

**SOCIO-DEMOGRAPHIC PROFILE OF  
CHILDREN AGED 0 TO 5 AND THEIR PARENTS  
RTS DE L'ESTRIE – CHU DE SHERBROOKE, 2021**

**BASED ON THE 2021 CENSUS OF CANADA**

**A REPORT OF THE COMMUNITY HEALTH AND SOCIAL SERVICES NETWORK (CHSSN)**

**PRODUCED BY DR. JOANNE POCOCK**

**FEBRUARY 2024**



## Contents

Socio-demographic Profiles of Children aged 0-5 and their Parents.....	3
Introduction .....	3
Early Child Development as a Social Determinant of Health.....	3
The Community Health and Social Services Network: <i>Bright Beginnings</i> .....	3
About These Profiles .....	3
Definitions and Concepts .....	4
Methodological Notes.....	5
<b>Section 1: Children 0-5</b> .....	<b>6</b>
Children 0 to 5 Across Québec.....	7
Proportion of Children Across Québec .....	7
Number of English Children 0 to 5 Across Québec .....	8
Proportion of Children 0 to 5 Across Québec .....	9
Children 0 to 5 in RTS de l'Estrie – CHU de Sherbrooke.....	10
Population by Age.....	10
Visible Minority by Age .....	11
Indigenous Identity by Age .....	12
Household Living Arrangements by Age .....	13
LICO by Age .....	15
<b>Section 2: Parents of Children 0 to 5</b> .....	<b>16</b>
Language and Family Structure of Parents with Children 0 to 5 .....	17
Parents with at Least One Child Aged 0 to 5 by Age.....	18
Parents with at Least One Child Aged 0 to 5 by Number of Children.....	21
Visible Minority Status .....	23
Recent Mobility (2016 – 2021).....	24
Highest Educational Attainment.....	25
Labour Force Activity .....	29
After-Tax Income .....	32
Low Income Cut-Off (LICO) .....	35

# Socio-demographic Profiles of Children aged 0-5 and their Parents

## Introduction

### Early Child Development as a Social Determinant of Health

Early child development (ECD) is a cornerstone of human development and childhood is considered to be the most important developmental phase of the individual lifespan. The developmental outcomes of this early phase of life impact the level of health and well-being enjoyed by a population in its future. Early child development is a social determinant of the health of communities and it is a process that is particularly sensitive to social determinants like the socio-economic status of families with children aged 0-5 and their social environment, access to health and social services, communication competency and literacy and access to local social support networks.

Health organizations around the globe are promoting knowledge and fostering policy, programs and initiatives that aim to improve the situation of children experiencing disadvantaged conditions and who are thereby vulnerable to poor childhood development. In Québec, the 2017 study of the Institut de la statistique du Québec entitled *Québec Survey on Children's Development in Kindergarten/Enquête québécoise sur le développement des enfants à la maternelle* selected the following key areas for assessment of the quality of ECD: physical health and well-being; social competence; emotional maturity; cognitive and language development; as well as communication skills and general knowledge.

See the report at <https://statistique.quebec.ca/en/enquetes/realisees/quebec-survey-of-child-development-in-kindergarten-qscdk>

### The Community Health and Social Services Network: *Bright Beginnings*

The Community Health and Social Services Network (CHSSN) supports the English-speaking communities of Québec in their efforts to redress health status inequalities and promote community vitality. It strengthens and mobilizes networks at the local, regional and provincial levels in order to address health determinants, influence public policy and develop services for English speakers who, too often are left out of the system. It's 70 member organizations from various sectors aim to improve vitality and health of individuals and families among Québec's minority language communities. Learn more at <http://chssn.org/about-us/>

CHSSN financially supports 23 local or regional community health and social services network organizations who mobilize citizens and multi-sectorial partners in all regions of Québec using a population health approach. They collectively address health determinants such as access to health services, healthy child development, education and literacy, and social environments or support networks. With their networks, CHSSN has developed a collective vision and an early childhood framework called *Bright Beginnings: an adapted approach to supporting English-speaking children (0-5) and families*. This approach is being implemented by networks to varying degrees in many regions in accordance with each network organization's capacity.

To explore their approach further go to <https://chssn.org/projects/bright-beginnings/>

### About These Profiles

These profiles draw from the 2021 Census of Canada to provide pertinent socio-demographic information on the children aged 0-5 of Québec's English-speaking communities and their families in accordance with Québec's RTS (réseau territorial de services) territories.<sup>1</sup> They include information on their numbers, where

---

<sup>1</sup> For further information go to <http://www.msss.gouv.qc.ca/professionnels/informations-geographiques-et-de-population/decoupage-territorial/>

they live, family structures they are part of, socio-economic issues they face, their status as recent immigrants to Québec, aboriginal identity and their likelihood to be members of a visible minority. Each regional profile includes tables, graphs and information bullets that provide provincial and regional statistics for selected characteristics as well as comparisons between French-speaking majority and English-speaking minority populations within these administrative territories.

**Please note that these profiles draw from two different census samples. Section 1** of each profile provides information drawn from the 2021 census sample of the Québec population living in private households. **Section 2** provides information on the 2021 census sample of parents with at least one child aged 0 to 5 living in census families in Québec.

### Definitions and Concepts

These profiles draw data from the Statistics Canada 2021 Census of Canada and are organized in accordance with its definitions and concepts. The census dictionary is available at, <https://www12.statcan.gc.ca/census-recensement/2016/ref/dict/index-eng.cfm>

*First Official Language Spoken (FOLS)* The definitions of first official language spoken and official language minority are outlined in the Official Languages (Communications with and Services to the Public) Regulations issued pursuant to the Official Languages Act (1988). The official language minority is English in Québec and French in all other provinces and territories. First Official Language Spoken is derived from the census questions on knowledge of official languages, mother tongue and home language. Multiple responses are distributed equally among declared languages.

*Census Family households* are those with a married couple (with or without children), or a couple living common-law (with or without children), or a lone parent living with one or more children (lone-parent family).

*Census family* is defined as a married couple and the children, if any, of either and/or both spouses; a couple living common law and the children, if any, of either and/or both partners; or a lone parent of any marital status with at least one child living in the same dwelling and that child or those children. All members of a particular census family live in the same dwelling. A couple may be of opposite or same sex. Children may be children by birth, marriage, common-law union or adoption regardless of their age or marital status as long as they live in the dwelling and do not have their own married spouse, common-law partner or child living in the dwelling. Grandchildren living with their grandparent(s) but with no parents present also constitute a census family.

*Private household* refers to a person or group of persons who occupy the same dwelling and do not have a usual place of residence elsewhere in Canada or abroad. For census purposes, households are classified into three groups: private households, collective households and households outside Canada. Unless otherwise specified, all data in census products are for private households only.

*Educational Attainment* – Persons with low educational attainment are those with only a high school graduation certificate or less while those with high educational attainment are those with a university bachelor’s degree or higher.

*Income* – Persons with low income are those with individual after-tax income less than \$20k while those with high income reported \$50k or more. This includes income from all sources.

*LICO* uses the income levels of a given family and considers how large a share of its income is spent on necessities such as food, shelter and clothing. If the amount a family spends is 20% higher than an average family in a year, it falls into the low-income cut-off category. People who live below income cut-offs may be said to live in “straitened circumstances.” (Human Resources and Skills Development Canada, August 2009.) LICO Before-Tax (LICO-BT) is used in findings

drawn from the 2021 census sample drawing on the Quebec population in private households. LICO-After Tax (LICO-AT) is used in findings drawn from the 2021 census sample of parents with at least one child 0-5 living in census families in Quebec. (See Data Source below for sample explanation).

*Mobility status* – (Place of residence 5 years ago) Refers to the status of a person with regard to the place of residence on the reference day, May 10, 2021, in relation to the place of residence on the same date five years earlier.

-Persons who have not moved are referred to as non-movers and persons who have moved from one residence to another are referred to as movers.

-Movers include non-migrants and migrants.

-Non-migrants are persons who did move but remained in the same city, town, township, village or Indian reserve.

-Migrants include internal migrants who moved to a different city, town, township, village or Indian reserve within Canada.

-External migrants include persons who lived outside Canada at the earlier reference date. External migrants are referred to as immigrants in this document.

## Methodological Notes

### *Data Source*

These profiles draw information from datasets developed by the Community Health and Social Services Network (CHSSN) using the 2021 Census of Canada. Findings are provided for Québec's RTS territories in which there are at least 250 English speaking residents. **Please note that the profiles are divided into two sections. Section 1** provides information drawn from the 2021 census sample of the Québec population living in private households. **Section 2** provides information on the 2021 census sample of parents with at least one child aged 0 to 5 living in census families in Québec.

### *Linguistic definitions*

There are numerous linguistic definitions that are used to identify the English-speaking population in Québec. The choice of linguistic indicator depends largely on the issue being examined. These profiles use the [First Official Language Spoken](#) (FOLS) definition with multiple responses proportionally distributed since it best reflects the total English-speaking health service users in the province. First Official Language Spoken is derived from three census questions: knowledge of official languages, mother tongue and home language. Dual responses are divided equally among English-speaking and French-speaking groups. Other definitions include [Mother tongue](#) which refers to the first language learned at home in childhood and still understood. The [language most often spoken at home](#) is used to designate the home language. [Knowledge of official languages](#) indicates the official language in which a person can carry on a conversation. The [language used most often at work](#) indicates the language spoken most frequently at work.

### *Demographic and Socio-economic Characteristics*

The demographic and socio-economic variables addressed in these profiles are:

- Population size
- Household living arrangements
- Income
- Low-income cut-off (LICO)
- Educational attainment
- Labour force activity
- Visible minority status
- Family Structure
- Aboriginal identity
- Recent Immigrant status

## Section 1: Children 0-5

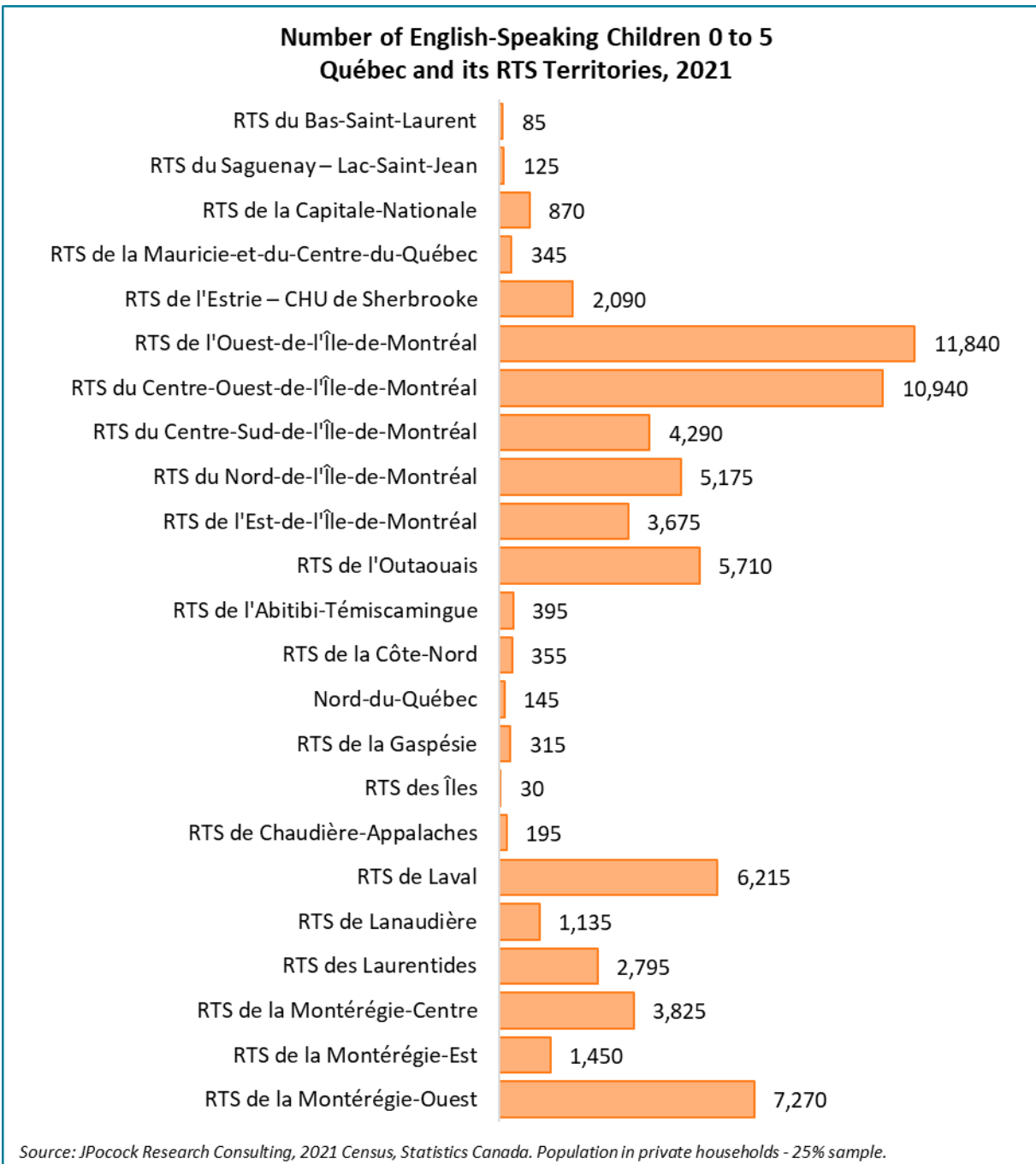
## Children 0 to 5 Across Québec

### Proportion of Children Across Québec

Size and Proportion English-speaking Children 0 to 5 and French-speaking Children 0 to 5 Québec and its RTS Territories, 2021							
Geography	English-speaking Population				French-speaking Population		
	Total English-speaking Population	Share of Total Population	English-speaking Children 0 to 5	English-speaking Children 0 to 5 (%)	Total French-speaking Population	French-speaking Children 0 to 5	French-speaking Children 0 to 5 (%)
Québec	1,244,440	15.0%	71,730	5.8%	6,985,640	424,480	6.1%
RTS du Bas-Saint-Laurent	1,480	0.8%	85	5.7%	190,430	9,965	5.2%
RTS du Saguenay – Lac-Saint-Jean	2,265	0.8%	125	5.5%	266,350	15,340	5.8%
RTS de la Capitale-Nationale	17,375	2.4%	870	5.0%	717,370	42,670	5.9%
RTS de la Mauricie-et-du-Centre-du-Québec	7,415	1.5%	345	4.7%	497,865	29,230	5.9%
RTS de l'Estrie – CHU de Sherbrooke	40,155	8.2%	2,090	5.2%	446,485	26,585	6.0%
RTS de l'Ouest-de-l'Île-de-Montréal	208,280	58.1%	11,840	5.7%	143,325	7,500	5.2%
RTS du Centre-Ouest-de-l'Île-de-Montréal	202,265	57.4%	10,940	5.4%	140,530	6,660	4.7%
RTS du Centre-Sud-de-l'Île-de-Montréal	95,110	30.5%	4,290	4.5%	211,745	10,695	5.1%
RTS du Nord-de-l'Île-de-Montréal	100,160	23.6%	5,175	5.2%	312,710	22,160	7.1%
RTS de l'Est-de-l'Île-de-Montréal	81,530	15.9%	3,675	4.5%	419,660	28,330	6.8%
RTS de l'Outaouais	82,385	20.7%	5,710	6.9%	314,395	19,675	6.3%
RTS de l'Abitibi-Témiscamingue	5,830	4.1%	395	6.8%	137,800	9,160	6.6%
RTS de la Côte-Nord	5,335	6.2%	355	6.7%	80,780	4,655	5.8%
Nord-du-Québec	1,755	12.0%	145	8.3%	12,890	905	7.0%
RTS de la Gaspésie	7,005	9.3%	315	4.5%	68,105	2,995	4.4%
RTS des Îles	720	5.8%	30	4.2%	11,730	550	4.7%
RTS de Chaudière-Appalaches	5,070	1.2%	195	3.8%	416,110	26,295	6.3%
RTS de Laval	104,535	24.3%	6,215	5.9%	316,190	18,180	5.7%
RTS de Lanaudière	17,675	3.4%	1,135	6.4%	500,090	32,610	6.5%
RTS des Laurentides	46,085	7.4%	2,795	6.1%	576,650	35,065	6.1%
RTS de la Montérégie-Centre	62,750	15.1%	3,825	6.1%	346,840	21,630	6.2%
RTS de la Montérégie-Est	24,115	4.6%	1,450	6.0%	496,400	30,960	6.2%
RTS de la Montérégie-Ouest	99,925	21.7%	7,270	7.3%	357,745	22,525	6.3%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

