

**SOCIO-DEMOGRAPHIC PROFILE OF
CHILDREN AGED 0 TO 5 AND THEIR PARENTS
RTS DE L'OUTAOUAIS, 2021**

BASED ON THE 2021 CENSUS OF CANADA

A REPORT OF THE COMMUNITY HEALTH AND SOCIAL SERVICES NETWORK (CHSSN)

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FEBRUARY 2024



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Socio-demographic Profiles of Children aged 0-5 and their Parents

Introduction

Early Child Development as a Social Determinant of Health

Early child development (ECD) is a cornerstone of human development and childhood is considered to be the most important developmental phase of the individual lifespan. The developmental outcomes of this early phase of life impact the level of health and well-being enjoyed by a population in its future. Early child development is a social determinant of the health of communities and it is a process that is particularly sensitive to social determinants like the socio-economic status of families with children aged 0-5 and their social environment, access to health and social services, communication competency and literacy and access to local social support networks.

Health organizations around the globe are promoting knowledge and fostering policy, programs and initiatives that aim to improve the situation of children experiencing disadvantaged conditions and who are thereby vulnerable to poor childhood development. In Québec, the 2017 study of the Institut de la statistique du Québec entitled *Québec Survey on Children's Development in Kindergarten/Enquête québécoise sur le développement des enfants à la maternelle* selected the following key areas for assessment of the quality of ECD: physical health and well-being; social competence; emotional maturity; cognitive and language development; as well as communication skills and general knowledge.

See the report at <https://statistique.quebec.ca/en/enquetes/realisees/quebec-survey-of-child-development-in-kindergarten-qscdk>

The Community Health and Social Services Network: *Bright Beginnings*

The Community Health and Social Services Network (CHSSN) supports the English-speaking communities of Québec in their efforts to redress health status inequalities and promote community vitality. It strengthens and mobilizes networks at the local, regional and provincial levels in order to address health determinants, influence public policy and develop services for English speakers who, too often are left out of the system. It's 70 member organizations from various sectors aim to improve vitality and health of individuals and families among Québec's minority language communities. Learn more at <http://chssn.org/about-us/>

CHSSN financially supports 23 local or regional community health and social services network organizations who mobilize citizens and multi-sectorial partners in all regions of Québec using a population health approach. They collectively address health determinants such as access to health services, healthy child development, education and literacy, and social environments or support networks. With their networks, CHSSN has developed a collective vision and an early childhood framework called *Bright Beginnings: an adapted approach to supporting English-speaking children (0-5) and families*. This approach is being implemented by networks to varying degrees in many regions in accordance with each network organization's capacity.

To explore their approach further go to <https://chssn.org/projects/bright-beginnings/>

About These Profiles

These profiles draw from the 2021 Census of Canada to provide pertinent socio-demographic information on the children aged 0-5 of Québec's English-speaking communities and their families in accordance with Québec's RTS (réseau territorial de services) territories.¹ They include information on their numbers, where

¹ For further information go to <http://www.msss.gouv.qc.ca/professionnels/informations-geographiques-et-de-population/decoupage-territorial/>

they live, family structures they are part of, socio-economic issues they face, their status as recent immigrants to Québec, aboriginal identity and their likelihood to be members of a visible minority. Each regional profile includes tables, graphs and information bullets that provide provincial and regional statistics for selected characteristics as well as comparisons between French-speaking majority and English-speaking minority populations within these administrative territories.

Please note that these profiles draw from two different census samples. **Section 1** of each profile provides information drawn from the 2021 census sample of the Québec population living in private households. **Section 2** provides information on the 2021 census sample of parents with at least one child aged 0 to 5 living in census families in Québec.

Definitions and Concepts

These profiles draw data from the Statistics Canada 2021 Census of Canada and are organized in accordance with its definitions and concepts. The census dictionary is available at, <https://www12.statcan.gc.ca/census-recensement/2016/ref/dict/index-eng.cfm>

First Official Language Spoken (FOLS) The definitions of first official language spoken and official language minority are outlined in the Official Languages (Communications with and Services to the Public) Regulations issued pursuant to the Official Languages Act (1988). The official language minority is English in Québec and French in all other provinces and territories. First Official Language Spoken is derived from the census questions on knowledge of official languages, mother tongue and home language. Multiple responses are distributed equally among declared languages.

Census Family households are those with a married couple (with or without children), or a couple living common-law (with or without children), or a lone parent living with one or more children (lone-parent family).

Census family is defined as a married couple and the children, if any, of either and/or both spouses; a couple living common law and the children, if any, of either and/or both partners; or a lone parent of any marital status with at least one child living in the same dwelling and that child or those children. All members of a particular census family live in the same dwelling. A couple may be of opposite or same sex. Children may be children by birth, marriage, common-law union or adoption regardless of their age or marital status as long as they live in the dwelling and do not have their own married spouse, common-law partner or child living in the dwelling. Grandchildren living with their grandparent(s) but with no parents present also constitute a census family.

Private household refers to a person or group of persons who occupy the same dwelling and do not have a usual place of residence elsewhere in Canada or abroad. For census purposes, households are classified into three groups: private households, collective households and households outside Canada. Unless otherwise specified, all data in census products are for private households only.

Educational Attainment – Persons with low educational attainment are those with only a high school graduation certificate or less while those with high educational attainment are those with a university bachelor’s degree or higher.

Income – Persons with low income are those with individual after-tax income less than \$20k while those with high income reported \$50k or more. This includes income from all sources.

LICO uses the income levels of a given family and considers how large a share of its income is spent on necessities such as food, shelter and clothing. If the amount a family spends is 20% higher than an average family in a year, it falls into the low-income cut-off category. People who live below income cut-offs may be said to live in “straitened circumstances.” (Human Resources and Skills Development Canada, August 2009.) LICO Before-Tax (LICO-BT) is used in findings

drawn from the 2021 census sample drawing on the Quebec population in private households. LICO-After Tax (LICO-AT) is used in findings drawn from the 2021 census sample of parents with at least one child 0-5 living in census families in Quebec. (See Data Source below for sample explanation).

Mobility status – (Place of residence 5 years ago) Refers to the status of a person with regard to the place of residence on the reference day, May 10, 2021, in relation to the place of residence on the same date five years earlier.

-Persons who have not moved are referred to as non-movers and persons who have moved from one residence to another are referred to as movers.

-Movers include non-migrants and migrants.

-Non-migrants are persons who did move but remained in the same city, town, township, village or Indian reserve.

-Migrants include internal migrants who moved to a different city, town, township, village or Indian reserve within Canada.

-External migrants include persons who lived outside Canada at the earlier reference date. External migrants are referred to as immigrants in this document.

Methodological Notes

Data Source

These profiles draw information from datasets developed by the Community Health and Social Services Network (CHSSN) using the 2021 Census of Canada. Findings are provided for Québec's RTS territories in which there are at least 250 English speaking residents. **Please note that the profiles are divided into two sections. Section 1** provides information drawn from the 2021 census sample of the Québec population living in private households. **Section 2** provides information on the 2021 census sample of parents with at least one child aged 0 to 5 living in census families in Québec.

Linguistic definitions

There are numerous linguistic definitions that are used to identify the English-speaking population in Québec. The choice of linguistic indicator depends largely on the issue being examined. These profiles use the [First Official Language Spoken](#) (FOLS) definition with multiple responses proportionally distributed since it best reflects the total English-speaking health service users in the province. First Official Language Spoken is derived from three census questions: knowledge of official languages, mother tongue and home language. Dual responses are divided equally among English-speaking and French-speaking groups. Other definitions include [Mother tongue](#) which refers to the first language learned at home in childhood and still understood. The [language most often spoken at home](#) is used to designate the home language. [Knowledge of official languages](#) indicates the official language in which a person can carry on a conversation. The [language used most often at work](#) indicates the language spoken most frequently at work.

Demographic and Socio-economic Characteristics

The demographic and socio-economic variables addressed in these profiles are:

- Population size
- Household living arrangements
- Income
- Low-income cut-off (LICO)
- Educational attainment
- Labour force activity
- Visible minority status
- Family Structure
- Aboriginal identity
- Recent Immigrant status

Section 1: Children 0-5

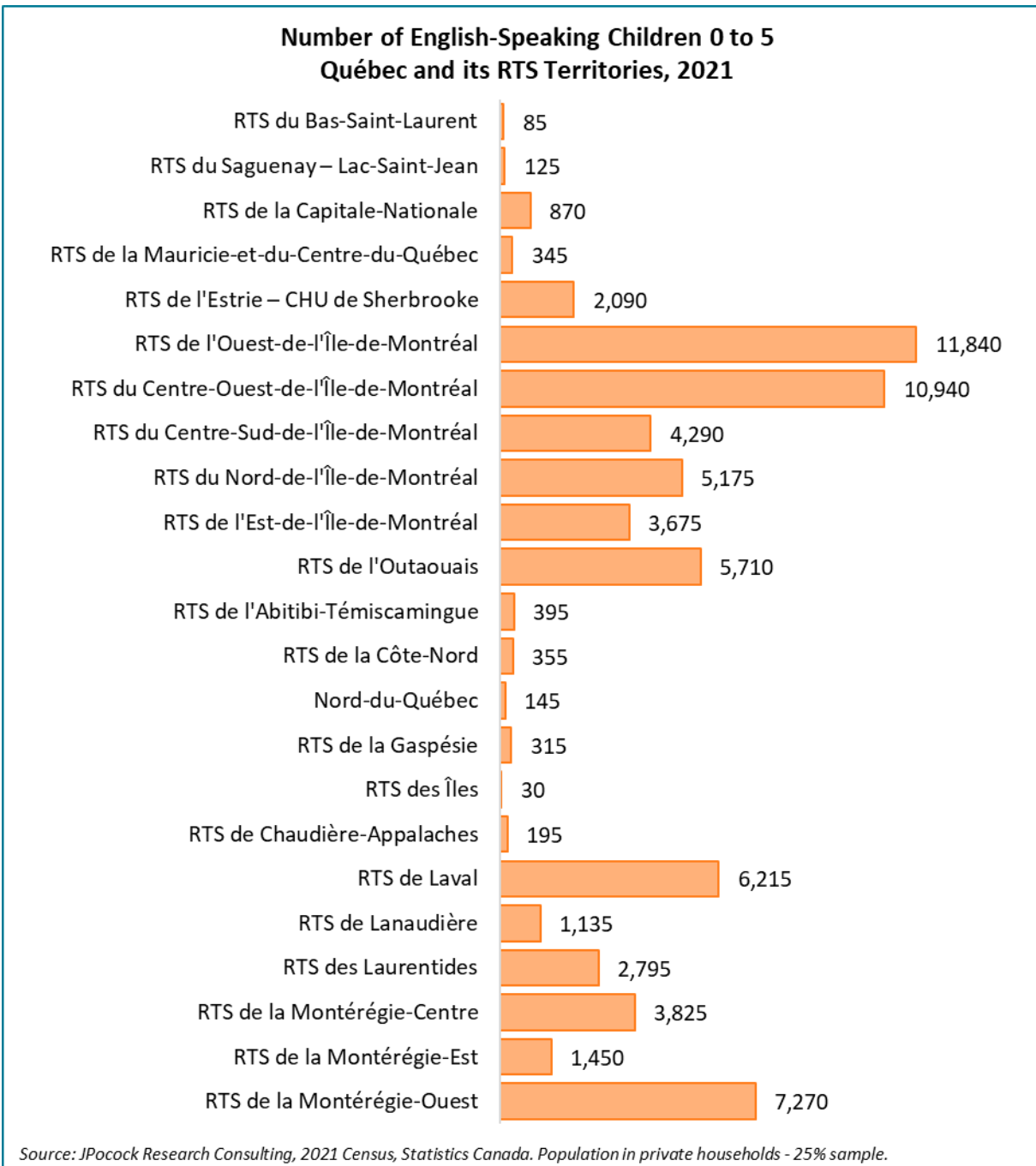
Children 0 to 5 Across Québec

Proportion of Children Across Québec

Size and Proportion English-speaking Children 0 to 5 and French-speaking Children 0 to 5 Québec and its RTS Territories, 2021							
Geography	English-speaking Population				French-speaking Population		
	Total English-speaking Population	Share of Total Population	English-speaking Children 0 to 5	English-speaking Children 0 to 5 (%)	Total French-speaking Population	French-speaking Children 0 to 5	French-speaking Children 0 to 5 (%)
Québec	1,244,440	15.0%	71,730	5.8%	6,985,640	424,480	6.1%
RTS du Bas-Saint-Laurent	1,480	0.8%	85	5.7%	190,430	9,965	5.2%
RTS du Saguenay – Lac-Saint-Jean	2,265	0.8%	125	5.5%	266,350	15,340	5.8%
RTS de la Capitale-Nationale	17,375	2.4%	870	5.0%	717,370	42,670	5.9%
RTS de la Mauricie-et-du-Centre-du-Québec	7,415	1.5%	345	4.7%	497,865	29,230	5.9%
RTS de l'Estrie – CHU de Sherbrooke	40,155	8.2%	2,090	5.2%	446,485	26,585	6.0%
RTS de l'Ouest-de-l'Île-de-Montréal	208,280	58.1%	11,840	5.7%	143,325	7,500	5.2%
RTS du Centre-Ouest-de-l'Île-de-Montréal	202,265	57.4%	10,940	5.4%	140,530	6,660	4.7%
RTS du Centre-Sud-de-l'Île-de-Montréal	95,110	30.5%	4,290	4.5%	211,745	10,695	5.1%
RTS du Nord-de-l'Île-de-Montréal	100,160	23.6%	5,175	5.2%	312,710	22,160	7.1%
RTS de l'Est-de-l'Île-de-Montréal	81,530	15.9%	3,675	4.5%	419,660	28,330	6.8%
RTS de l'Outaouais	82,385	20.7%	5,710	6.9%	314,395	19,675	6.3%
RTS de l'Abitibi-Témiscamingue	5,830	4.1%	395	6.8%	137,800	9,160	6.6%
RTS de la Côte-Nord	5,335	6.2%	355	6.7%	80,780	4,655	5.8%
Nord-du-Québec	1,755	12.0%	145	8.3%	12,890	905	7.0%
RTS de la Gaspésie	7,005	9.3%	315	4.5%	68,105	2,995	4.4%
RTS des Îles	720	5.8%	30	4.2%	11,730	550	4.7%
RTS de Chaudière-Appalaches	5,070	1.2%	195	3.8%	416,110	26,295	6.3%
RTS de Laval	104,535	24.3%	6,215	5.9%	316,190	18,180	5.7%
RTS de Lanaudière	17,675	3.4%	1,135	6.4%	500,090	32,610	6.5%
RTS des Laurentides	46,085	7.4%	2,795	6.1%	576,650	35,065	6.1%
RTS de la Montérégie-Centre	62,750	15.1%	3,825	6.1%	346,840	21,630	6.2%
RTS de la Montérégie-Est	24,115	4.6%	1,450	6.0%	496,400	30,960	6.2%
RTS de la Montérégie-Ouest	99,925	21.7%	7,270	7.3%	357,745	22,525	6.3%

