

**SOCIO-DEMOGRAPHIC PROFILE OF  
CHILDREN AGED 0 TO 5 AND THEIR PARENTS  
RTS DE LA MONTÉRÉGIE-EST, 2021**

**BASED ON THE 2021 CENSUS OF CANADA**

**A REPORT OF THE COMMUNITY HEALTH AND SOCIAL SERVICES NETWORK (CHSSN)**

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# Socio-demographic Profiles of Children aged 0-5 and their Parents

## Introduction

### Early Child Development as a Social Determinant of Health

Early child development (ECD) is a cornerstone of human development and childhood is considered to be the most important developmental phase of the individual lifespan. The developmental outcomes of this early phase of life impact the level of health and well-being enjoyed by a population in its future. Early child development is a social determinant of the health of communities and it is a process that is particularly sensitive to social determinants like the socio-economic status of families with children aged 0-5 and their social environment, access to health and social services, communication competency and literacy and access to local social support networks.

Health organizations around the globe are promoting knowledge and fostering policy, programs and initiatives that aim to improve the situation of children experiencing disadvantaged conditions and who are thereby vulnerable to poor childhood development. In Québec, the 2017 study of the Institut de la statistique du Québec entitled *Québec Survey on Children's Development in Kindergarten/Enquête québécoise sur le développement des enfants à la maternelle* selected the following key areas for assessment of the quality of ECD: physical health and well-being; social competence; emotional maturity; cognitive and language development; as well as communication skills and general knowledge.

See the report at <https://statistique.quebec.ca/en/enquetes/realisees/quebec-survey-of-child-development-in-kindergarten-qscdk>

### The Community Health and Social Services Network: *Bright Beginnings*

The Community Health and Social Services Network (CHSSN) supports the English-speaking communities of Québec in their efforts to redress health status inequalities and promote community vitality. It strengthens and mobilizes networks at the local, regional and provincial levels in order to address health determinants, influence public policy and develop services for English speakers who, too often are left out of the system. It's 70 member organizations from various sectors aim to improve vitality and health of individuals and families among Québec's minority language communities. Learn more at <http://chssn.org/about-us/>

CHSSN financially supports 23 local or regional community health and social services network organizations who mobilize citizens and multi-sectorial partners in all regions of Québec using a population health approach. They collectively address health determinants such as access to health services, healthy child development, education and literacy, and social environments or support networks. With their networks, CHSSN has developed a collective vision and an early childhood framework called *Bright Beginnings: an adapted approach to supporting English-speaking children (0-5) and families*. This approach is being implemented by networks to varying degrees in many regions in accordance with each network organization's capacity.

To explore their approach further go to <https://chssn.org/projects/bright-beginnings/>

### About These Profiles

These profiles draw from the 2021 Census of Canada to provide pertinent socio-demographic information on the children aged 0-5 of Québec's English-speaking communities and their families in accordance with Québec's RTS (réseau territorial de services) territories.<sup>1</sup> They include information on their numbers, where

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<sup>1</sup> For further information go to <http://www.msss.gouv.qc.ca/professionnels/informations-geographiques-et-de-population/decoupage-territorial/>

they live, family structures they are part of, socio-economic issues they face, their status as recent immigrants to Québec, aboriginal identity and their likelihood to be members of a visible minority. Each regional profile includes tables, graphs and information bullets that provide provincial and regional statistics for selected characteristics as well as comparisons between French-speaking majority and English-speaking minority populations within these administrative territories.

**Please note that these profiles draw from two different census samples.** **Section 1** of each profile provides information drawn from the 2021 census sample of the Québec population living in private households. **Section 2** provides information on the 2021 census sample of parents with at least one child aged 0 to 5 living in census families in Québec.

### Definitions and Concepts

These profiles draw data from the Statistics Canada 2021 Census of Canada and are organized in accordance with its definitions and concepts. The census dictionary is available at, <https://www12.statcan.gc.ca/census-recensement/2016/ref/dict/index-eng.cfm>

*First Official Language Spoken (FOLS)* The definitions of first official language spoken and official language minority are outlined in the Official Languages (Communications with and Services to the Public) Regulations issued pursuant to the Official Languages Act (1988). The official language minority is English in Québec and French in all other provinces and territories. First Official Language Spoken is derived from the census questions on knowledge of official languages, mother tongue and home language. Multiple responses are distributed equally among declared languages.

*Census Family households* are those with a married couple (with or without children), or a couple living common-law (with or without children), or a lone parent living with one or more children (lone-parent family).

*Census family* is defined as a married couple and the children, if any, of either and/or both spouses; a couple living common law and the children, if any, of either and/or both partners; or a lone parent of any marital status with at least one child living in the same dwelling and that child or those children. All members of a particular census family live in the same dwelling. A couple may be of opposite or same sex. Children may be children by birth, marriage, common-law union or adoption regardless of their age or marital status as long as they live in the dwelling and do not have their own married spouse, common-law partner or child living in the dwelling. Grandchildren living with their grandparent(s) but with no parents present also constitute a census family.

*Private household* refers to a person or group of persons who occupy the same dwelling and do not have a usual place of residence elsewhere in Canada or abroad. For census purposes, households are classified into three groups: private households, collective households and households outside Canada. Unless otherwise specified, all data in census products are for private households only.

*Educational Attainment* – Persons with low educational attainment are those with only a high school graduation certificate or less while those with high educational attainment are those with a university bachelor’s degree or higher.

*Income* – Persons with low income are those with individual after-tax income less than \$20k while those with high income reported \$50k or more. This includes income from all sources.

*LICO* uses the income levels of a given family and considers how large a share of its income is spent on necessities such as food, shelter and clothing. If the amount a family spends is 20% higher than an average family in a year, it falls into the low-income cut-off category. People who live below income cut-offs may be said to live in “straitened circumstances.” (Human Resources and Skills Development Canada, August 2009.) LICO Before-Tax (LICO-BT) is used in findings

drawn from the 2021 census sample drawing on the Quebec population in private households. LICO-After Tax (LICO-AT) is used in findings drawn from the 2021 census sample of parents with at least one child 0-5 living in census families in Quebec. (See Data Source below for sample explanation).

*Mobility status* – (Place of residence 5 years ago) Refers to the status of a person with regard to the place of residence on the reference day, May 10, 2021, in relation to the place of residence on the same date five years earlier.

-Persons who have not moved are referred to as non-movers and persons who have moved from one residence to another are referred to as movers.

-Movers include non-migrants and migrants.

-Non-migrants are persons who did move but remained in the same city, town, township, village or Indian reserve.

-Migrants include internal migrants who moved to a different city, town, township, village or Indian reserve within Canada.

-External migrants include persons who lived outside Canada at the earlier reference date. External migrants are referred to as immigrants in this document.

## Methodological Notes

### *Data Source*

These profiles draw information from datasets developed by the Community Health and Social Services Network (CHSSN) using the 2021 Census of Canada. Findings are provided for Québec's RTS territories in which there are at least 250 English speaking residents. **Please note that the profiles are divided into two sections. Section 1** provides information drawn from the 2021 census sample of the Québec population living in private households. **Section 2** provides information on the 2021 census sample of parents with at least one child aged 0 to 5 living in census families in Québec.

### *Linguistic definitions*

There are numerous linguistic definitions that are used to identify the English-speaking population in Québec. The choice of linguistic indicator depends largely on the issue being examined. These profiles use the [First Official Language Spoken](#) (FOLS) definition with multiple responses proportionally distributed since it best reflects the total English-speaking health service users in the province. First Official Language Spoken is derived from three census questions: knowledge of official languages, mother tongue and home language. Dual responses are divided equally among English-speaking and French-speaking groups. Other definitions include [Mother tongue](#) which refers to the first language learned at home in childhood and still understood. The [language most often spoken at home](#) is used to designate the home language. [Knowledge of official languages](#) indicates the official language in which a person can carry on a conversation. The [language used most often at work](#) indicates the language spoken most frequently at work.

### *Demographic and Socio-economic Characteristics*

The demographic and socio-economic variables addressed in these profiles are:

- Population size
- Household living arrangements
- Income
- Low-income cut-off (LICO)
- Educational attainment
- Labour force activity
- Visible minority status
- Family Structure
- Aboriginal identity
- Recent Immigrant status

## Section 1: Children 0-5

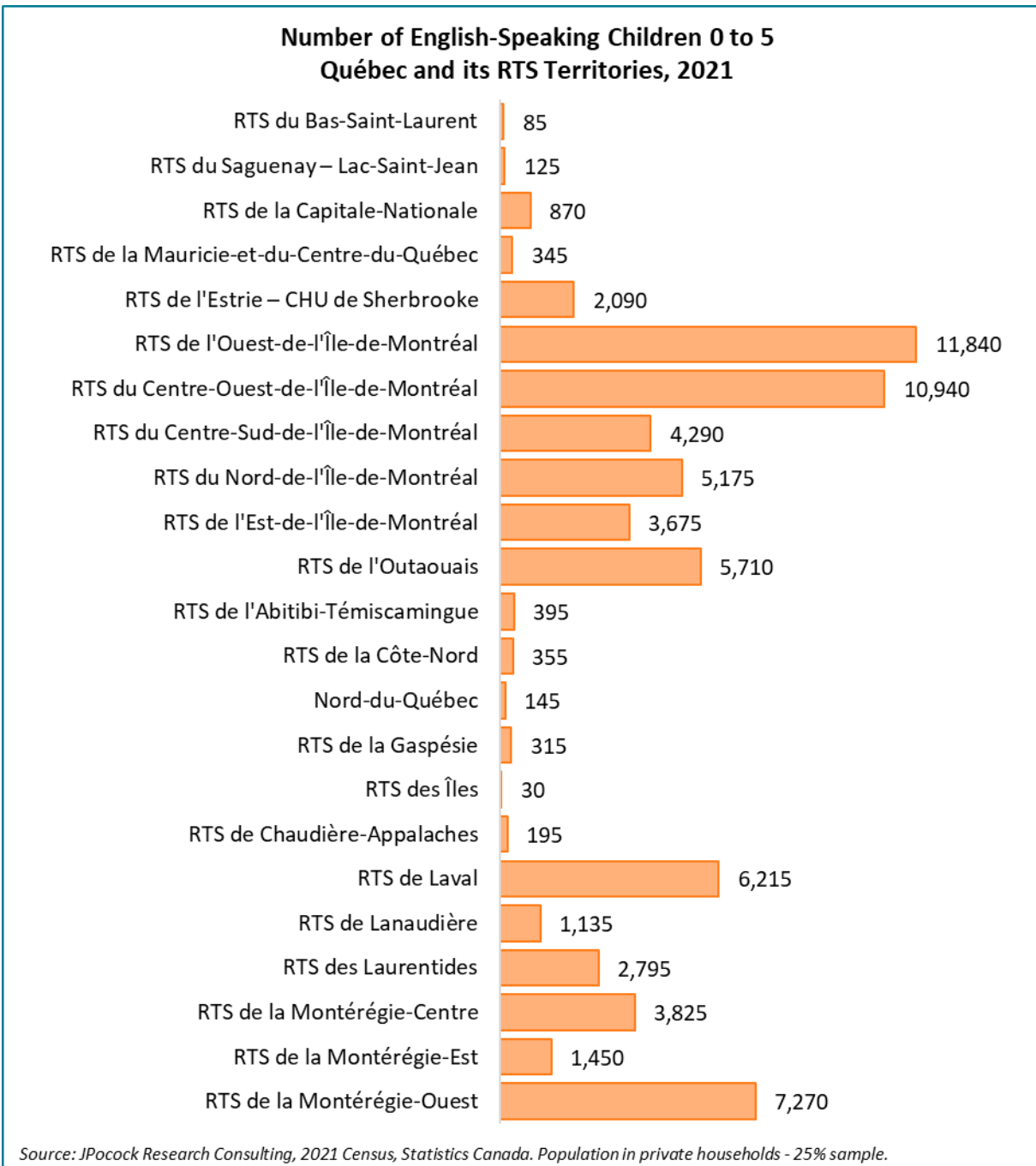
## Children 0 to 5 Across Québec

### Proportion of Children Across Québec

Size and Proportion English-speaking Children 0 to 5 and French-speaking Children 0 to 5 Québec and its RTS Territories, 2021							
Geography	English-speaking Population				French-speaking Population		
	Total English-speaking Population	Share of Total Population	English-speaking Children 0 to 5	English-speaking Children 0 to 5 (%)	Total French-speaking Population	French-speaking Children 0 to 5	French-speaking Children 0 to 5 (%)
Québec	1,244,440	15.0%	71,730	5.8%	6,985,640	424,480	6.1%
RTS du Bas-Saint-Laurent	1,480	0.8%	85	5.7%	190,430	9,965	5.2%
RTS du Saguenay – Lac-Saint-Jean	2,265	0.8%	125	5.5%	266,350	15,340	5.8%
RTS de la Capitale-Nationale	17,375	2.4%	870	5.0%	717,370	42,670	5.9%
RTS de la Mauricie-et-du-Centre-du-Québec	7,415	1.5%	345	4.7%	497,865	29,230	5.9%
RTS de l'Estrie – CHU de Sherbrooke	40,155	8.2%	2,090	5.2%	446,485	26,585	6.0%
RTS de l'Ouest-de-l'Île-de-Montréal	208,280	58.1%	11,840	5.7%	143,325	7,500	5.2%
RTS du Centre-Ouest-de-l'Île-de-Montréal	202,265	57.4%	10,940	5.4%	140,530	6,660	4.7%
RTS du Centre-Sud-de-l'Île-de-Montréal	95,110	30.5%	4,290	4.5%	211,745	10,695	5.1%
RTS du Nord-de-l'Île-de-Montréal	100,160	23.6%	5,175	5.2%	312,710	22,160	7.1%
RTS de l'Est-de-l'Île-de-Montréal	81,530	15.9%	3,675	4.5%	419,660	28,330	6.8%
RTS de l'Outaouais	82,385	20.7%	5,710	6.9%	314,395	19,675	6.3%
RTS de l'Abitibi-Témiscamingue	5,830	4.1%	395	6.8%	137,800	9,160	6.6%
RTS de la Côte-Nord	5,335	6.2%	355	6.7%	80,780	4,655	5.8%
Nord-du-Québec	1,755	12.0%	145	8.3%	12,890	905	7.0%
RTS de la Gaspésie	7,005	9.3%	315	4.5%	68,105	2,995	4.4%
RTS des Îles	720	5.8%	30	4.2%	11,730	550	4.7%
RTS de Chaudière-Appalaches	5,070	1.2%	195	3.8%	416,110	26,295	6.3%
RTS de Laval	104,535	24.3%	6,215	5.9%	316,190	18,180	5.7%
RTS de Lanaudière	17,675	3.4%	1,135	6.4%	500,090	32,610	6.5%
RTS des Laurentides	46,085	7.4%	2,795	6.1%	576,650	35,065	6.1%
RTS de la Montérégie-Centre	62,750	15.1%	3,825	6.1%	346,840	21,630	6.2%
RTS de la Montérégie-Est	24,115	4.6%	1,450	6.0%	496,400	30,960	6.2%
RTS de la Montérégie-Ouest	99,925	21.7%	7,270	7.3%	357,745	22,525	6.3%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

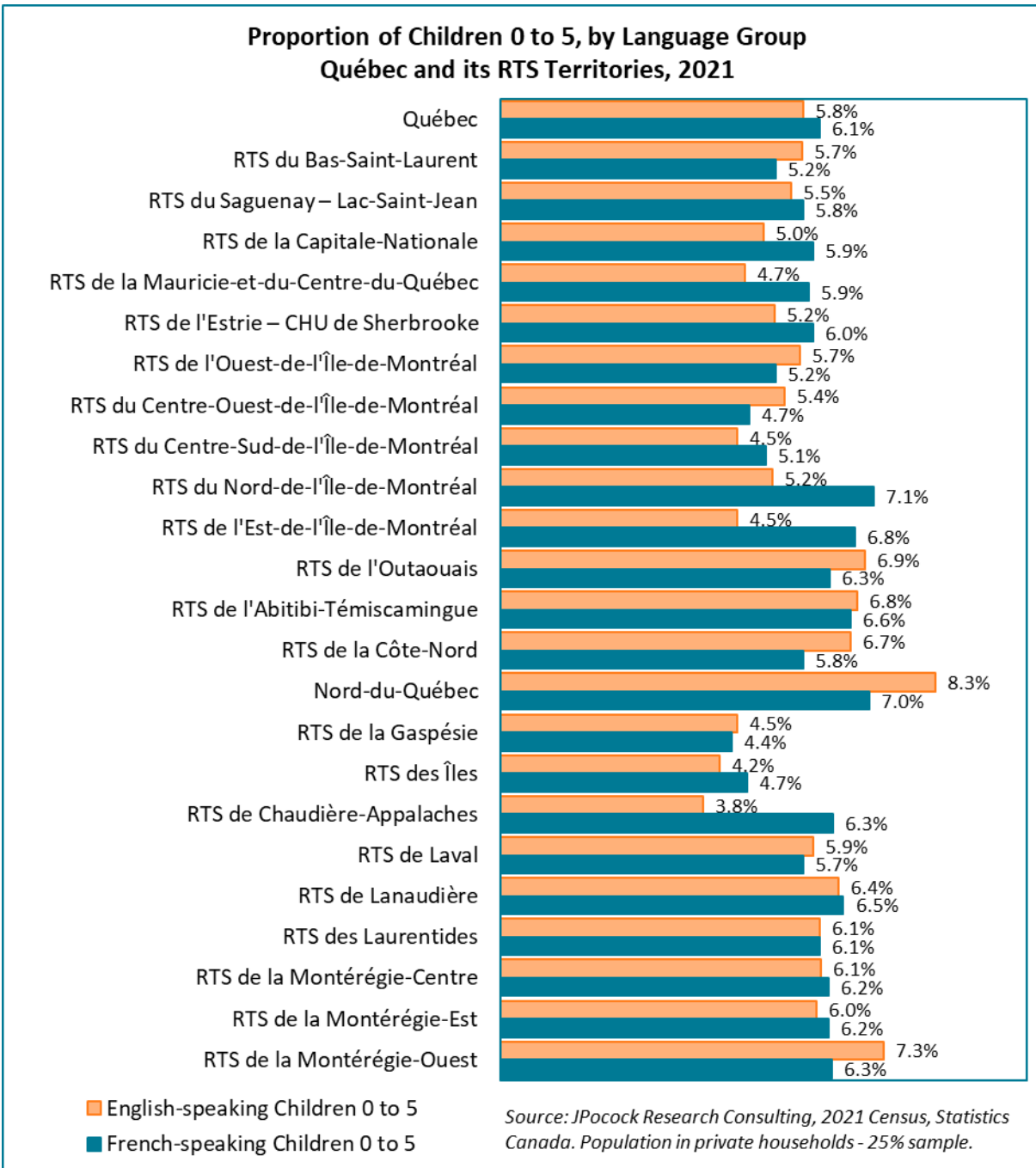
## Number of English Children 0 to 5 Across Québec



- There are 71, 730 English-speaking children aged 0 to 5 living in Quebec, and they represent 5.8% of the total English-speaking population.
- The number of English-speaking children aged 0-5 ranges from close to 36,000 among the five RTS regions of Montreal and 12,545 among the RTS of Montérégie to 30 children in des Îles, 85 in Bas-Saint-Laurent and 125 in Saguenay- Lac-Saint-Jean.



