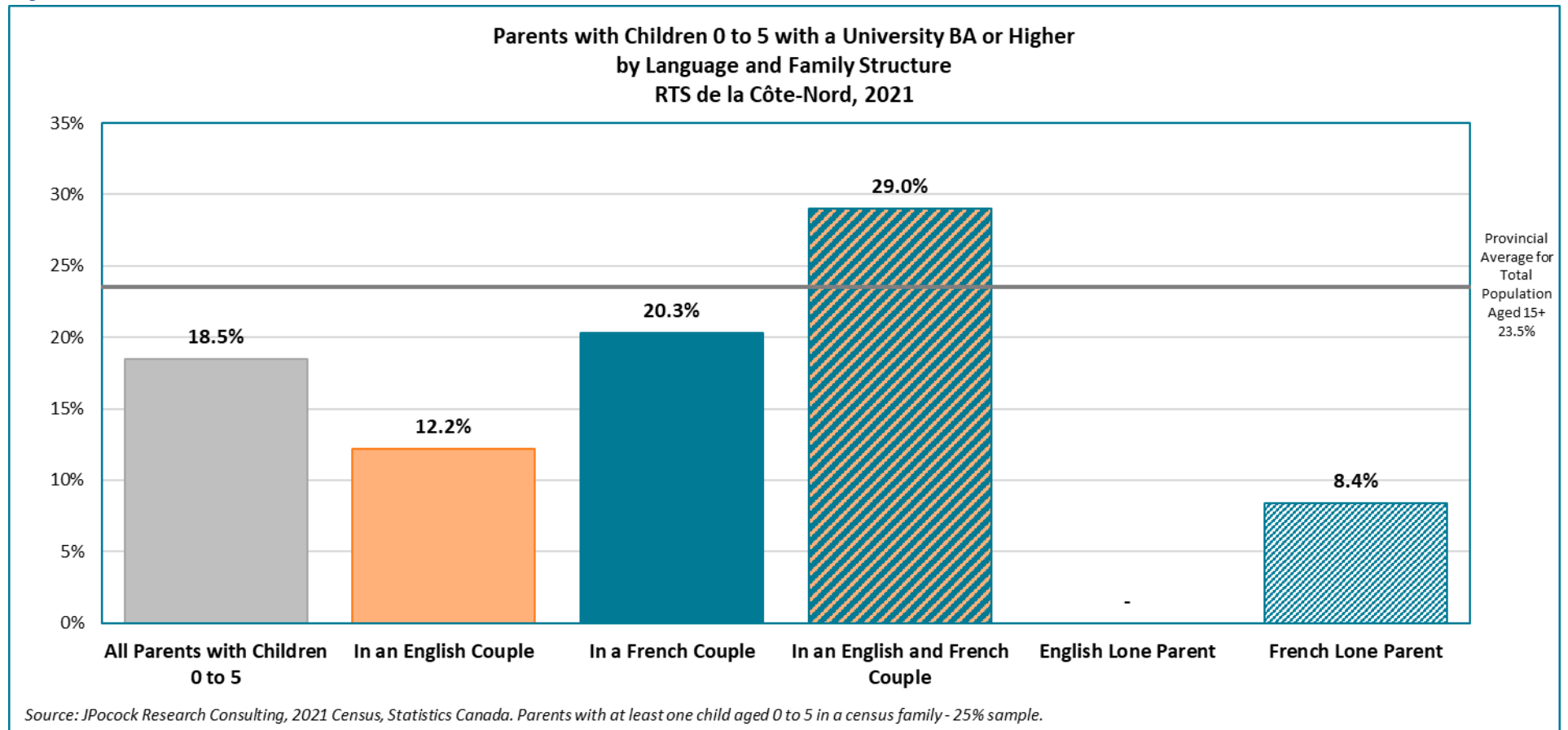
*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*



- In RTS de la Côte-Nord, 26.7% of parents with at least one child aged 0 to 5 reported a high school diploma as their highest level of educational attainment in 2021.
- Among those parents in English-speaking couples, 41.5% reported a high school diploma as their highest level of educational attainment, which was much higher than those in French-speaking couples (21.1%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 32.3% of parents with children 0 to 5 reported a high school diploma as their highest level of educational attainment. This was much lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 72.7% reported a high school diploma as their highest level of educational attainment. This was much higher than the proportion of French-speaking lone parents (49.0%). English-speaking lone parents with children 0 to 5 were less likely to report this low level of educational attainment than were parents with children of that age in English-speaking couples.