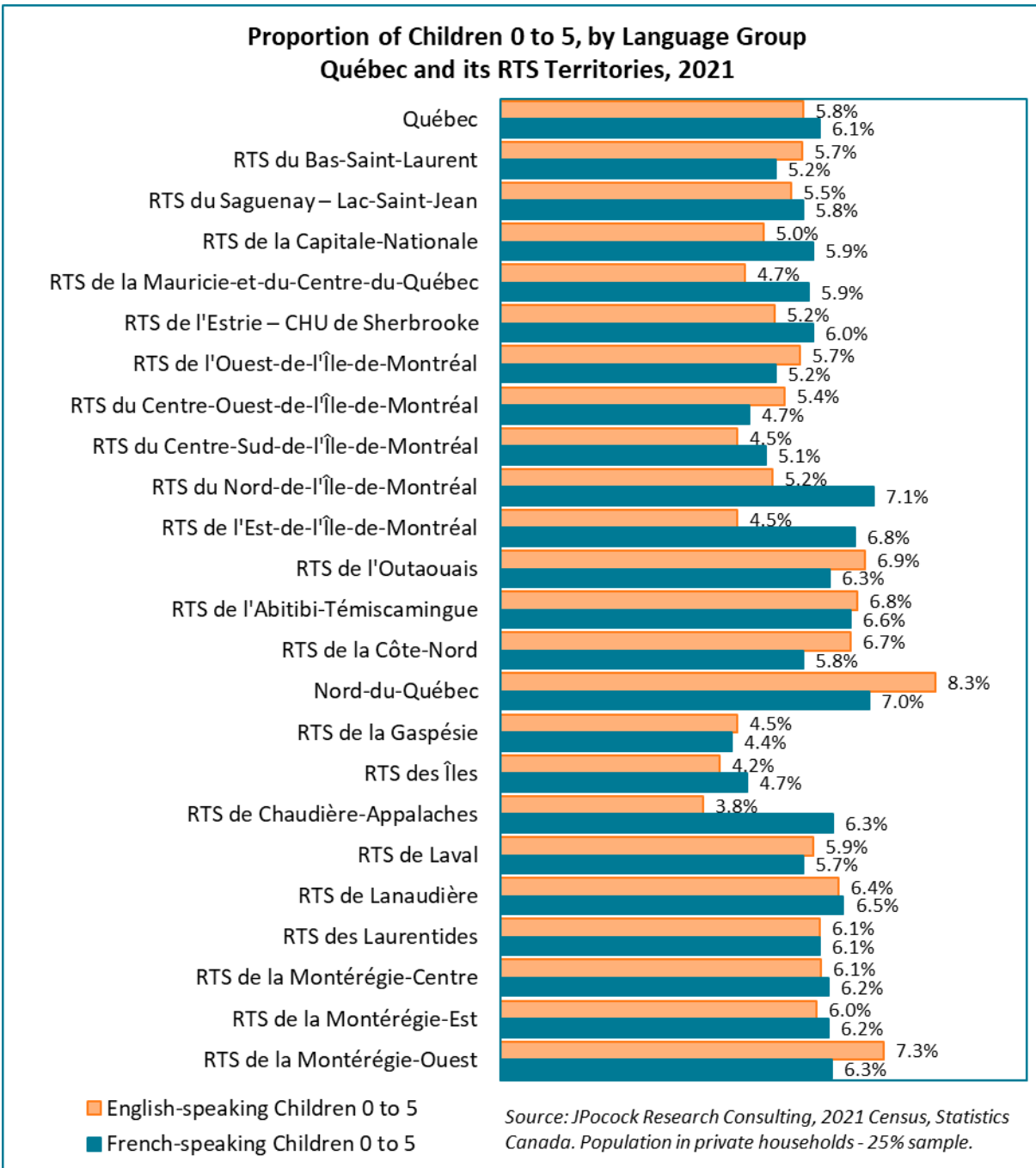
Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

Number of English Children 0 to 5 Across Québec



- There are 71, 730 English-speaking children aged 0 to 5 living in Quebec, and they represent 5.8% of the total English-speaking population.
- The number of English-speaking children aged 0-5 ranges from close to 36,000 among the five RTS regions of Montreal and 12,545 among the RTS of Montérégie to 30 children in des Îles, 85 in Bas-Saint-Laurent and 125 in Saguenay- Lac-Saint-Jean.

Proportion of Children 0 to 5 Across Québec



- English-speaking children aged 0 to 5 years of age represent 5.8% of Québec's English-speaking population.
- The proportion represented by children 0 to 5 varies by region ranging from 3.8% in Chaudière-Appalaches to 8.3% in Nord-du-Québec and 7.3% in Montérégie-Ouest.

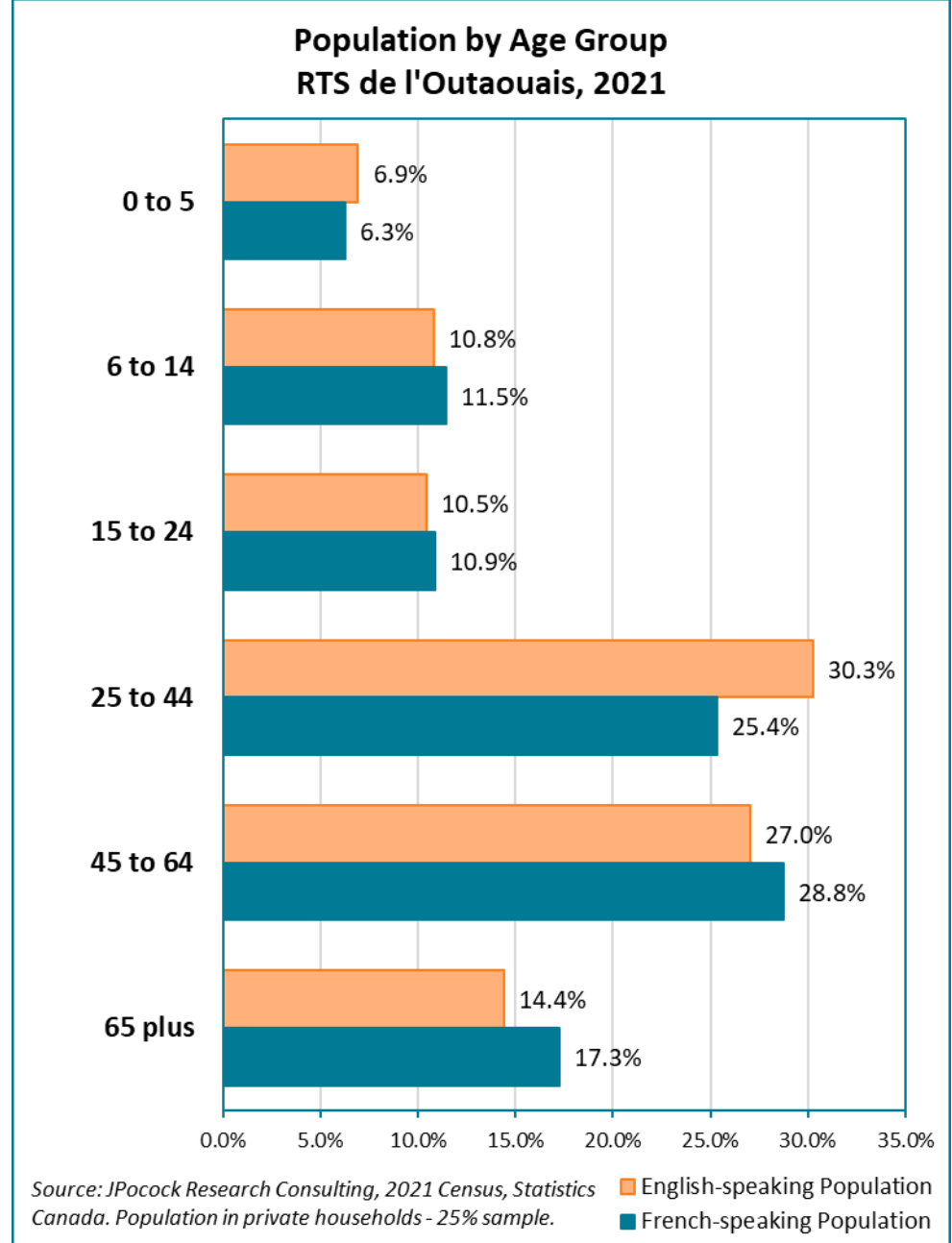
Children 0 to 5 in RTS de l'Outaouais

Population by Age

Age Groups English- and French-speaking Population RTS de l'Outaouais, 2021				
Age Group	English-speaking Population	French-speaking Population	English-speaking Population (%)	French-speaking Population (%)
Total	82,385	314,395	100.0%	100.0%
0 to 5	5,710	19,675	6.9%	6.3%
6 to 14	8,935	36,055	10.8%	11.5%
15 to 24	8,620	34,160	10.5%	10.9%
25 to 44	24,960	79,775	30.3%	25.4%
45 to 64	22,270	90,400	27.0%	28.8%
65 plus	11,890	54,340	14.4%	17.3%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

- In 2021, there were 82,385 English-speaking persons in RTS de l'Outaouais. Of these, 5,710 (6.9%) were in the 0 to 5 age group.
- The proportion of children aged 0 to 5 in the English-speaking population was higher than that of French-speaking population (6.3%).
- The proportion of children aged 0 to 5 in the English-speaking population of RTS de l'Outaouais was much higher than the average for Quebec's English-speaking population (5.8%).

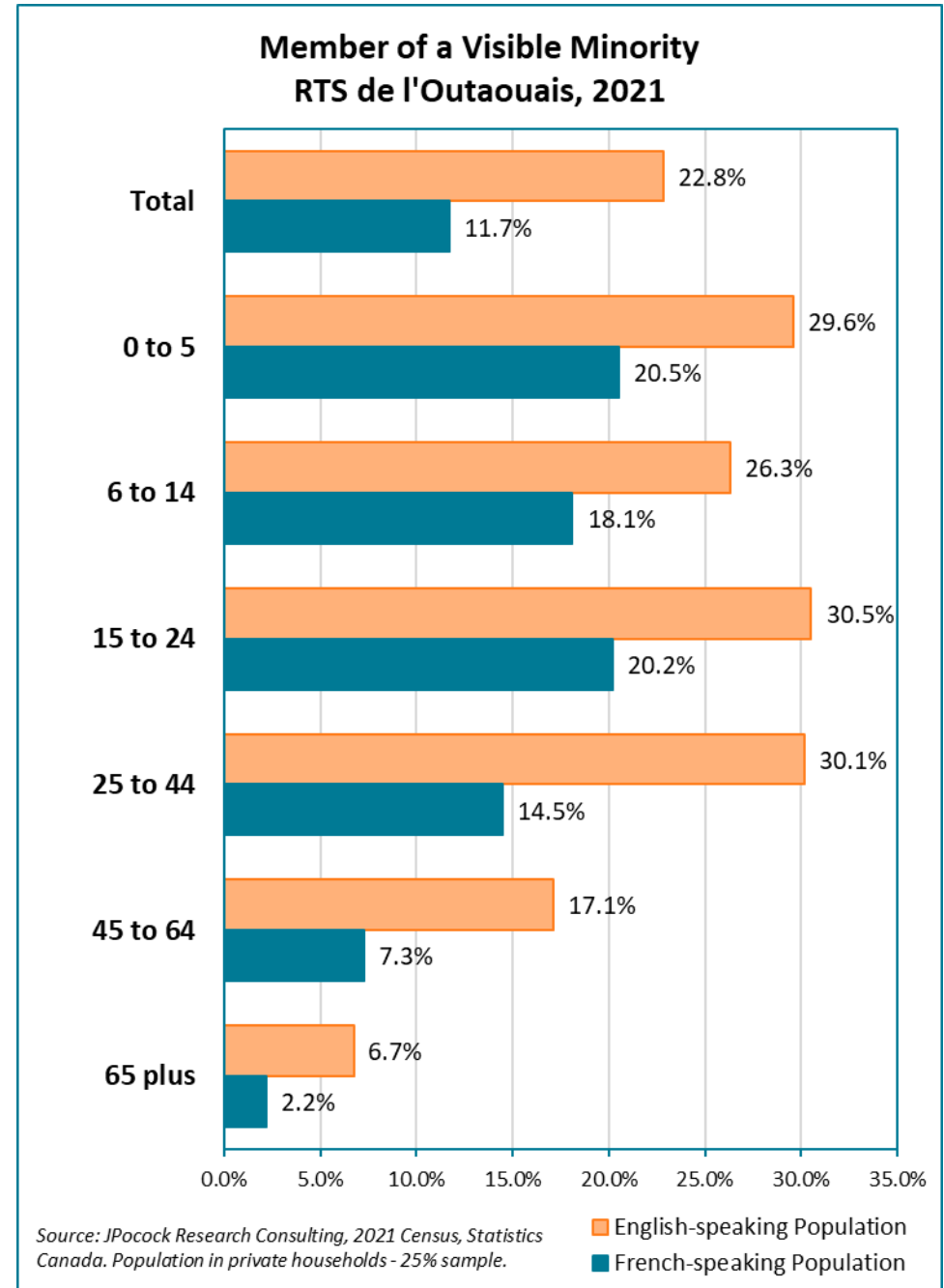


Visible Minority by Age

Visible Minority Status English- and French-speaking Population RTS de l'Outaouais, 2021						
Age Group	English-speaking Population			French-speaking Population		
	Total	Visible Minority	Visible Minority (%)	Total	Visible Minority	Visible Minority (%)
Total	82,385	18,805	22.8%	314,395	36,800	11.7%
0 to 5	5,710	1,690	29.6%	19,675	4,040	20.5%
6 to 14	8,935	2,350	26.3%	36,055	6,530	18.1%
15 to 24	8,620	2,630	30.5%	34,160	6,895	20.2%
25 to 44	24,960	7,525	30.1%	79,775	11,560	14.5%
45 to 64	22,270	3,810	17.1%	90,400	6,570	7.3%
65 plus	11,890	800	6.7%	54,340	1,195	2.2%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