## Proportion of Children 0 to 5 Across Québec



- English-speaking children aged 0 to 5 years of age represent 5.8% of Québec's English-speaking population.
- The proportion represented by children 0 to 5 varies by region ranging from 3.8% in Chaudière-Appalaches to 8.3% in Nord-du-Québec and 7.3% in Montérégie-Ouest.

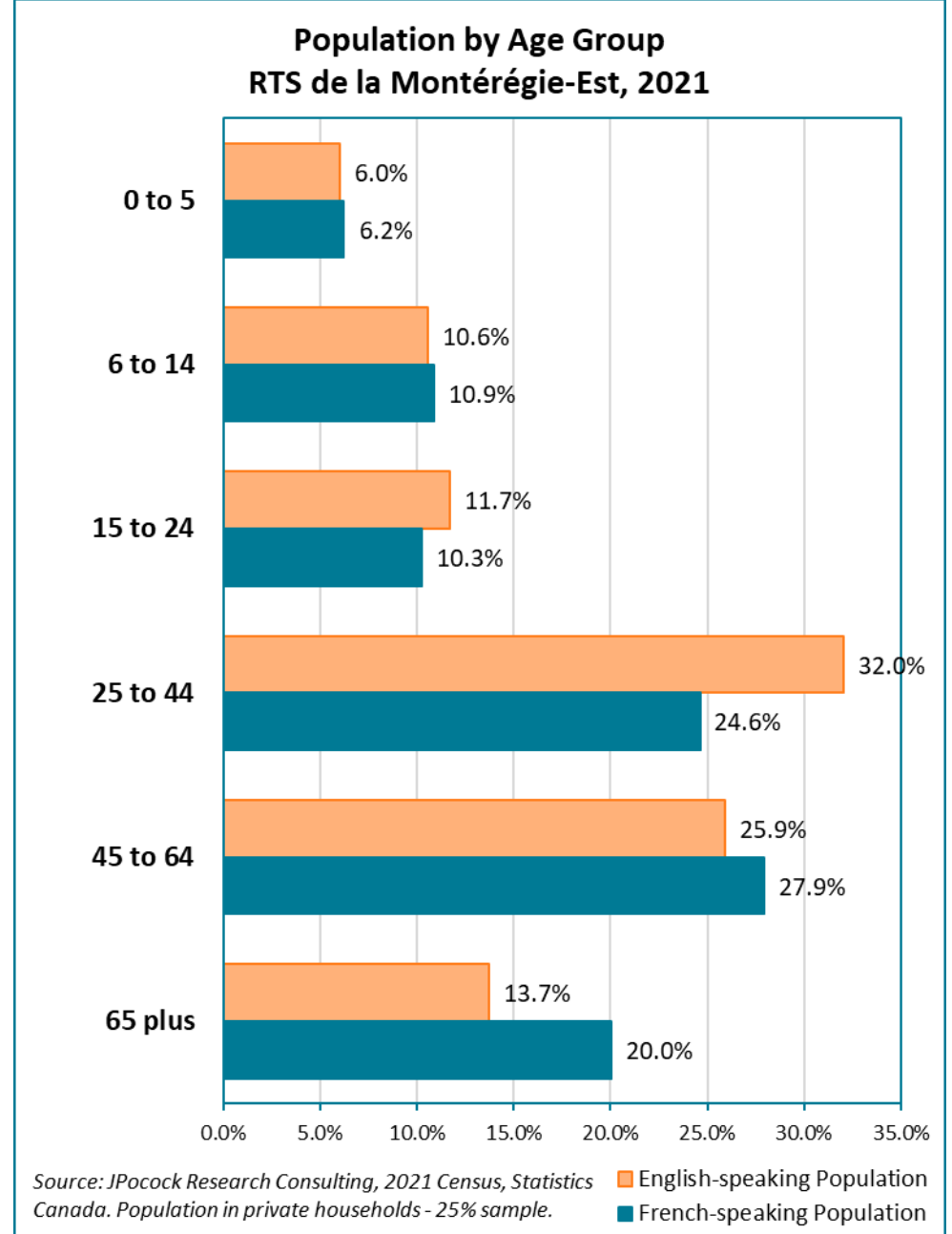
## Children 0 to 5 in RTS de la Montérégie-Est

### Population by Age

Age Groups English- and French-speaking Population RTS de la Montérégie-Est, 2021				
Age Group	English-speaking Population	French-speaking Population	English-speaking Population (%)	French-speaking Population (%)
Total	24,115	496,400	100.0%	100.0%
0 to 5	1,450	30,960	6.0%	6.2%
6 to 14	2,555	54,165	10.6%	10.9%
15 to 24	2,825	50,965	11.7%	10.3%
25 to 44	7,720	122,215	32.0%	24.6%
45 to 64	6,255	138,620	25.9%	27.9%
65 plus	3,315	99,470	13.7%	20.0%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.*

- In 2021, there were 24,115 English-speaking persons in RTS de la Montérégie-Est. Of these, 1,450 (6.0%) were in the 0 to 5 age group.
- The proportion of children aged 0 to 5 in the English-speaking population was similar to that of French-speaking population (6.2%).
- The proportion of children aged 0 to 5 in the English-speaking population of RTS de la Montérégie-Est was similar to the average for Quebec's English-speaking population (5.8%).

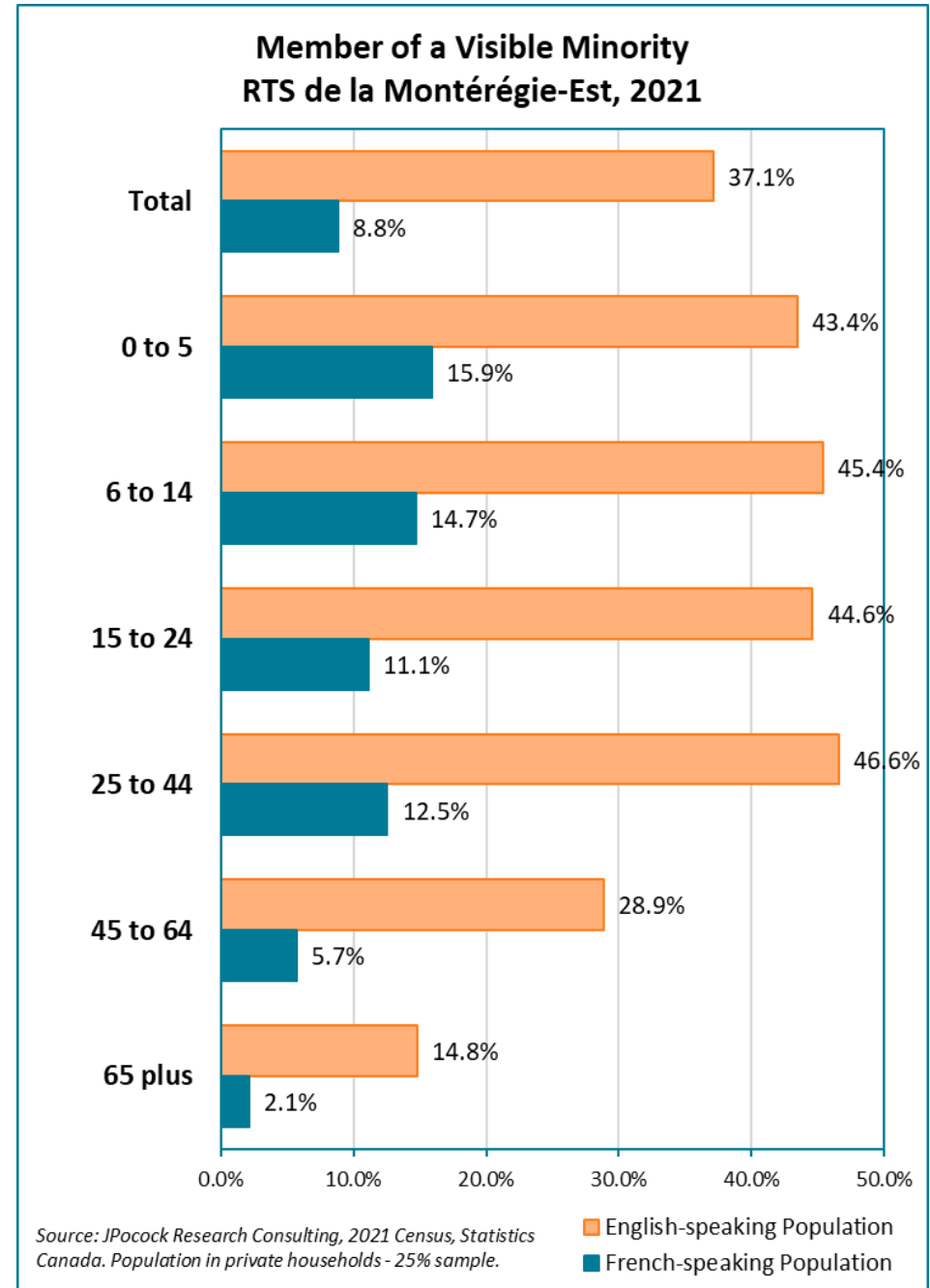


## Visible Minority by Age

Visible Minority Status English- and French-speaking Population RTS de la Montérégie-Est, 2021						
Age Group	English-speaking Population			French-speaking Population		
	Total	Visible Minority	Visible Minority (%)	Total	Visible Minority	Visible Minority (%)
Total	24,115	8,945	37.1%	496,400	43,930	8.8%
0 to 5	1,450	630	43.4%	30,960	4,925	15.9%
6 to 14	2,555	1,160	45.4%	54,165	7,960	14.7%
15 to 24	2,825	1,260	44.6%	50,965	5,665	11.1%
25 to 44	7,720	3,595	46.6%	122,215	15,335	12.5%
45 to 64	6,255	1,805	28.9%	138,620	7,930	5.7%
65 plus	3,315	490	14.8%	99,470	2,105	2.1%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.*

- In RTS de la Montérégie-Est there were 1,450 English-speaking children aged 0 to 5. Of these children, 630 (43.4%) were members of a visible minority. This proportion was much higher than that displayed by the French-speaking population (15.9%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who were members of a visible minority was higher than that of the total English-speaking population of RTS de la Montérégie-Est (37.1%).
- For the overall English-speaking population of RTS de la Montérégie-Est, there were 8,945 persons who were members of a visible minority, representing 37.1% of that population. The level for RTS de la Montérégie-Est is similar to the provincial average (35.9%).

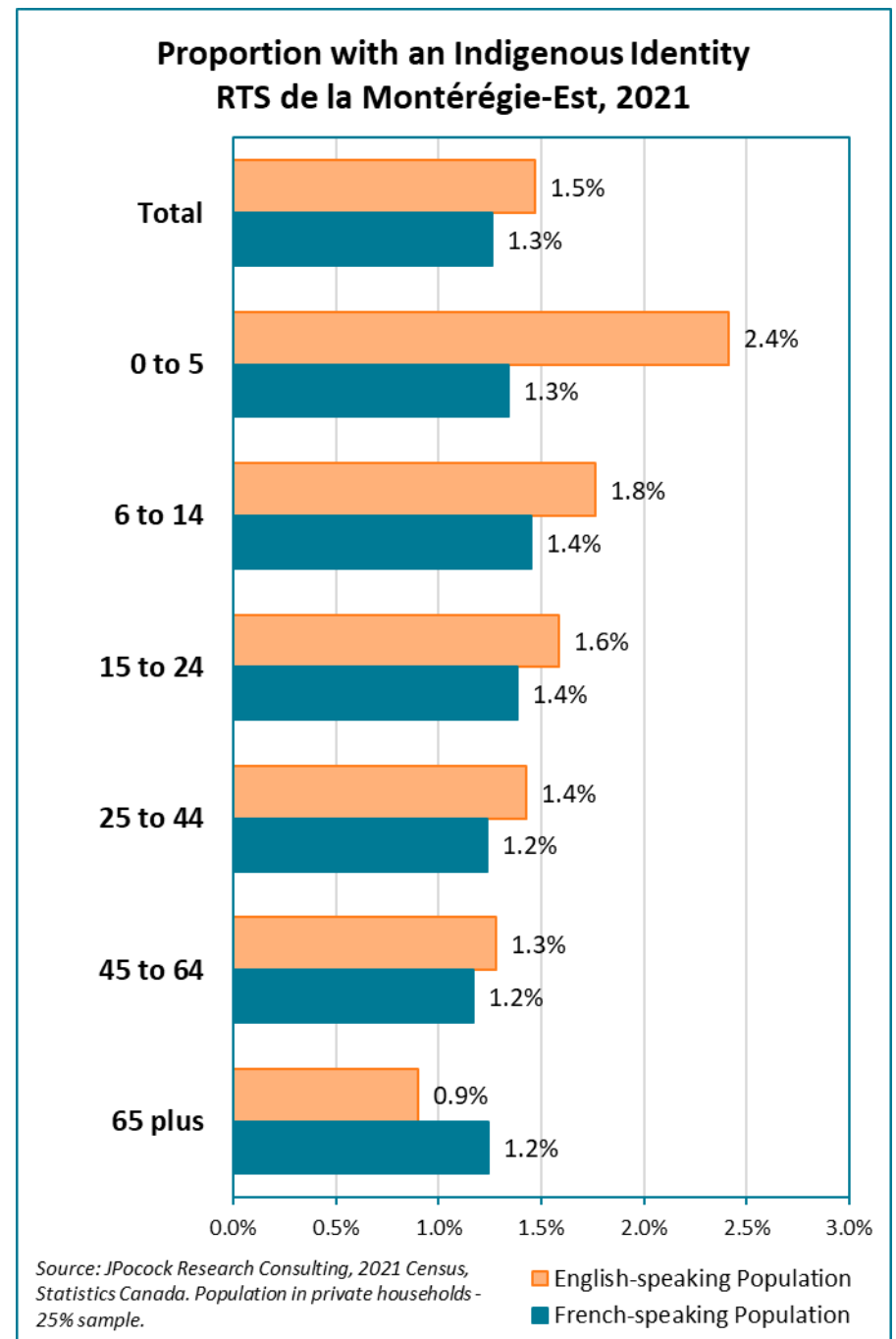


## Indigenous Identity by Age

Indigenous Identity English- and French-speaking Population RTS de la Montérégie-Est, 2021						
Age Group	English-speaking Population			French-speaking Population		
	Total	Indigenous Identity	Indigenous Identity (%)	Total	Indigenous Identity	Indigenous Identity (%)
Total	24,115	355	1.5%	496,400	6,275	1.3%
0 to 5	1,450	35	2.4%	30,960	415	1.3%
6 to 14	2,555	45	1.8%	54,165	785	1.4%
15 to 24	2,835	45	1.6%	50,970	705	1.4%
25 to 44	7,715	110	1.4%	122,215	1,510	1.2%
45 to 64	6,250	80	1.3%	138,620	1,620	1.2%
65 plus	3,320	30	0.9%	99,470	1,235	1.2%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample. In 2021, Statistics Canada replaced "Aboriginal Identity" with "Indigenous Identity".*

- In RTS de la Montérégie-Est there were 1,450 English-speaking children aged 0 to 5. Of these children, 35 (2.4%) reported an Indigenous identity. This proportion was much higher than that displayed by the French-speaking population (1.3%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who reported an Indigenous identity was much higher than that of the total English-speaking population of Québec (1.5%).
- For the overall English-speaking population of RTS de la Montérégie-Est, there were 355 persons who reported an Indigenous identity, representing 1.5% of that population. The level for RTS de la Montérégie-Est is much lower than the provincial average (4.0%).