- In RTS de la Côte-Nord, 29.8% of parents with at least one child aged 0 to 5 reported an apprenticeship or trades certificate as their highest level of educational attainment in 2021.
- Among those parents in English-speaking couples, 29.3% reported an apprenticeship or trades certificate as their highest level of educational attainment, which was lower than those in French-speaking couples (31.5%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 16.1% of parents with children 0 to 5 reported an apprenticeship or trades certificate as their highest level of educational attainment. This was much lower than the proportion in English-speaking couples and much lower than the proportion in French-speaking couples.

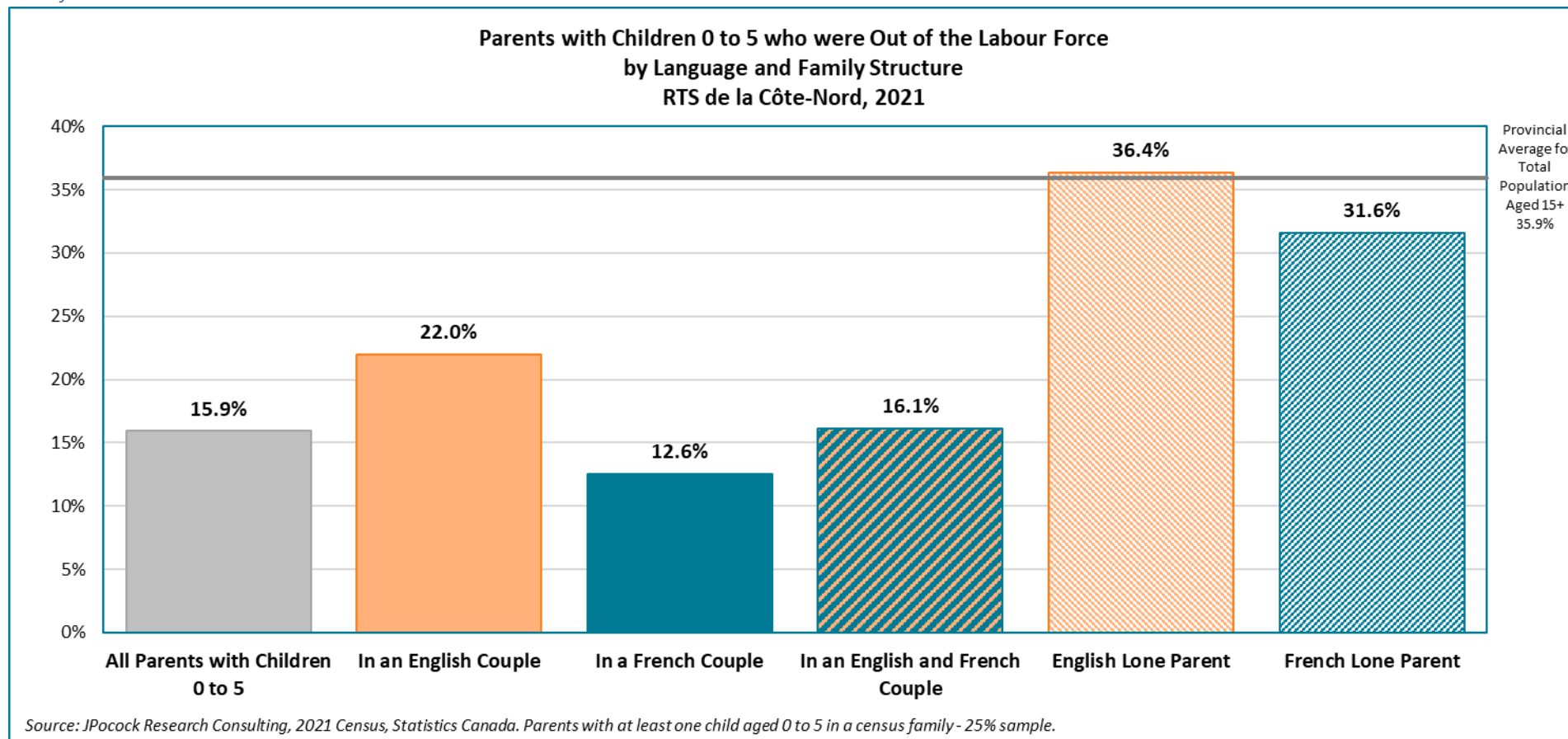


- In RTS de la Côte-Nord, 18.5% of parents with at least one child aged 0 to 5 reported having a university BA or higher in 2021.
- Among those parents in English-speaking couples, 12.2% reported having a university BA or higher, which was much lower than those in French-speaking couples (20.3%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 29.0% of parents with children 0 to 5 reported having a university BA or higher. This was much higher than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.

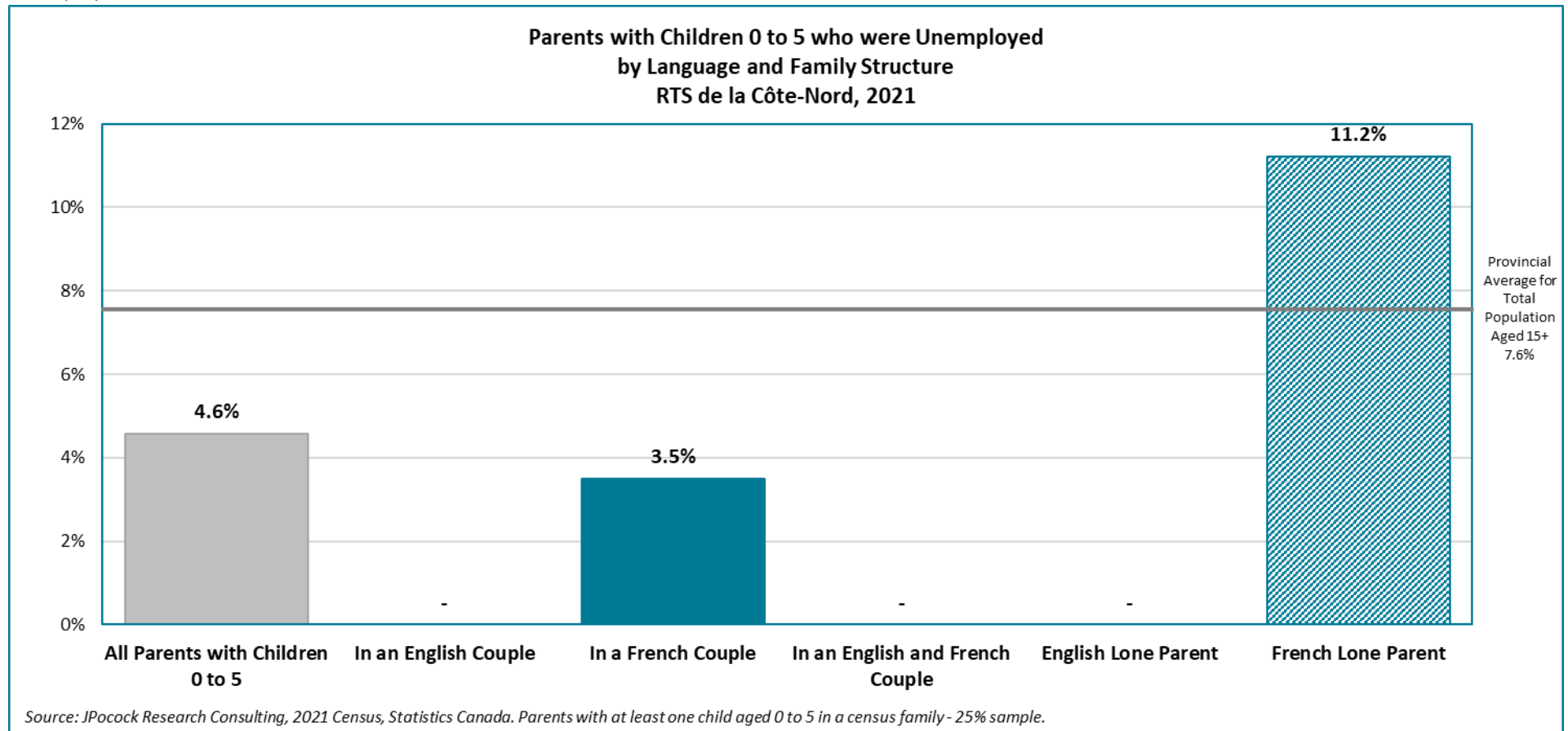
**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Labour Force Activity  
RTS de la Côte-Nord, 2021**