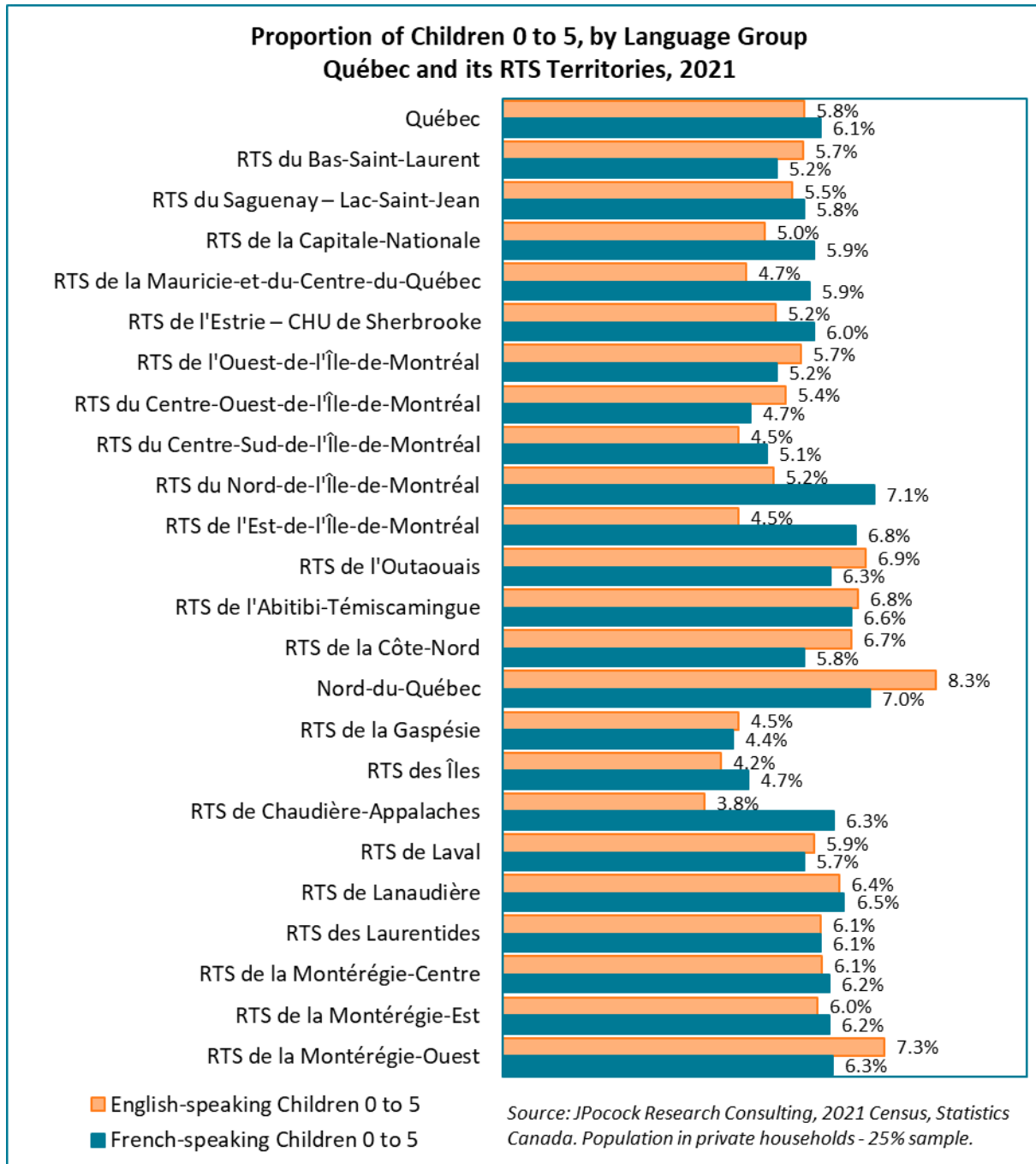
## Number of English Children 0 to 5 Across Québec



- There are 71, 730 English-speaking children aged 0 to 5 living in Quebec, and they represent 5.8% of the total English-speaking population.
- The number of English-speaking children aged 0-5 ranges from close to 36,000 among the five RTS regions of Montreal and 12,545 among the RTS of Montérégie to 30 children in des Îles, 85 in Bas-Saint-Laurent and 125 in Saguenay- Lac-Saint-Jean.



## Proportion of Children 0 to 5 Across Québec



- English-speaking children aged 0 to 5 years of age represent 5.8% of Québec's English-speaking population.
- The proportion represented by children 0 to 5 varies by region ranging from 3.8% in Chaudière-Appalaches to 8.3% in Nord-du-Québec and 7.3% in Montérégie-Ouest.

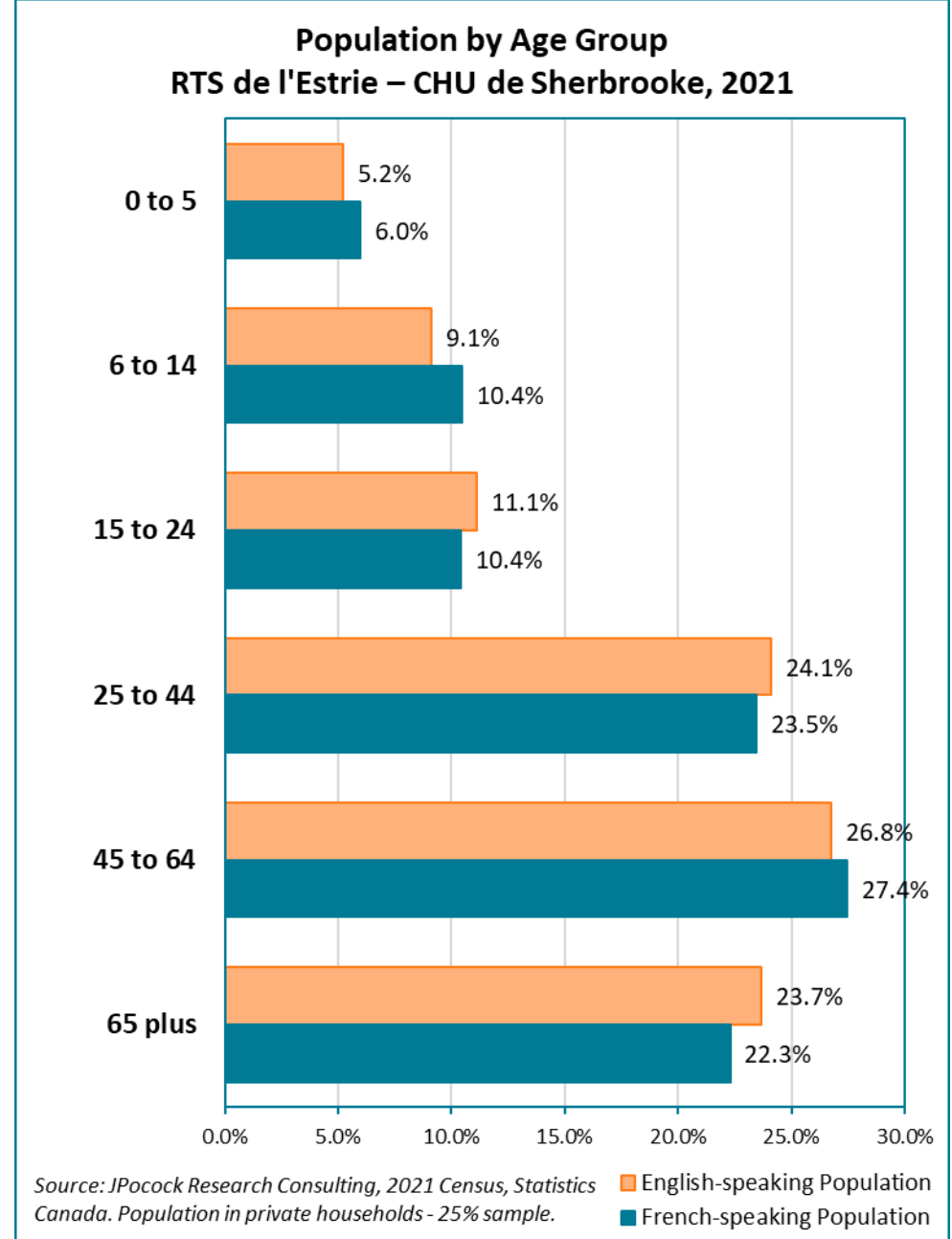
## Children 0 to 5 in RTS de l'Estrie – CHU de Sherbrooke

### Population by Age

Age Groups English- and French-speaking Population RTS de l'Estrie – CHU de Sherbrooke, 2021				
Age Group	English-speaking Population	French-speaking Population	English-speaking Population (%)	French-speaking Population (%)
Total	40,155	446,485	100.0%	100.0%
0 to 5	2,090	26,585	5.2%	6.0%
6 to 14	3,660	46,640	9.1%	10.4%
15 to 24	4,470	46,425	11.1%	10.4%
25 to 44	9,675	104,770	24.1%	23.5%
45 to 64	10,745	122,530	26.8%	27.4%
65 plus	9,515	99,535	23.7%	22.3%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

- In 2021, there were 40,155 English-speaking persons in RTS de l'Estrie – CHU de Sherbrooke. Of these, 2,090 (5.2%) were in the 0 to 5 age group.
- The proportion of children aged 0 to 5 in the English-speaking population was lower than that of French-speaking population (6.0%).
- The proportion of children aged 0 to 5 in the English-speaking population of RTS de l'Estrie – CHU de Sherbrooke was lower than the average for Quebec's English-speaking population (5.8%).

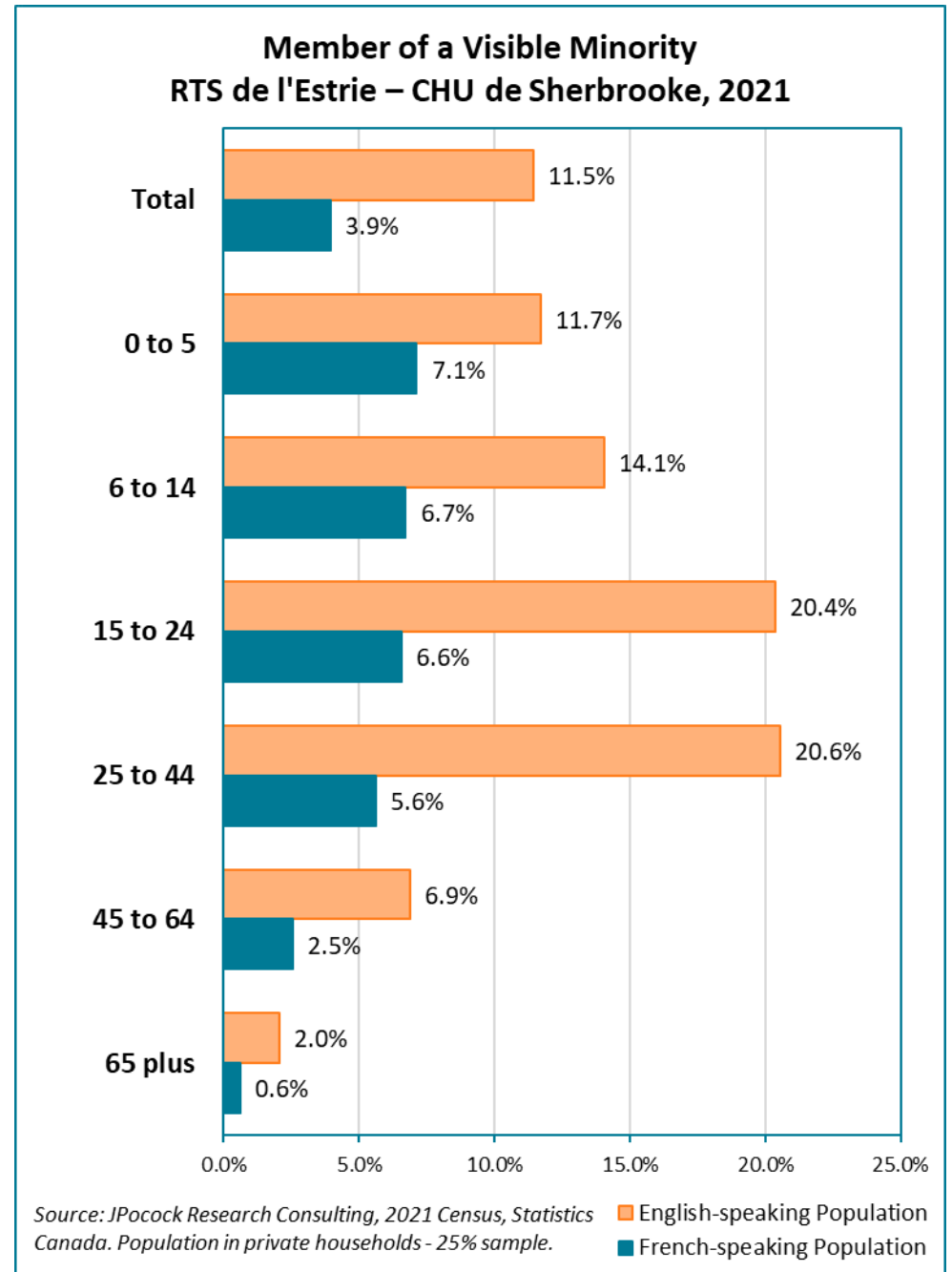


## Visible Minority by Age

Visible Minority Status English- and French-speaking Population RTS de l'Estrie – CHU de Sherbrooke, 2021						
Age Group	English-speaking Population			French-speaking Population		
	Total	Visible Minority	Visible Minority (%)	Total	Visible Minority	Visible Minority (%)
Total	40,155	4,600	11.5%	446,485	17,625	3.9%
0 to 5	2,090	245	11.7%	26,585	1,895	7.1%
6 to 14	3,660	515	14.1%	46,640	3,130	6.7%
15 to 24	4,470	910	20.4%	46,425	3,050	6.6%
25 to 44	9,675	1,990	20.6%	104,770	5,865	5.6%
45 to 64	10,745	740	6.9%	122,530	3,100	2.5%
65 plus	9,515	195	2.0%	99,535	590	0.6%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada.  
Population in private households - 25% sample.