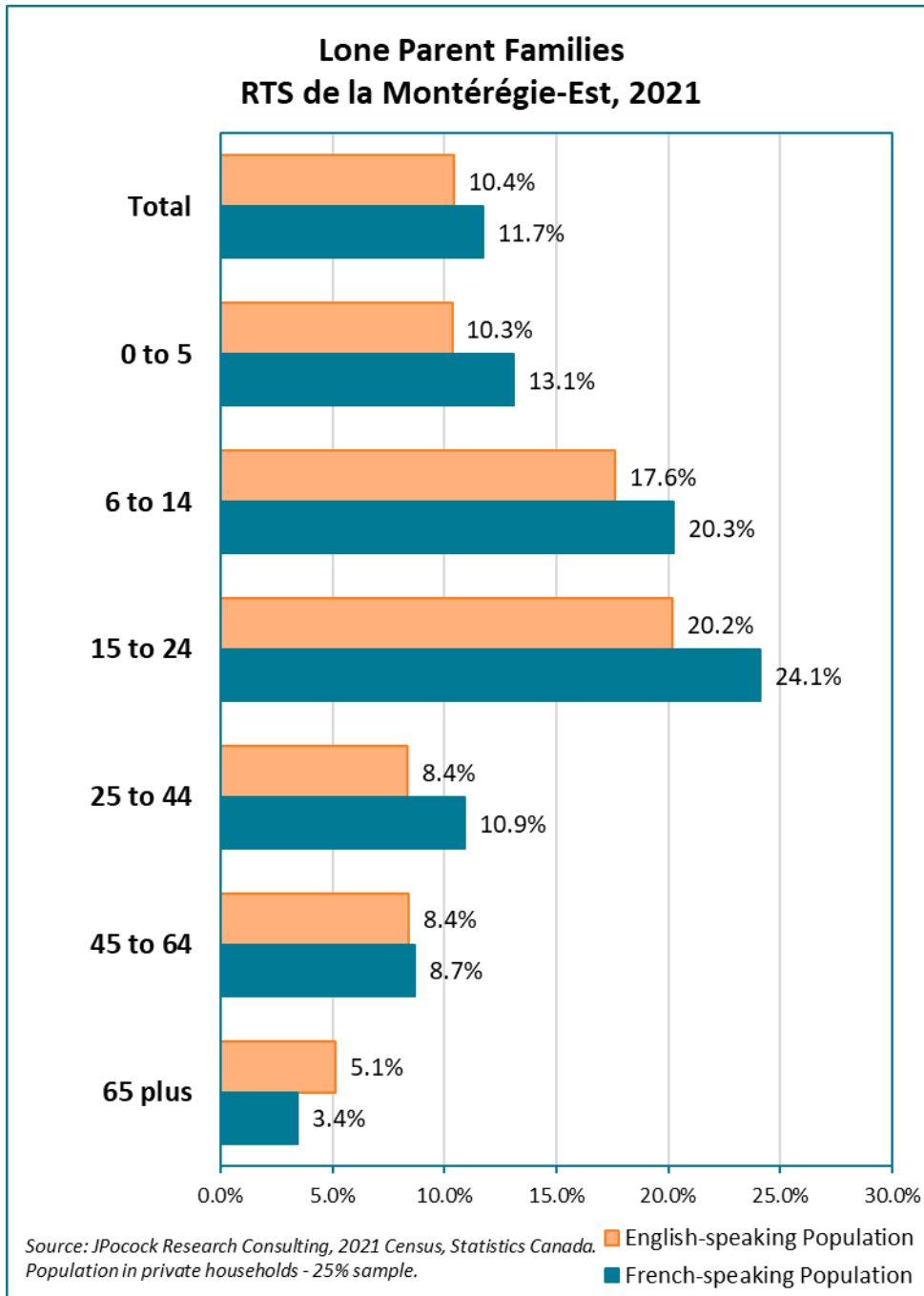


Household Living Arrangements by Age

**Household Living Arrangements  
English- and French-speaking Population  
RTS de la Montérégie-Est, 2021**

Age Group	English-speaking Population						French-speaking Population					
	Total	In a Census Family	Spouses, common-law parents and children	Lone parents and children	Total persons in non-Census families	Living with relatives	Total	In a Census Family	Spouses, common-law parents and children	Lone parents and children	Total persons in non-Census families	Living with relatives
Total	24,115	20,180	17,665	2,510	3,940	470	496,400	402,635	344,345	58,290	93,765	8,270
0 to 5	1,450	1,445	1,295	150	-	-	30,960	30,815	26,760	4,055	140	140
6 to 14	2,555	2,540	2,090	450	-	-	85,125	84,705	67,460	17,250	415	415
15 to 24	2,825	2,460	1,890	570	365	90	50,965	46,220	33,940	12,285	4,750	940
25 to 44	7,720	6,365	5,725	645	1,355	150	122,215	99,370	86,050	13,320	22,845	1,590
45 to 64	6,255	5,045	4,520	525	1,210	120	138,620	107,460	95,420	12,040	31,160	2,100
65 plus	3,315	2,330	2,150	170	990	95	99,470	64,885	61,480	3,400	34,585	3,215
Total	100.0%	83.7%	73.3%	10.4%	16.3%	1.9%	100.0%	81.1%	69.4%	11.7%	18.9%	1.7%
0 to 5	100.0%	99.7%	89.3%	10.3%	-	-	100.0%	99.5%	86.4%	13.1%	0.5%	0.5%
6 to 14	100.0%	99.4%	81.8%	17.6%	-	-	100.0%	99.5%	79.2%	20.3%	0.5%	0.5%
15 to 24	100.0%	87.1%	66.9%	20.2%	12.9%	3.2%	100.0%	90.7%	66.6%	24.1%	9.3%	1.8%
25 to 44	100.0%	82.4%	74.2%	8.4%	17.6%	1.9%	100.0%	81.3%	70.4%	10.9%	18.7%	1.3%
45 to 64	100.0%	80.7%	72.3%	8.4%	19.3%	1.9%	100.0%	77.5%	68.8%	8.7%	22.5%	1.5%
65 plus	100.0%	70.3%	64.9%	5.1%	29.9%	2.9%	100.0%	65.2%	61.8%	3.4%	34.8%	3.2%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

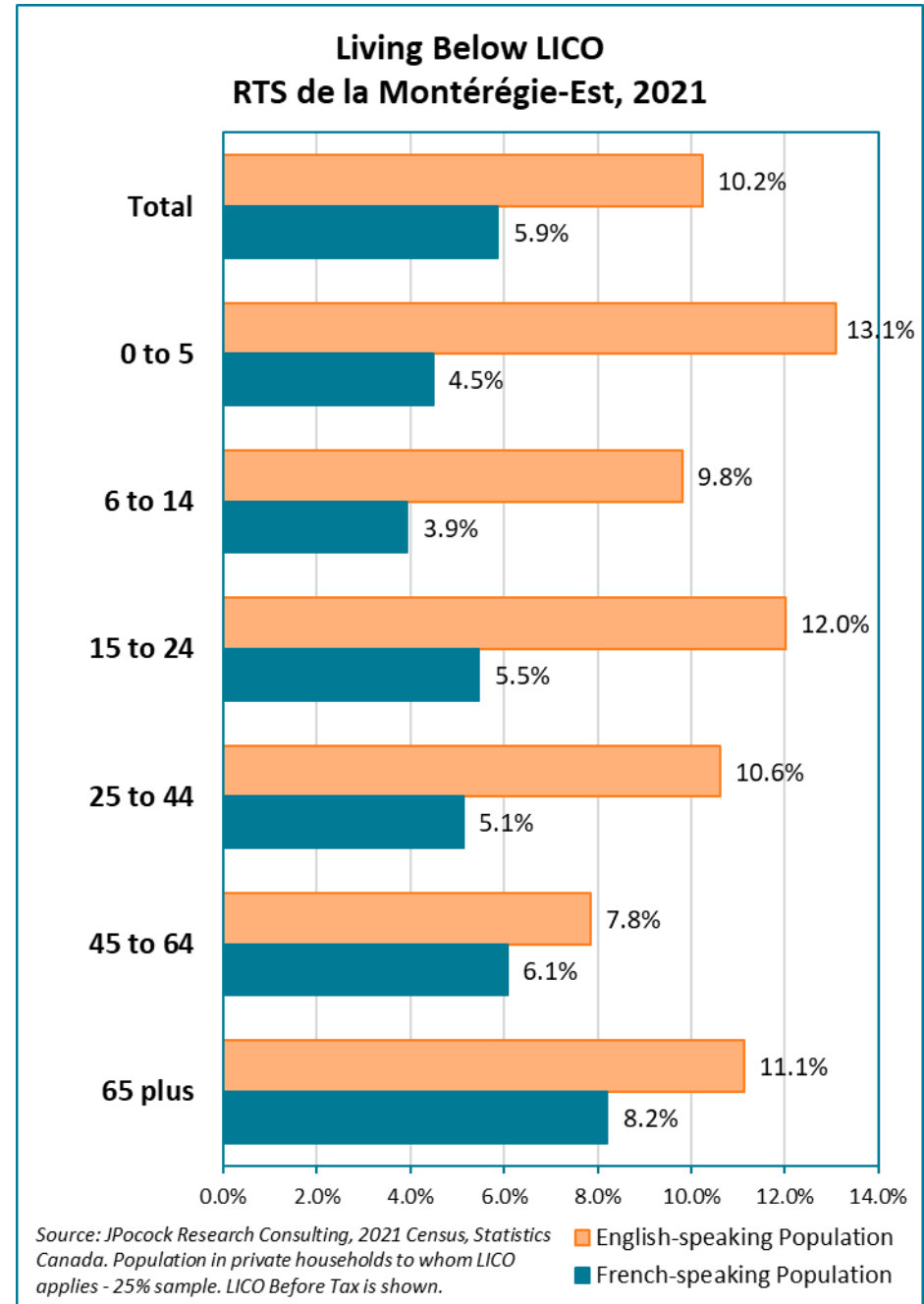


- In RTS de la Montérégie-Est there were 1,450 English-speaking children aged 0 to 5. Of these children, 150 (10.3%) were in lone parent families. This proportion was lower than that displayed by the French-speaking population (13.1%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who were in lone parent families was similar to that of the total English-speaking population of RTS de la Montérégie-Est (10.4%).
- For the overall English-speaking population of RTS de la Montérégie-Est, there were 2,510 persons in lone parent families, representing 10.4% of that population. The level for RTS de la Montérégie-Est is lower than the provincial average (12.1%).

Living Below LICO English- and French-speaking Population RTS de la Montérégie-Est, 2021						
Age Group	English-speaking Population			French-speaking Population		
	Total to whom LICO applies	Below LICO	Below LICO (%)	Total to whom LICO applies	Below LICO	Below LICO (%)
Total	24,115	2,470	10.2%	496,395	29,155	5.9%
0 to 5	1,450	190	13.1%	30,960	1,390	4.5%
6 to 14	2,550	250	9.8%	54,165	2,130	3.9%
15 to 24	2,830	340	12.0%	50,975	2,785	5.5%
25 to 44	7,715	820	10.6%	122,215	6,265	5.1%
45 to 64	6,250	490	7.8%	138,625	8,420	6.1%
65 plus	3,320	370	11.1%	99,470	8,170	8.2%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada.  
Population in private households to whom LICO applies - 25% sample. LICO Before Tax is shown.

- In RTS de la Montérégie-Est there were 1,450 English-speaking children aged 0 to 5. Of these children, 190 (13.1%) were living below LICO. This proportion was much higher than that displayed by the French-speaking population (4.5%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who were living below LICO was much higher than that of the total English-speaking population of RTS de la Montérégie-Est (10.2%).
- For the overall English-speaking population of RTS de la Montérégie-Est, there were 2,470 persons who were living below LICO, representing 10.2% of that population. The level for RTS de la Montérégie-Est is lower than the provincial average (12.1%).



## Section 2: Parents of Children 0 to 5

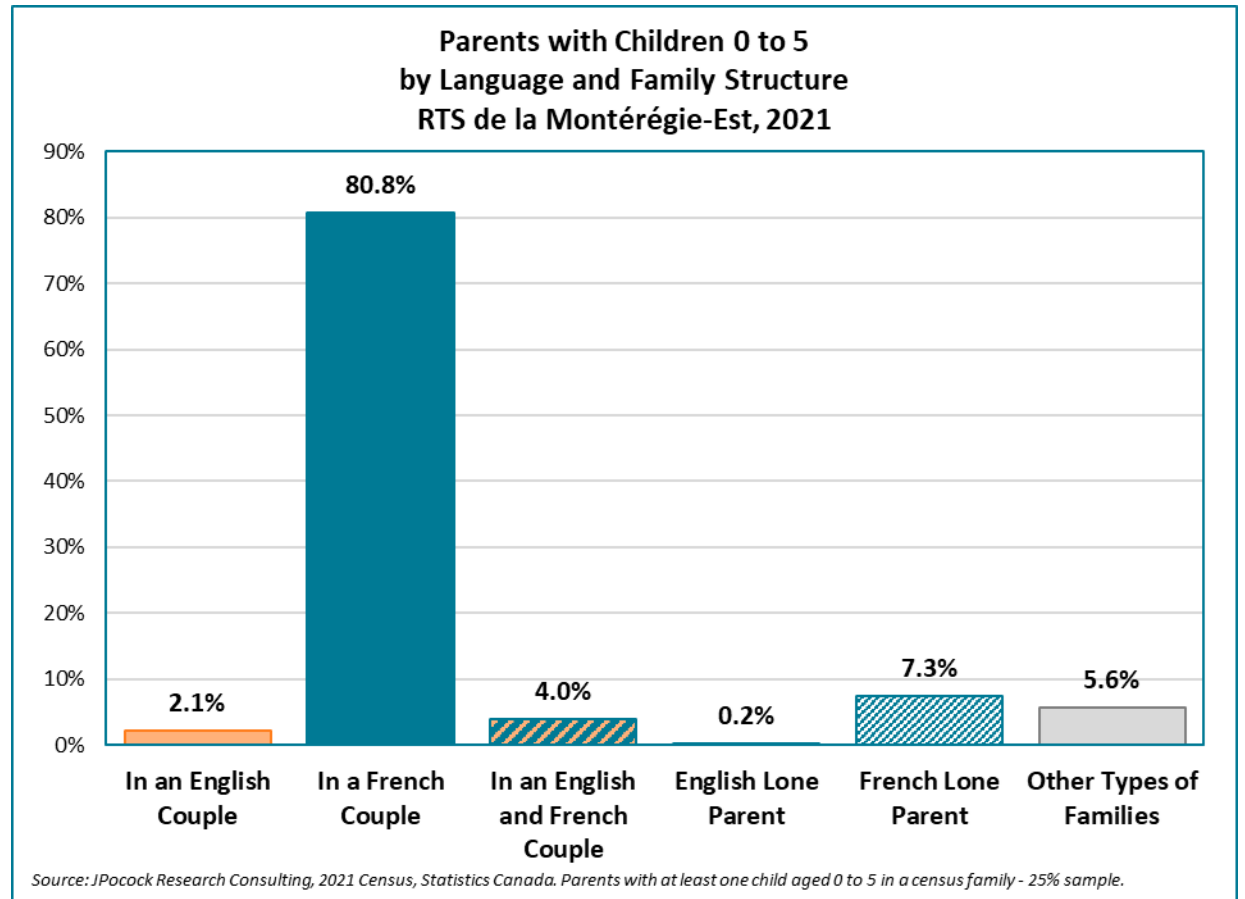
The statistics presented in this section of the profile are drawn from the 2021 census sample of parents with at least one child aged 0 to 5 living in a census family. Children of other ages may be present.



## Language and Family Structure of Parents with Children 0 to 5

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Age RTS de la Montérégie-Est, 2021	
Census Family Structure and Language	Total
All Parents with Children 0 to 5	44,815
In an English Couple	925
In a French Couple	36,215
In an English and French Couple	1,775
English Lone Parent	110
French Lone Parent	3,285
Other Types of Families	2,505
Percentages	
All Parents with Children 0 to 5	100.0%
In an English Couple	2.1%
In a French Couple	80.8%
In an English and French Couple	4.0%
English Lone Parent	0.2%
French Lone Parent	7.3%
Other Types of Families	5.6%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*

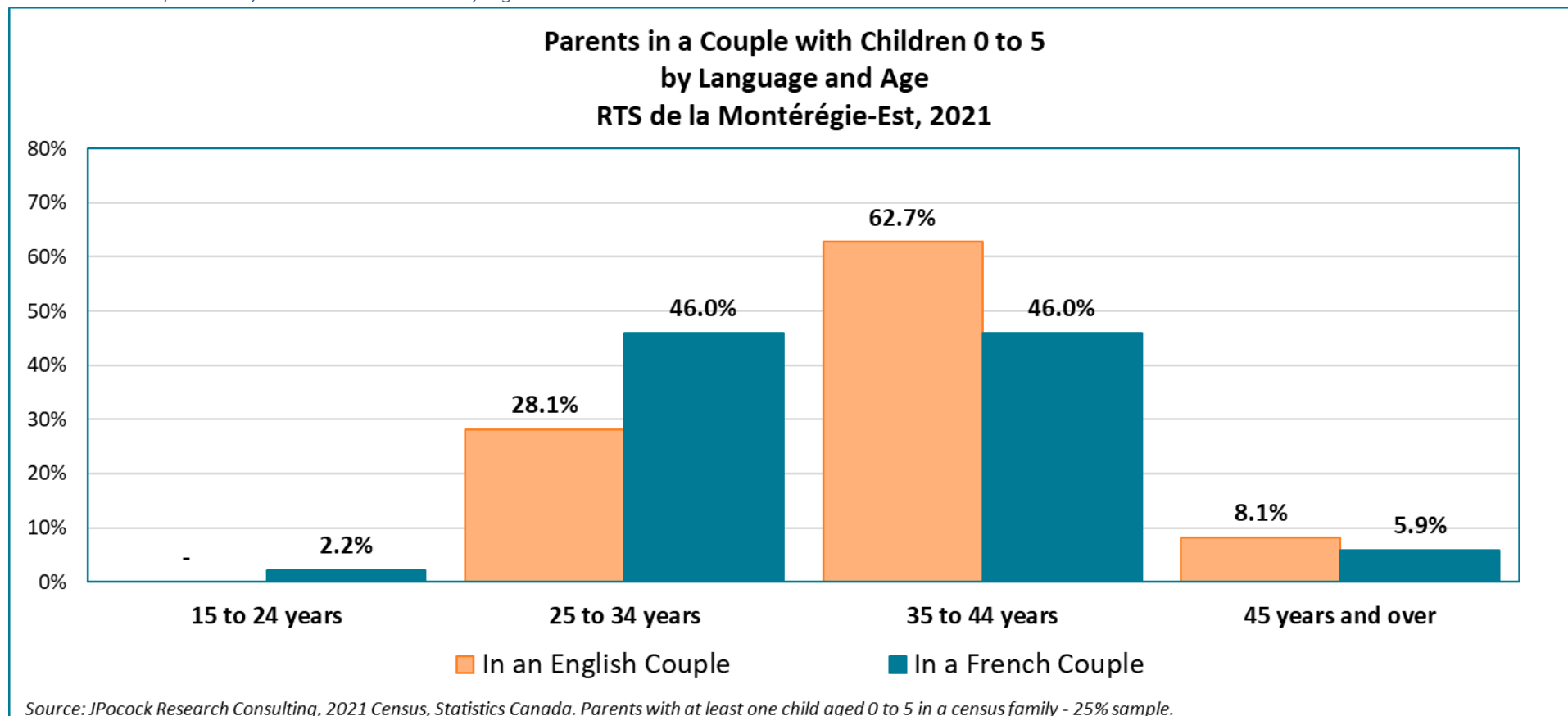


- In RTS de la Montérégie-Est there were 44,815 parents with at least one child aged 0 to 5. Of these parents, 925 (2.1%) were part of an English-speaking couple, while 110 (0.2%) were English-speaking lone parents.