<b>Census Family Structure and Language</b>	<b>Total</b>	<b>In the Labour Force</b>	<b>Un-employed</b>	<b>Out of the Labour Force</b>
<b>All Parents with Children 0 to 5</b>	6,630	5,575	255	1,055
<b>In an English Couple</b>	205	160	10	45
<b>In a French Couple</b>	5,215	4,565	160	655
<b>In an English and French Couple</b>	155	140	-	25
<b>English Lone Parent</b>	55	40	10	20
<b>French Lone Parent</b>	775	535	60	245
<b>Other Types of Families</b>	215	135	15	80
<b>Percentages</b>				
<b>All Parents with Children 0 to 5</b>	100.0%	84.1%	4.6%	15.9%
<b>In an English Couple</b>	100.0%	78.0%	-	22.0%
<b>In a French Couple</b>	100.0%	87.5%	3.5%	12.6%
<b>In an English and French Couple</b>	100.0%	90.3%	-	16.1%
<b>English Lone Parent</b>	100.0%	72.7%	-	36.4%
<b>French Lone Parent</b>	100.0%	69.0%	11.2%	31.6%
<b>Other Types of Families</b>	100.0%	62.8%	-	37.2%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*



- In RTS de la Côte-Nord, 15.9% of parents with at least one child aged 0 to 5 were out of the labour force in 2021.
- Among those parents in English-speaking couples, 22.0% were out of the labour force, which was much higher than those in French-speaking couples (12.6%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 16.1% of parents with children 0 to 5 were out of the labour force. This was much lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 36.4% were out of the labour force. This was higher than the proportion of French-speaking lone parents (31.6%). English-speaking lone parents with children 0 to 5 were less likely to be out of the labour force than were parents with children of that age in English-speaking couples.