- In RTS de l'Outaouais there were 5,710 English-speaking children aged 0 to 5. Of these children, 1,690 (29.6%) were members of a visible minority. This proportion was much higher than that displayed by the French-speaking population (20.5%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who were members of a visible minority was much higher than that of the total English-speaking population of RTS de l'Outaouais (22.8%).
- For the overall English-speaking population of RTS de l'Outaouais, there were 18,805 persons who were members of a visible minority, representing 22.8% of that population. The level for RTS de l'Outaouais is much lower than the provincial average (35.9%).

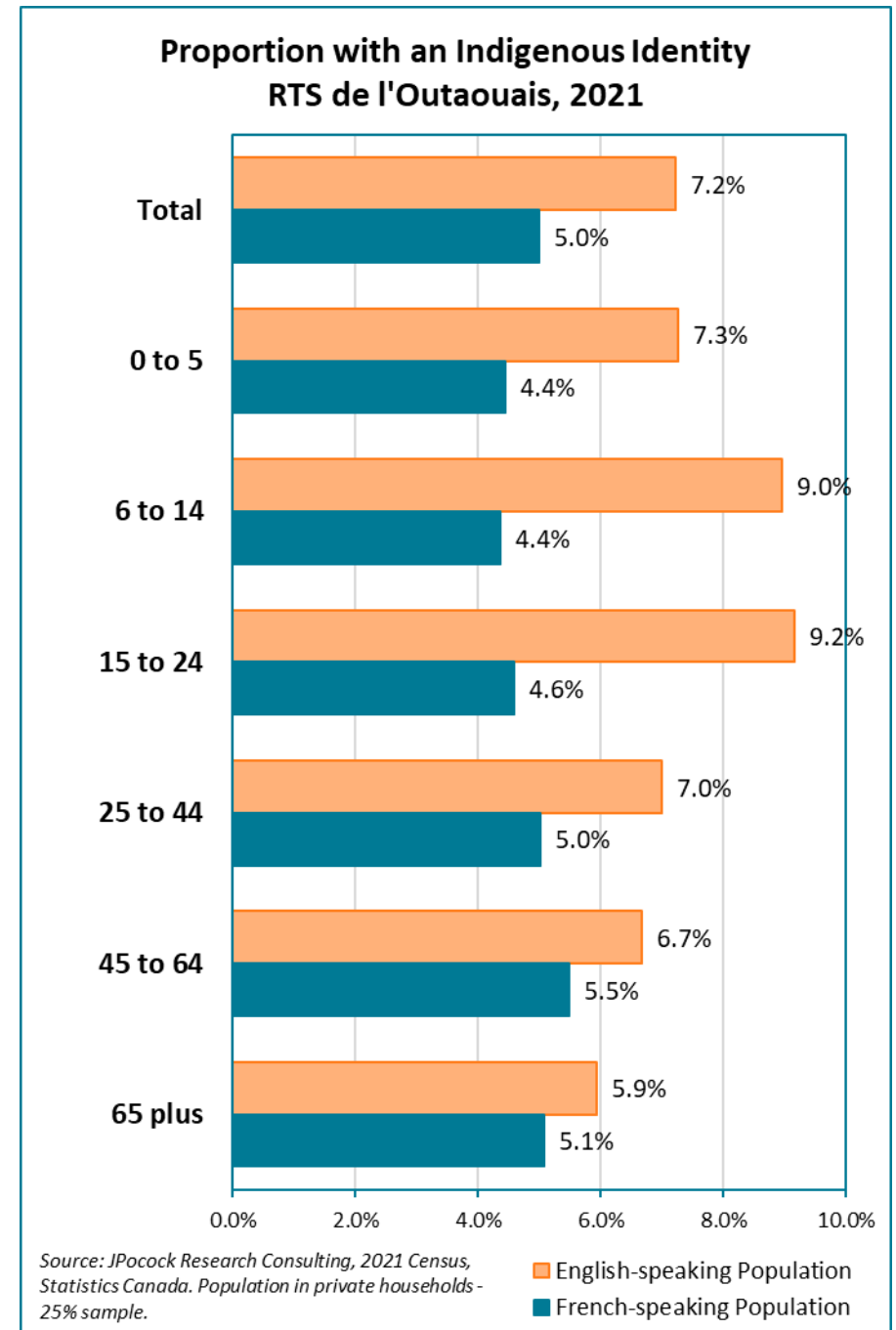


Indigenous Identity by Age

Indigenous Identity English- and French-speaking Population RTS de l'Outaouais, 2021						
Age Group	English-speaking Population			French-speaking Population		
	Total	Indigenous Identity	Indigenous Identity (%)	Total	Indigenous Identity	Indigenous Identity (%)
Total	82,385	5,940	7.2%	314,390	15,725	5.0%
0 to 5	5,715	415	7.3%	19,670	875	4.4%
6 to 14	8,935	800	9.0%	36,055	1,570	4.4%
15 to 24	8,625	790	9.2%	34,165	1,570	4.6%
25 to 44	24,960	1,745	7.0%	79,770	4,005	5.0%
45 to 64	22,265	1,485	6.7%	90,395	4,950	5.5%
65 plus	11,895	705	5.9%	54,345	2,755	5.1%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample. In 2021, Statistics Canada replaced "Aboriginal Identity" with "Indigenous Identity".

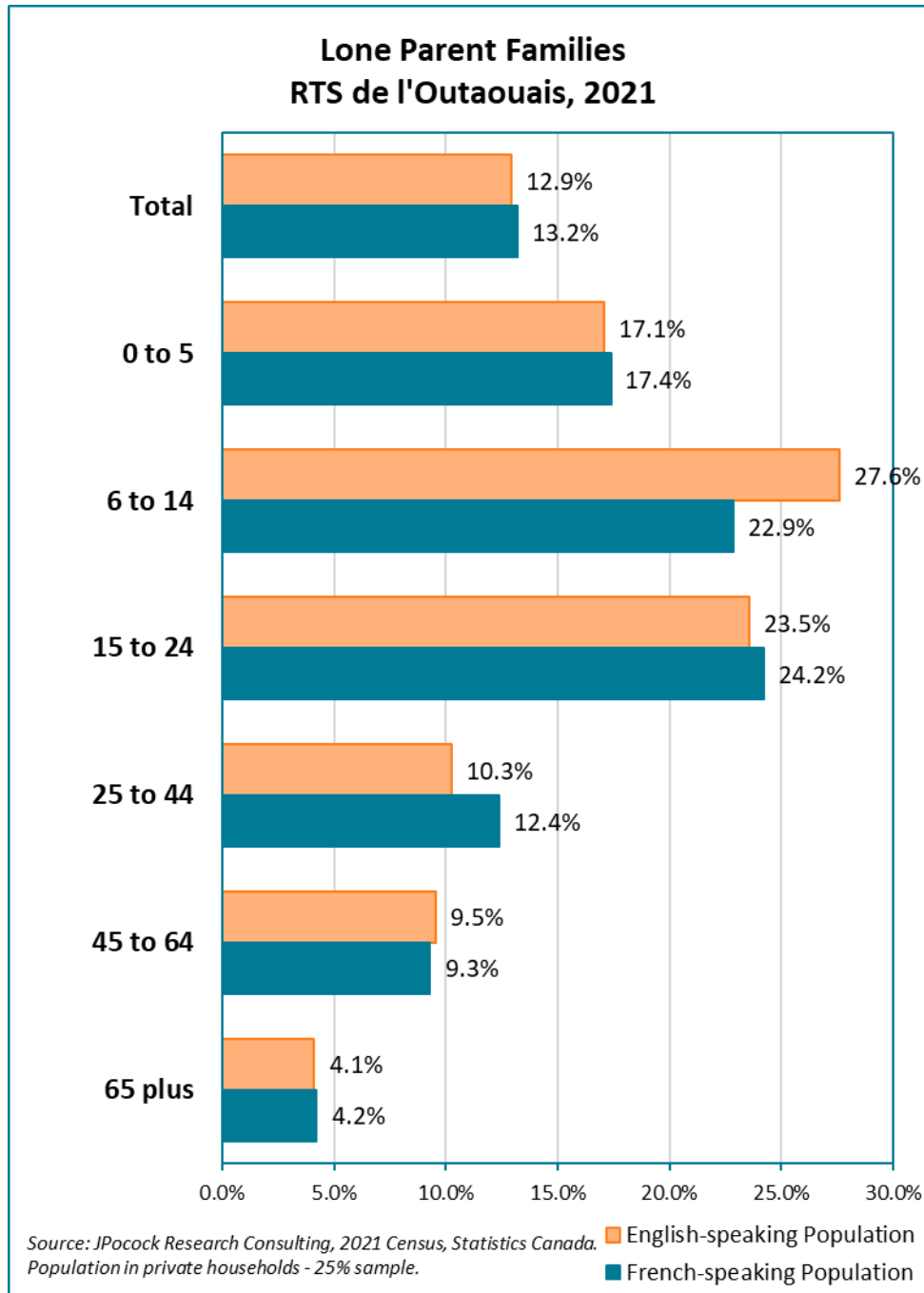
- In RTS de l'Outaouais there were 5,715 English-speaking children aged 0 to 5. Of these children, 415 (7.3%) reported an Indigenous identity. This proportion was much higher than that displayed by the French-speaking population (4.4%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who reported an Indigenous identity was similar to that of the total English-speaking population of Québec (7.2%).
- For the overall English-speaking population of RTS de l'Outaouais, there were 5,940 persons who reported an Indigenous identity, representing 7.2% of that population. The level for RTS de l'Outaouais is much higher than the provincial average (4.0%).



Household Living Arrangements by Age

Household Living Arrangements English- and French-speaking Population RTS de l'Outaouais, 2021												
Age Group	English-speaking Population						French-speaking Population					
	Total	In a Census Family	Spouses, common-law parents and children	Lone parents and children	Total persons in non-Census families	Living with relatives	Total	In a Census Family	Spouses, common-law parents and children	Lone parents and children	Total persons in non-Census families	Living with relatives
Total	82,385	65,630	54,990	10,640	16,760	1,680	314,395	251,695	210,115	41,575	62,700	7,330
0 to 5	5,710	5,670	4,695	975	40	40	19,675	19,510	16,085	3,420	165	165
6 to 14	8,935	8,855	6,395	2,465	85	85	55,730	55,285	42,545	12,740	440	440
15 to 24	8,620	7,155	5,135	2,030	1,475	235	34,160	29,235	20,970	8,275	4,925	1,480
25 to 44	24,960	19,205	16,640	2,560	5,750	465	79,775	63,590	53,720	9,875	16,180	1,360
45 to 64	22,270	17,255	15,130	2,125	5,015	420	90,400	68,945	60,555	8,400	21,445	1,890
65 plus	11,890	7,495	7,005	490	4,395	430	54,340	34,630	32,335	2,295	19,715	2,160
Total	100.0%	79.7%	66.7%	12.9%	20.3%	2.0%	100.0%	80.1%	66.8%	13.2%	19.9%	2.3%
0 to 5	100.0%	99.3%	82.2%	17.1%	0.7%	0.7%	100.0%	99.2%	81.8%	17.4%	0.8%	0.8%
6 to 14	100.0%	99.1%	71.6%	27.6%	1.0%	1.0%	100.0%	99.2%	76.3%	22.9%	0.8%	0.8%
15 to 24	100.0%	83.0%	59.6%	23.5%	17.1%	2.7%	100.0%	85.6%	61.4%	24.2%	14.4%	4.3%
25 to 44	100.0%	76.9%	66.7%	10.3%	23.0%	1.9%	100.0%	79.7%	67.3%	12.4%	20.3%	1.7%
45 to 64	100.0%	77.5%	67.9%	9.5%	22.5%	1.9%	100.0%	76.3%	67.0%	9.3%	23.7%	2.1%
65 plus	100.0%	63.0%	58.9%	4.1%	37.0%	3.6%	100.0%	63.7%	59.5%	4.2%	36.3%	4.0%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Population in private households - 25% sample.