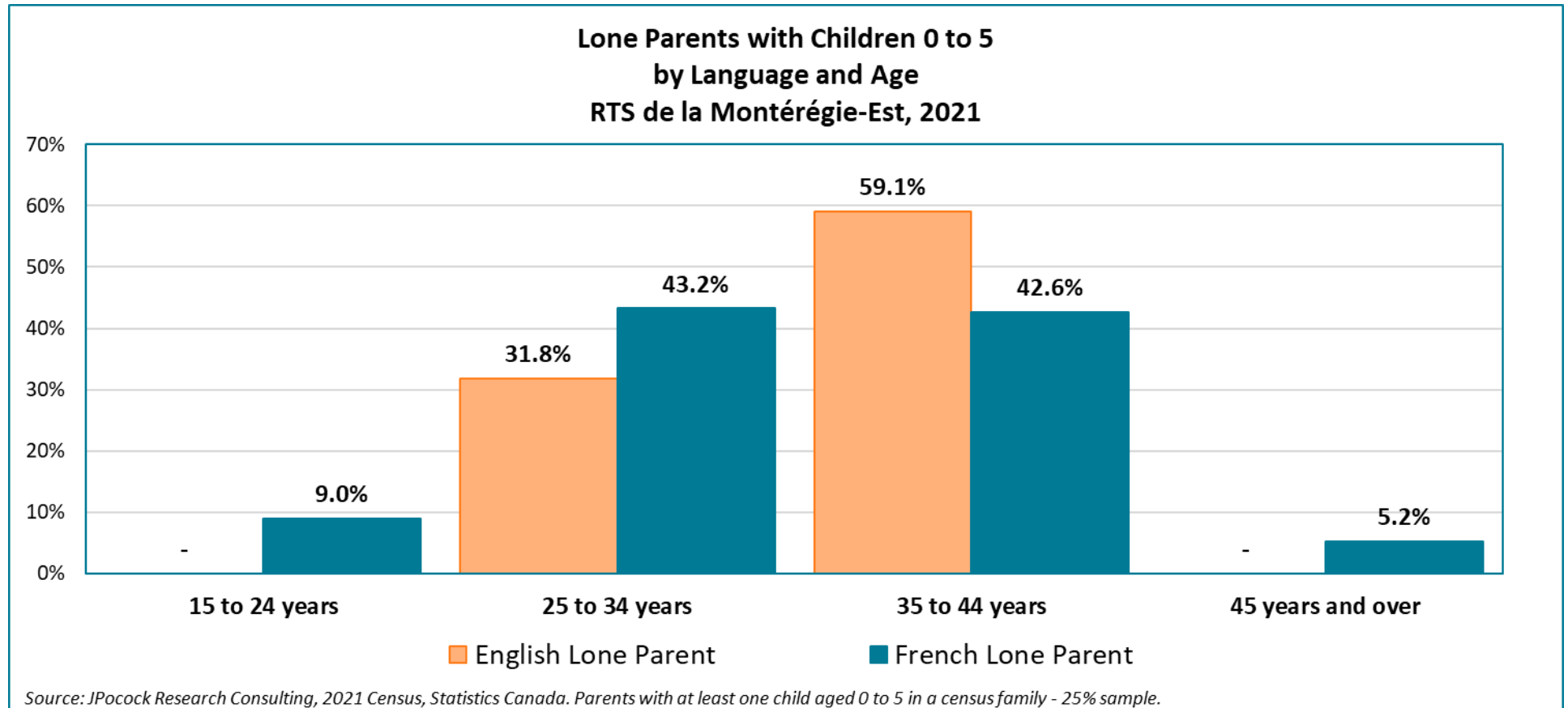
**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Age  
RTS de la Montérégie-Est, 2021**

<b>Census Family Structure and Language</b>	<b>Total</b>	<b>15 to 24 years</b>	<b>25 to 34 years</b>	<b>35 to 44 years</b>	<b>45 years and over</b>
<b>All Parents with Children 0 to 5</b>	44,815	1,200	19,825	21,095	2,695
<b>In an English Couple</b>	925	15	260	580	75
<b>In a French Couple</b>	36,215	790	16,645	16,645	2,145
<b>In an English and French Couple</b>	1,775	35	735	900	95
<b>English Lone Parent</b>	110	-	35	65	-
<b>French Lone Parent</b>	3,285	295	1,420	1,400	170
<b>Other Types of Families</b>	2,505	50	745	1,510	195
<b>Percentages</b>					
<b>All Parents with Children 0 to 5</b>	100.0%	2.7%	44.2%	47.1%	6.0%
<b>In an English Couple</b>	100.0%	-	28.1%	62.7%	8.1%
<b>In a French Couple</b>	100.0%	2.2%	46.0%	46.0%	5.9%
<b>In an English and French Couple</b>	100.0%	2.0%	41.4%	50.7%	5.4%
<b>English Lone Parent</b>	100.0%	-	31.8%	59.1%	-
<b>French Lone Parent</b>	100.0%	9.0%	43.2%	42.6%	5.2%
<b>Other Types of Families</b>	100.0%	2.0%	29.7%	60.3%	7.8%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*



- Among parents with at least one child aged 0 to 5 in English-speaking couples, 28.1% were between the ages of 25 and 34. This was much lower than the proportion for French-speaking couples (46.0%).
- Among parents with at least one child aged 0 to 5 in English-speaking couples, 62.7% were between the ages of 35 and 44. This was much higher than the proportion for French-speaking couples (46.0%).
- Among parents with children aged 0 to 5, the majority (91.3%) were between the ages of 25 and 44. Within English-speaking couples, 90.8% were within this age category, which was similar to the proportion for French-speaking couples (91.9%) and similar to the overall average.
- In RTS de la Montérégie-Est, 6.0% of parents with children aged 0 to 5 were 45 years of age or older. Within English-speaking couples, 8.1% of parents with young children were within this age group, which was much higher than the proportion within French-speaking couples (5.9%) and much higher than the overall average.



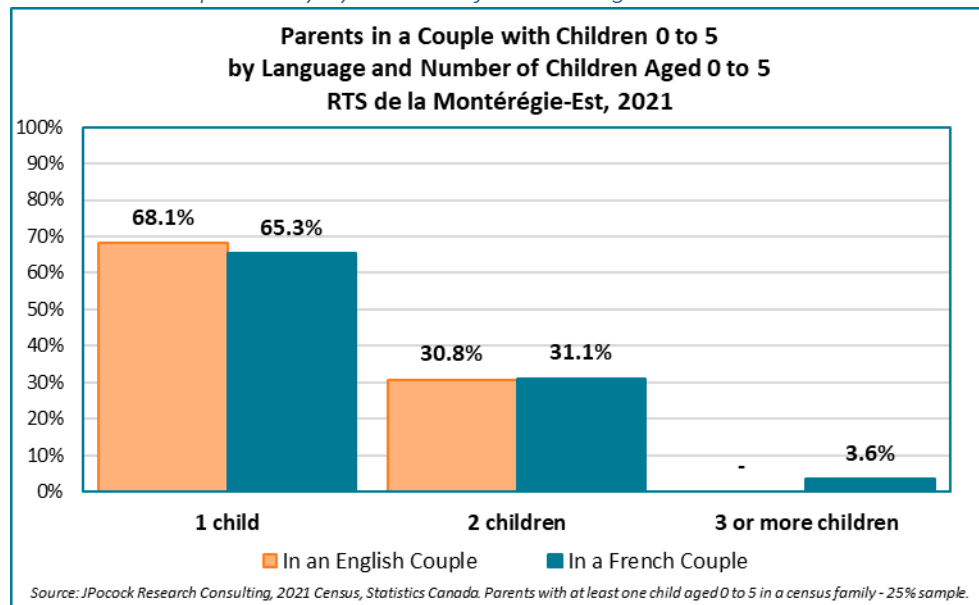
- Among English-speaking lone parents with children aged 0 to 5, 31.8% were between the ages of 25 and 34. This was much lower than the proportion among French-speaking lone parents (43.2%).
- Among English-speaking lone parents with children aged 0 to 5, 59.1% were between the ages of 35 and 44. This was much higher than the proportion among French-speaking lone parents (42.6%).
- A large majority of parents with young children fall within the combined age group of 25 to 44. Among English-speaking lone parents with children aged 0 to 5, approximately 90.9% were between the ages of 25 and 44. This was higher than the proportion for French-speaking lone parents (85.8%).

**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Number of Children  
RTS de la Montérégie-Est, 2021**

<b>Census Family Structure and Language</b>	<b>Total</b>	<b>1 child</b>	<b>2 children</b>	<b>3 or more children</b>
<b>All Parents with Children 0 to 5</b>	44,815	29,915	13,345	1,560
<b>In an English Couple</b>	925	630	285	10
<b>In a French Couple</b>	36,215	23,635	11,275	1,305
<b>In an English and French Couple</b>	1,775	1,205	470	100
<b>English Lone Parent</b>	110	75	35	-
<b>French Lone Parent</b>	3,285	2,690	515	80
<b>Other Types of Families</b>	2,505	1,685	765	60
<b>Percentages</b>				
<b>All Parents with Children 0 to 5</b>	100.0%	66.8%	29.8%	3.5%
<b>In an English Couple</b>	100.0%	68.1%	30.8%	-
<b>In a French Couple</b>	100.0%	65.3%	31.1%	3.6%
<b>In an English and French Couple</b>	100.0%	67.9%	26.5%	5.6%
<b>English Lone Parent</b>	100.0%	68.2%	31.8%	-
<b>French Lone Parent</b>	100.0%	81.9%	15.7%	2.4%
<b>Other Types of Families</b>	100.0%	67.3%	30.5%	2.4%

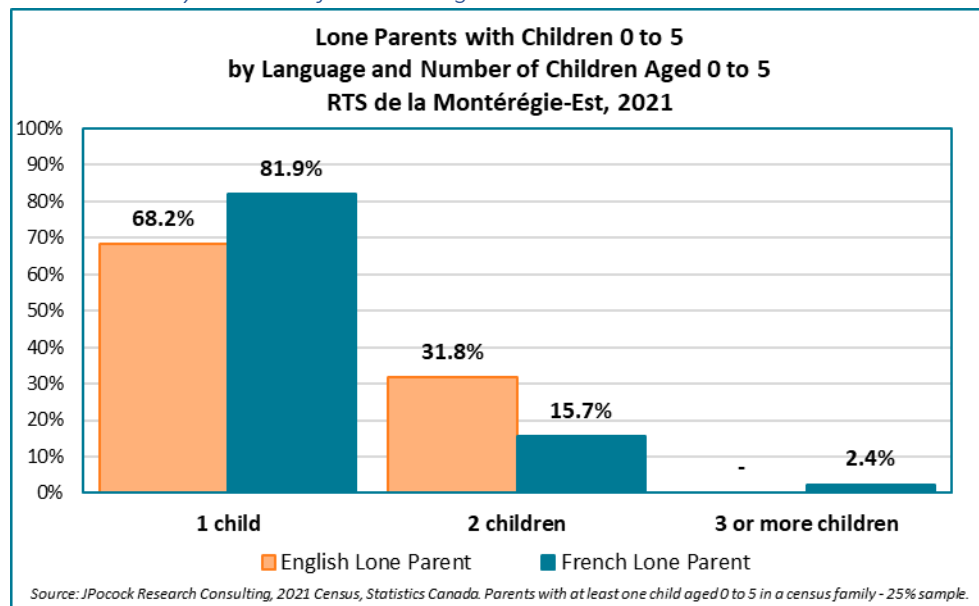
*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*

Parents in a Couple Family by Number of Children Aged 0 to 5



- In RTS de la Montérégie-Est, 66.8% of all parents with children 0 to 5 had a single child within that age range. Among those parents in an English-speaking couple, 68.1% had a single child aged 0 to 5, which was similar to the proportion within French-speaking couples (65.3%) and similar to the overall average.
- Among parents in English-speaking couples with children aged 0 to 5, 30.8% had two children within that age range, which was similar to the proportion among French-speaking couples (31.1%).

Lone Parents by Number of Children Aged 0 to 5

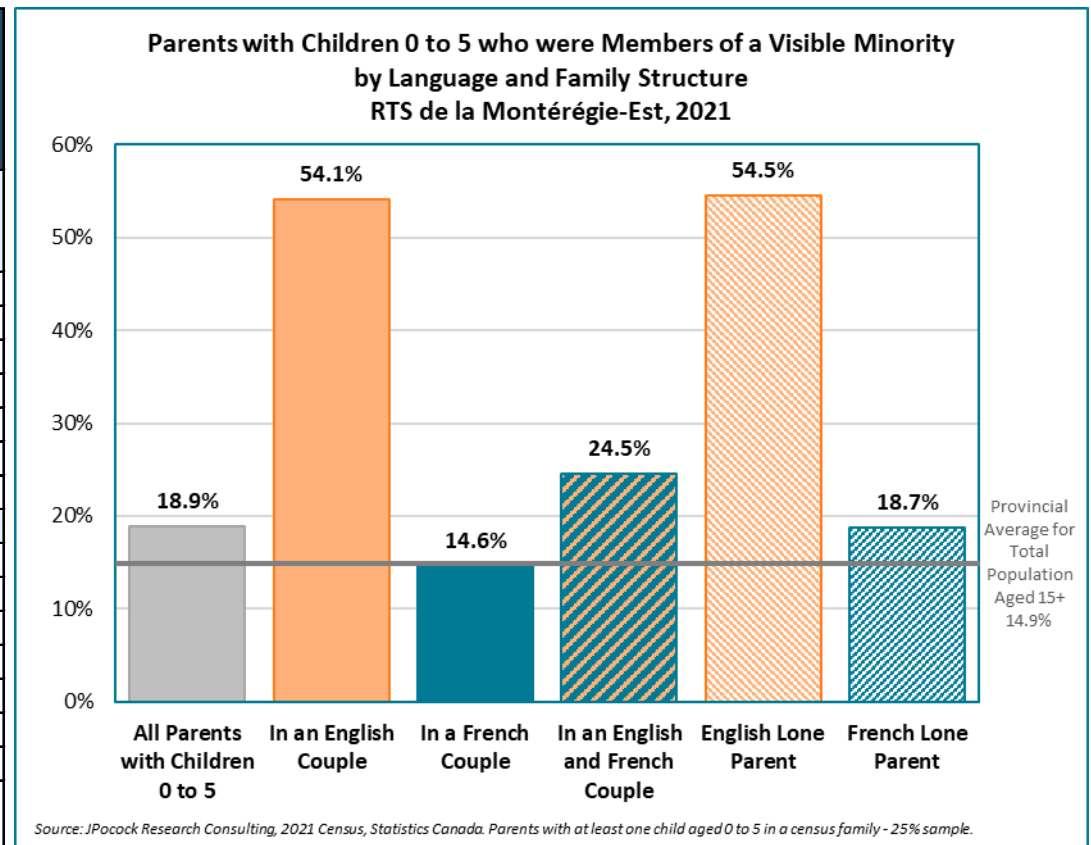


- In RTS de la Montérégie-Est, 68.2% of English-speaking lone parents with children 0 to 5 had a single child in that age group, which was lower than the proportion within French-speaking lone parents (81.9%).
- Among parents in English-speaking lone parents with children aged 0 to 5, 31.8% had two children within that age range, which was much higher than the proportion among French-speaking couples (15.7%).

## Visible Minority Status

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Visible Minority Status RTS de la Montérégie-Est, 2021			
Census Family Structure and Language	Total	Member of a Visible Minority	Not a Visible Minority
<b>All Parents with Children 0 to 5</b>	44,815	8,465	36,355
<b>In an English Couple</b>	925	500	425
<b>In a French Couple</b>	36,215	5,290	30,930
<b>In an English and French Couple</b>	1,775	435	1,335
<b>English Lone Parent</b>	110	60	50
<b>French Lone Parent</b>	3,285	615	2,670
<b>Other Types of Families</b>	2,505	1,565	940
Percentages			
<b>All Parents with Children 0 to 5</b>	100.0%	18.9%	81.1%
<b>In an English Couple</b>	100.0%	54.1%	45.9%
<b>In a French Couple</b>	100.0%	14.6%	85.4%
<b>In an English and French Couple</b>	100.0%	24.5%	75.2%
<b>English Lone Parent</b>	100.0%	54.5%	45.5%
<b>French Lone Parent</b>	100.0%	18.7%	81.3%
<b>Other Types of Families</b>	100.0%	62.5%	37.5%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*

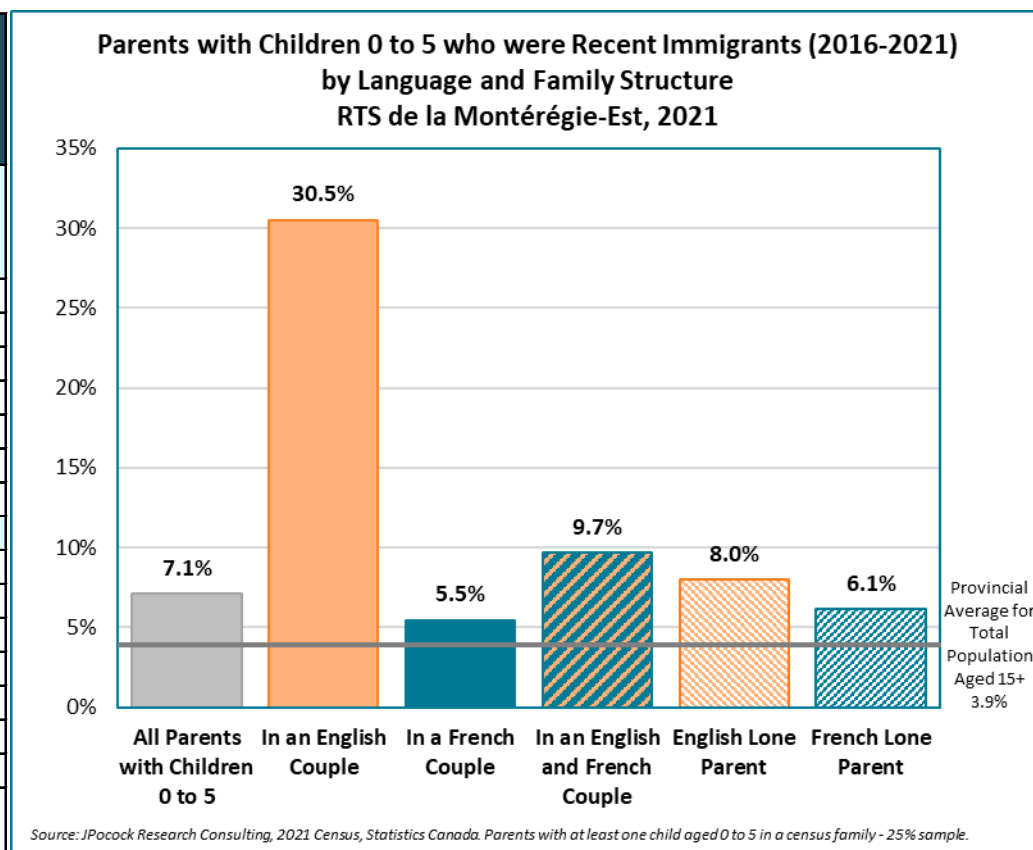


- In RTS de la Montérégie-Est, 18.9% of parents with at least one child aged 0 to 5 were members of a visible minority in 2021.
- Among those parents in English-speaking couples, 54.1% were members of a visible minority, which was much higher than those in French-speaking couples (14.6%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 24.5% parents with children 0 to 5 were members of a visible minority. This was much lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 54.5% were a member of a visible minority. This was much higher than the proportion of French-speaking lone parents (18.7%). English-speaking lone parents with children 0 to 5 were about as likely to report being a member of a visible minority than were parents with children of that age in English-speaking couples.