- In RTS de l'Estrie – CHU de Sherbrooke there were 2,090 English-speaking children aged 0 to 5. Of these children, 245 (11.7%) were members of a visible minority. This proportion was much higher than that displayed by the French-speaking population (7.1%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who were members of a visible minority was similar to that of the total English-speaking population of RTS de l'Estrie – CHU de Sherbrooke (11.5%).
- For the overall English-speaking population of RTS de l'Estrie – CHU de Sherbrooke, there were 4,600 persons who were members of a visible minority, representing 11.5% of that population. The level for RTS de l'Estrie – CHU de Sherbrooke is much lower than the provincial average (35.9%).

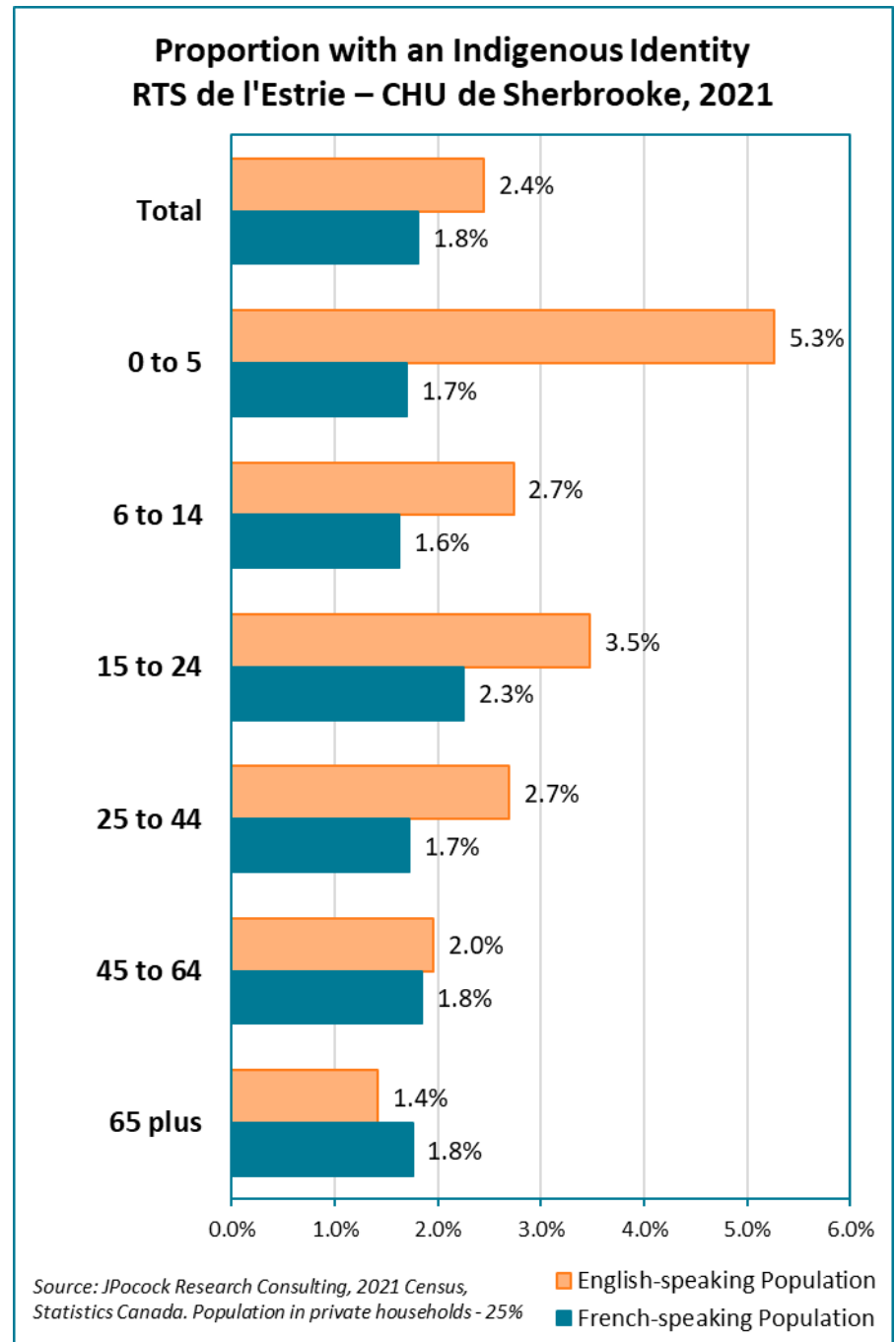


## Indigenous Identity by Age

Indigenous Identity English- and French-speaking Population RTS de l'Estrie – CHU de Sherbrooke, 2021						
Age Group	English-speaking Population			French-speaking Population		
	Total	Indigenous Identity	Indigenous Identity (%)	Total	Indigenous Identity	Indigenous Identity (%)
Total	40,150	980	2.4%	446,480	8,080	1.8%
0 to 5	2,090	110	5.3%	26,585	450	1.7%
6 to 14	3,660	100	2.7%	46,635	760	1.6%
15 to 24	4,465	155	3.5%	46,420	1,045	2.3%
25 to 44	9,670	260	2.7%	104,765	1,810	1.7%
45 to 64	10,745	210	2.0%	122,530	2,255	1.8%
65 plus	9,520	135	1.4%	99,535	1,745	1.8%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample. In 2021, Statistics Canada replaced "Aboriginal Identity" with "Indigenous Identity".*

- In RTS de l'Estrie – CHU de Sherbrooke there were 2,090 English-speaking children aged 0 to 5. Of these children, 110 (5.3%) reported an Indigenous identity. This proportion was much higher than that displayed by the French-speaking population (1.7%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who reported an Indigenous identity was much higher than that of the total English-speaking population of Québec (2.4%).
- For the overall English-speaking population of RTS de l'Estrie – CHU de Sherbrooke, there were 980 persons who reported an Indigenous identity, representing 2.4% of that population. The level for RTS de l'Estrie – CHU de Sherbrooke is much lower than the provincial average (4.0%).

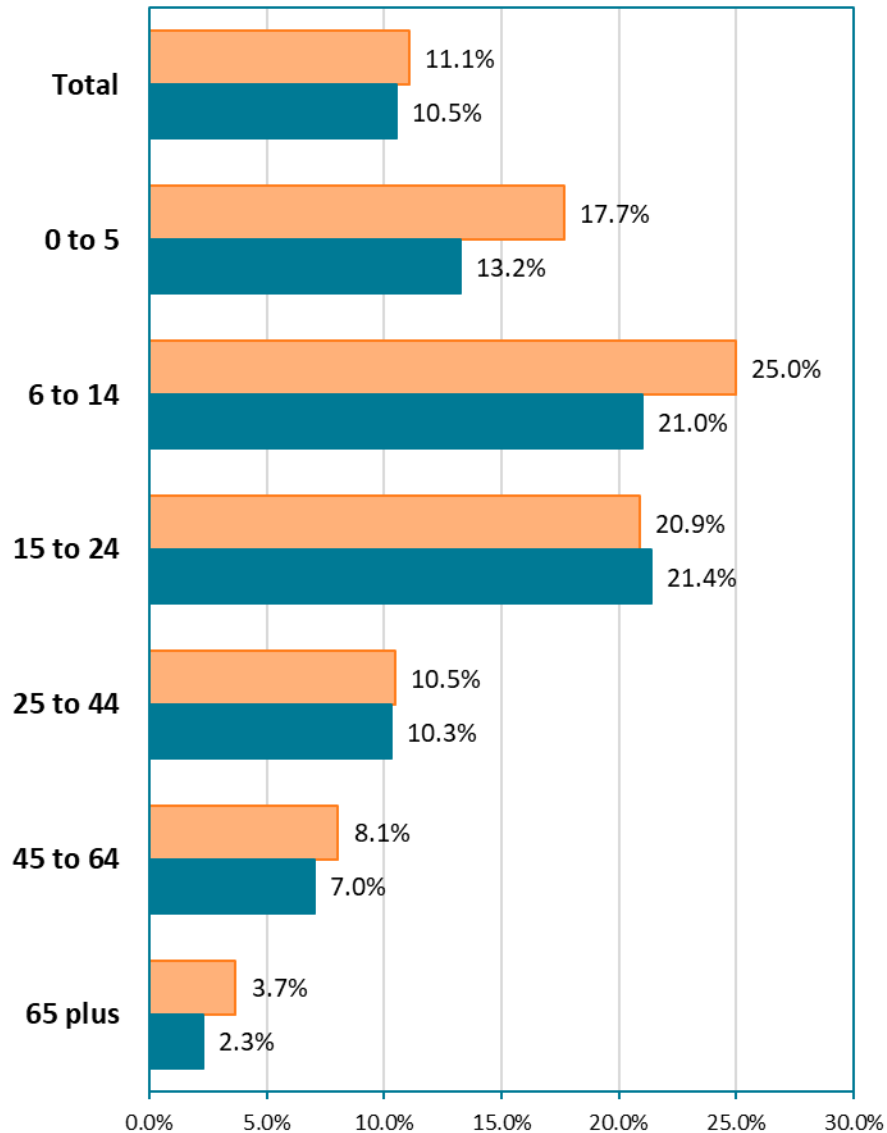


Household Living Arrangements by Age

Household Living Arrangements English- and French-speaking Population RTS de l'Estrie – CHU de Sherbrooke, 2021												
Age Group	English-speaking Population						French-speaking Population					
	Total	In a Census Family	Spouses, common-law parents and children	Lone parents and children	Total persons in non-Census families	Living with relatives	Total	In a Census Family	Spouses, common-law parents and children	Lone parents and children	Total persons in non-Census families	Living with relatives
Total	40,155	30,925	26,475	4,455	9,230	790	446,485	351,140	304,145	46,995	95,345	6,705
0 to 5	2,090	2,080	1,710	370	-	-	26,585	26,405	22,870	3,520	180	180
6 to 14	3,660	3,635	2,720	915	35	35	73,225	72,545	57,165	15,375	680	680
15 to 24	4,470	3,600	2,665	935	870	100	46,425	38,660	28,730	9,930	7,765	945
25 to 44	9,675	7,565	6,540	1,015	2,105	120	104,770	83,520	72,710	10,815	21,255	1,310
45 to 64	10,745	8,120	7,255	865	2,625	185	122,530	92,090	83,490	8,600	30,435	1,470
65 plus	9,515	5,925	5,575	350	3,595	325	99,535	64,325	62,055	2,270	35,205	2,270
Total	100.0%	77.0%	65.9%	11.1%	23.0%	2.0%	100.0%	78.6%	68.1%	10.5%	21.4%	1.5%
0 to 5	100.0%	99.5%	81.8%	17.7%	-	-	100.0%	99.3%	86.0%	13.2%	0.7%	0.7%
6 to 14	100.0%	99.3%	74.3%	25.0%	1.0%	1.0%	100.0%	99.1%	78.1%	21.0%	0.9%	0.9%
15 to 24	100.0%	80.5%	59.6%	20.9%	19.5%	2.2%	100.0%	83.3%	61.9%	21.4%	16.7%	2.0%
25 to 44	100.0%	78.2%	67.6%	10.5%	21.8%	1.2%	100.0%	79.7%	69.4%	10.3%	20.3%	1.3%
45 to 64	100.0%	75.6%	67.5%	8.1%	24.4%	1.7%	100.0%	75.2%	68.1%	7.0%	24.8%	1.2%
65 plus	100.0%	62.3%	58.6%	3.7%	37.8%	3.4%	100.0%	64.6%	62.3%	2.3%	35.4%	2.3%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