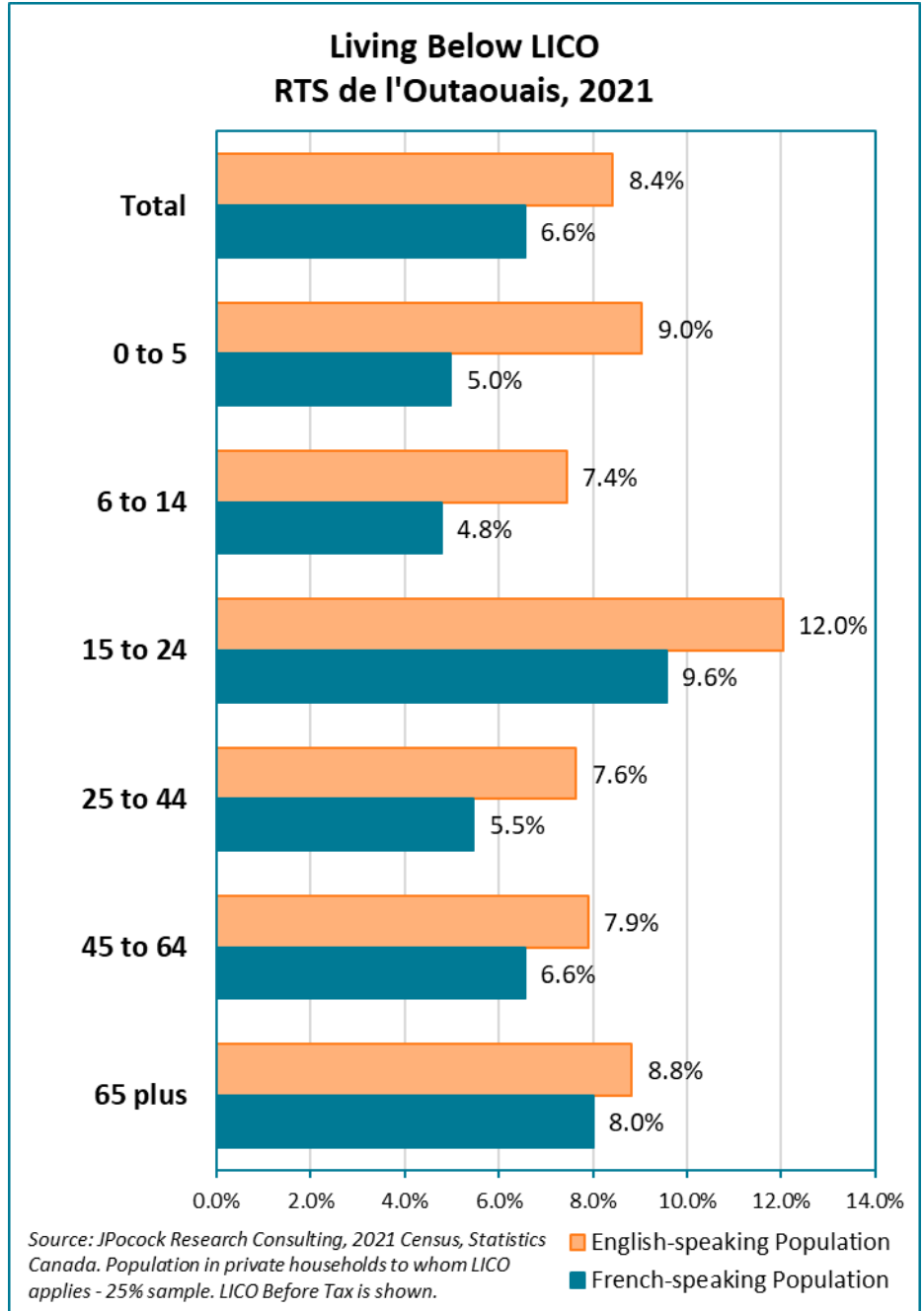


- In RTS de l'Outaouais there were 5,710 English-speaking children aged 0 to 5. Of these children, 975 (17.1%) were in lone parent families. This proportion was similar to that displayed by the French-speaking population (17.4%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who were in lone parent families was much higher than that of the total English-speaking population of RTS de l'Outaouais (12.9%).
- For the overall English-speaking population of RTS de l'Outaouais, there were 10,640 persons in lone parent families, representing 12.9% of that population. The level for RTS de l'Outaouais is higher than the provincial average (12.1%).

Living Below LICO English- and French-speaking Population RTS de l'Outaouais, 2021						
Age Group	English-speaking Population			French-speaking Population		
	Total to whom LICO applies	Below LICO	Below LICO (%)	Total to whom LICO applies	Below LICO	Below LICO (%)
Total	81,395	6,860	8.4%	314,190	20,600	6.6%
0 to 5	5,640	510	9.0%	19,675	980	5.0%
6 to 14	8,795	655	7.4%	36,025	1,725	4.8%
15 to 24	8,510	1,025	12.0%	34,145	3,265	9.6%
25 to 44	24,715	1,890	7.6%	79,720	4,355	5.5%
45 to 64	22,005	1,740	7.9%	90,330	5,925	6.6%
65 plus	11,720	1,035	8.8%	54,285	4,350	8.0%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada.
Population in private households to whom LICO applies - 25% sample. LICO Before Tax is shown.

- In RTS de l'Outaouais there were 5,640 English-speaking children aged 0 to 5. Of these children, 510 (9.0%) were living below LICO. This proportion was much higher than that displayed by the French-speaking population (5.0%).
- In 2021, the proportion of English-speaking children aged 0 to 5 who were living below LICO was higher than that of the total English-speaking population of RTS de l'Outaouais (8.4%).
- For the overall English-speaking population of RTS de l'Outaouais, there were 6,860 persons who were living below LICO, representing 8.4% of that population. The level for RTS de l'Outaouais is much lower than the provincial average (12.1%).



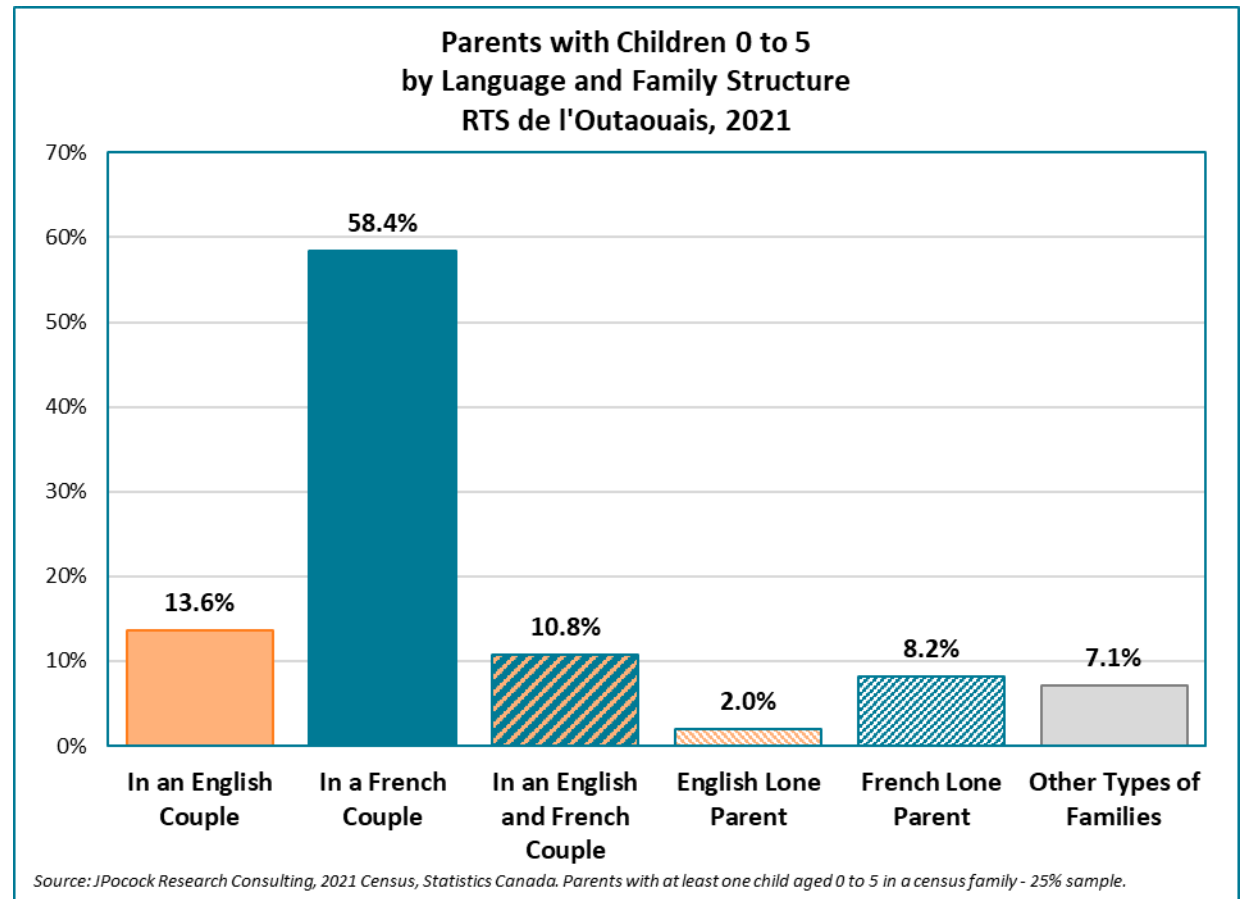
Section 2: Parents of Children 0 to 5

The statistics presented in this section of the profile are drawn from the 2021 census sample of parents with at least one child aged 0 to 5 living in a census family. Children of other ages may be present.

Language and Family Structure of Parents with Children 0 to 5

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Age RTS de l'Outaouais, 2021	
Census Family Structure and Language	Total
All Parents with Children 0 to 5	34,870
In an English Couple	4,750
In a French Couple	20,375
In an English and French Couple	3,750
English Lone Parent	685
French Lone Parent	2,850
Other Types of Families	2,460
Percentages	
All Parents with Children 0 to 5	100.0%
In an English Couple	13.6%
In a French Couple	58.4%
In an English and French Couple	10.8%
English Lone Parent	2.0%
French Lone Parent	8.2%
Other Types of Families	7.1%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.

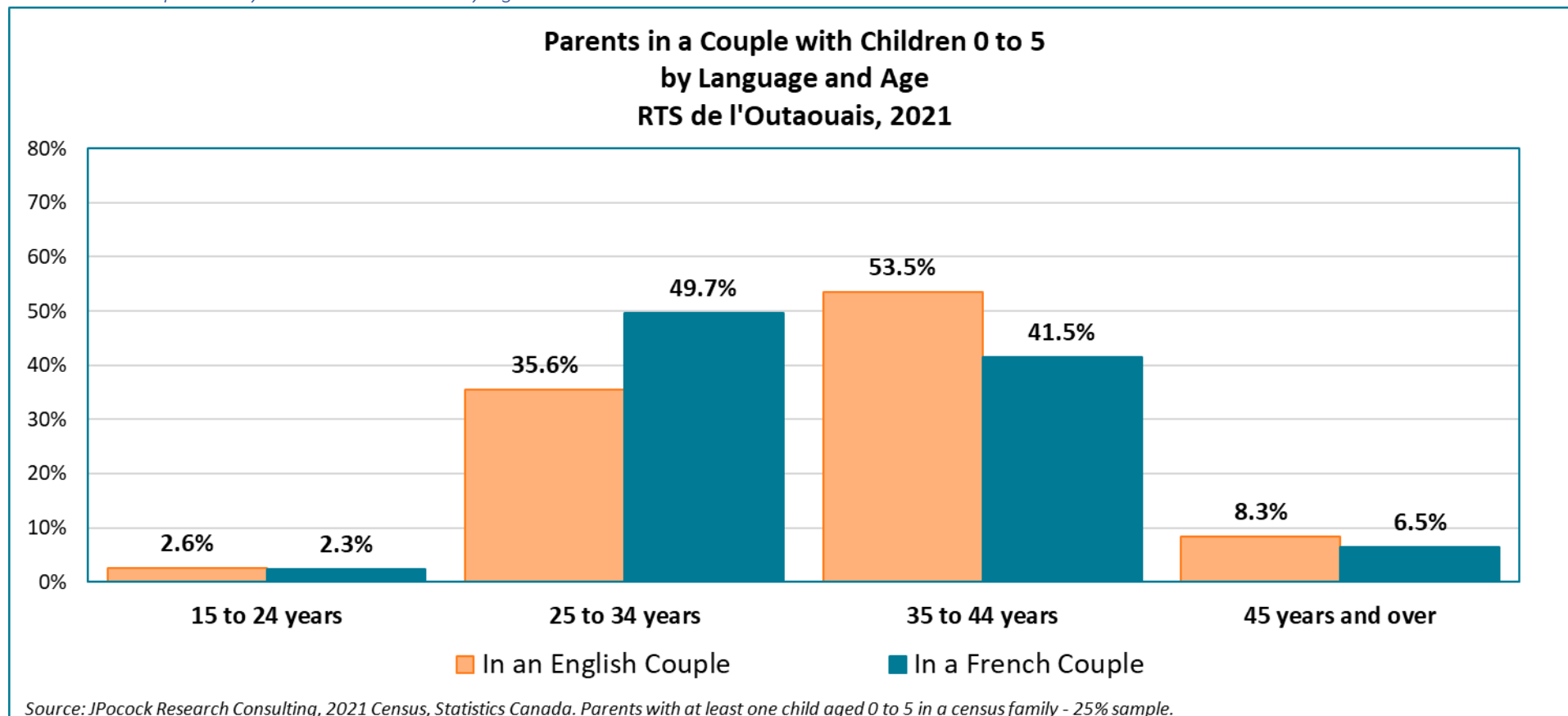


- In RTS de l'Outaouais there were 34,870 parents with at least one child aged 0 to 5. Of these parents, 4,750 (13.6%) were part of an English-speaking couple, while 685 (2.0%) were English-speaking lone parents.