## Recent Mobility (2016 – 2021)

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Recent* Mobility Status RTS de la Montérégie-Est, 2021				
Census Family Structure and Language	Total	Migrants	Inter-provincial Migrants	External Migrants (Immigrants)
All Parents with Children 0 to 5	93,375	45,005	915	6,645
In an English Couple	1,950	1,420	220	595
In a French Couple	75,360	35,005	415	4,115
In an English and French Couple	3,665	2,060	120	355
English Lone Parent	250	140	-	20
French Lone Parent	7,025	2,900	60	430
Other Types of Families	5,130	3,450	80	1,130
Percentages				
All Parents with Children 0 to 5	100.0%	48.2%	1.0%	7.1%
In an English Couple	100.0%	72.8%	11.3%	30.5%
In a French Couple	100.0%	46.5%	0.6%	5.5%
In an English and French Couple	100.0%	56.2%	3.3%	9.7%
English Lone Parent	100.0%	56.0%	-	8.0%
French Lone Parent	100.0%	41.3%	0.9%	6.1%
Other Types of Families	100.0%	67.3%	1.6%	22.0%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. \*Between 2016 and 2021.*



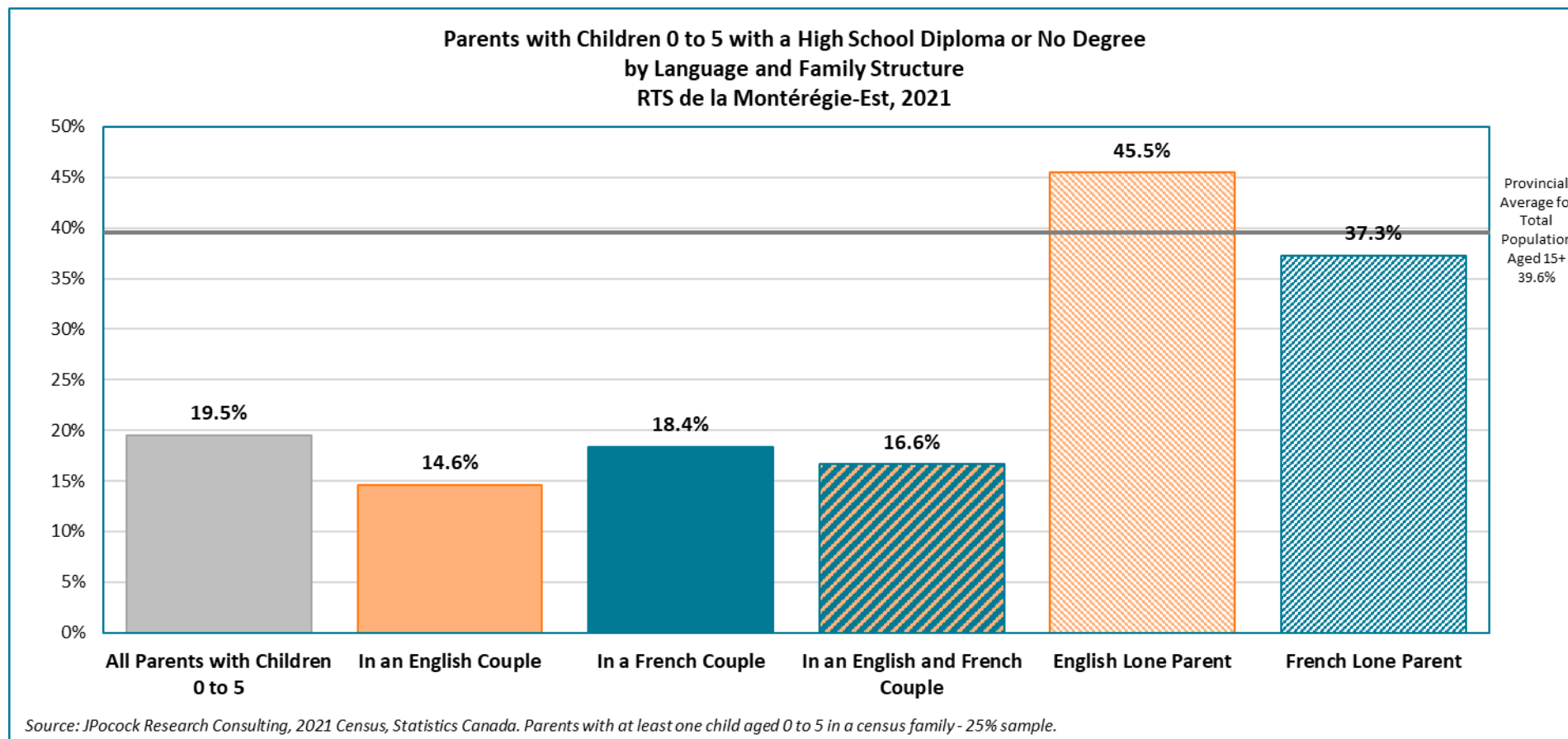
- In RTS de la Montérégie-Est, 7.1% of parents with at least one child aged 0 to 5 were recent immigrants in 2021.
- Among those parents in English-speaking couples, 30.5% were recent immigrants, which was much higher than those in French-speaking couples (5.5%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 9.7% of parents with children 0 to 5 were recent immigrants. This was much lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 8.0% were a recent immigrant. This was much higher than the proportion of French-speaking lone parents (6.1%). English-speaking lone parents with children 0 to 5 were less likely to report being a recent immigrant than were parents with children of that age in English-speaking couples.



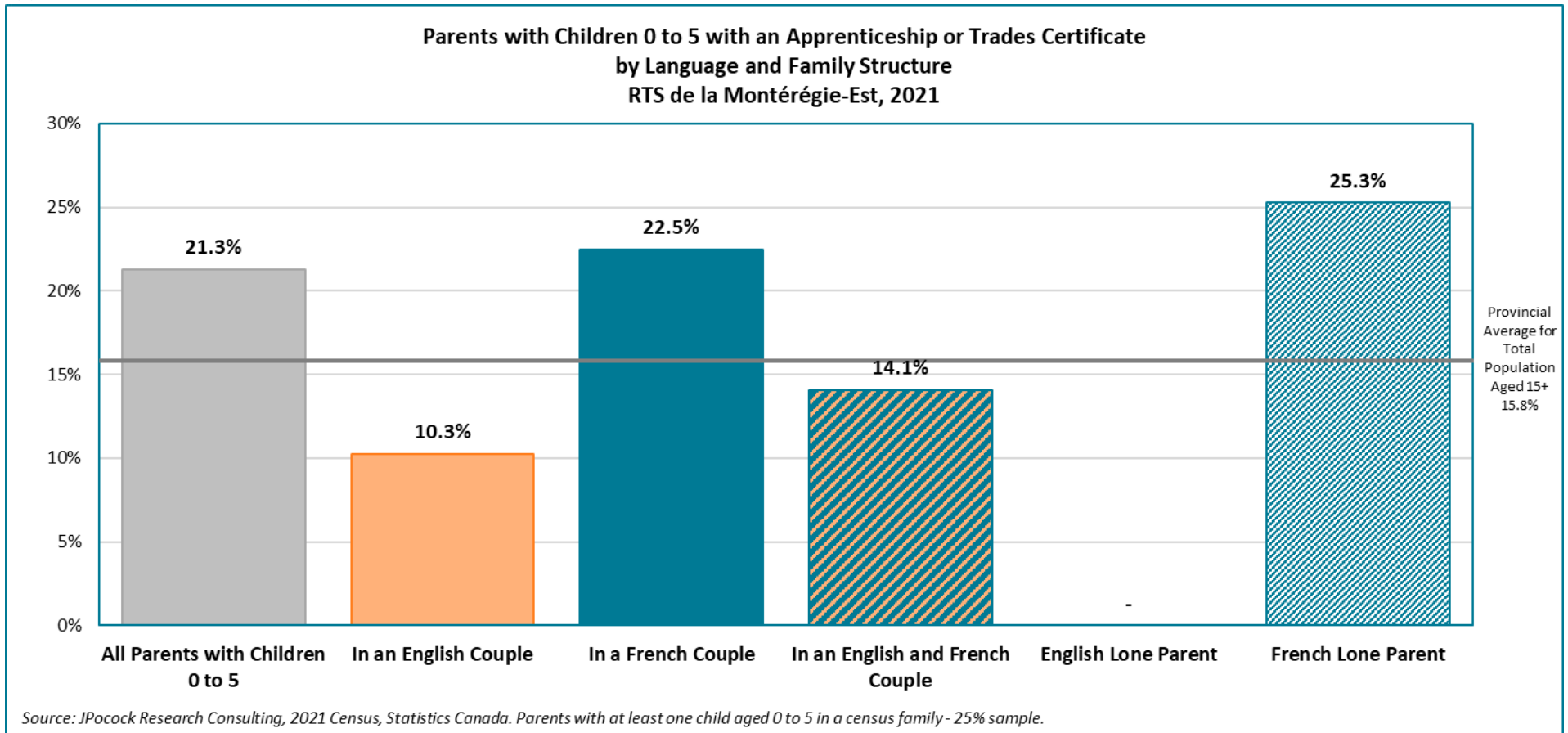
**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Highest Level of Education  
RTS de la Montérégie-Est, 2021**

Census Family Structure and Language	Total	High School Diploma or No Degree	Apprenticeship or Trades Certificate	College, CEGEP or Other Non-University	University Certificate Below BA	University BA or Higher
<b>All Parents with Children 0 to 5</b>	44,815	8,745	9,530	8,150	1,880	16,515
<b>In an English Couple</b>	925	135	95	80	45	565
<b>In a French Couple</b>	36,215	6,655	8,145	6,800	1,540	13,070
<b>In an English and French Couple</b>	1,775	295	250	365	90	765
<b>English Lone Parent</b>	110	50	10	15	-	40
<b>French Lone Parent</b>	3,285	1,225	830	565	120	545
<b>Other Types of Families</b>	2,505	365	190	330	80	1,535
<b>Percentages</b>						
<b>All Parents with Children 0 to 5</b>	100.0%	19.5%	21.3%	18.2%	4.2%	36.9%
<b>In an English Couple</b>	100.0%	14.6%	10.3%	8.6%	4.9%	61.1%
<b>In a French Couple</b>	100.0%	18.4%	22.5%	18.8%	4.3%	36.1%
<b>In an English and French Couple</b>	100.0%	16.6%	14.1%	20.6%	5.1%	43.1%
<b>English Lone Parent</b>	100.0%	45.5%	-	-	-	36.4%
<b>French Lone Parent</b>	100.0%	37.3%	25.3%	17.2%	3.7%	16.6%
<b>Other Types of Families</b>	100.0%	14.6%	7.6%	13.2%	3.2%	61.3%

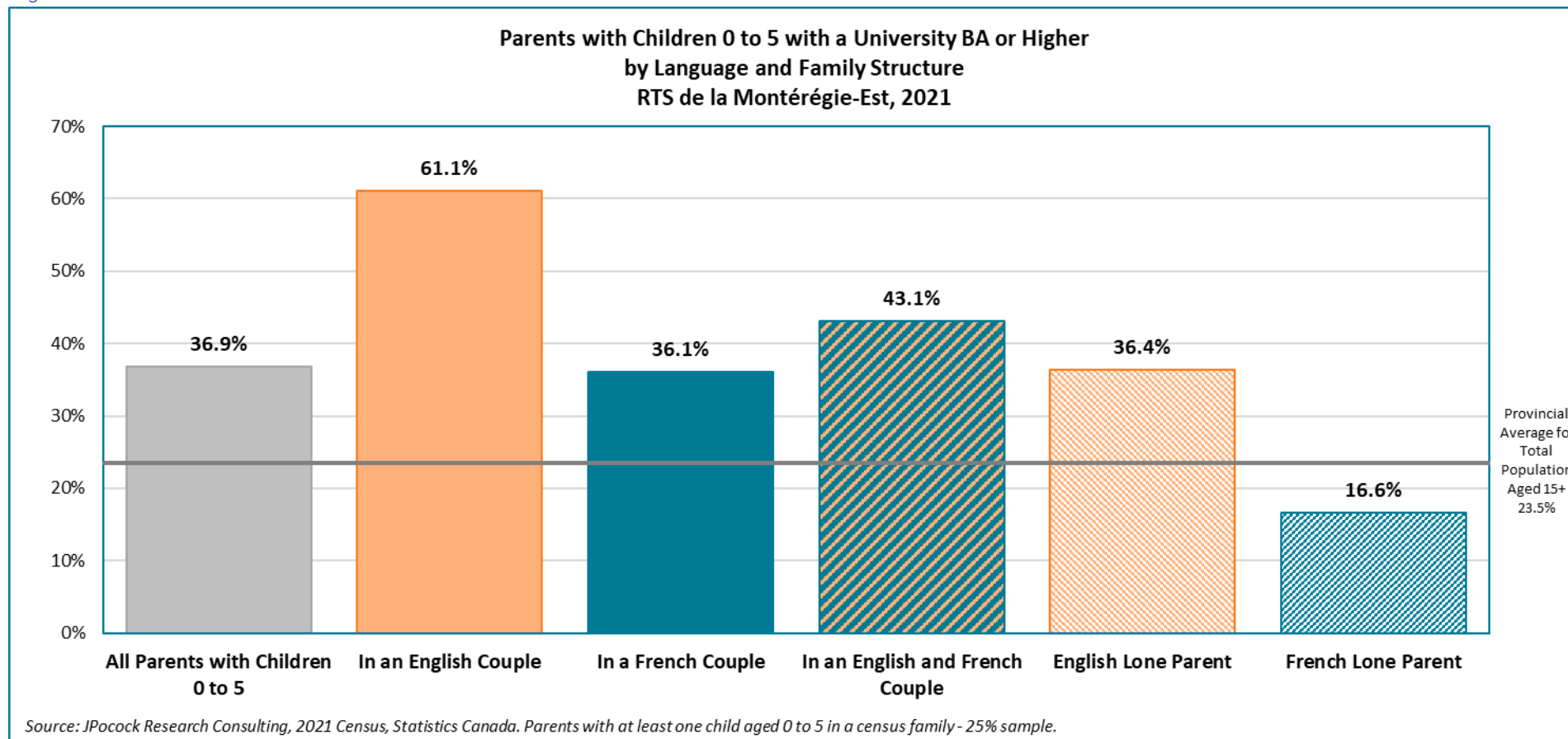
*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*



- In RTS de la Montérégie-Est, 19.5% of parents with at least one child aged 0 to 5 reported a high school diploma as their highest level of educational attainment in 2021.
- Among those parents in English-speaking couples, 14.6% reported a high school diploma as their highest level of educational attainment, which was much lower than those in French-speaking couples (18.4%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 16.6% of parents with children 0 to 5 reported a high school diploma as their highest level of educational attainment. This was higher than the proportion in English-speaking couples and lower than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 45.5% reported a high school diploma as their highest level of educational attainment. This was much higher than the proportion of French-speaking lone parents (37.3%). English-speaking lone parents with children 0 to 5 were less likely to report this low level of educational attainment than were parents with children of that age in English-speaking couples.



- In RTS de la Montérégie-Est, 21.3% of parents with at least one child aged 0 to 5 reported an apprenticeship or trades certificate as their highest level of educational attainment in 2021.
- Among those parents in English-speaking couples, 10.3% reported an apprenticeship or trades certificate as their highest level of educational attainment, which was much lower than those in French-speaking couples (22.5%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 14.1% of parents with children 0 to 5 reported an apprenticeship or trades certificate as their highest level of educational attainment. This was much higher than the proportion in English-speaking couples and much lower than the proportion in French-speaking couples.