### Lone Parent Families RTS de l'Estrie – CHU de Sherbrooke, 2021



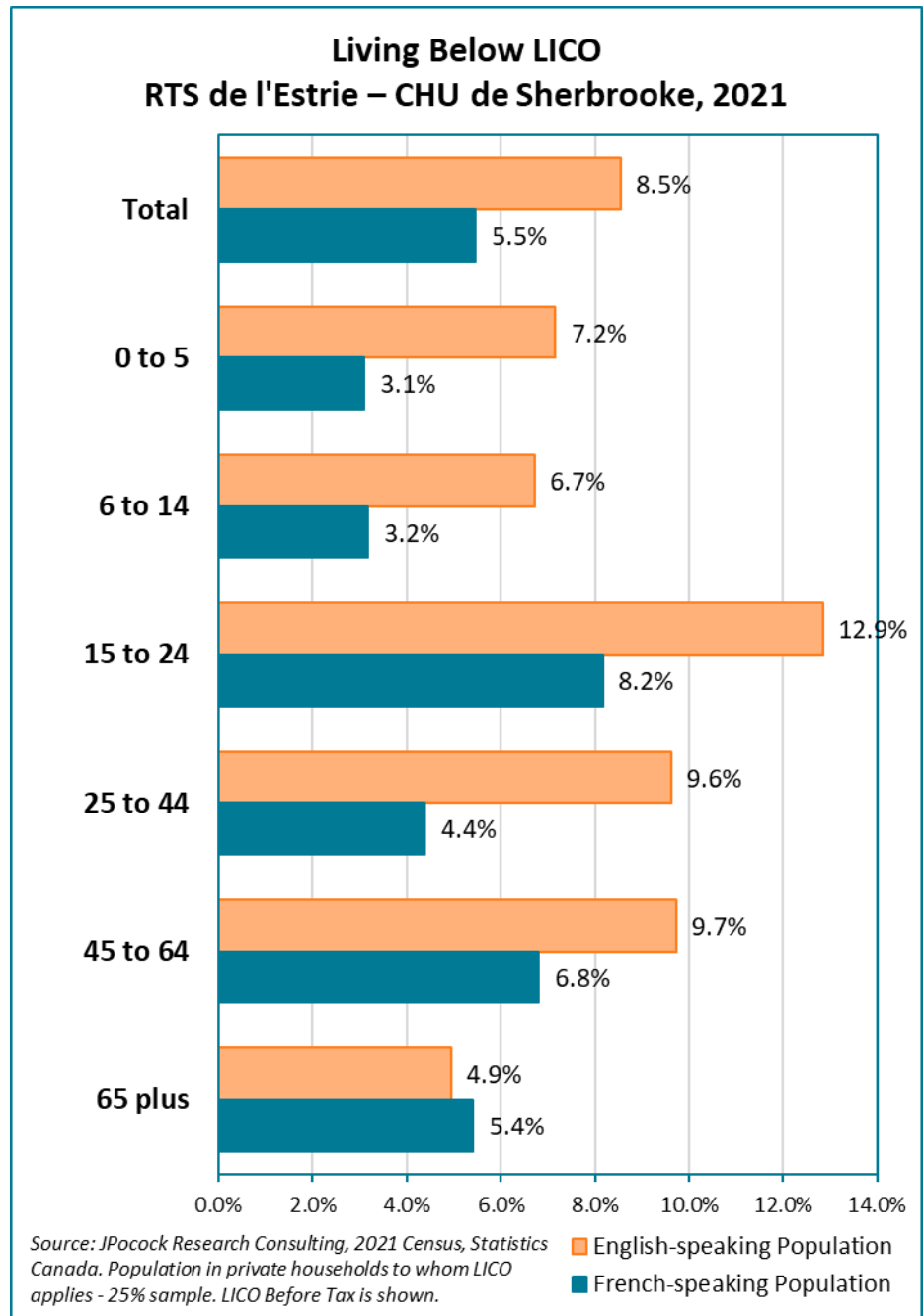
Source: JPocock Research Consulting, 2021 Census, Statistics Canada. English-speaking Population in private households - 25% sample. French-speaking Population

- In RTS de l'Estrie – CHU de Sherbrooke there were 2,090 English-speaking children aged 0 to 5. Of these children, 370 (17.7%) were in lone parent families. This proportion was higher than that displayed by the French-speaking population (13.2%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who were in lone parent families was much higher than that of the total English-speaking population of RTS de l'Estrie – CHU de Sherbrooke (11.1%).
- For the overall English-speaking population of RTS de l'Estrie – CHU de Sherbrooke, there were 4,455 persons in lone parent families, representing 11.1% of that population. The level for RTS de l'Estrie – CHU de Sherbrooke is lower than the provincial average (12.1%).

Living Below LICO English- and French-speaking Population RTS de l'Estrie – CHU de Sherbrooke, 2021						
Age Group	English-speaking Population			French-speaking Population		
	Total to whom LICO applies	Below LICO	Below LICO (%)	Total to whom LICO applies	Below LICO	Below LICO (%)
Total	40,155	3,430	8.5%	446,485	24,435	5.5%
0 to 5	2,095	150	7.2%	26,590	825	3.1%
6 to 14	3,650	245	6.7%	46,640	1,485	3.2%
15 to 24	4,470	575	12.9%	46,415	3,790	8.2%
25 to 44	9,665	930	9.6%	104,765	4,600	4.4%
45 to 64	10,740	1,045	9.7%	122,525	8,345	6.8%
65 plus	9,520	470	4.9%	99,540	5,390	5.4%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada.  
Population in private households to whom LICO applies - 25% sample. LICO Before Tax is shown.

- In RTS de l'Estrie – CHU de Sherbrooke there were 2,095 English-speaking children aged 0 to 5. Of these children, 150 (7.2%) were living below LICO. This proportion was much higher than that displayed by the French-speaking population (3.1%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who were living below LICO was lower than that of the total English-speaking population of RTS de l'Estrie – CHU de Sherbrooke (8.5%).
- For the overall English-speaking population of RTS de l'Estrie – CHU de Sherbrooke, there were 3,430 persons who were living below LICO, representing 8.5% of that population. The level for RTS de l'Estrie – CHU de Sherbrooke is much lower than the provincial average (12.1%).



## Section 2: Parents of Children 0 to 5

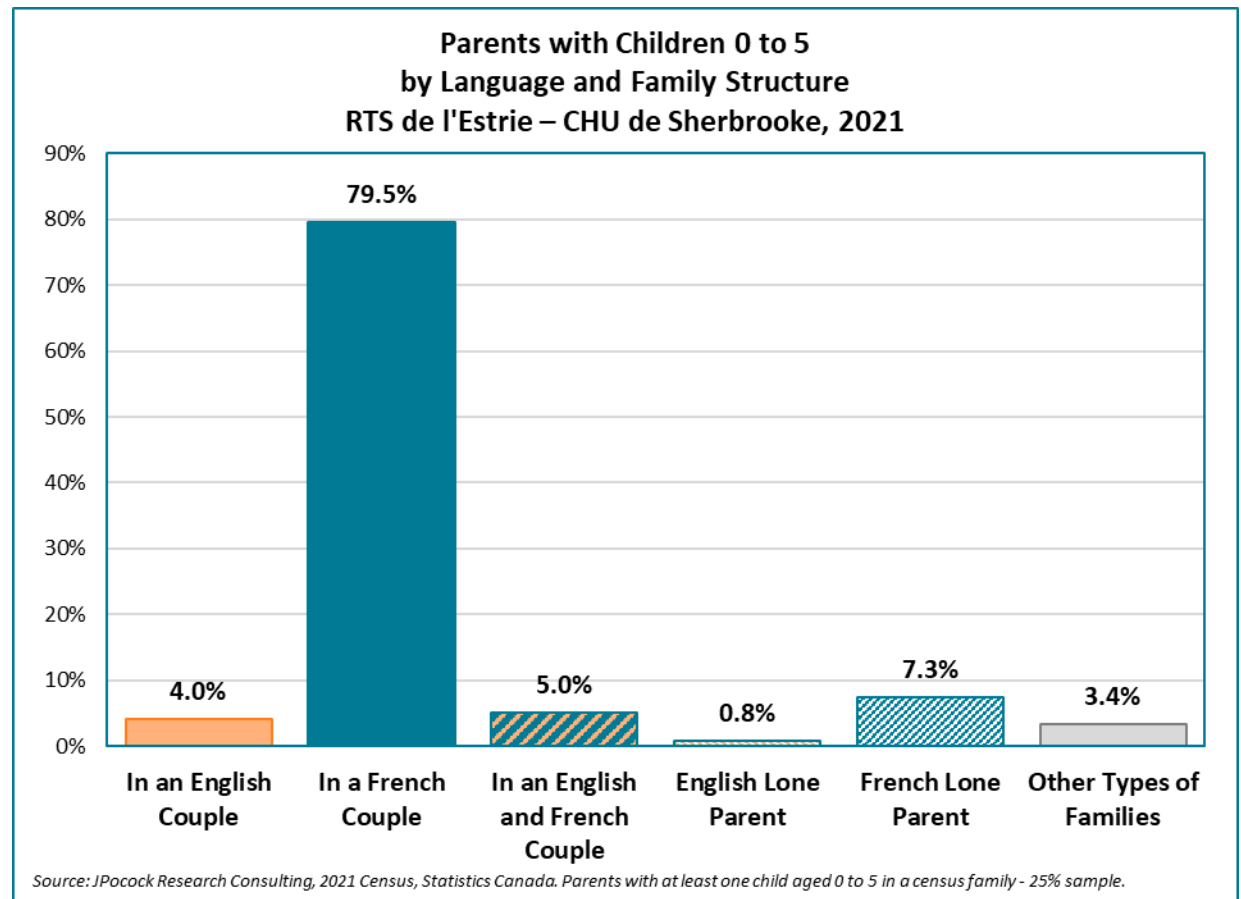
The statistics presented in this section of the profile are drawn from the 2021 census sample of parents with at least one child aged 0 to 5 living in a census family. Children of other ages may be present.



## Language and Family Structure of Parents with Children 0 to 5

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Age RTS de l'Estrie – CHU de Sherbrooke, 2021	
Census Family Structure and Language	Total
All Parents with Children 0 to 5	37,850
In an English Couple	1,520
In a French Couple	30,100
In an English and French Couple	1,895
English Lone Parent	295
French Lone Parent	2,775
Other Types of Families	1,270
Percentages	
All Parents with Children 0 to 5	100.0%
In an English Couple	4.0%
In a French Couple	79.5%
In an English and French Couple	5.0%
English Lone Parent	0.8%
French Lone Parent	7.3%
Other Types of Families	3.4%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*

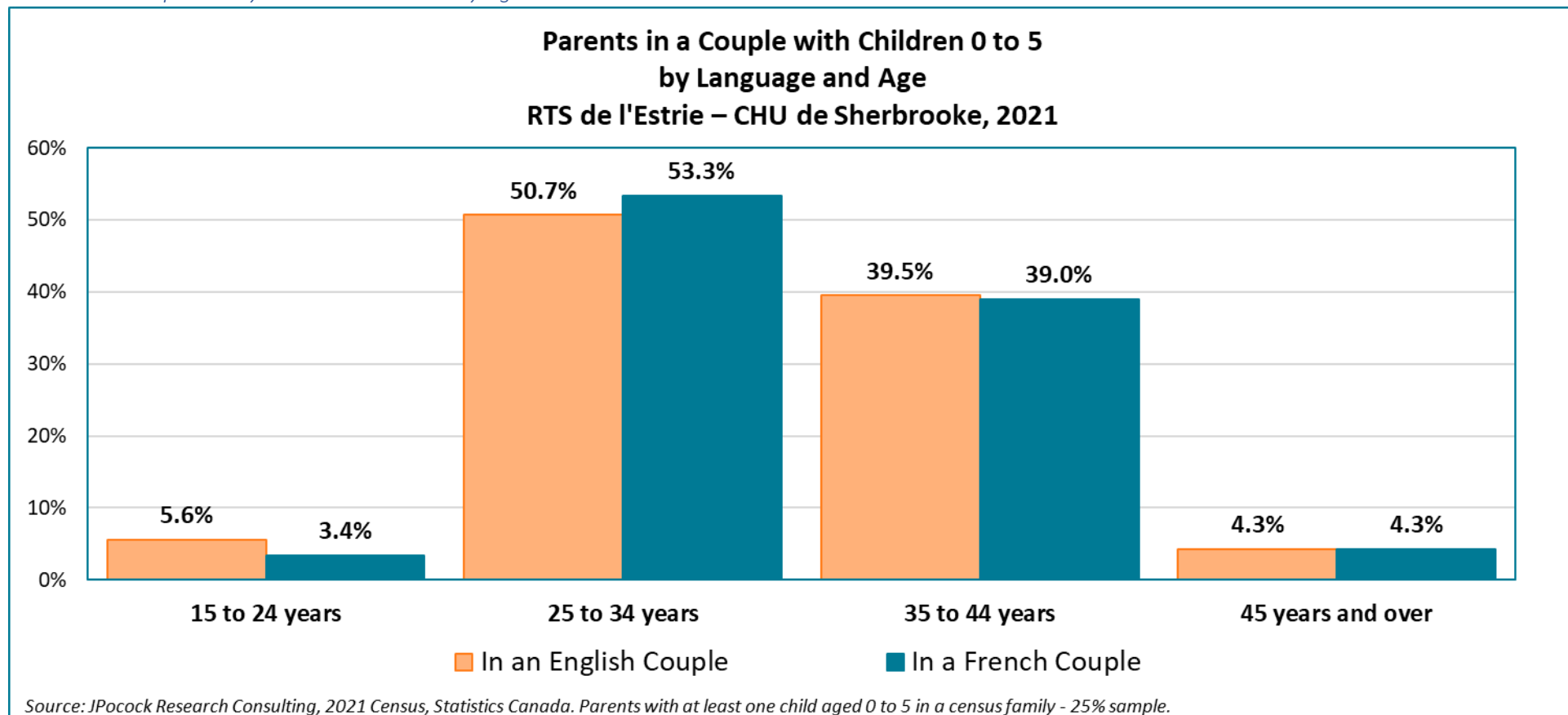


- In RTS de l'Estrie – CHU de Sherbrooke there were 37,850 parents with at least one child aged 0 to 5. Of these parents, 1,520 (4.0%) were part of an English-speaking couple, while 295 (0.8%) were English-speaking lone parents.

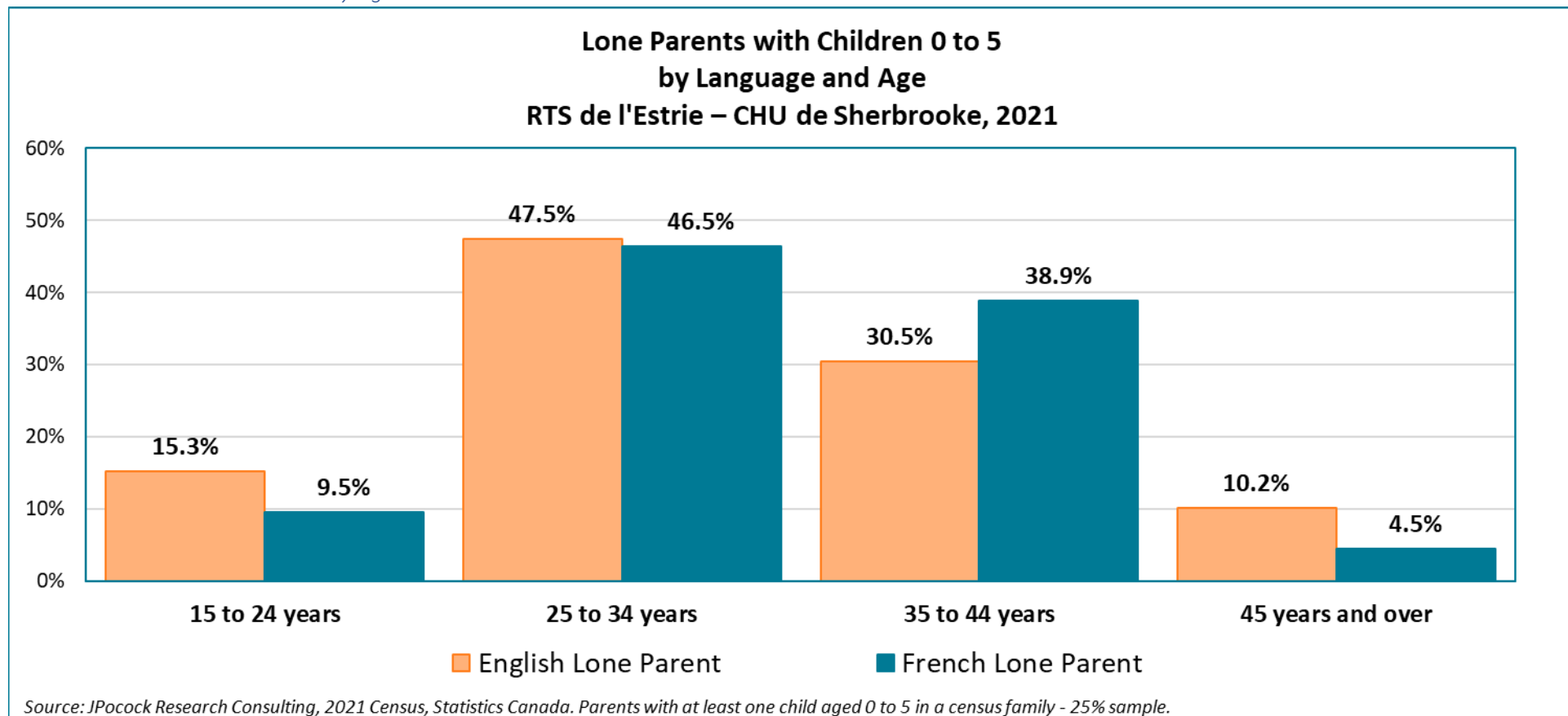
**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Age  
RTS de l'Estrie – CHU de Sherbrooke, 2021**