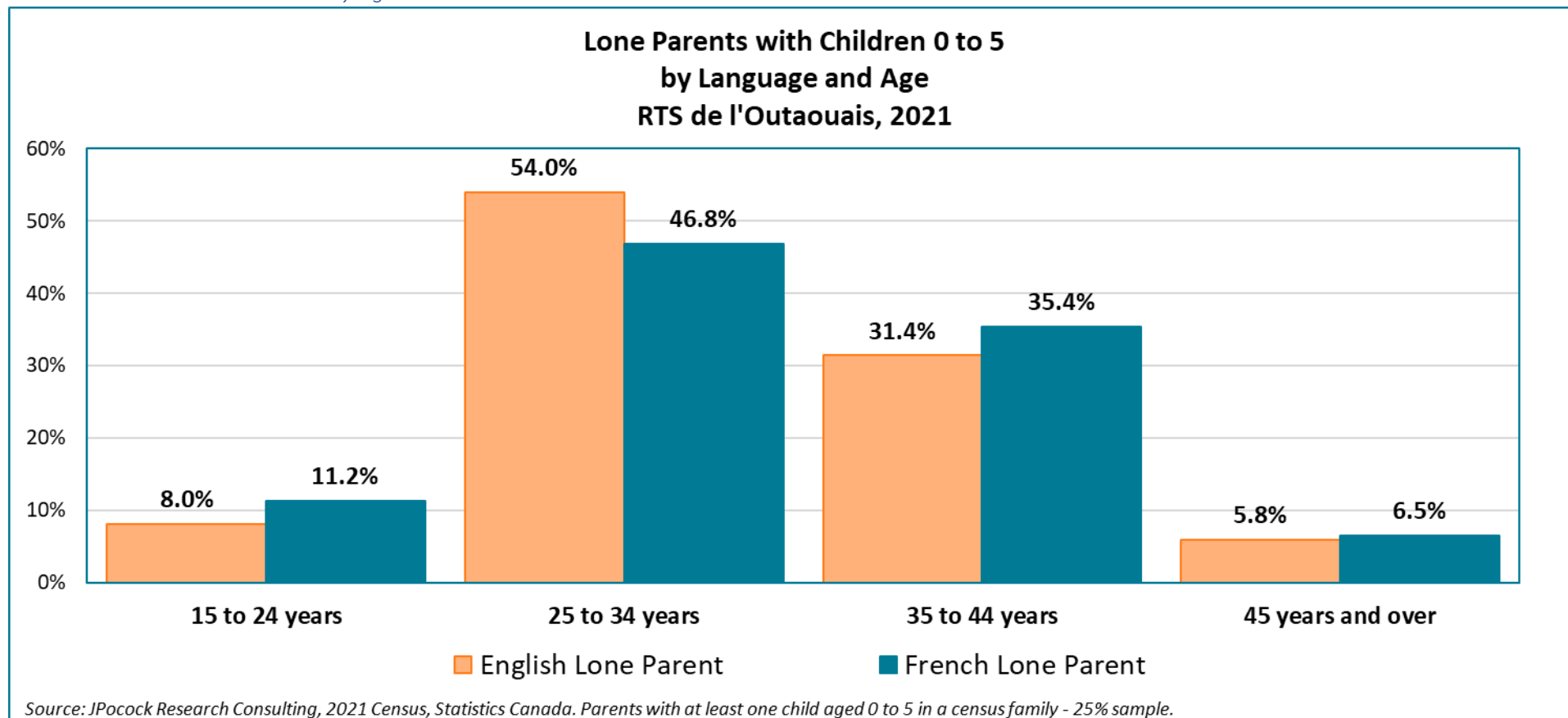
**Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and Age
RTS de l'Outaouais, 2021**

Census Family Structure and Language	Total	15 to 24 years	25 to 34 years	35 to 44 years	45 years and over
All Parents with Children 0 to 5	34,870	1,100	15,635	15,615	2,520
In an English Couple	4,750	125	1,690	2,540	395
In a French Couple	20,375	470	10,130	8,460	1,320
In an English and French Couple	3,750	85	1,370	2,010	285
English Lone Parent	685	55	370	215	40
French Lone Parent	2,850	320	1,335	1,010	185
Other Types of Families	2,460	45	745	1,380	280
Percentages					
All Parents with Children 0 to 5	100.0%	3.2%	44.8%	44.8%	7.2%
In an English Couple	100.0%	2.6%	35.6%	53.5%	8.3%
In a French Couple	100.0%	2.3%	49.7%	41.5%	6.5%
In an English and French Couple	100.0%	2.3%	36.5%	53.6%	7.6%
English Lone Parent	100.0%	8.0%	54.0%	31.4%	5.8%
French Lone Parent	100.0%	11.2%	46.8%	35.4%	6.5%
Other Types of Families	100.0%	1.8%	30.3%	56.1%	11.4%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.



- In RTS de l'Outaouais, 3.2% of parents with at least one child aged 0 to 5 were between the ages of 15 and 24. Within English-speaking couples, 2.6% of parents with young children were within this age group, which was higher than the proportion within French-speaking couples (2.3%) and lower than the overall average
- Among parents with at least one child aged 0 to 5 in English-speaking couples, 35.6% were between the ages of 25 and 34. This was much lower than the proportion for French-speaking couples (49.7%).
- Among parents with at least one child aged 0 to 5 in English-speaking couples, 53.5% were between the ages of 35 and 44. This was much higher than the proportion for French-speaking couples (41.5%).
- Among parents with children aged 0 to 5, the majority (89.6%) were between the ages of 25 and 44. Within English-speaking couples, 89.1% were within this age category, which was similar to the proportion for French-speaking couples (91.2%) and similar to the overall average.
- In RTS de l'Outaouais, 7.2% of parents with children aged 0 to 5 were 45 years of age or older. Within English-speaking couples, 8.3% of parents with young children were within this age group, which was much higher than the proportion within French-speaking couples (6.5%) and higher than the overall average.



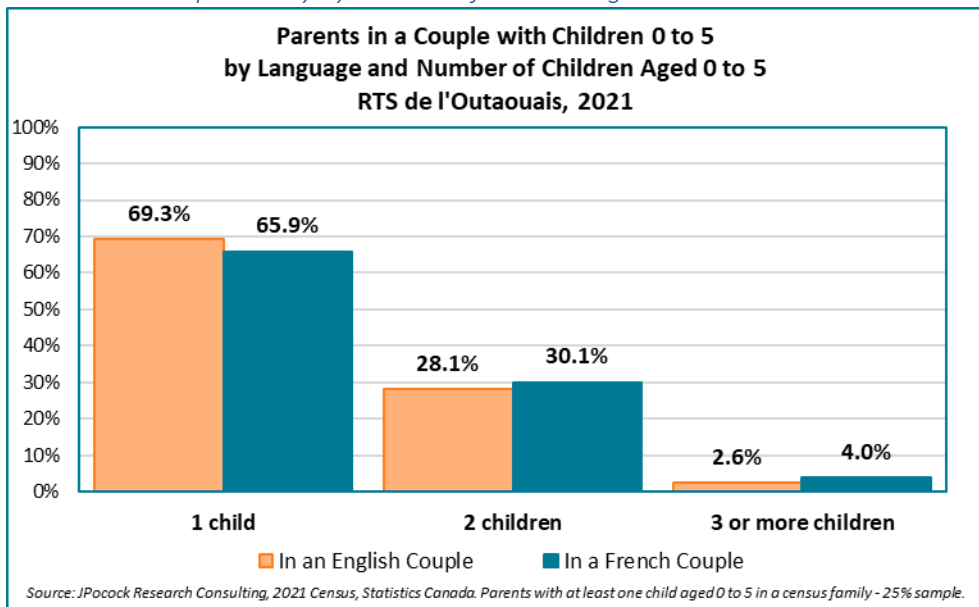
- Among English-speaking lone parents with at least one child aged 0 to 5, 8.0% were between the ages of 15 and 24. This was much lower than the proportion among French-speaking lone parents (11.2%).
- Among English-speaking lone parents with children aged 0 to 5, 54.0% were between the ages of 25 and 34. This was higher than the proportion among French-speaking lone parents (46.8%).
- Among English-speaking lone parents with children aged 0 to 5, 31.4% were between the ages of 35 and 44. This was lower than the proportion among French-speaking lone parents (35.4%).
- A large majority of parents with young children fall within the combined age group of 25 to 44. Among English-speaking lone parents with children aged 0 to 5, approximately 85.4% were between the ages of 25 and 44. This was similar to the proportion for French-speaking lone parents (82.3%).
- In Québec, 5.8% of English-speaking lone parents with young children (0 to 5) were 45 years old or older. This was lower than the proportion among French-speaking lone parents with young children (6.5%).

**Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and Number of Children
RTS de l'Outaouais, 2021**

Census Family Structure and Language	Total	1 child	2 children	3 or more children
All Parents with Children 0 to 5	34,870	23,845	9,800	1,225
In an English Couple	4,750	3,290	1,335	125
In a French Couple	20,375	13,430	6,130	815
In an English and French Couple	3,750	2,595	1,025	125
English Lone Parent	685	585	80	25
French Lone Parent	2,850	2,255	540	60
Other Types of Families	2,460	1,700	690	70
Percentages				
All Parents with Children 0 to 5	100.0%	68.4%	28.1%	3.5%
In an English Couple	100.0%	69.3%	28.1%	2.6%
In a French Couple	100.0%	65.9%	30.1%	4.0%
In an English and French Couple	100.0%	69.2%	27.3%	3.3%
English Lone Parent	100.0%	85.4%	11.7%	3.6%
French Lone Parent	100.0%	79.1%	18.9%	2.1%
Other Types of Families	100.0%	69.1%	28.0%	2.8%

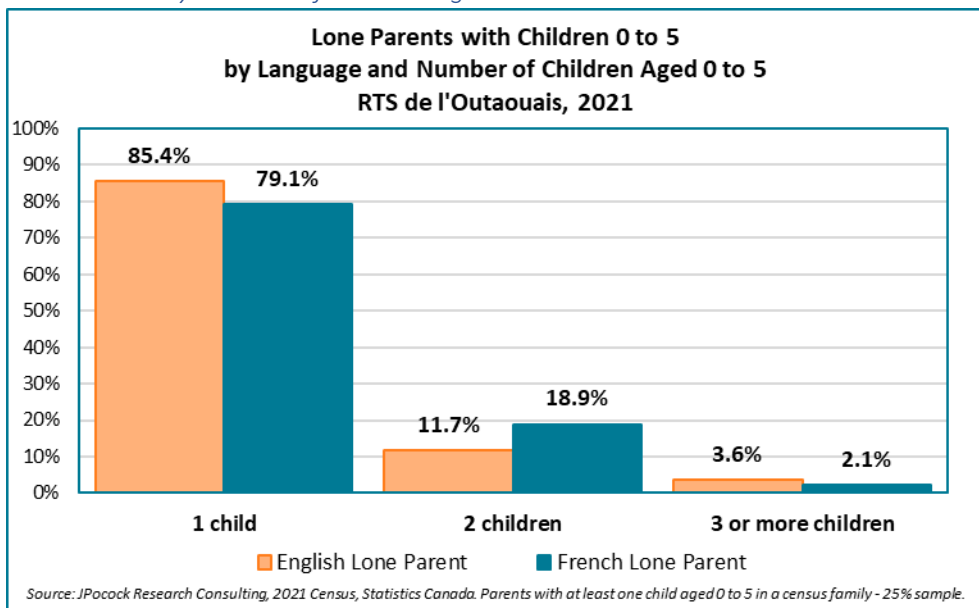
Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.

Parents in a Couple Family by Number of Children Aged 0 to 5



- In RTS de l'Outaouais, 68.4% of all parents with children 0 to 5 had a single child within that age range. Among those parents in an English-speaking couple, 69.3% had a single child aged 0 to 5, which was similar to the proportion within French-speaking couples (65.9%) and higher than the overall average.
- Among parents in English-speaking couples with children aged 0 to 5, 28.1% had two children within that age range, which was similar to the proportion among French-speaking couples (30.1%).
- Among parents in English-speaking couples with children aged 0 to 5, 2.6% had three or more children within that age range, which was much lower than the proportion among French-speaking couples (4.0%).