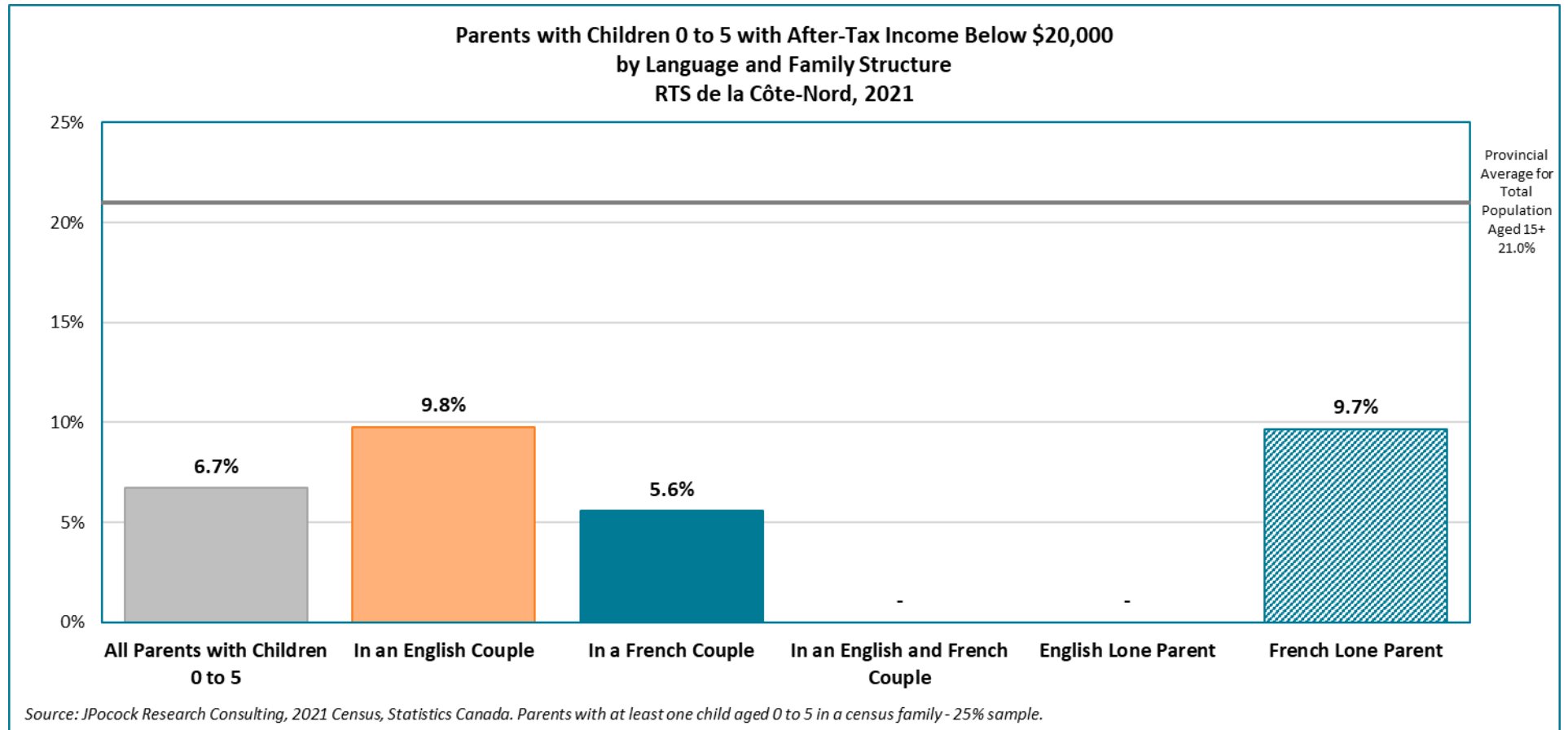
- The number of English-speaking parents of children aged 0 to 5 who were unemployed was too low to report in RTS de la Côte-Nord.