<b>Census Family Structure and Language</b>	<b>Total</b>	<b>15 to 24 years</b>	<b>25 to 34 years</b>	<b>35 to 44 years</b>	<b>45 years and over</b>
<b>All Parents with Children 0 to 5</b>	37,850	1,555	19,535	14,940	1,815
<b>In an English Couple</b>	1,520	85	770	600	65
<b>In a French Couple</b>	30,100	1,015	16,055	11,745	1,280
<b>In an English and French Couple</b>	1,895	55	800	895	140
<b>English Lone Parent</b>	295	45	140	90	30
<b>French Lone Parent</b>	2,775	265	1,290	1,080	125
<b>Other Types of Families</b>	1,270	85	485	530	165
<b>Percentages</b>					
<b>All Parents with Children 0 to 5</b>	100.0%	4.1%	51.6%	39.5%	4.8%
<b>In an English Couple</b>	100.0%	5.6%	50.7%	39.5%	4.3%
<b>In a French Couple</b>	100.0%	3.4%	53.3%	39.0%	4.3%
<b>In an English and French Couple</b>	100.0%	2.9%	42.2%	47.2%	7.4%
<b>English Lone Parent</b>	100.0%	15.3%	47.5%	30.5%	10.2%
<b>French Lone Parent</b>	100.0%	9.5%	46.5%	38.9%	4.5%
<b>Other Types of Families</b>	100.0%	6.7%	38.2%	41.7%	13.0%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*



- In RTS de l'Estrie – CHU de Sherbrooke, 4.1% of parents with children aged 0 to 5 were between the ages of 15 and 24. Within English-speaking couples, 5.6% of parents with young children were within this age group, which was much higher than the proportion within French-speaking couples (3.4%) and much higher than the overall average
- Among parents with children aged 0 to 5 in English-speaking couples, 50.7% were between the ages of 25 and 34. This was lower than the proportion for French-speaking couples (53.3%).
- Among parents with children aged 0 to 5 in English-speaking couples, 39.5% were between the ages of 35 and 44. This was similar to the proportion for French-speaking couples (39.0%).
- Among parents with children aged 0 to 5, the majority (91.1%) were between the ages of 25 and 44. Within English-speaking couples, 90.1% were within this age category, which was similar to the proportion for French-speaking couples (92.4%) and similar to the overall average.
- In RTS de l'Estrie – CHU de Sherbrooke, 4.8% of parents with children aged 0 to 5 were 45 years of age or older. Within English-speaking couples, 4.3% of parents with young children were within this age group, which was similar to the proportion within French-speaking couples (4.3%) and lower than the overall average.



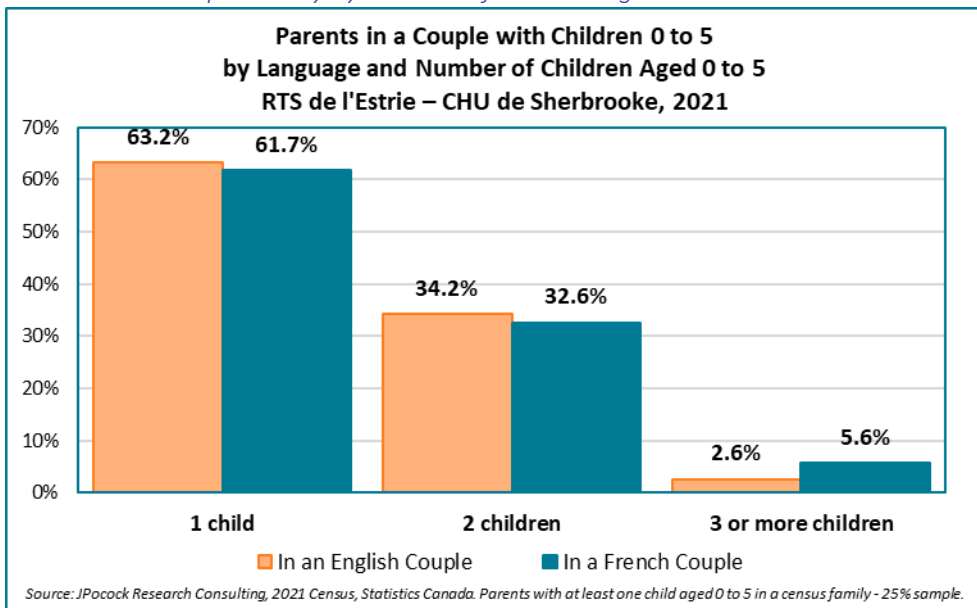
- Among English-speaking lone parents with at least one child aged 0 to 5, 15.3% were between the ages of 15 and 24. This was much higher than the proportion among French-speaking lone parents (9.5%).
- Among English-speaking lone parents with children aged 0 to 5, 47.5% were between the ages of 25 and 34. This was similar to the proportion among French-speaking lone parents (46.5%).
- Among English-speaking lone parents with children aged 0 to 5, 30.5% were between the ages of 35 and 44. This was much lower than the proportion among French-speaking lone parents (38.9%).
- A large majority of parents with young children fall within the combined age group of 25 to 44. Among English-speaking lone parents with children aged 0 to 5, approximately 78.0% were between the ages of 25 and 44. This was lower than the proportion for French-speaking lone parents (85.4%).
- In Québec, 10.2% of English-speaking lone parents with young children (0 to 5) were 45 years old or older. This was much higher than the proportion among French-speaking lone parents with young children (4.5%).

**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Number of Children  
RTS de l'Estrie – CHU de Sherbrooke, 2021**

<b>Census Family Structure and Language</b>	<b>Total</b>	<b>1 child</b>	<b>2 children</b>	<b>3 or more children</b>
<b>All Parents with Children 0 to 5</b>	37,850	23,955	11,945	1,950
<b>In an English Couple</b>	1,520	960	520	40
<b>In a French Couple</b>	30,100	18,575	9,825	1,700
<b>In an English and French Couple</b>	1,895	1,220	575	95
<b>English Lone Parent</b>	295	245	45	-
<b>French Lone Parent</b>	2,775	2,125	590	60
<b>Other Types of Families</b>	1,270	830	395	50
<b>Percentages</b>				
<b>All Parents with Children 0 to 5</b>	100.0%	63.3%	31.6%	5.2%
<b>In an English Couple</b>	100.0%	63.2%	34.2%	2.6%
<b>In a French Couple</b>	100.0%	61.7%	32.6%	5.6%
<b>In an English and French Couple</b>	100.0%	64.4%	30.3%	5.0%
<b>English Lone Parent</b>	100.0%	83.1%	15.3%	0.0%
<b>French Lone Parent</b>	100.0%	76.6%	21.3%	2.2%
<b>Other Types of Families</b>	100.0%	65.4%	31.1%	3.9%

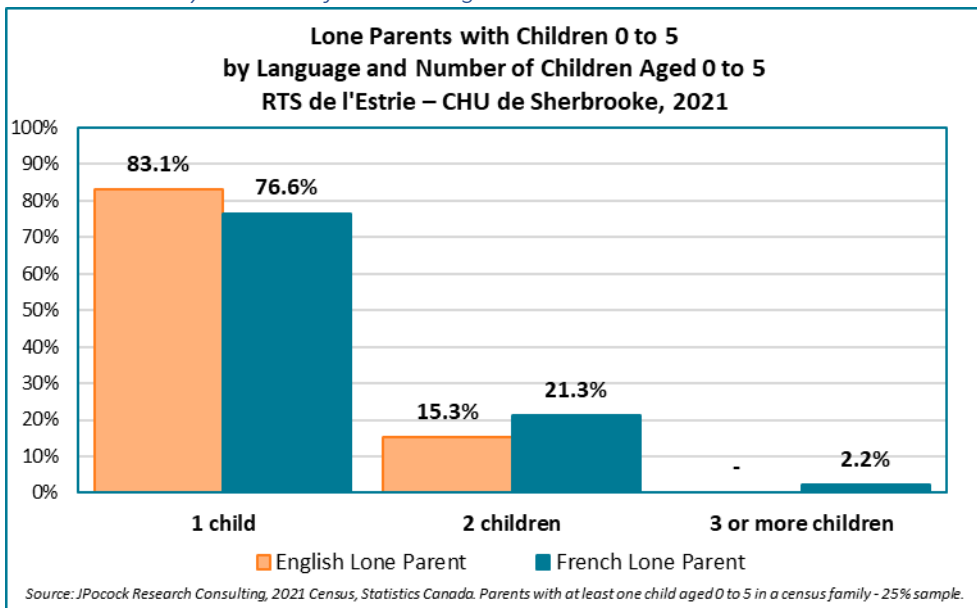
*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*

Parents in a Couple Family by Number of Children Aged 0 to 5



- In RTS de l'Estrie – CHU de Sherbrooke, 63.3% of all parents with children 0 to 5 had a single child within that age range. Among those parents in an English-speaking couple, 63.2% had a single child aged 0 to 5, which was similar to the proportion within French-speaking couples (61.7%) and similar to the overall average.
- Among parents in English-speaking couples with children aged 0 to 5, 34.2% had two children within that age range, which was higher than the proportion among French-speaking couples (32.6%).
- Among parents in English-speaking couples with children aged 0 to 5, 2.6% had three or more children within that age range, which was much lower than the proportion among French-speaking couples (5.6%).

Lone Parents by Number of Children Aged 0 to 5

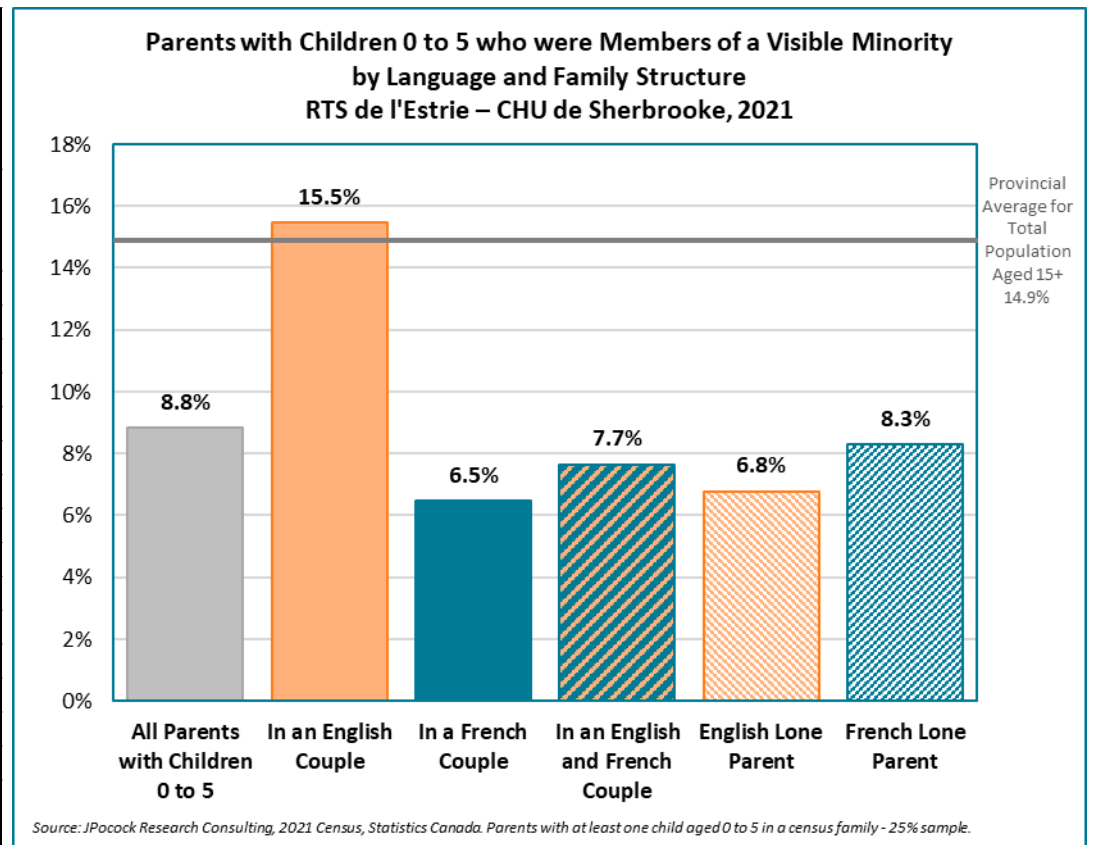


- In RTS de l'Estrie – CHU de Sherbrooke, 83.1% of English-speaking lone parents with children 0 to 5 had a single child in that age group, which was higher than the proportion within French-speaking lone parents (76.6%).
- Among parents in English-speaking lone parents with children aged 0 to 5, 15.3% had two children within that age range, which was much lower than the proportion among French-speaking couples (21.3%).

## Visible Minority Status

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Visible Minority Status RTS de l'Estrie – CHU de Sherbrooke, 2021			
Census Family Structure and Language	Total	Member of a Visible Minority	Not a Visible Minority
<b>All Parents with Children 0 to 5</b>	37,850	3,340	34,505
<b>In an English Couple</b>	1,520	235	1,285
<b>In a French Couple</b>	30,100	1,945	28,145
<b>In an English and French Couple</b>	1,895	145	1,750
<b>English Lone Parent</b>	295	20	275
<b>French Lone Parent</b>	2,775	230	2,545
<b>Other Types of Families</b>	1,270	760	510
Percentages			
<b>All Parents with Children 0 to 5</b>	100.0%	8.8%	91.2%
<b>In an English Couple</b>	100.0%	15.5%	84.5%
<b>In a French Couple</b>	100.0%	6.5%	93.5%
<b>In an English and French Couple</b>	100.0%	7.7%	92.3%
<b>English Lone Parent</b>	100.0%	6.8%	93.2%
<b>French Lone Parent</b>	100.0%	8.3%	91.7%
<b>Other Types of Families</b>	100.0%	59.8%	40.2%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.