Lone Parents by Number of Children Aged 0 to 5

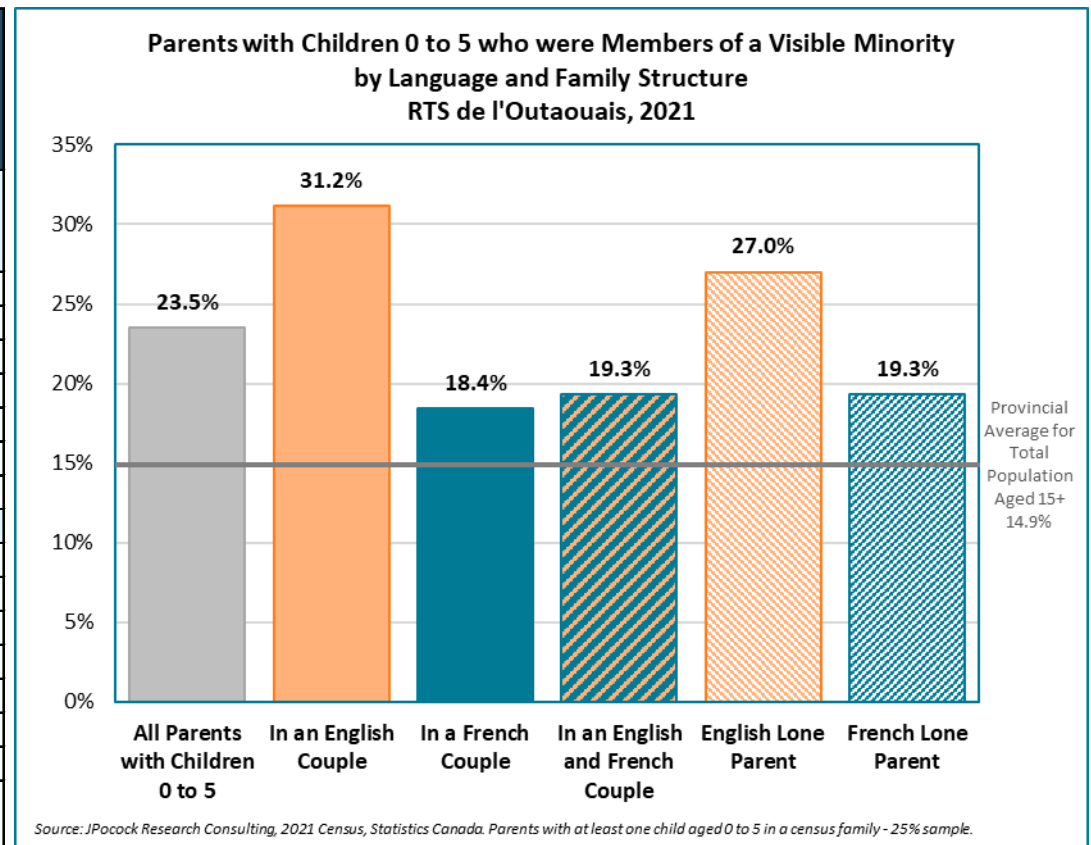


- In RTS de l'Outaouais, 85.4% of English-speaking lone parents with children 0 to 5 had a single child in that age group, which was higher than the proportion within French-speaking lone parents (79.1%).
- Among parents in English-speaking lone parents with children aged 0 to 5, 11.7% had two children within that age range, which was much lower than the proportion among French-speaking couples (18.9%).
- Among parents in English-speaking lone parents with children aged 0 to 5, 3.6% had three or more children within that age range, which was similar to the proportion among French-speaking couples (2.1%).

Visible Minority Status

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Visible Minority Status RTS de l'Outaouais, 2021			
Census Family Structure and Language	Total	Member of a Visible Minority	Not a Visible Minority
All Parents with Children 0 to 5	34,870	8,190	26,675
In an English Couple	4,750	1,480	3,270
In a French Couple	20,375	3,755	16,620
In an English and French Couple	3,750	725	3,010
English Lone Parent	685	185	500
French Lone Parent	2,850	550	2,300
Other Types of Families	2,460	1,485	975
Percentages			
All Parents with Children 0 to 5	100.0%	23.5%	76.5%
In an English Couple	100.0%	31.2%	68.8%
In a French Couple	100.0%	18.4%	81.6%
In an English and French Couple	100.0%	19.3%	80.3%
English Lone Parent	100.0%	27.0%	73.0%
French Lone Parent	100.0%	19.3%	80.7%
Other Types of Families	100.0%	60.4%	39.6%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.

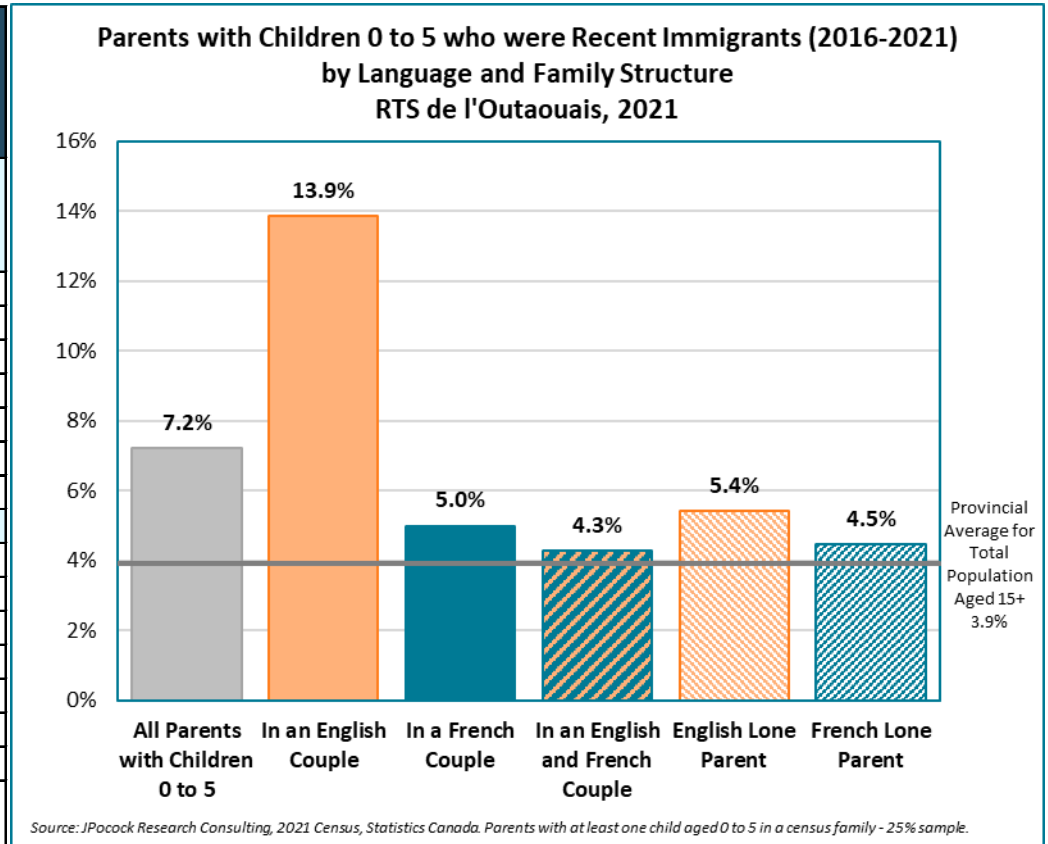


- In RTS de l'Outaouais, 23.5% of parents with at least one child aged 0 to 5 were members of a visible minority in 2021.
- Among those parents in English-speaking couples, 31.2% were members of a visible minority, which was much higher than those in French-speaking couples (18.4%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 19.3% parents with children 0 to 5 were members of a visible minority. This was much lower than the proportion in English-speaking couples and similar to the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 27.0% were a member of a visible minority. This was much higher than the proportion of French-speaking lone parents (19.3%). English-speaking lone parents with children 0 to 5 were less likely to report being a member of a visible minority than were parents with children of that age in English-speaking couples.

Recent Mobility (2016 – 2021)

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Recent* Mobility Status RTS de l'Outaouais, 2021				
Census Family Structure and Language	Total	Migrants	Inter-provincial Migrants	External Migrants (Immigrants)
All Parents with Children 0 to 5	74,115	26,245	6,960	5,355
In an English Couple	9,815	4,990	2,215	1,360
In a French Couple	43,595	13,340	1,955	2,175
In an English and French Couple	7,720	3,040	1,440	330
English Lone Parent	1,475	700	445	80
French Lone Parent	6,170	1,825	390	275
Other Types of Families	5,330	2,350	510	1,130
Percentages				
All Parents with Children 0 to 5	100.0%	35.4%	9.4%	7.2%
In an English Couple	100.0%	50.8%	22.6%	13.9%
In a French Couple	100.0%	30.6%	4.5%	5.0%
In an English and French Couple	100.0%	39.4%	18.7%	4.3%
English Lone Parent	100.0%	47.5%	30.2%	5.4%
French Lone Parent	100.0%	29.6%	6.3%	4.5%
Other Types of Families	100.0%	44.1%	9.6%	21.2%

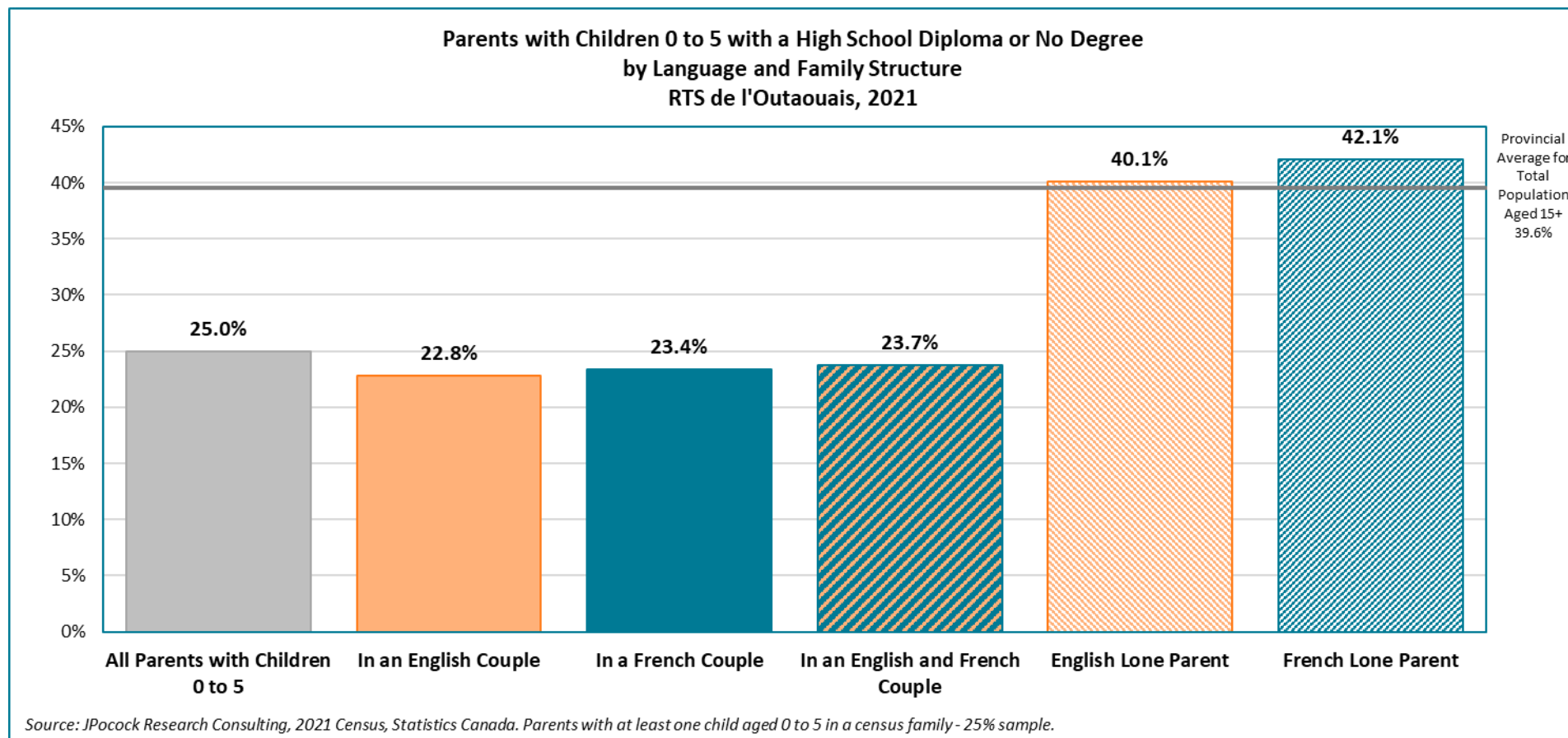
Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. *Between 2016 and 2021.