**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and After-Tax Income  
RTS de la Côte-Nord, 2021**

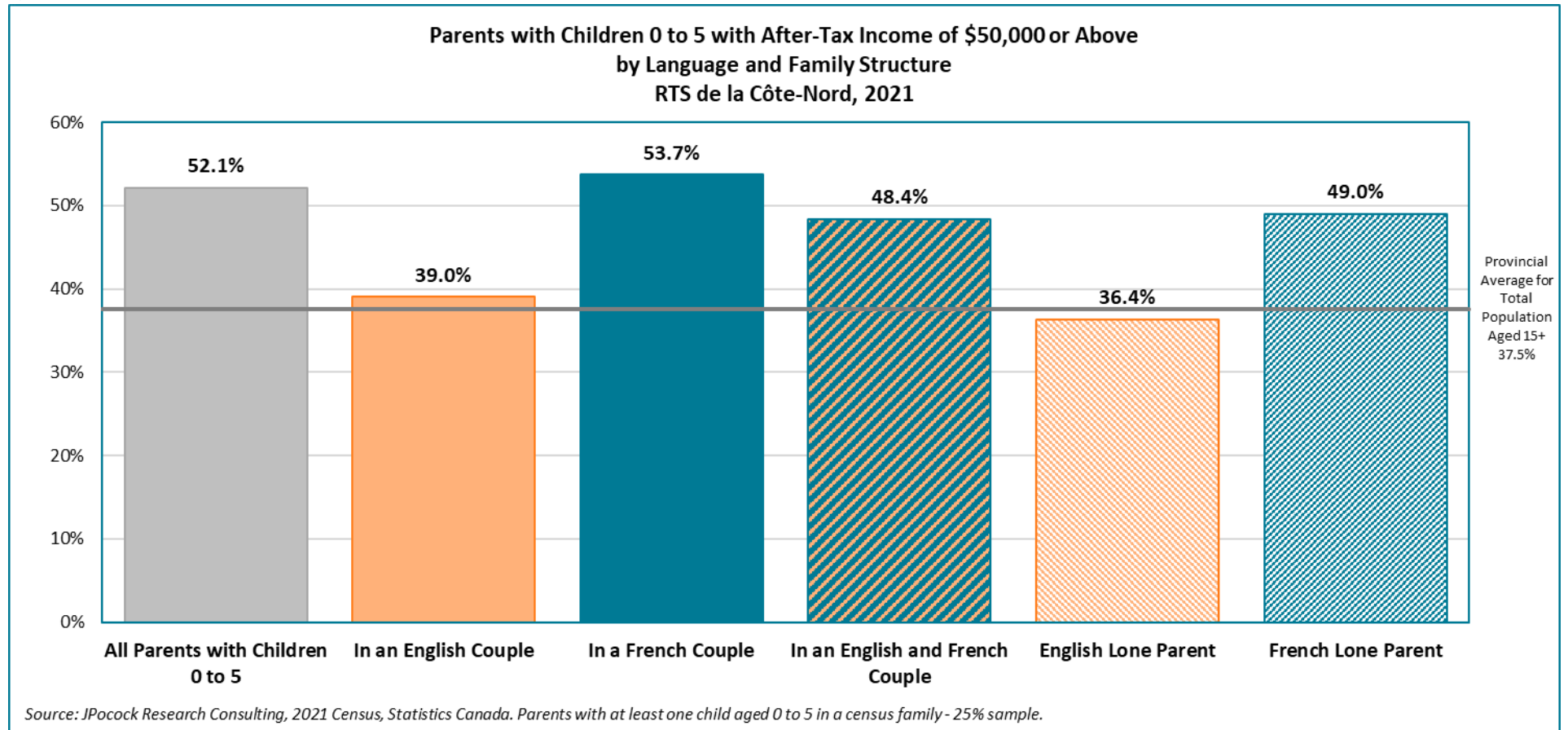
<b>Census Family Structure and Language</b>	<b>Total</b>	<b>Less than \$20,000</b>	<b>\$20,000 to \$49,999</b>	<b>\$50,000 and Over</b>
<b>All Parents with Children 0 to 5</b>	6,630	445	2,735	3,455
<b>In an English Couple</b>	205	20	110	80
<b>In a French Couple</b>	5,215	290	2,120	2,800
<b>In an English and French Couple</b>	155	10	75	75
<b>English Lone Parent</b>	55	-	35	20
<b>French Lone Parent</b>	775	75	325	380
<b>Other Types of Families</b>	215	45	75	95
<b>Percentages</b>				
<b>All Parents with Children 0 to 5</b>	100.0%	6.7%	41.3%	52.1%
<b>In an English Couple</b>	100.0%	9.8%	53.7%	39.0%
<b>In a French Couple</b>	100.0%	5.6%	40.7%	53.7%
<b>In an English and French Couple</b>	100.0%	-	48.4%	48.4%
<b>English Lone Parent</b>	100.0%	-	63.6%	36.4%
<b>French Lone Parent</b>	100.0%	9.7%	41.9%	49.0%
<b>Other Types of Families</b>	100.0%	20.9%	34.9%	44.2%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*





- In RTS de la Côte-Nord, 6.7% of parents with at least one child aged 0 to 5 earned an after-tax income below \$20,000 in 2021.
- Among those parents in English-speaking couples, 9.8% earned an after-tax income below \$20,000, which was much higher than those in French-speaking couples (5.6%).