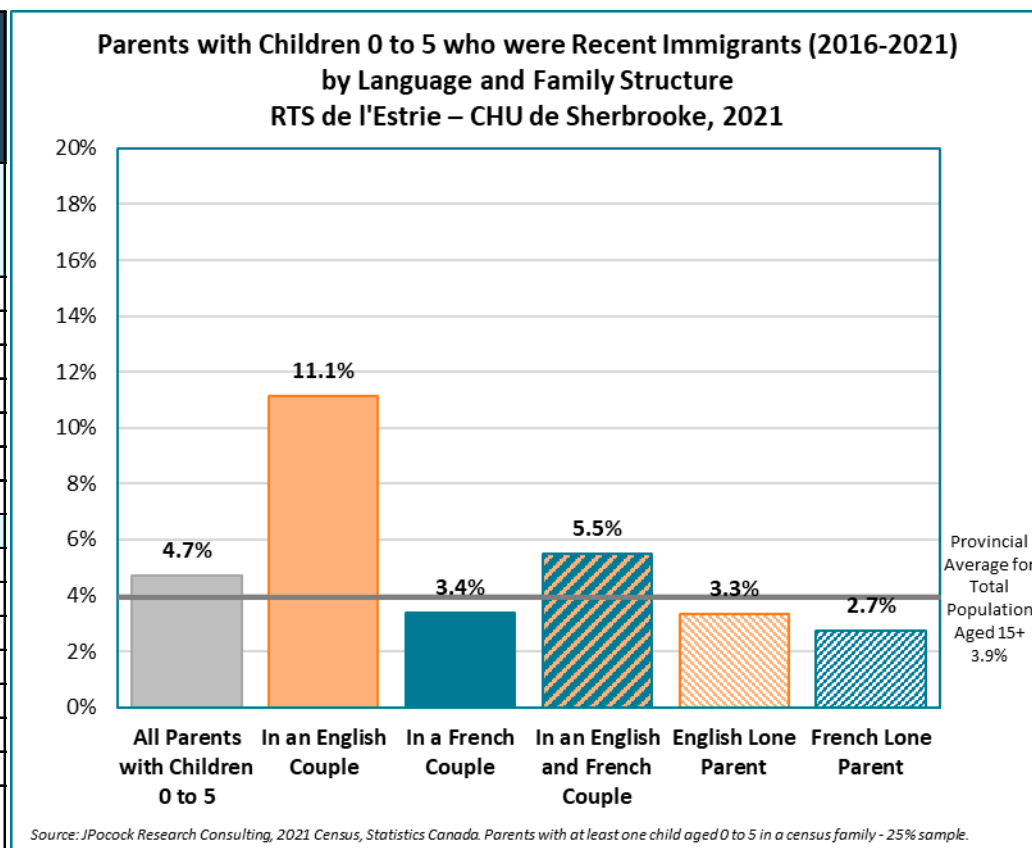


- In RTS de l'Estrie – CHU de Sherbrooke, 8.8% of parents with at least one child aged 0 to 5 were members of a visible minority in 2021.
- Among those parents in English-speaking couples, 15.5% were members of a visible minority, which was much higher than those in French-speaking couples (6.5%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 7.7% parents with children 0 to 5 were members of a visible minority. This was much lower than the proportion in English-speaking couples and higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 6.8% were a member of a visible minority. This was lower than the proportion of French-speaking lone parents (8.3%). English-speaking lone parents with children 0 to 5 were much less likely to report being a member of a visible minority than were parents with children of that age in English-speaking couples.

## Recent Mobility (2016 – 2021)

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Recent* Mobility Status RTS de l'Estrie – CHU de Sherbrooke, 2021				
Census Family Structure and Language	Total	Migrants	Inter-provincial Migrants	External Migrants (Immigrants)
All Parents with Children 0 to 5	76,920	28,925	845	3,620
In an English Couple	3,060	1,550	130	340
In a French Couple	61,120	22,055	415	2,070
In an English and French Couple	3,830	1,650	135	210
English Lone Parent	600	295	50	20
French Lone Parent	5,680	1,920	25	155
Other Types of Families	2,635	1,450	70	835
Percentages				
All Parents with Children 0 to 5	100.0%	37.6%	1.1%	4.7%
In an English Couple	100.0%	50.7%	4.2%	11.1%
In a French Couple	100.0%	36.1%	0.7%	3.4%
In an English and French Couple	100.0%	43.1%	3.5%	5.5%
English Lone Parent	100.0%	49.2%	8.3%	3.3%
French Lone Parent	100.0%	33.8%	0.4%	2.7%
Other Types of Families	100.0%	55.0%	2.7%	31.7%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. \*Between 2016 and 2021.*



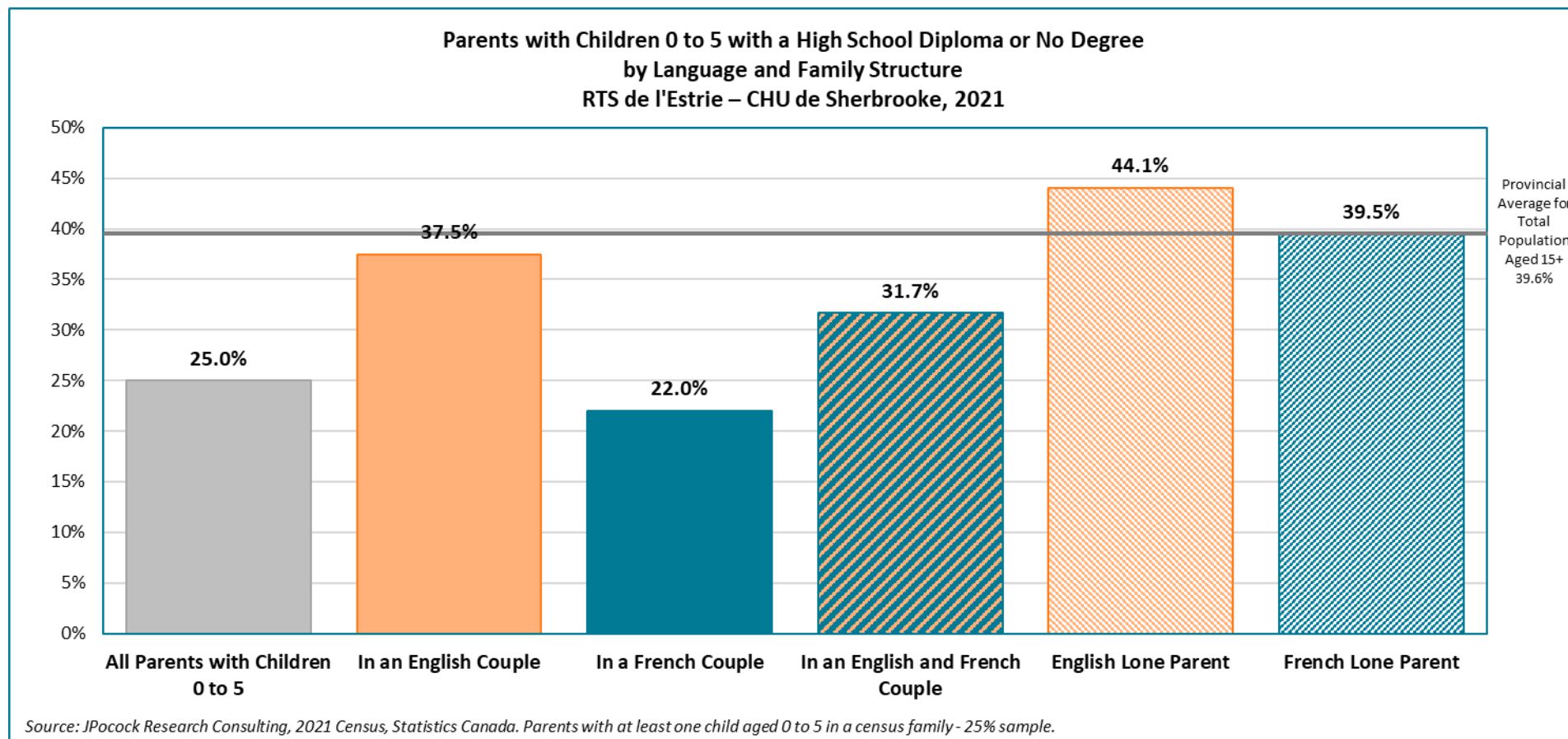
- In RTS de l'Estrie – CHU de Sherbrooke, 4.7% of parents with at least one child aged 0 to 5 were recent immigrants in 2021.
- Among those parents in English-speaking couples, 11.1% were recent immigrants, which was much higher than those in French-speaking couples (3.4%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 5.5% of parents with children 0 to 5 were recent immigrants. This was much lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 3.3% were a recent immigrant. This was much higher than the proportion of French-speaking lone parents (2.7%). English-speaking lone parents with children 0 to 5 were less likely to report being a recent immigrant than were parents with children of that age in English-speaking couples.



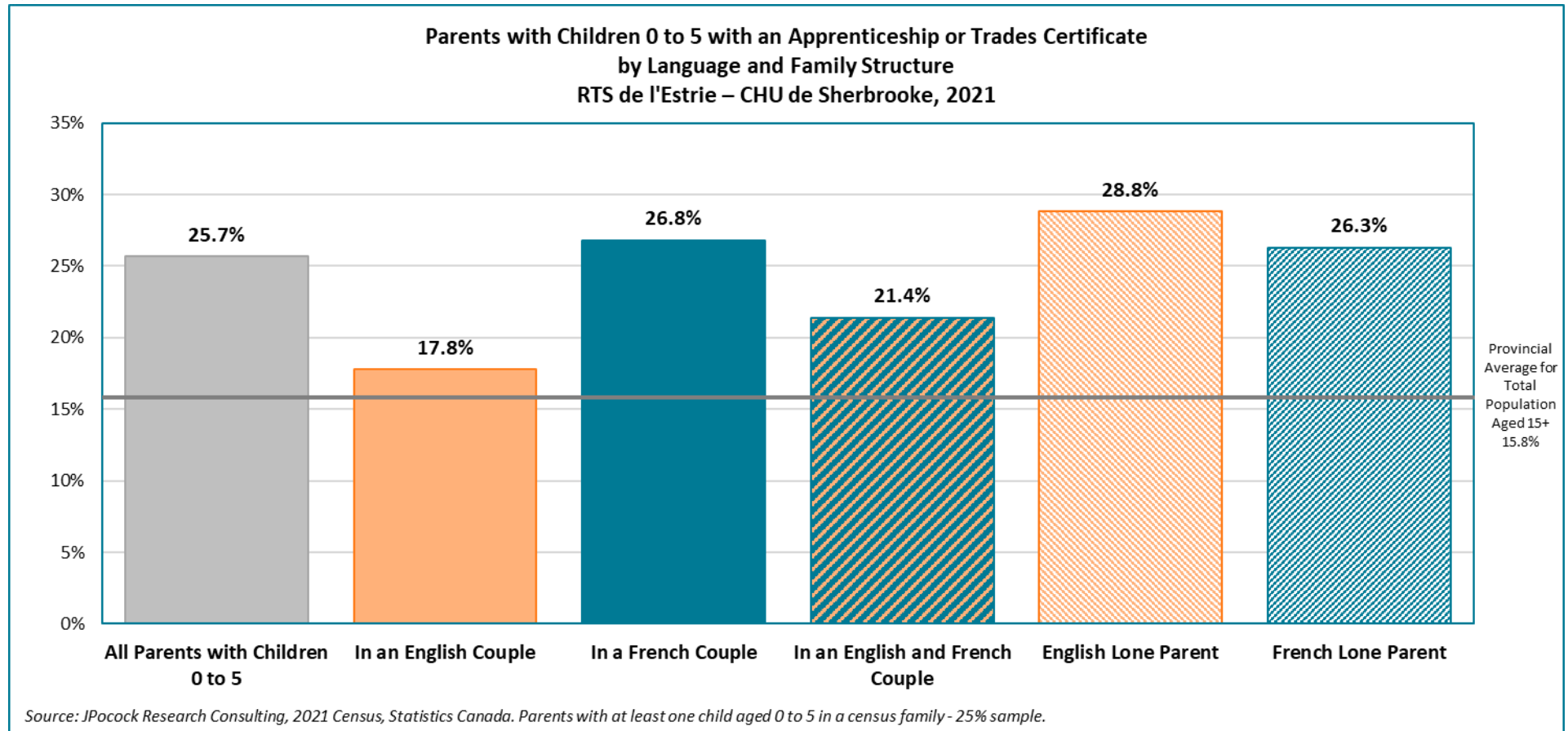
**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Highest Level of Education  
RTS de l'Estrie – CHU de Sherbrooke, 2021**

<b>Census Family Structure and Language</b>	<b>Total</b>	<b>High School Diploma or No Degree</b>	<b>Apprenticeship or Trades Certificate</b>	<b>College, CEGEP or Other Non-University</b>	<b>University Certificate Below BA</b>	<b>University BA or Higher</b>
<b>All Parents with Children 0 to 5</b>	37,850	9,450	9,715	6,975	955	10,760
<b>In an English Couple</b>	1,520	570	270	180	10	480
<b>In a French Couple</b>	30,100	6,630	8,065	5,875	800	8,725
<b>In an English and French Couple</b>	1,895	600	405	295	55	535
<b>English Lone Parent</b>	295	130	85	40	-	30
<b>French Lone Parent</b>	2,775	1,095	730	440	70	445
<b>Other Types of Families</b>	1,270	420	140	145	20	550
<b>Percentages</b>						
<b>All Parents with Children 0 to 5</b>	100.0%	25.0%	25.7%	18.4%	2.5%	28.4%
<b>In an English Couple</b>	100.0%	37.5%	17.8%	11.8%	-	31.6%
<b>In a French Couple</b>	100.0%	22.0%	26.8%	19.5%	2.7%	29.0%
<b>In an English and French Couple</b>	100.0%	31.7%	21.4%	15.6%	2.9%	28.2%
<b>English Lone Parent</b>	100.0%	44.1%	28.8%	13.6%	-	10.2%
<b>French Lone Parent</b>	100.0%	39.5%	26.3%	15.9%	2.5%	16.0%
<b>Other Types of Families</b>	100.0%	33.1%	11.0%	11.4%	1.6%	43.3%