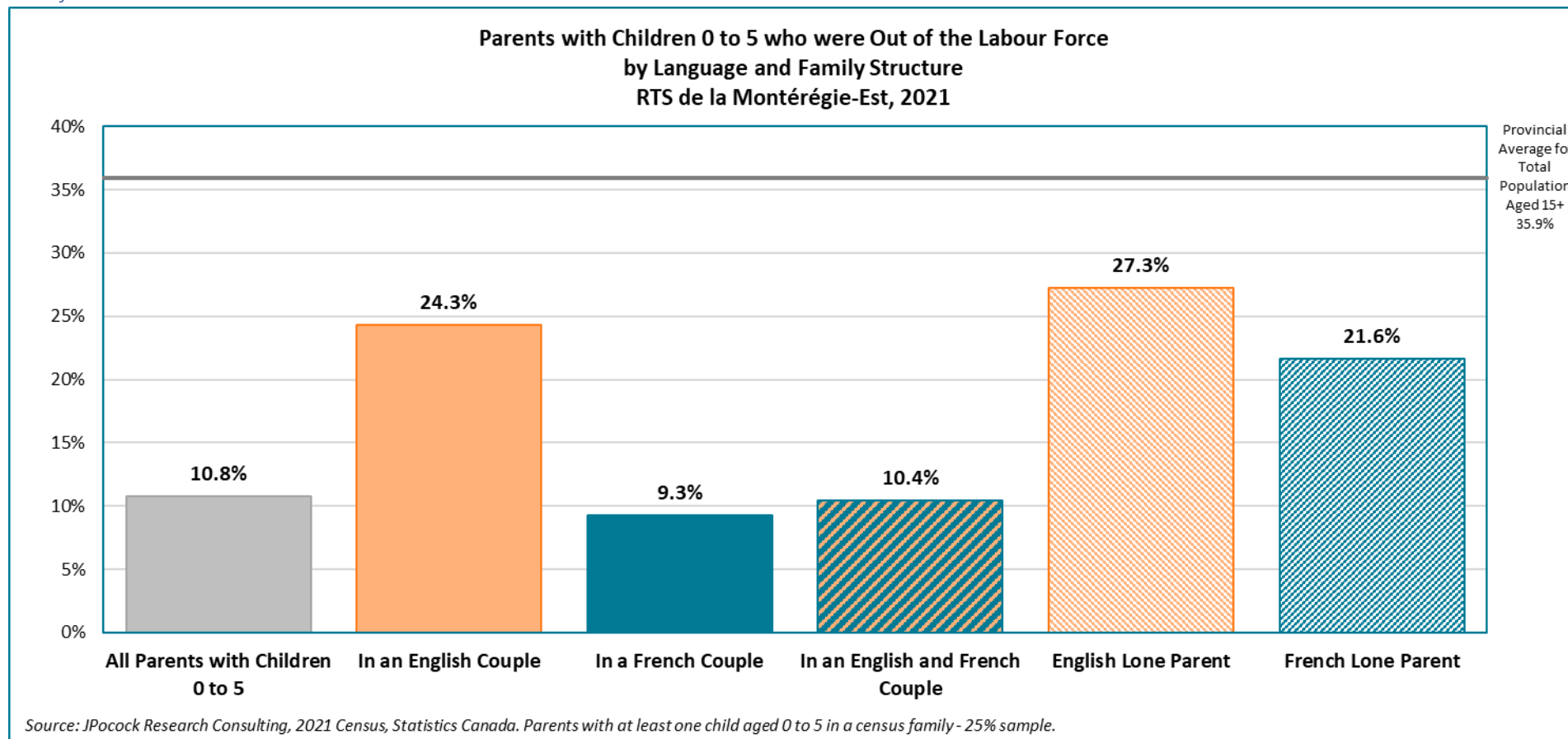


- In RTS de la Montérégie-Est, 36.9% of parents with at least one child aged 0 to 5 reported having a university BA or higher in 2021.
- Among those parents in English-speaking couples, 61.1% reported having a university BA or higher, which was much higher than those in French-speaking couples (36.1%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 43.1% of parents with children 0 to 5 reported having a university BA or higher. This was much lower than the proportion in English-speaking couples and higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 36.4% reported having a university BA or higher. This was much higher than the proportion of French-speaking lone parents (16.6%). English-speaking lone parents with children 0 to 5 were less likely to reported having a university BA or higher than were parents with children of that age in English-speaking couples.

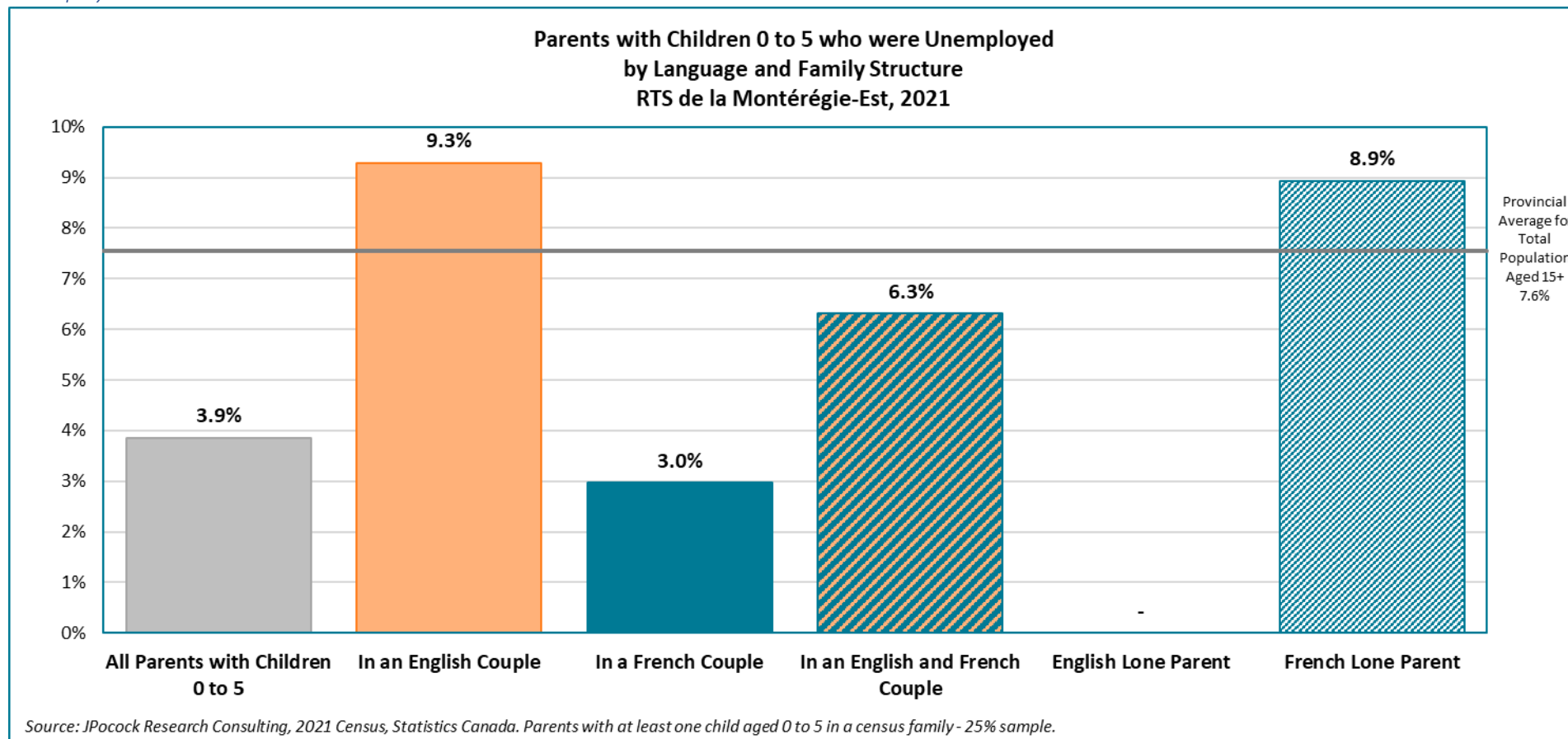
**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Labour Force Activity  
RTS de la Montérégie-Est, 2021**

<b>Census Family Structure and Language</b>	<b>Total</b>	<b>In the Labour Force</b>	<b>Un-employed</b>	<b>Out of the Labour Force</b>
<b>All Parents with Children 0 to 5</b>	44,815	39,985	1,540	4,830
<b>In an English Couple</b>	925	700	65	225
<b>In a French Couple</b>	36,215	32,870	975	3,350
<b>In an English and French Couple</b>	1,775	1,585	100	185
<b>English Lone Parent</b>	110	80	10	30
<b>French Lone Parent</b>	3,285	2,575	230	710
<b>Other Types of Families</b>	2,505	2,175	160	325
<b>Percentages</b>				
<b>All Parents with Children 0 to 5</b>	100.0%	89.2%	3.9%	10.8%
<b>In an English Couple</b>	100.0%	75.7%	9.3%	24.3%
<b>In a French Couple</b>	100.0%	90.8%	3.0%	9.3%
<b>In an English and French Couple</b>	100.0%	89.3%	6.3%	10.4%
<b>English Lone Parent</b>	100.0%	72.7%	-	27.3%
<b>French Lone Parent</b>	100.0%	78.4%	8.9%	21.6%
<b>Other Types of Families</b>	100.0%	86.8%	7.4%	13.0%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*



- In RTS de la Montérégie-Est, 10.8% of parents with at least one child aged 0 to 5 were out of the labour force in 2021.
- Among those parents in English-speaking couples, 24.3% were out of the labour force, which was much higher than those in French-speaking couples (9.3%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 10.4% of parents with children 0 to 5 were out of the labour force. This was much lower than the proportion in English-speaking couples and higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 27.3% were out of the labour force. This was much higher than the proportion of French-speaking lone parents (21.6%). English-speaking lone parents with children 0 to 5 were less likely to be out of the labour force than were parents with children of that age in English-speaking couples.



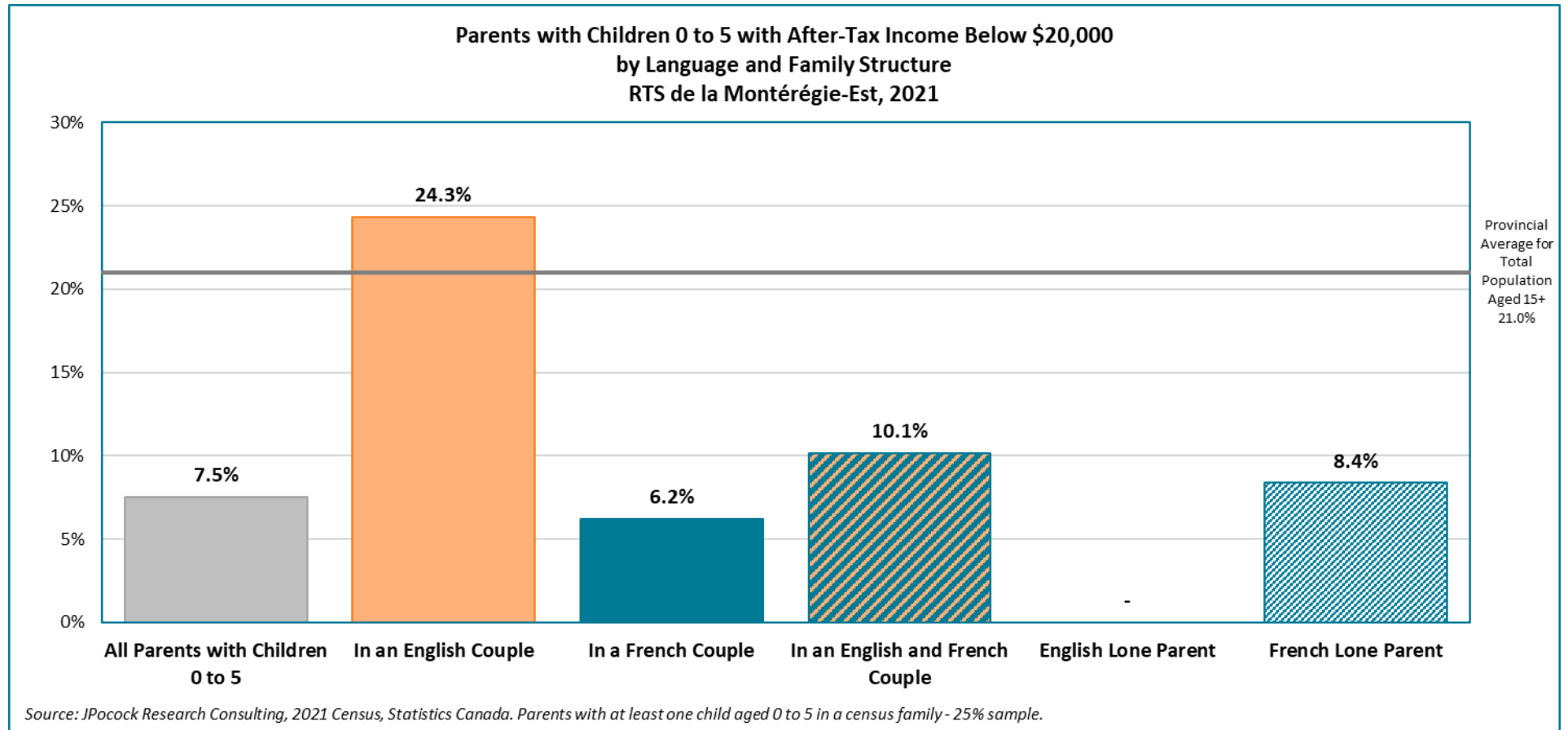
- In RTS de la Montérégie-Est, 3.9% of parents with at least one child aged 0 to 5 were unemployed in 2021.
- Among those parents in English-speaking couples, 9.3% were unemployed, which was much higher than those in French-speaking couples (3.0%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 6.3% of parents with children 0 to 5 were unemployed. This was much lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.

**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and After-Tax Income  
RTS de la Montérégie-Est, 2021**

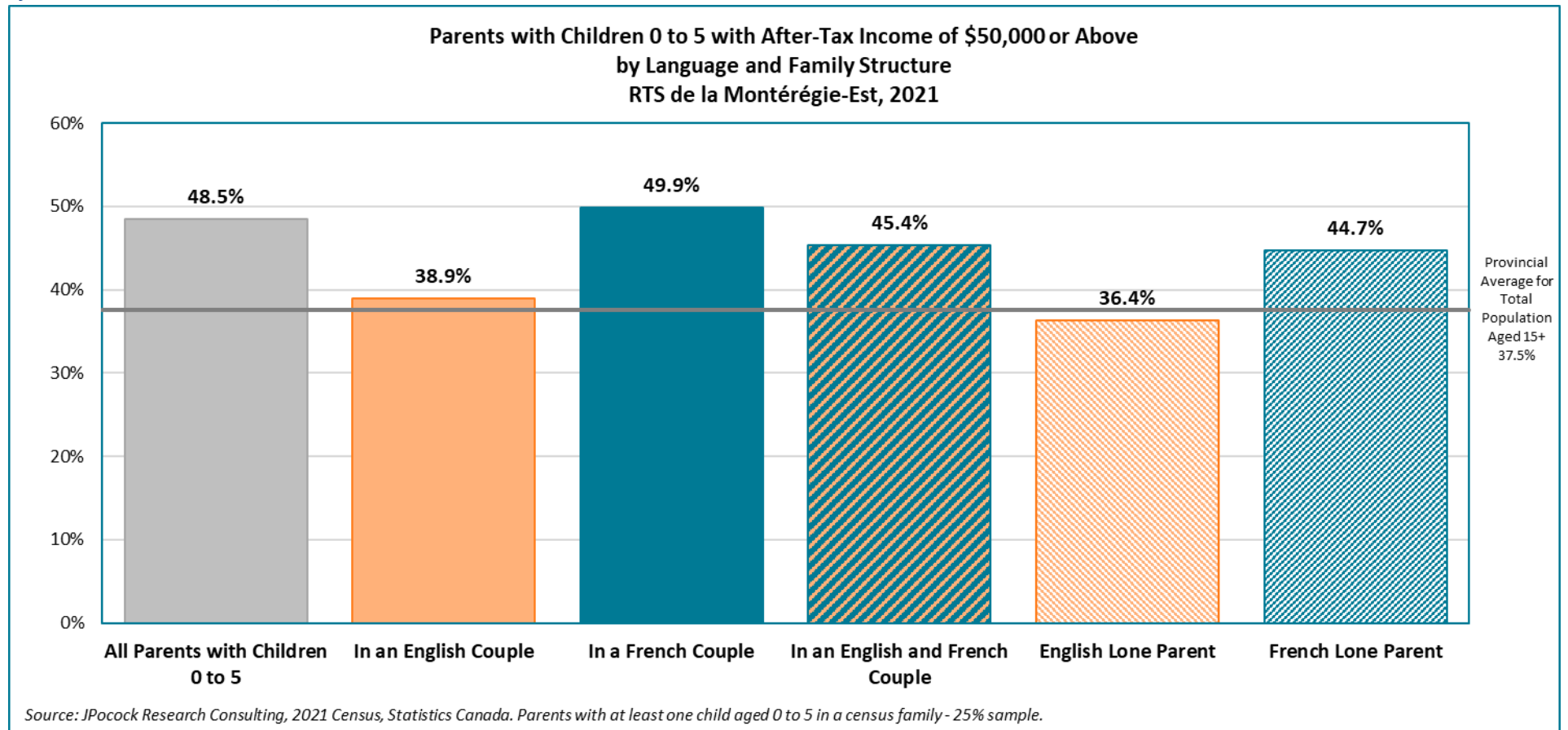
<b>Census Family Structure and Language</b>	<b>Total</b>	<b>Less than \$20,000</b>	<b>\$20,000 to \$49,999</b>	<b>\$50,000 and Over</b>
<b>All Parents with Children 0 to 5</b>	44,815	3,365	19,720	21,735
<b>In an English Couple</b>	925	225	340	360
<b>In a French Couple</b>	36,215	2,245	15,910	18,060
<b>In an English and French Couple</b>	1,775	180	775	805
<b>English Lone Parent</b>	110	-	55	40
<b>French Lone Parent</b>	3,285	275	1,535	1,470
<b>Other Types of Families</b>	2,505	415	1,100	990
<b>Percentages</b>				
<b>All Parents with Children 0 to 5</b>	100.0%	7.5%	44.0%	48.5%
<b>In an English Couple</b>	100.0%	24.3%	36.8%	38.9%
<b>In a French Couple</b>	100.0%	6.2%	43.9%	49.9%
<b>In an English and French Couple</b>	100.0%	10.1%	43.7%	45.4%
<b>English Lone Parent</b>	100.0%	-	50.0%	36.4%
<b>French Lone Parent</b>	100.0%	8.4%	46.7%	44.7%
<b>Other Types of Families</b>	100.0%	16.6%	43.9%	39.5%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*





- In RTS de la Montérégie-Est, 7.5% of parents with at least one child aged 0 to 5 earned an after-tax income below \$20,000 in 2021.
- Among those parents in English-speaking couples, 24.3% earned an after-tax income below \$20,000, which was much higher than those in French-speaking couples (6.2%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 10.1% of parents with children 0 to 5 earned an after-tax income below \$20,000. This was much lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.