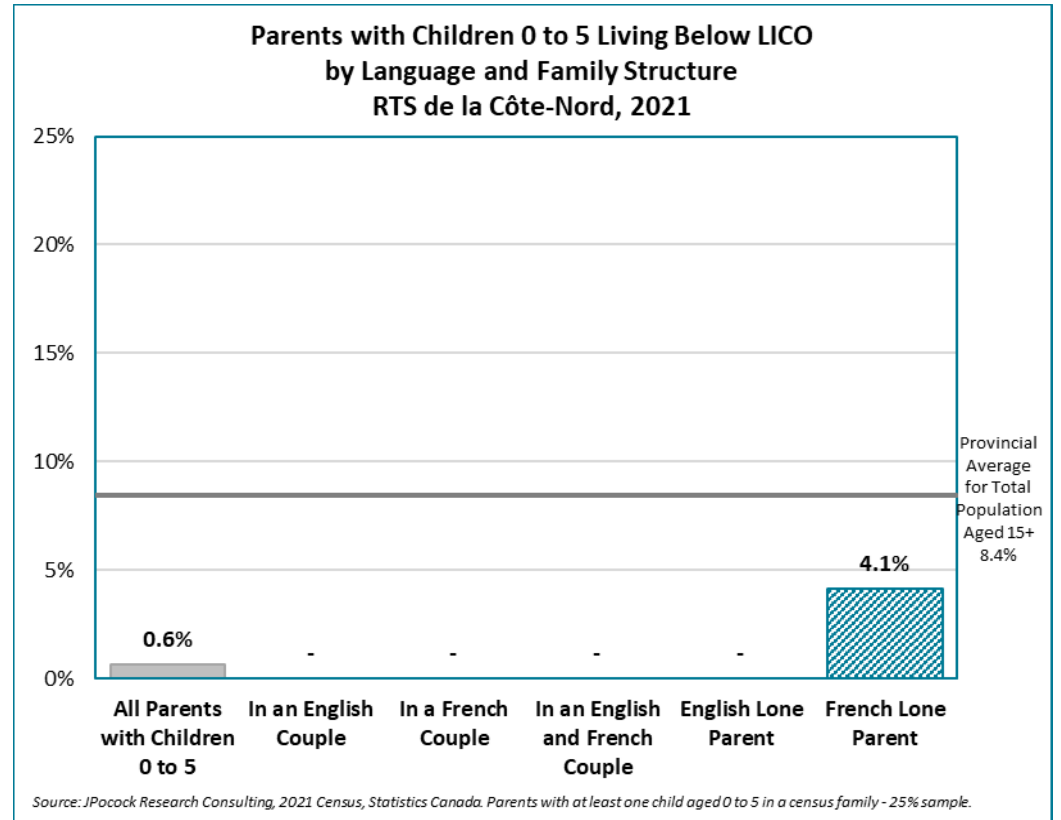


- In RTS de la Côte-Nord, 52.1% of parents with at least one child aged 0 to 5 earned \$50,000 or more in 2021.
- Among those parents in English-speaking couples, 39.0% earned \$50,000 or more, which was much lower than those in French-speaking couples (53.7%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 48.4% of parents with children 0 to 5 earned \$50,000 or more. This was much higher than the proportion in English-speaking couples and lower than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 36.4% earned \$50,000 or more. This was much lower than the proportion of French-speaking lone parents (49.0%). English-speaking lone parents with children 0 to 5 were less likely to earn an income of \$50,000 or more than were parents with children of that age in English-speaking couples.

## Low Income Cut-Off (LICO)

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Low Income Cut-Off Status RTS de la Côte-Nord, 2021			
Census Family Structure and Language	Total	Above LICO-AT	Below LICO-AT
<b>All Parents with Children 0 to 5</b>	5,655	5,620	35
In an English Couple	150	150	-
In a French Couple	4,780	4,780	-
In an English and French Couple	135	135	-
English Lone Parent	30	30	-
French Lone Parent	485	465	20
Other Types of Families	60	60	-
Percentages			
<b>All Parents with Children 0 to 5</b>	100.0%	99.4%	0.6%
In an English Couple	100.0%	100.0%	-
In a French Couple	100.0%	100.0%	-
In an English and French Couple	100.0%	100.0%	-
English Lone Parent	100.0%	100.0%	-
French Lone Parent	100.0%	95.9%	4.1%
Other Types of Families	100.0%	100.0%	-

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown.



The number of English-speaking parents of children aged 0 to 5 in RTS de la Côte-Nord who were living below LICO was too low to report.