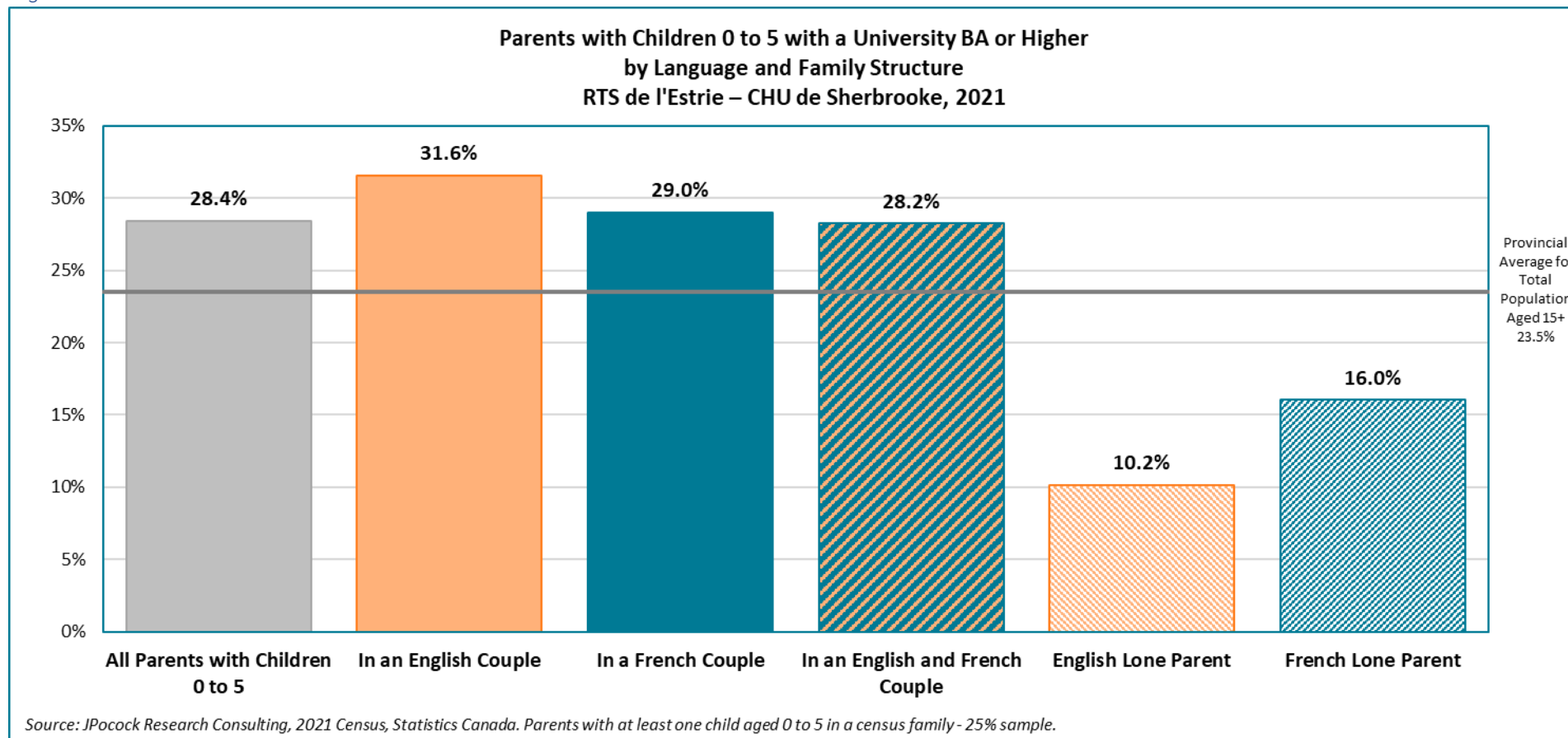
*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*



- In RTS de l'Estrie – CHU de Sherbrooke, 25.0% of parents with at least one child aged 0 to 5 reported a high school diploma as their highest level of educational attainment in 2021.
- Among those parents in English-speaking couples, 37.5% reported a high school diploma as their highest level of educational attainment, which was much higher than those in French-speaking couples (22.0%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 31.7% of parents with children 0 to 5 reported a high school diploma as their highest level of educational attainment. This was lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 44.1% reported a high school diploma as their highest level of educational attainment. This was higher than the proportion of French-speaking lone parents (39.5%). English-speaking lone parents with children 0 to 5 were less likely to report this low level of educational attainment than were parents with children of that age in English-speaking couples.



- In RTS de l'Estrie – CHU de Sherbrooke, 25.7% of parents with at least one child aged 0 to 5 reported an apprenticeship or trades certificate as their highest level of educational attainment in 2021.
- Among those parents in English-speaking couples, 17.8% reported an apprenticeship or trades certificate as their highest level of educational attainment, which was much lower than those in French-speaking couples (26.8%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 21.4% of parents with children 0 to 5 reported an apprenticeship or trades certificate as their highest level of educational attainment. This was much higher than the proportion in English-speaking couples and much lower than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 28.8% reported an apprenticeship or trades certificate as their highest level of educational attainment. This was higher than the proportion of French-speaking lone parents (26.3%). English-speaking lone parents with children 0 to 5 were less likely to have an apprenticeship or trades certificate than were parents with children of that age in English-speaking couples.

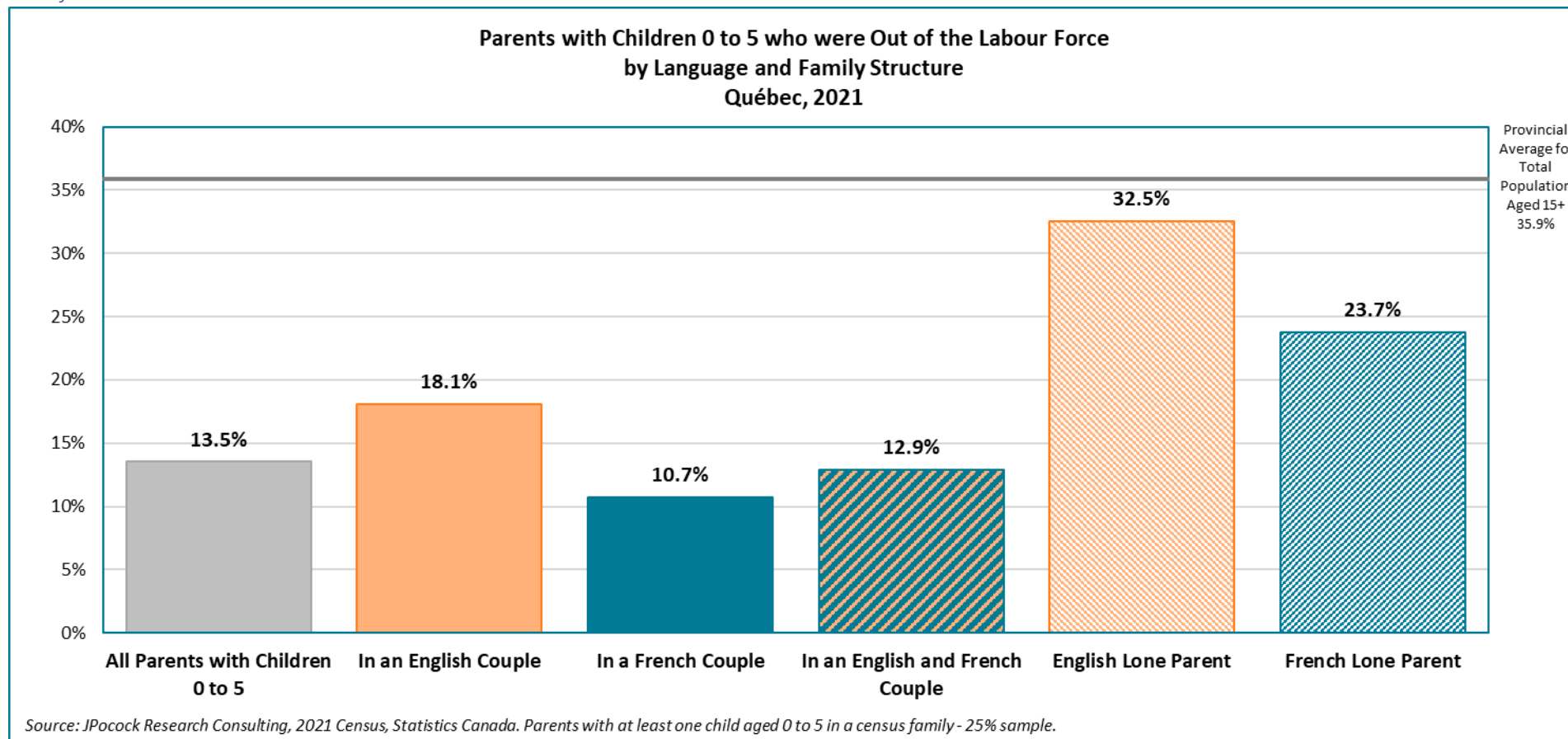


- In RTS de l'Estrie – CHU de Sherbrooke, 28.4% of parents with at least one child aged 0 to 5 reported having a university BA or higher in 2021.
- Among those parents in English-speaking couples, 31.6% reported having a university BA or higher, which was higher than those in French-speaking couples (29.0%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 28.2% of parents with children 0 to 5 reported having a university BA or higher. This was lower than the proportion in English-speaking couples and similar to the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 10.2% reported having a university BA or higher. This was much lower than the proportion of French-speaking lone parents (16.0%). English-speaking lone parents with children 0 to 5 were less likely to report having a university BA or higher than were parents with children of that age in English-speaking couples.

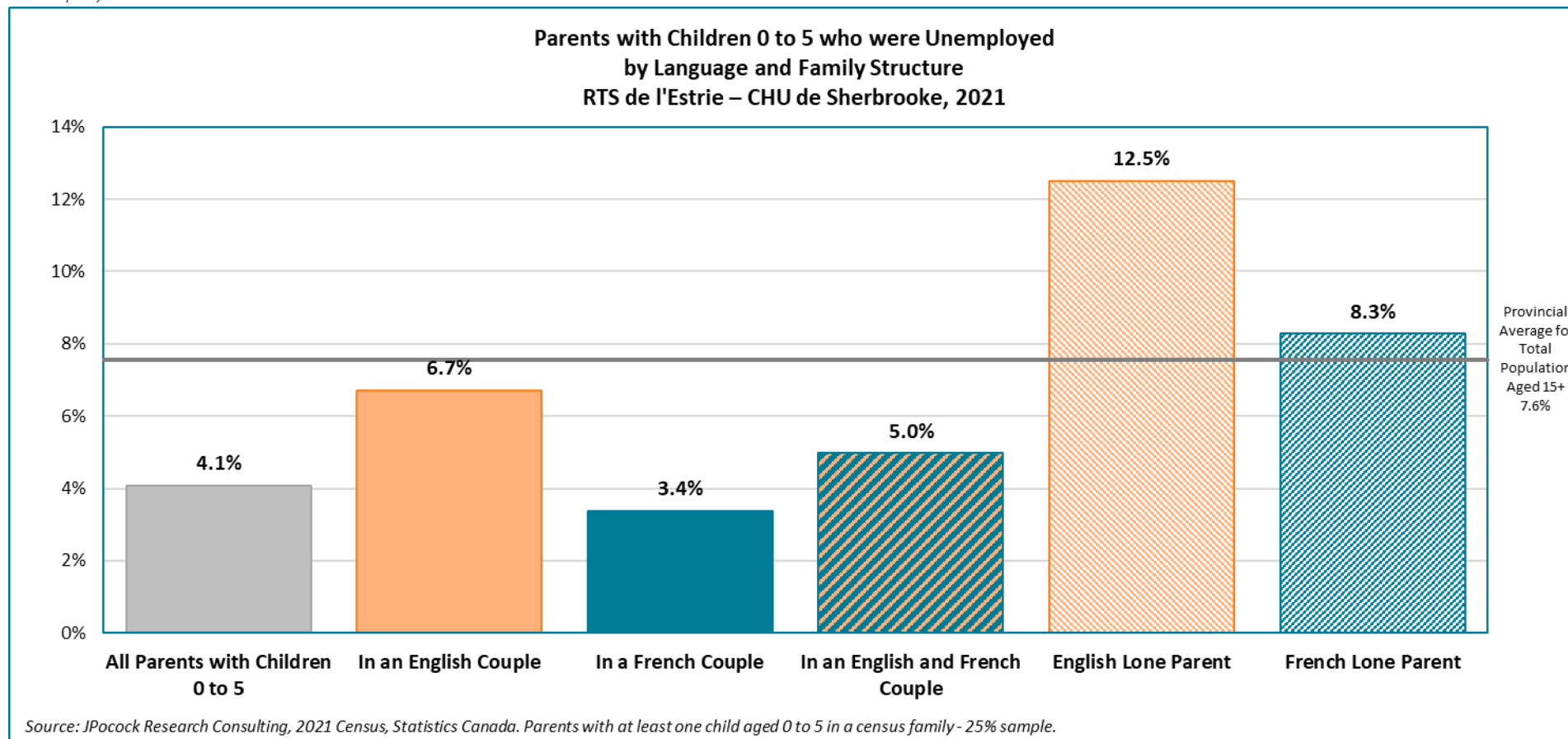
**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and Labour Force Activity  
RTS de l'Estrie – CHU de Sherbrooke, 2021**

<b>Census Family Structure and Language</b>	<b>Total</b>	<b>In the Labour Force</b>	<b>Un-employed</b>	<b>Out of the Labour Force</b>
<b>All Parents with Children 0 to 5</b>	37,850	32,890	1,340	4,965
<b>In an English Couple</b>	1,520	1,265	85	260
<b>In a French Couple</b>	30,100	26,750	905	3,350
<b>In an English and French Couple</b>	1,895	1,610	80	285
<b>English Lone Parent</b>	295	200	25	95
<b>French Lone Parent</b>	2,775	2,175	180	595
<b>Other Types of Families</b>	1,270	885	70	380
<b>Percentages</b>				
<b>All Parents with Children 0 to 5</b>	100.0%	86.9%	4.1%	13.1%
<b>In an English Couple</b>	100.0%	83.2%	6.7%	17.1%
<b>In a French Couple</b>	100.0%	88.9%	3.4%	11.1%
<b>In an English and French Couple</b>	100.0%	85.0%	5.0%	15.0%
<b>English Lone Parent</b>	100.0%	67.8%	12.5%	32.2%
<b>French Lone Parent</b>	100.0%	78.4%	8.3%	21.4%
<b>Other Types of Families</b>	100.0%	69.7%	7.9%	29.9%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*



- In RTS de l'Estrie – CHU de Sherbrooke, 13.1% of parents with at least one child aged 0 to 5 were out of the labour force in 2021.
- Among those parents in English-speaking couples, 17.1% were out of the labour force, which was much higher than those in French-speaking couples (11.1%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 15.0% of parents with children 0 to 5 were out of the labour force. This was lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 32.2% were out of the labour force. This was much higher than the proportion of French-speaking lone parents (21.4%). English-speaking lone parents with children 0 to 5 were less likely to be out of the labour force than were parents with children of that age in English-speaking couples.