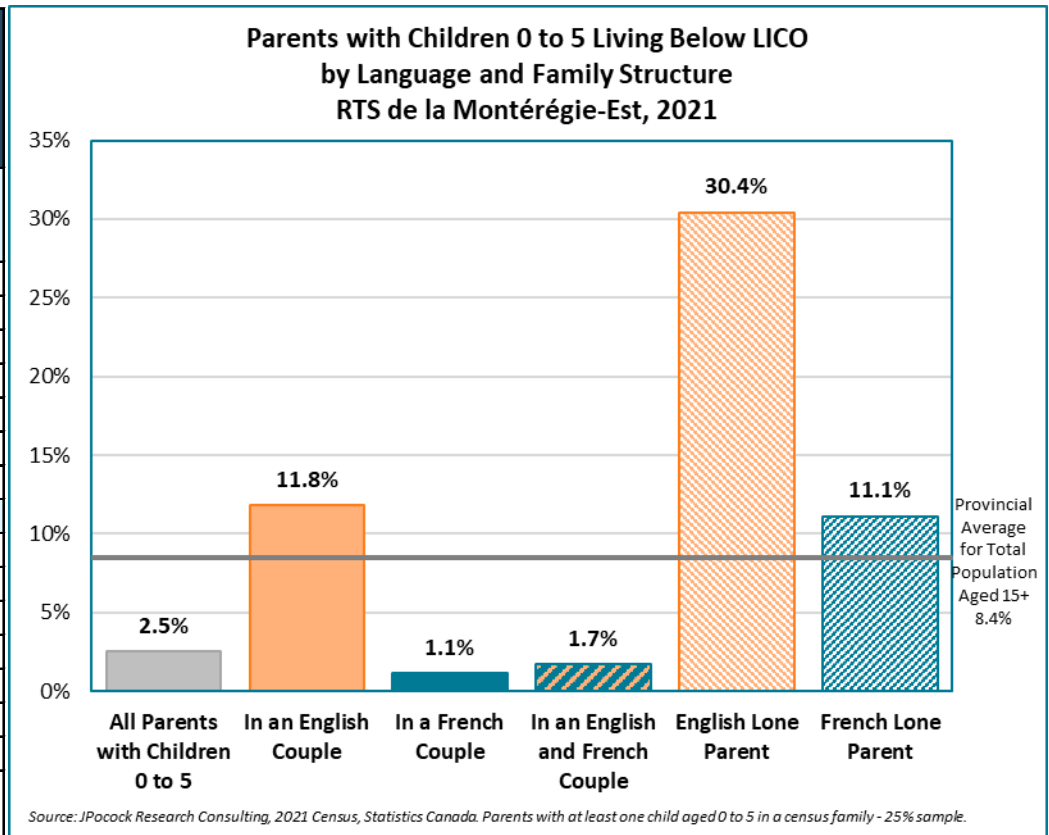


- In RTS de la Montérégie-Est, 48.5% of parents with at least one child aged 0 to 5 earned \$50,000 or more in 2021.
- Among those parents in English-speaking couples, 38.9% earned \$50,000 or more, which was much lower than those in French-speaking couples (49.9%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 45.4% of parents with children 0 to 5 earned \$50,000 or more. This was higher than the proportion in English-speaking couples and lower than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 36.4% earned \$50,000 or more. This was lower than the proportion of French-speaking lone parents (44.7%). English-speaking lone parents with children 0 to 5 were less likely to earn an income of \$50,000 or more than were parents with children of that age in English-speaking couples.

## Low Income Cut-Off (LICO)

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Low Income Cut-Off Status RTS de la Montérégie-Est, 2021			
Census Family Structure and Language	Total	Above LICO-AT	Below LICO-AT
<b>All Parents with Children 0 to 5</b>	44,815	43,675	1,140
<b>In an English Couple</b>	930	820	110
<b>In a French Couple</b>	36,220	35,810	410
<b>In an English and French Couple</b>	1,770	1,740	30
<b>English Lone Parent</b>	115	80	35
<b>French Lone Parent</b>	3,285	2,920	365
<b>Other Types of Families</b>	2,505	2,315	190
Percentages			
<b>All Parents with Children 0 to 5</b>	100.0%	97.5%	2.5%
<b>In an English Couple</b>	100.0%	88.2%	11.8%
<b>In a French Couple</b>	100.0%	98.9%	1.1%
<b>In an English and French Couple</b>	100.0%	98.3%	1.7%
<b>English Lone Parent</b>	100.0%	69.6%	30.4%
<b>French Lone Parent</b>	100.0%	88.9%	11.1%
<b>Other Types of Families</b>	100.0%	92.4%	7.6%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown.

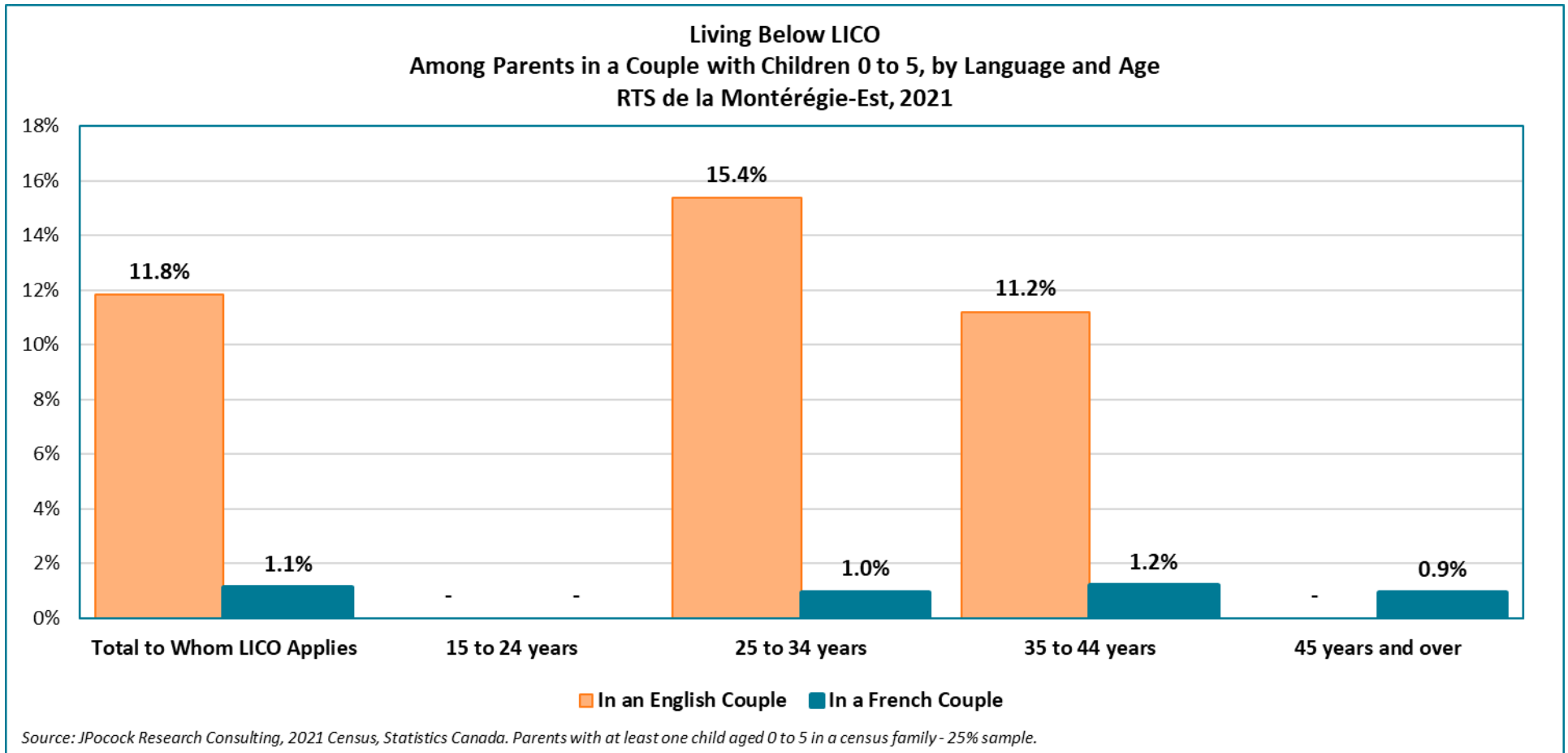


- In RTS de la Montérégie-Est, 2.5% of parents with at least one child aged 0 to 5 were living below LICO in 2021.
- Among those parents in English-speaking couples, 11.8% were living below LICO, which was much higher than those in French-speaking couples (1.1%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 1.7% of parents with children 0 to 5 were living below LICO. This was much lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 30.4% were living below LICO. This was much higher than the proportion of French-speaking lone parents (11.1%). English-speaking lone parents with children 0 to 5 were less likely to report living below LICO than were parents with children of that age in English-speaking couples.

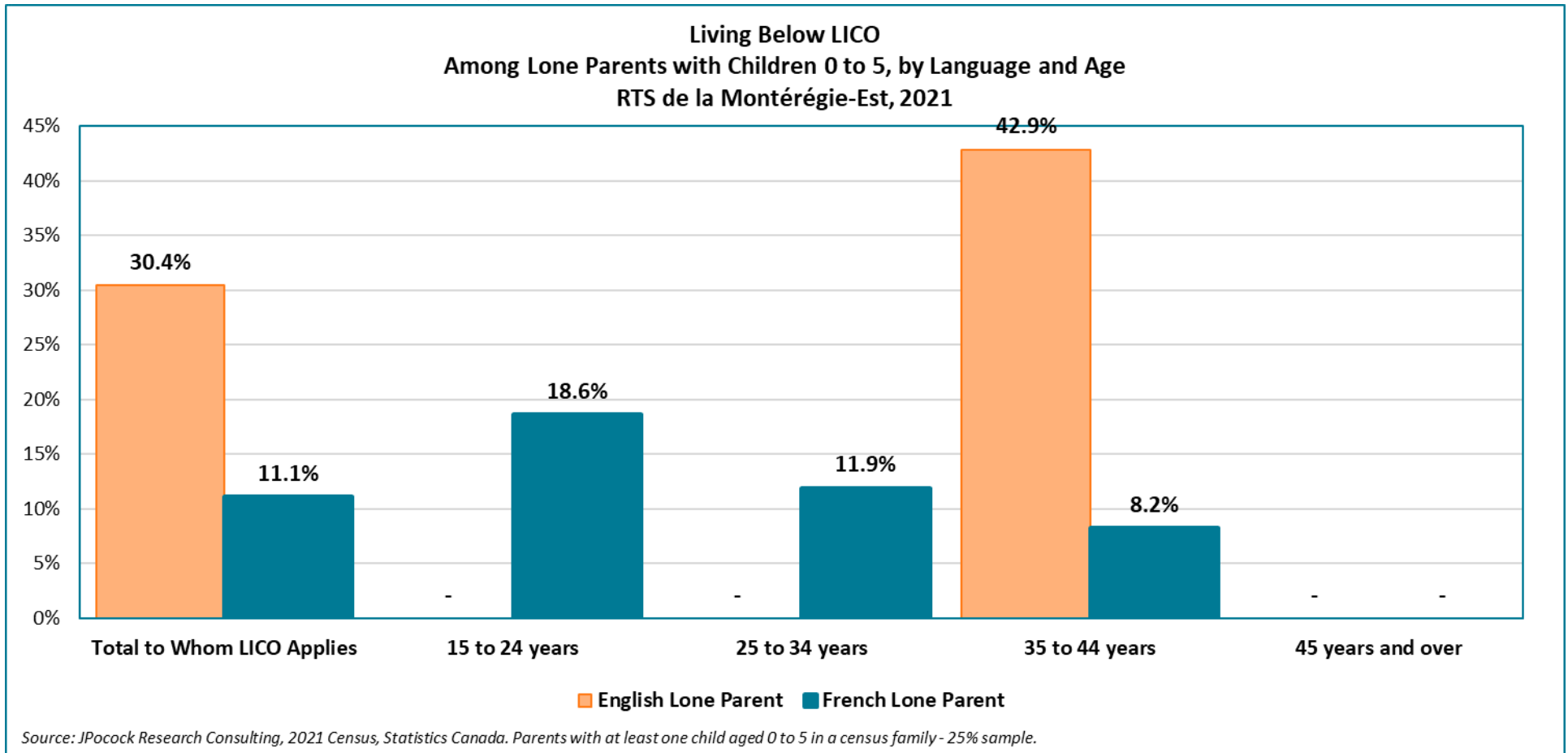
**Low Income Cut-off Stats of Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Age  
RTS de la Montérégie-Est, 2021**

<b>Census Family Structure and Language</b>	<b>Total to Whom LICO Applies</b>	<b>15 to 24 years</b>	<b>25 to 34 years</b>	<b>35 to 44 years</b>	<b>45 years and over</b>
<b>All Parents with Children 0 to 5</b>	44,815	1,200	19,830	21,100	2,680
<b>In an English Couple</b>	930	-	260	580	70
<b>In a French Couple</b>	36,220	770	16,640	16,645	2,145
<b>In an English and French Couple</b>	1,770	35	720	870	95
<b>English Lone Parent</b>	115	-	30	70	-
<b>French Lone Parent</b>	3,285	295	1,425	1,395	150
<b>Other Types of Families</b>	2,505	35	745	1,510	190
<b>Living Below LICO-AT</b>					
<b>All Parents with Children 0 to 5</b>	1,140	100	460	535	40
<b>In an English Couple</b>	110	-	40	65	-
<b>In a French Couple</b>	410	-	160	200	20
<b>In an English and French Couple</b>	30	-	-	-	-
<b>English Lone Parent</b>	35	-	-	30	-
<b>French Lone Parent</b>	365	55	170	115	-
<b>Other Types of Families</b>	190	-	70	95	-
<b>Percentages</b>					
<b>All Parents with Children 0 to 5</b>	2.5%	8.3%	2.3%	2.5%	1.5%
<b>In an English Couple</b>	11.8%	-	15.4%	11.2%	-
<b>In a French Couple</b>	1.1%	-	1.0%	1.2%	0.9%
<b>In an English and French Couple</b>	1.7%	-	-	-	-
<b>English Lone Parent</b>	30.4%	-	-	42.9%	-
<b>French Lone Parent</b>	11.1%	18.6%	11.9%	8.2%	-
<b>Other Types of Families</b>	7.6%	-	9.4%	6.3%	-

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown.*



- Among parents aged 25 to 35 with at least one child aged 0 to 5, 15.4% of those in English-speaking couples were living below LICO, which was much higher than the proportion among those in French-speaking couples (1.0%).
- Among parents aged 35 to 45 with at least one child aged 0 to 5, 11.2% of those in English-speaking couples were living below LICO, which was much higher than the proportion among those in French-speaking couples (1.2%).
- Among parents aged 45 years and over with at least one child aged 0 to 5, - of those in English-speaking couples were living below LICO, which was much higher than the proportion among those in French-speaking couples (0.9%).

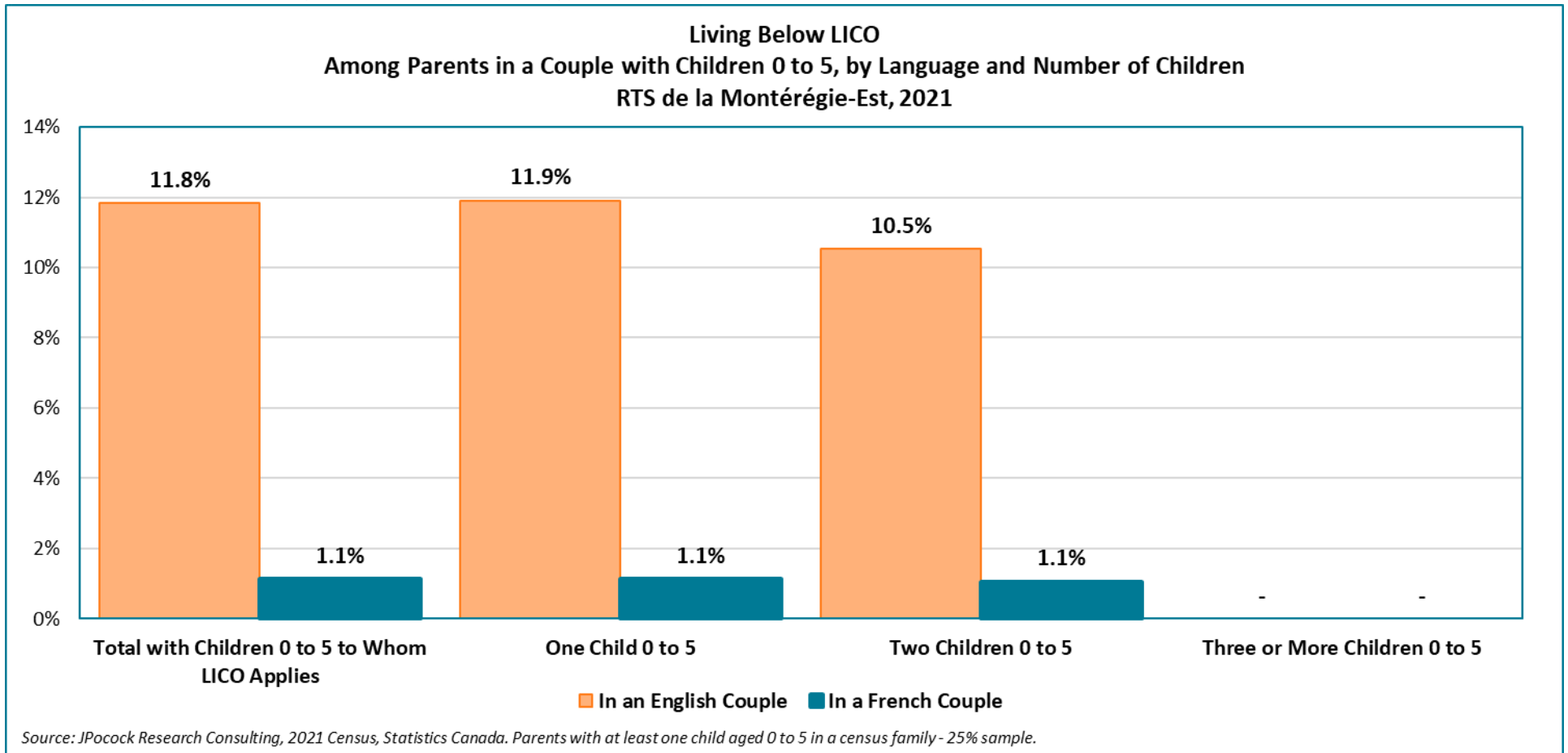


The number of English-speaking lone parents with at least one child aged 0 to 5 living below LICO in RTS de la Montérégie-Est was too low to report by age.