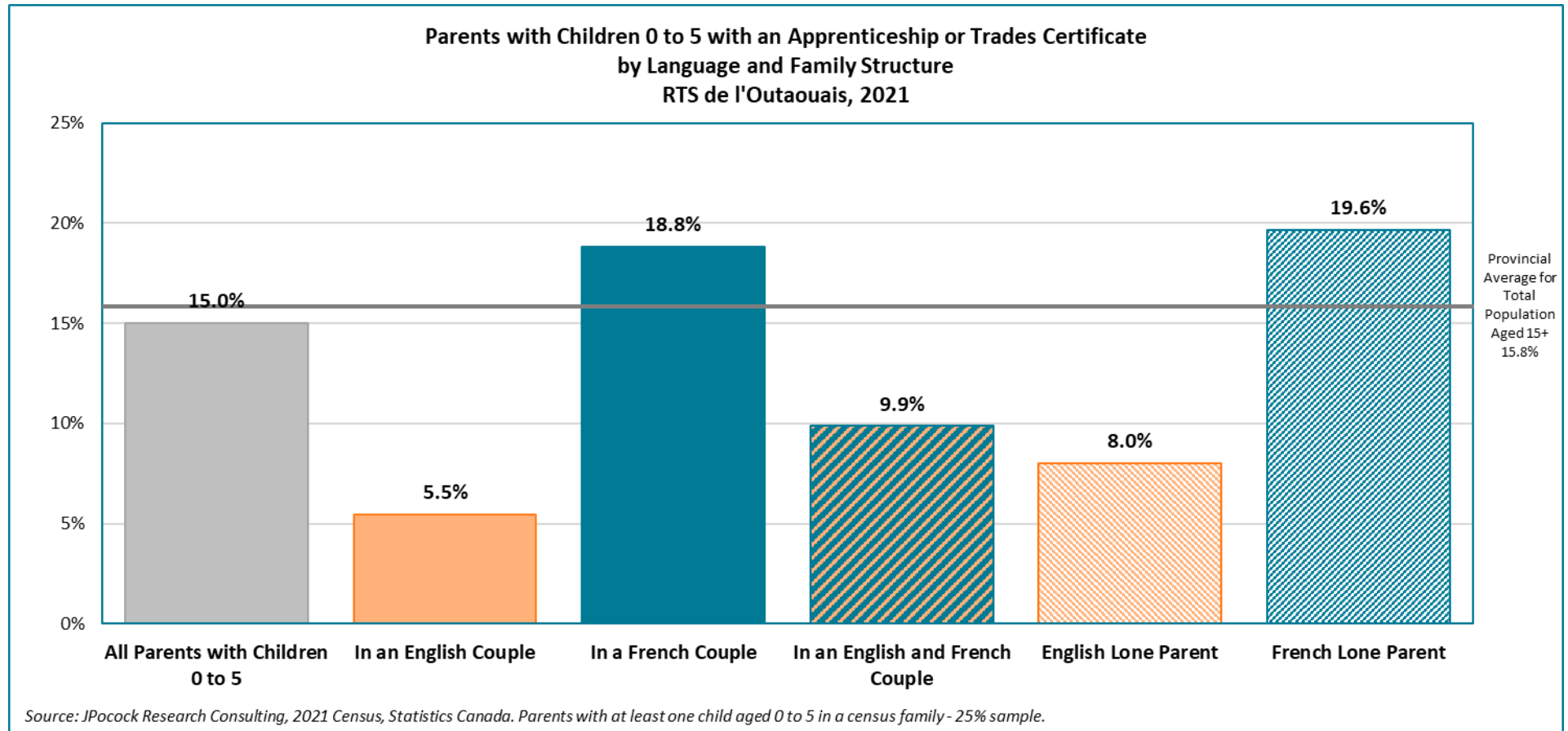
- In RTS de l'Outaouais, 7.2% of parents with at least one child aged 0 to 5 were recent immigrants in 2021.
- Among those parents in English-speaking couples, 13.9% were recent immigrants, which was much higher than those in French-speaking couples (5.0%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 4.3% of parents with children 0 to 5 were recent immigrants. This was much lower than the proportion in English-speaking couples and lower than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 5.4% were a recent immigrant. This was much higher than the proportion of French-speaking lone parents (4.5%). English-speaking lone parents with children 0 to 5 were less likely to report being a recent immigrant than were parents with children of that age in English-speaking couples.

**Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and Highest Level of Education
RTS de l'Outaouais, 2021**

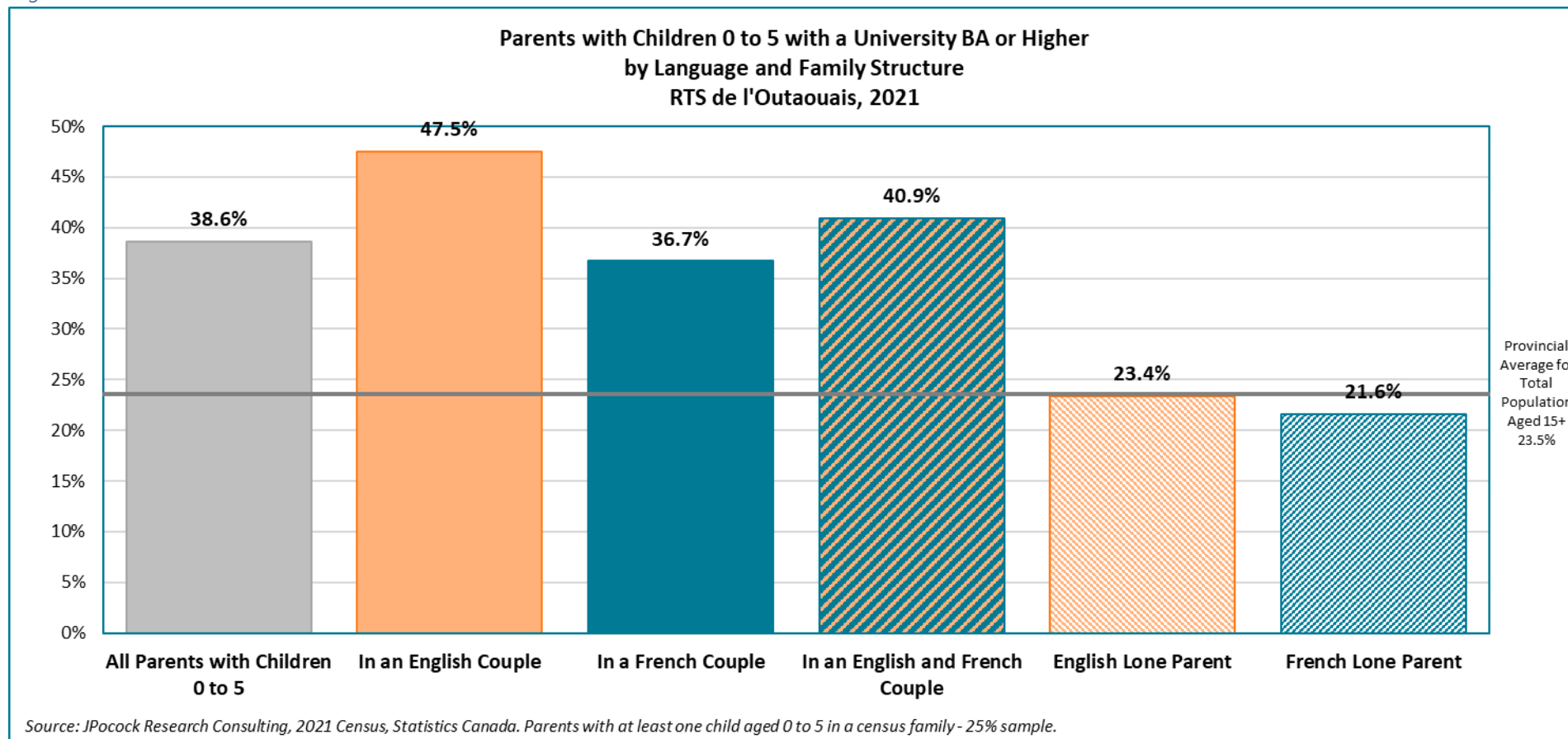
Census Family Structure and Language	Total	High School Diploma or No Degree	Apprenticeship or Trades Certificate	College, CEGEP or Other Non-University	University Certificate Below BA	University BA or Higher
All Parents with Children 0 to 5	34,870	8,705	5,240	6,560	905	13,455
In an English Couple	4,750	1,085	260	1,055	100	2,255
In a French Couple	20,375	4,760	3,840	3,750	550	7,475
In an English and French Couple	3,750	890	370	855	85	1,535
English Lone Parent	685	275	55	185	10	160
French Lone Parent	2,850	1,200	560	440	45	615
Other Types of Families	2,460	490	155	275	115	1,420
Percentages						
All Parents with Children 0 to 5	100.0%	25.0%	15.0%	18.8%	2.6%	38.6%
In an English Couple	100.0%	22.8%	5.5%	22.2%	2.1%	47.5%
In a French Couple	100.0%	23.4%	18.8%	18.4%	2.7%	36.7%
In an English and French Couple	100.0%	23.7%	9.9%	22.8%	2.3%	40.9%
English Lone Parent	100.0%	40.1%	8.0%	27.0%	-	23.4%
French Lone Parent	100.0%	42.1%	19.6%	15.4%	1.6%	21.6%
Other Types of Families	100.0%	19.9%	6.3%	11.2%	4.7%	57.7%
<i>Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.</i>						



- In RTS de l'Outaouais, 25.0% of parents with at least one child aged 0 to 5 reported a high school diploma as their highest level of educational attainment in 2021.
- Among those parents in English-speaking couples, 22.8% reported a high school diploma as their highest level of educational attainment, which was similar to those in French-speaking couples (23.4%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 23.7% of parents with children 0 to 5 reported a high school diploma as their highest level of educational attainment. This was similar to the proportion in English-speaking couples and similar to the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 40.1% reported a high school diploma as their highest level of educational attainment. This was similar to the proportion of French-speaking lone parents (42.1%). English-speaking lone parents with children 0 to 5 were less likely to report this low level of educational attainment than were parents with children of that age in English-speaking couples.



- In RTS de l'Outaouais, 15.0% of parents with at least one child aged 0 to 5 reported an apprenticeship or trades certificate as their highest level of educational attainment in 2021.
- Among those parents in English-speaking couples, 5.5% reported an apprenticeship or trades certificate as their highest level of educational attainment, which was much lower than those in French-speaking couples (18.8%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 9.9% of parents with children 0 to 5 reported an apprenticeship or trades certificate as their highest level of educational attainment. This was much higher than the proportion in English-speaking couples and much lower than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 8.0% reported an apprenticeship or trades certificate as their highest level of educational attainment. This was much lower than the proportion of French-speaking lone parents (19.6%). English-speaking lone parents with children 0 to 5 were less likely to have an apprenticeship or trades certificate than were parents with children of that age in English-speaking couples.

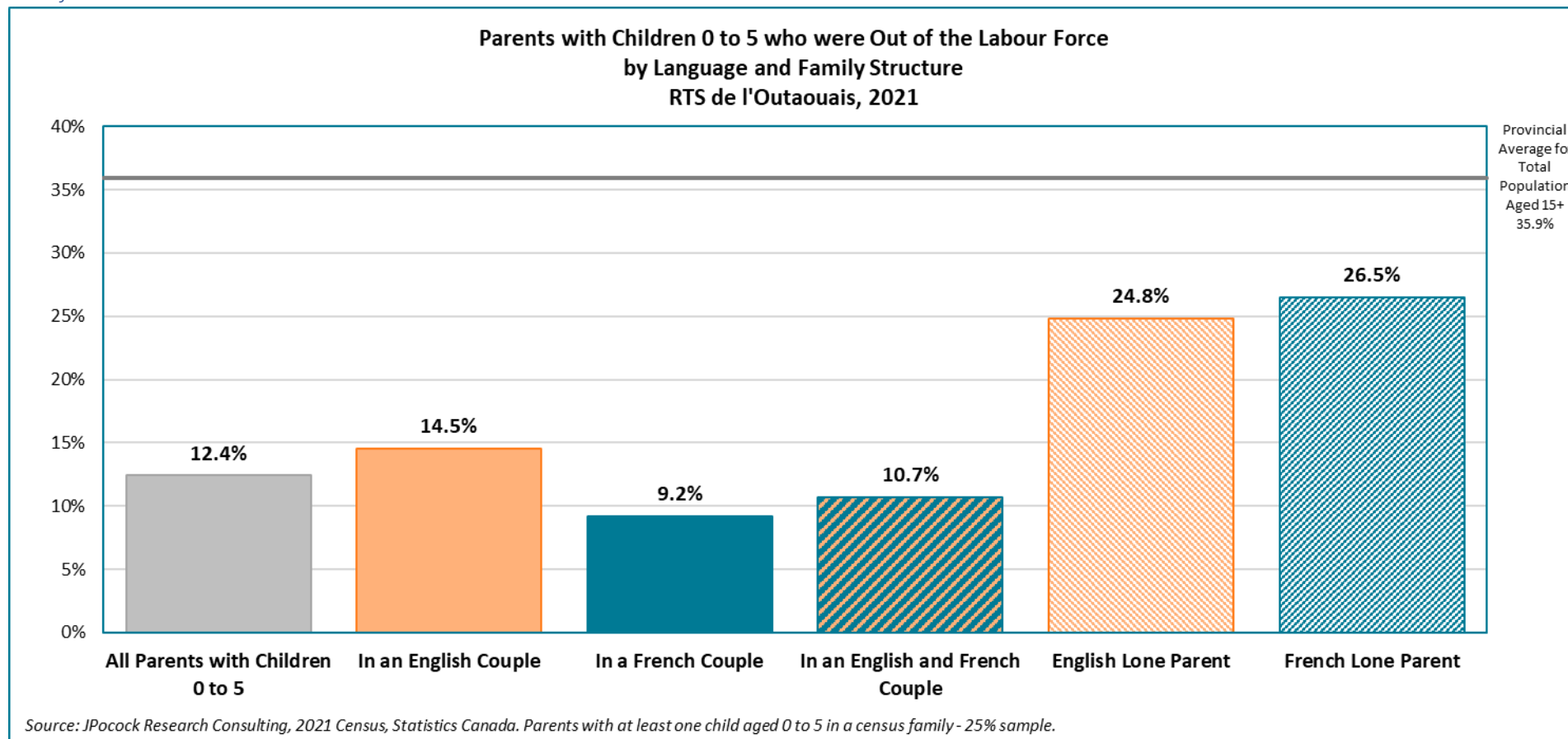


- In RTS de l'Outaouais, 38.6% of parents with at least one child aged 0 to 5 reported having a university BA or higher in 2021.
- Among those parents in English-speaking couples, 47.5% reported having a university BA or higher, which was much higher than those in French-speaking couples (36.7%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 40.9% of parents with children 0 to 5 reported having a university BA or higher. This was lower than the proportion in English-speaking couples and higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 23.4% reported having a university BA or higher. This was higher than the proportion of French-speaking lone parents (21.6%). English-speaking lone parents with children 0 to 5 were less likely to reported having a university BA or higher than were parents with children of that age in English-speaking couples.