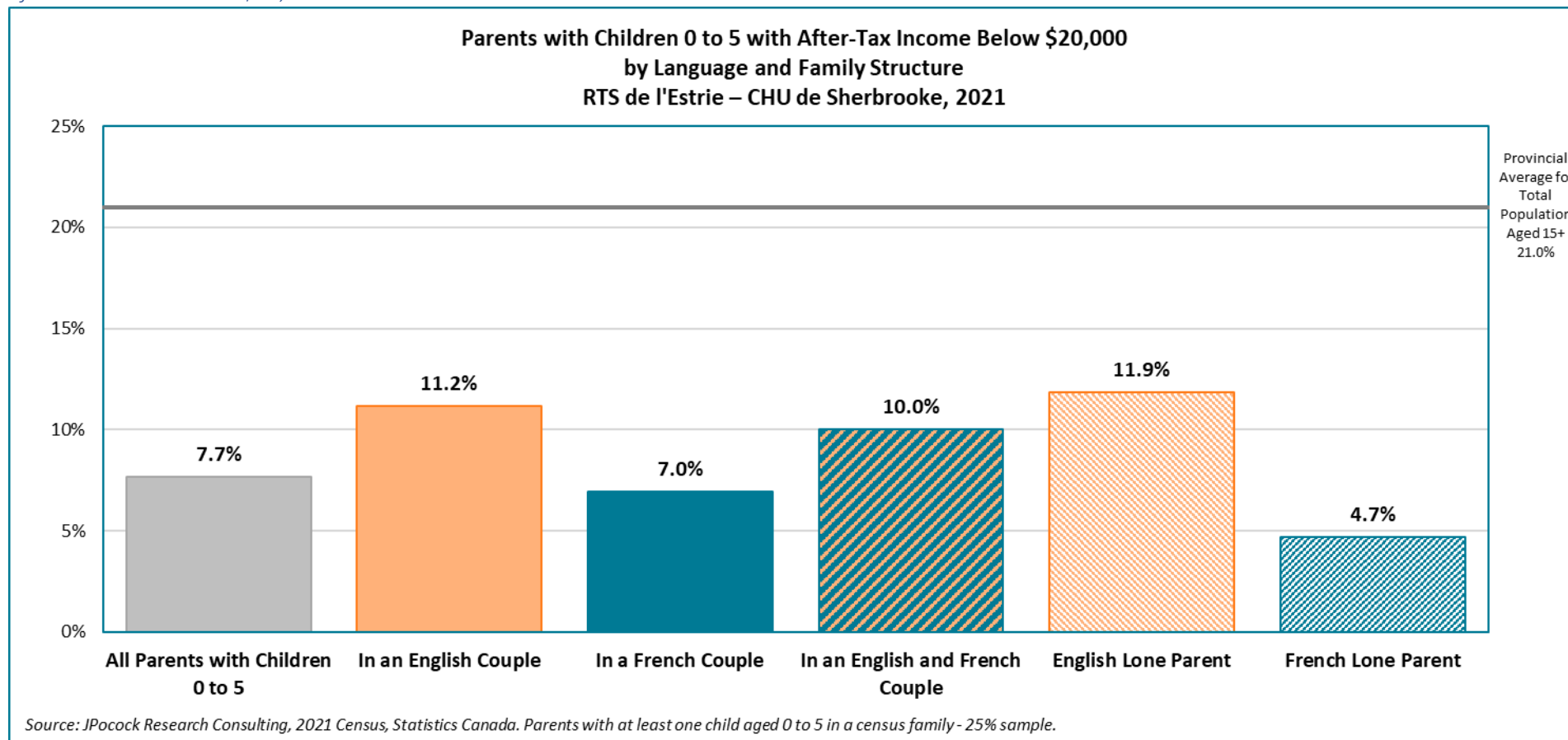
- In RTS de l'Estrie – CHU de Sherbrooke, 4.1% of parents with at least one child aged 0 to 5 were unemployed in 2021.
- Among those parents in English-speaking couples, 6.7% were unemployed, which was much higher than those in French-speaking couples (3.4%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 5.0% of parents with children 0 to 5 were unemployed. This was much lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 12.5% were unemployed. This was much higher than the proportion of French-speaking lone parents (8.3%). English-speaking lone parents with children 0 to 5 were less likely to be unemployed than were parents with children of that age in English-speaking couples.

**Parents with at Least One Child Aged 0 to 5  
by Language, Census Family Structure and After-Tax Income  
RTS de l'Estrie – CHU de Sherbrooke, 2021**

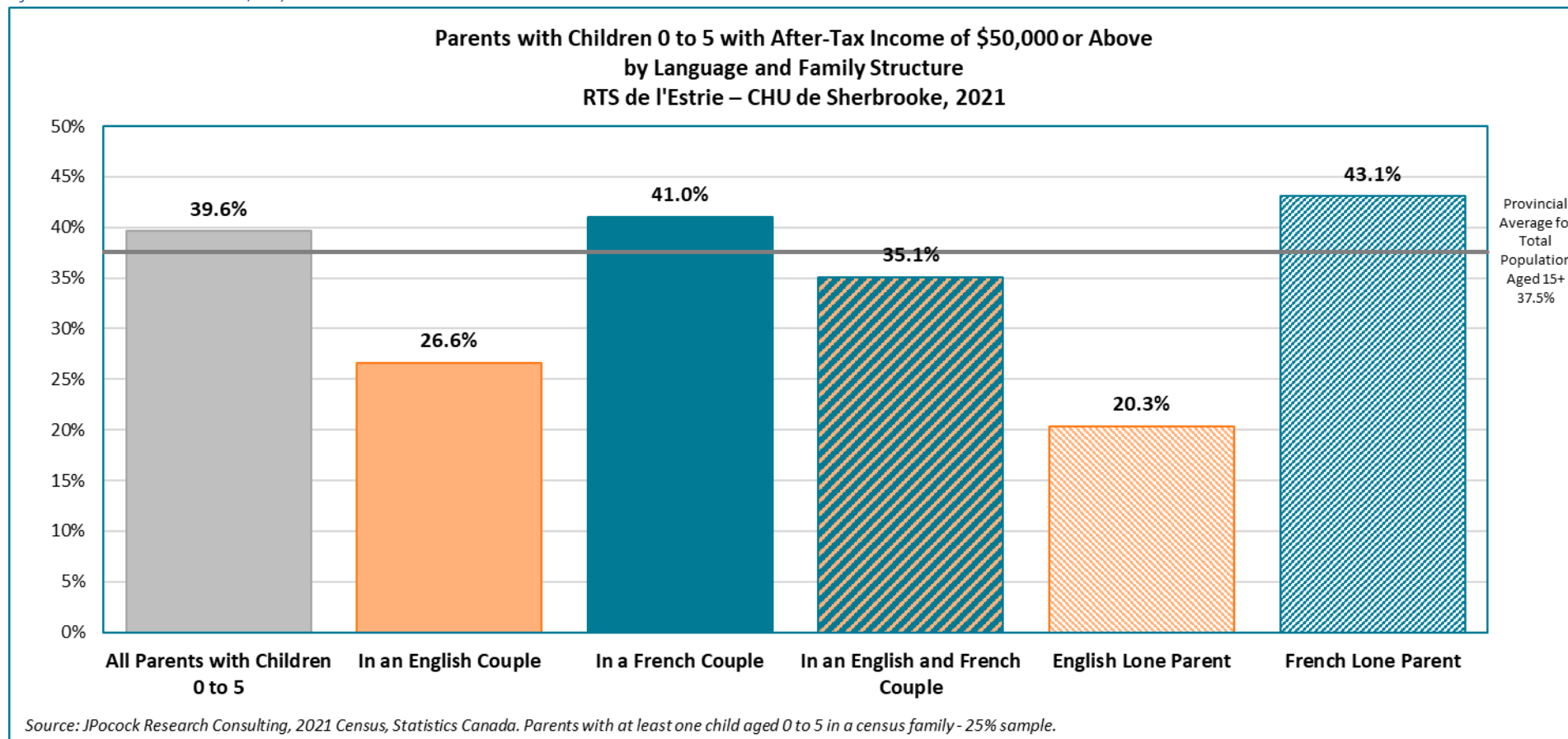
<b>Census Family Structure and Language</b>	<b>Total</b>	<b>Less than \$20,000</b>	<b>\$20,000 to \$49,999</b>	<b>\$50,000 and Over</b>
<b>All Parents with Children 0 to 5</b>	37,850	2,905	19,955	15,000
<b>In an English Couple</b>	1,520	170	945	405
<b>In a French Couple</b>	30,100	2,095	15,665	12,340
<b>In an English and French Couple</b>	1,895	190	1,025	665
<b>English Lone Parent</b>	295	35	200	60
<b>French Lone Parent</b>	2,775	130	1,440	1,195
<b>Other Types of Families</b>	1,270	260	680	330
<b>Percentages</b>				
<b>All Parents with Children 0 to 5</b>	100.0%	7.7%	52.7%	39.6%
<b>In an English Couple</b>	100.0%	11.2%	62.2%	26.6%
<b>In a French Couple</b>	100.0%	7.0%	52.0%	41.0%
<b>In an English and French Couple</b>	100.0%	10.0%	54.1%	35.1%
<b>English Lone Parent</b>	100.0%	11.9%	67.8%	20.3%
<b>French Lone Parent</b>	100.0%	4.7%	51.9%	43.1%
<b>Other Types of Families</b>	100.0%	20.5%	53.5%	26.0%

*Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.*





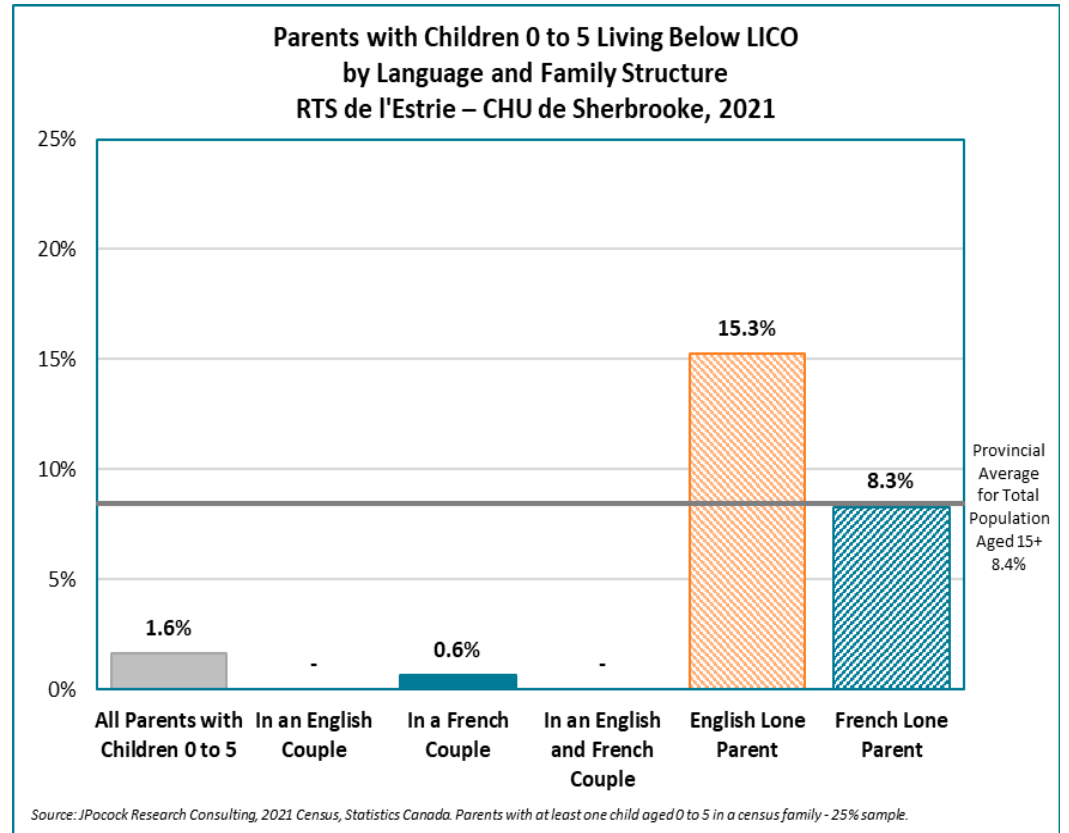
- In RTS de l'Estrie – CHU de Sherbrooke, 7.7% of parents with at least one child aged 0 to 5 earned an after-tax income below \$20,000 in 2021.
- Among those parents in English-speaking couples, 11.2% earned an after-tax income below \$20,000, which was much higher than those in French-speaking couples (7.0%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 10.0% of parents with children 0 to 5 earned an after-tax income below \$20,000. This was lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 11.9% earned an after-tax income below \$20,000. This was much higher than the proportion of French-speaking lone parents (4.7%). English-speaking lone parents with children 0 to 5 were less likely to earn an income under \$20,000 than were parents with children of that age in English-speaking couples.



- In RTS de l'Estrie – CHU de Sherbrooke, 39.6% of parents with at least one child aged 0 to 5 earned \$50,000 or more in 2021.
- Among those parents in English-speaking couples, 26.6% earned \$50,000 or more, which was much lower than those in French-speaking couples (41.0%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 35.1% of parents with children 0 to 5 earned \$50,000 or more. This was much higher than the proportion in English-speaking couples and lower than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 20.3% earned \$50,000 or more. This was much lower than the proportion of French-speaking lone parents (43.1%). English-speaking lone parents with children 0 to 5 were less likely to earn an income of \$50,000 or more than were parents with children of that age in English-speaking couples.

## Low Income Cut-Off (LICO)

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Low Income Cut-Off Status RTS de l'Estrie – CHU de Sherbrooke, 2021			
Census Family Structure and Language	Total	Above LICO-AT	Below LICO-AT
<b>All Parents with Children 0 to 5</b>	37,850	37,230	620
In an English Couple	1,495	1,495	-
In a French Couple	30,095	29,905	190
In an English and French Couple	1,865	1,865	-
English Lone Parent	295	250	45
French Lone Parent	2,775	2,545	230
Other Types of Families	1,265	1,165	100
Percentages			
<b>All Parents with Children 0 to 5</b>	100.0%	98.4%	1.6%
In an English Couple	100.0%	100.0%	-
In a French Couple	100.0%	99.4%	0.6%
In an English and French Couple	100.0%	100.0%	-
English Lone Parent	100.0%	84.7%	15.3%
French Lone Parent	100.0%	91.7%	8.3%
Other Types of Families	100.0%	92.1%	7.9%
<i>Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown.</i>			



The number of English-speaking parents of children aged 0 to 5 in RTS de l'Estrie – CHU de Sherbrooke who were living below LICO was too low to report.