**Low Income Cut-off Stats of Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Number of Children  
RTS de la Montérégie-Est, 2021**

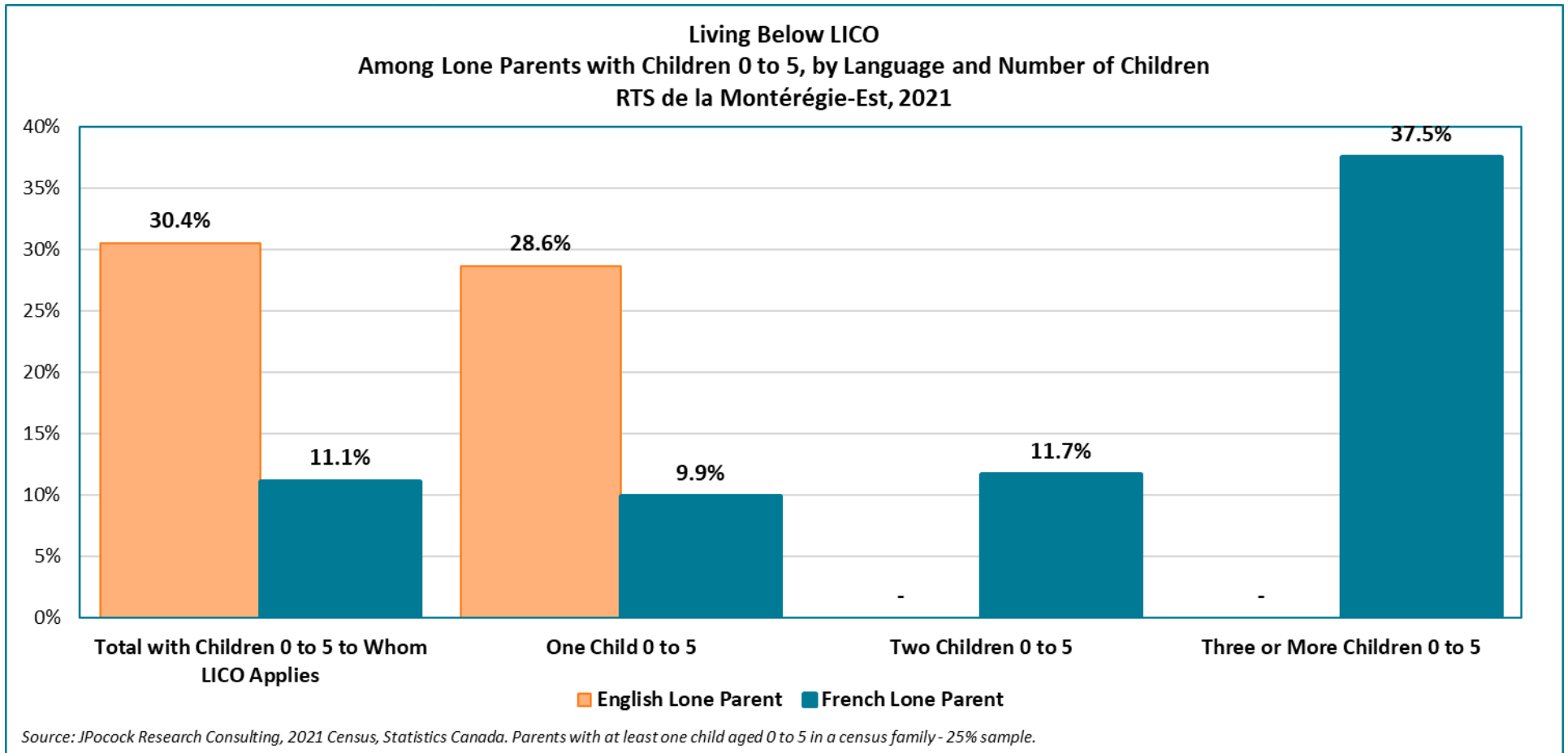
Census Family Structure and Language	Total with Children 0 to 5 to Whom LICO Applies	One Child 0 to 5	Two Children 0 to 5	Three or More Children 0 to 5
<b>All Parents with Children 0 to 5</b>	44,815	29,920	13,340	1,560
<b>In an English Couple</b>	930	630	285	-
<b>In a French Couple</b>	36,220	23,630	11,275	1,295
<b>In an English and French Couple</b>	1,770	1,190	460	80
<b>English Lone Parent</b>	115	70	20	-
<b>French Lone Parent</b>	3,285	2,685	515	80
<b>Other Types of Families</b>	2,505	1,680	735	50
<b>Living Below LICO-AT</b>				
<b>All Parents with Children 0 to 5</b>	1,140	810	265	70
<b>In an English Couple</b>	110	75	30	-
<b>In a French Couple</b>	410	270	120	-
<b>In an English and French Couple</b>	30	-	-	-
<b>English Lone Parent</b>	35	20	-	-
<b>French Lone Parent</b>	365	265	60	30
<b>Other Types of Families</b>	190	150	-	-
<b>Percentages</b>				
<b>All Parents with Children 0 to 5</b>	2.5%	2.7%	2.0%	4.5%
<b>In an English Couple</b>	11.8%	11.9%	10.5%	-
<b>In a French Couple</b>	1.1%	1.1%	1.1%	-
<b>In an English and French Couple</b>	1.7%	-	-	-
<b>English Lone Parent</b>	30.4%	28.6%	-	-
<b>French Lone Parent</b>	11.1%	9.9%	11.7%	37.5%
<b>Other Types of Families</b>	7.6%	8.9%	-	-

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown.



- In RTS de la Montérégie-Est, 11.9% of parents in English-speaking couples with a single child aged 0 to 5 reported living below LICO. This was much higher than the proportion among those in French-speaking couples (1.1%).
- Among English-speaking couples with two children aged 0 to 5, 10.5% were living below LICO, which was much higher than the proportion among those in French-speaking couples (1.1%).





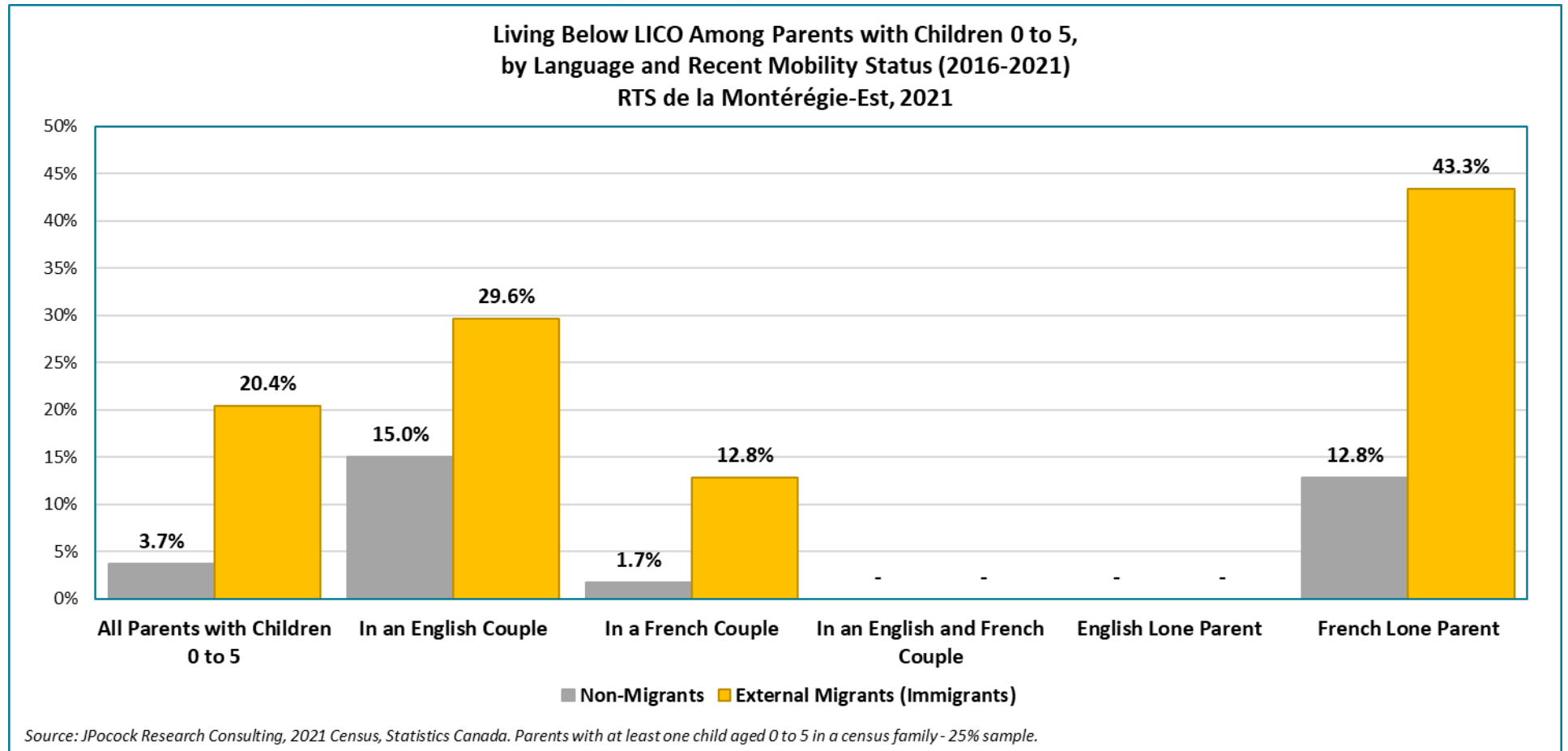
The number of English-speaking lone parents with at least one child aged 0 to 5 living below LICO in RTS de la Montérégie-Est was too low to report by number of children.

## Low Income Cut-off Stats of Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Recent\* Mobility Status

**RTS de la Montérégie-Est, 2021**

Census Family Structure and Language	Total	Non-Migrants	Migrants	External Migrants (Immigrants)
<b>All Parents with Children 0 to 5</b>	44,815	21,345	420	2,770
<b>In an English Couple</b>	930	665	80	270
<b>In a French Couple</b>	36,220	16,600	180	1,635
<b>In an English and French Couple</b>	1,770	960	45	140
<b>English Lone Parent</b>	115	50	-	-
<b>French Lone Parent</b>	3,285	1,325	20	150
<b>Other Types of Families</b>	2,505	1,690	35	545
<b>Living Below LICO-AT</b>				
<b>All Parents with Children 0 to 5</b>	1,140	785	30	565
<b>In an English Couple</b>	110	100	-	80
<b>In a French Couple</b>	410	290	-	210
<b>In an English and French Couple</b>	30	-	-	-
<b>English Lone Parent</b>	35	-	-	-
<b>French Lone Parent</b>	365	170	-	65
<b>Other Types of Families</b>	190	175	-	175
<b>Percentages</b>				
<b>All Parents with Children 0 to 5</b>	2.5%	3.7%	7.1%	20.4%
<b>In an English Couple</b>	11.8%	15.0%	-	29.6%
<b>In a French Couple</b>	1.1%	1.7%	-	12.8%
<b>In an English and French Couple</b>	1.7%	-	-	-
<b>English Lone Parent</b>	30.4%	-	-	-
<b>French Lone Parent</b>	11.1%	12.8%	-	43.3%
<b>Other Types of Families</b>	7.6%	10.4%	-	32.1%

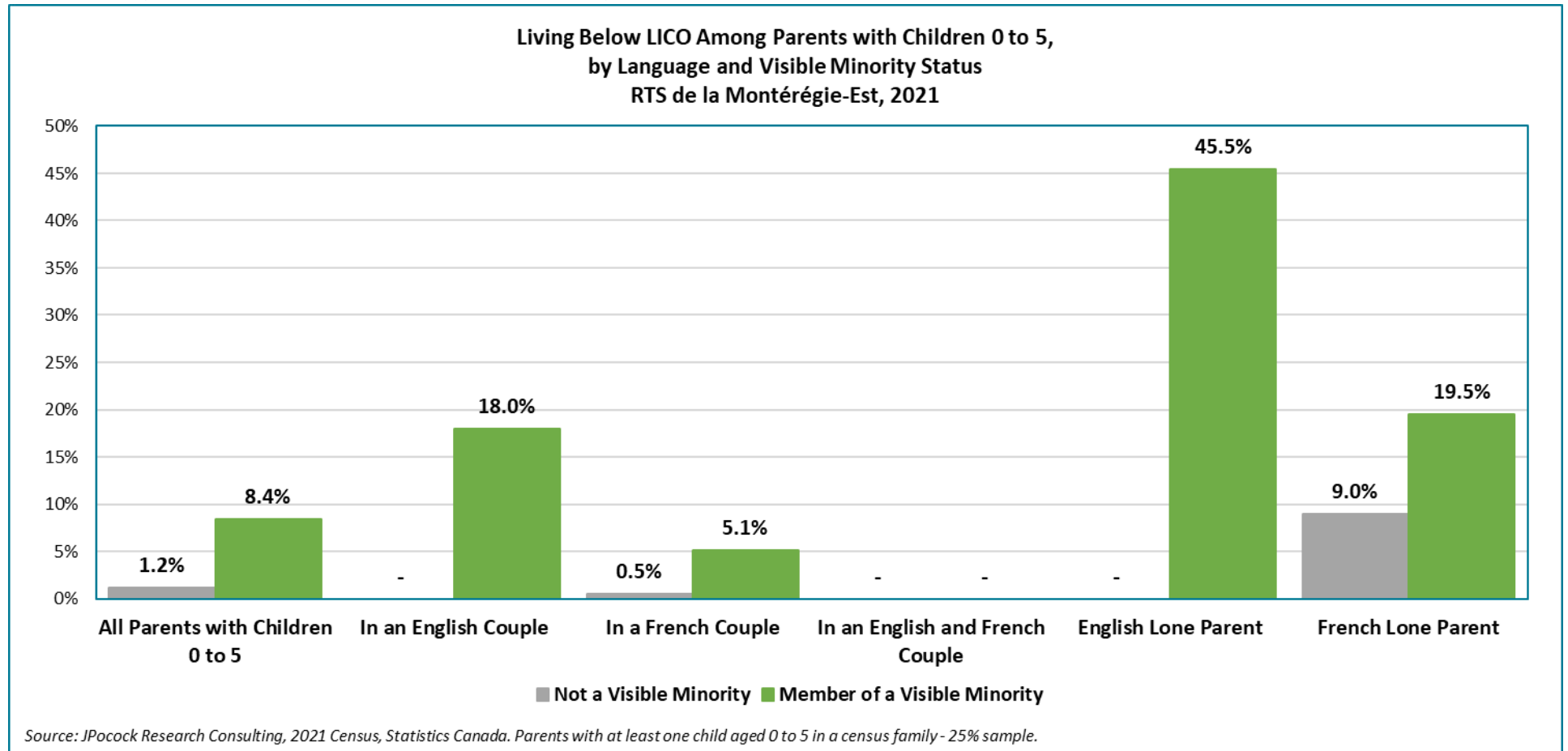
*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown. \*Recent refers to the past five years, from 2016 to 2021.*



- In RTS de la Montérégie-Est there were 2,770 parents of children 0 to 5 who had immigrated to Canada between 2016 and 2021. Of those parents in English-speaking couples, 29.6% were living below the Low-Income Cut-Off (LICO). This was much higher than the proportion among those in French-speaking couples (12.8%).
- Among parents with children 0 to 5 who were not recent migrants, 15.0% of those in an English-speaking couple were living below LICO, which was much higher than the proportion among those in French-speaking couples (1.7%).

**Low Income Cut-off Stats of Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Visible Minority Status  
RTS de la Montérégie-Est, 2021**

Census Family Structure and Language	Total	Member of a Visible Minority	Not a Visible Minority
<b>All Parents with Children 0 to 5</b>	44,815	8,465	36,355
<b>In an English Couple</b>	930	500	410
<b>In a French Couple</b>	36,220	5,290	30,930
<b>In an English and French Couple</b>	1,770	415	1,320
<b>English Lone Parent</b>	115	55	45
<b>French Lone Parent</b>	3,285	615	2,665
<b>Other Types of Families</b>	2,505	1,565	935
<b>Living Below LICO-AT</b>			
<b>All Parents with Children 0 to 5</b>	1,140	710	435
<b>In an English Couple</b>	110	90	-
<b>In a French Couple</b>	410	270	140
<b>In an English and French Couple</b>	30	-	-
<b>English Lone Parent</b>	35	25	-
<b>French Lone Parent</b>	365	120	240
<b>Other Types of Families</b>	190	185	-
<b>Percentages</b>			
<b>All Parents with Children 0 to 5</b>	2.5%	8.4%	1.2%
<b>In an English Couple</b>	11.8%	18.0%	-
<b>In a French Couple</b>	1.1%	5.1%	0.5%
<b>In an English and French Couple</b>	1.7%	-	-
<b>English Lone Parent</b>	30.4%	45.5%	-
<b>French Lone Parent</b>	11.1%	19.5%	9.0%
<b>Other Types of Families</b>	7.6%	11.8%	-
<p><i>Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown.</i></p>			



- In RTS de la Montérégie-Est there were 8,465 parents of children 0 to 5 who reported being a member of a visible minority. Of those parents in English-speaking couples, 18.0% were living below the Low-Income Cut-Off (LICO). This was much higher than the proportion among those in French-speaking couples (5.1%).
- In RTS de la Montérégie-Est, 45.5% of English-speaking lone parents with children 0 to 5 who were a member of a visible minority lived below LICO. This was much higher than the proportion among French-speaking lone parents (19.5%).