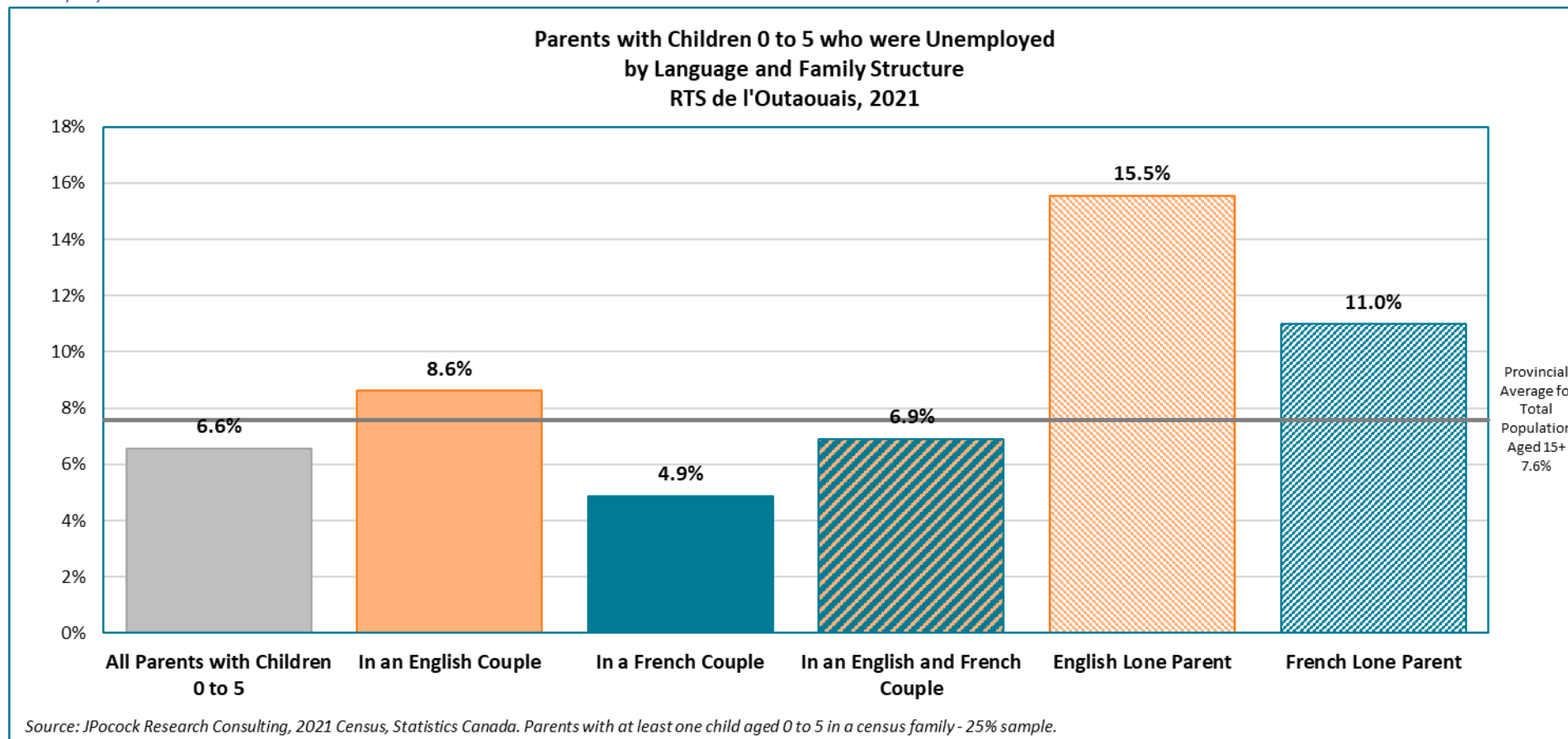
**Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and Labour Force Activity
RTS de l'Outaouais, 2021**

Census Family Structure and Language	Total	In the Labour Force	Un-employed	Out of the Labour Force
All Parents with Children 0 to 5	34,870	30,545	2,005	4,325
In an English Couple	4,750	4,065	350	690
In a French Couple	20,375	18,505	900	1,870
In an English and French Couple	3,750	3,340	230	400
English Lone Parent	685	515	80	170
French Lone Parent	2,850	2,095	230	755
Other Types of Families	2,460	2,020	210	440
Percentages				
All Parents with Children 0 to 5	100.0%	87.6%	6.6%	12.4%
In an English Couple	100.0%	85.6%	8.6%	14.5%
In a French Couple	100.0%	90.8%	4.9%	9.2%
In an English and French Couple	100.0%	89.1%	6.9%	10.7%
English Lone Parent	100.0%	75.2%	15.5%	24.8%
French Lone Parent	100.0%	73.5%	11.0%	26.5%
Other Types of Families	100.0%	82.1%	10.4%	17.9%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.



- In RTS de l'Outaouais, 12.4% of parents with at least one child aged 0 to 5 were out of the labour force in 2021.
- Among those parents in English-speaking couples, 14.5% were out of the labour force, which was much higher than those in French-speaking couples (9.2%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 10.7% of parents with children 0 to 5 were out of the labour force. This was much lower than the proportion in English-speaking couples and higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 24.8% were out of the labour force. This was lower than the proportion of French-speaking lone parents (26.5%). English-speaking lone parents with children 0 to 5 were less likely to be out of the labour force than were parents with children of that age in English-speaking couples.

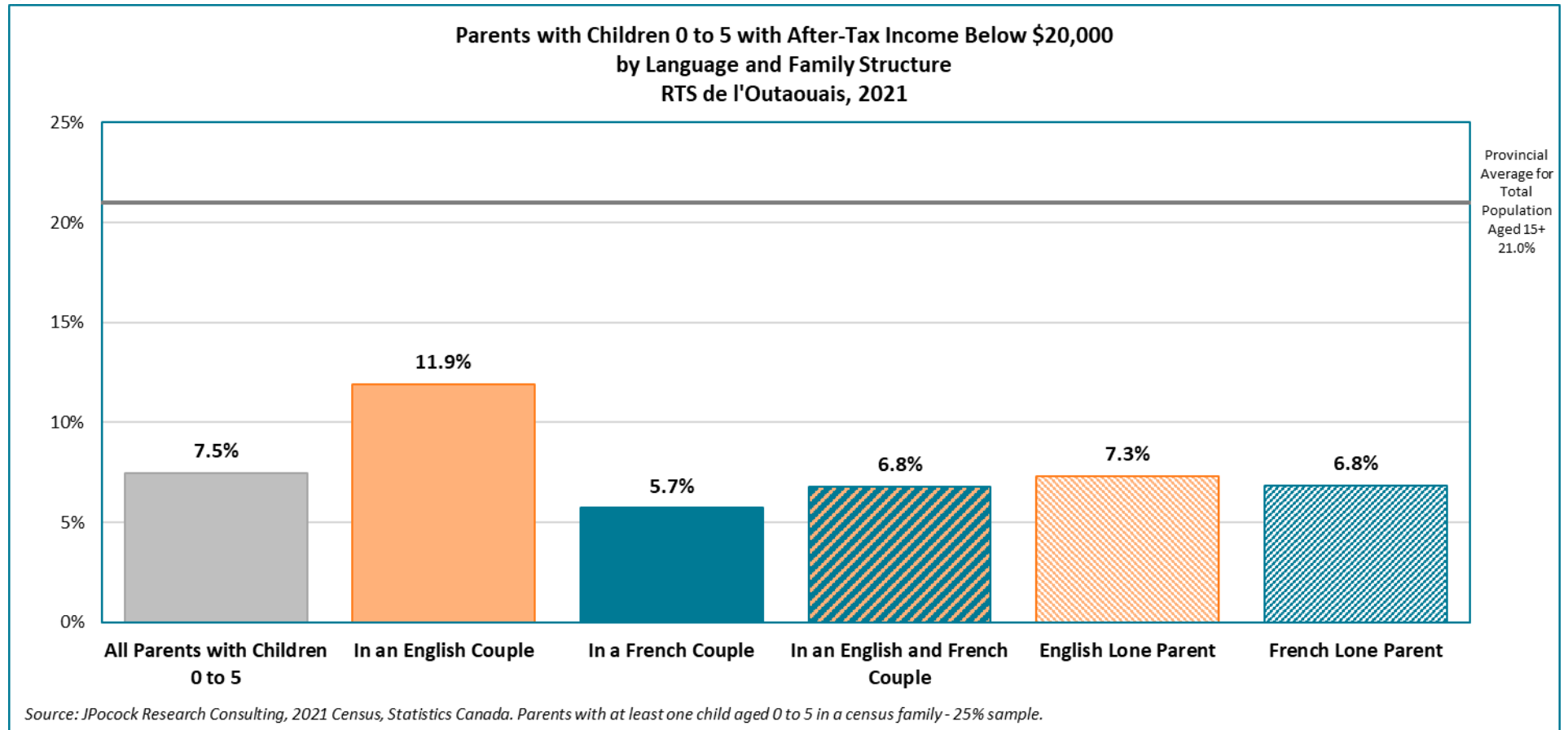


- In RTS de l'Outaouais, 6.6% of parents with at least one child aged 0 to 5 were unemployed in 2021.
- Among those parents in English-speaking couples, 8.6% were unemployed, which was much higher than those in French-speaking couples (4.9%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 6.9% of parents with children 0 to 5 were unemployed. This was much lower than the proportion in English-speaking couples and much higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 15.5% were unemployed. This was much higher than the proportion of French-speaking lone parents (11.0%). English-speaking lone parents with children 0 to 5 were less likely to be unemployed than were parents with children of that age in English-speaking couples.

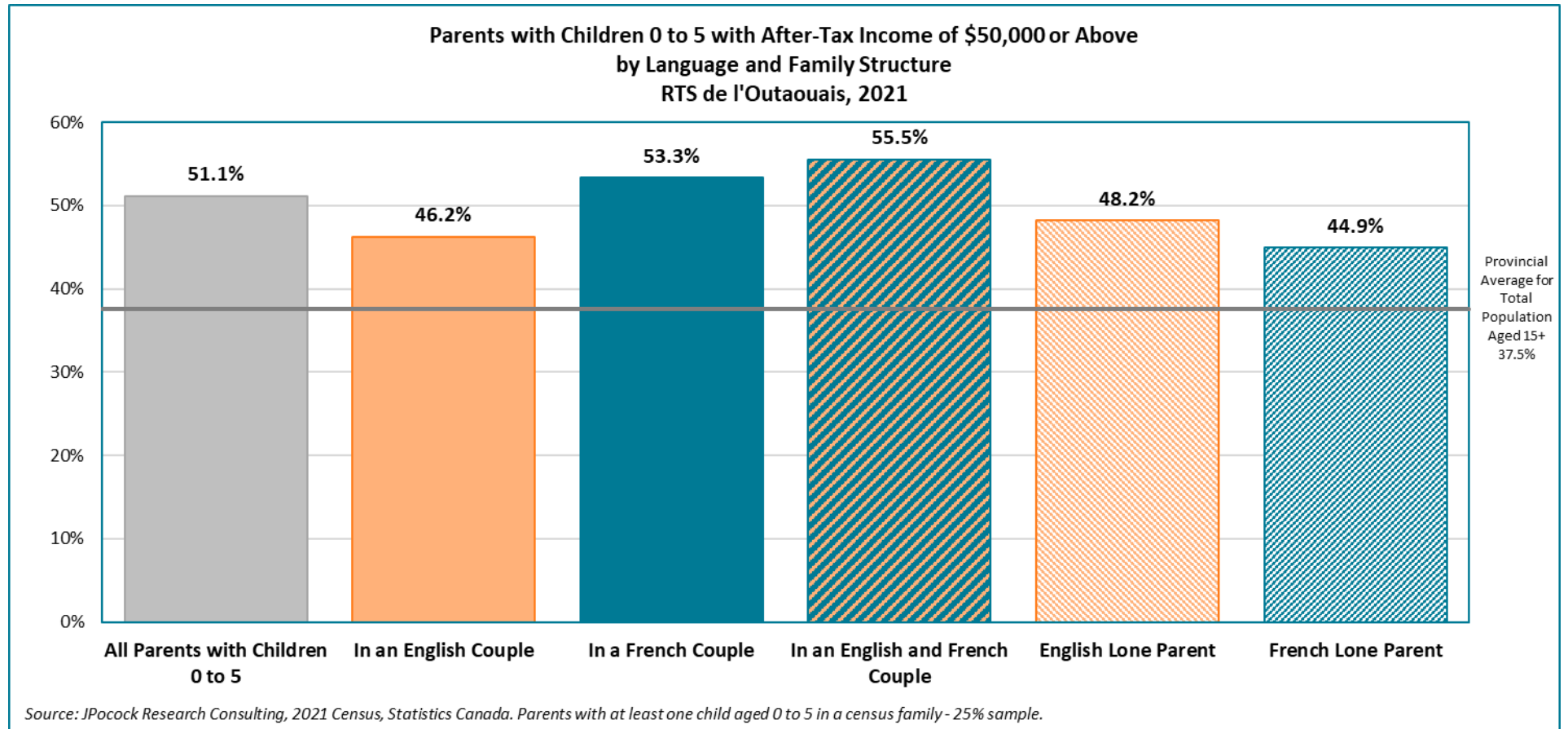
**Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and After-Tax Income
RTS de l'Outaouais, 2021**

Census Family Structure and Language	Total	Less than \$20,000	\$20,000 to \$49,999	\$50,000 and Over
All Parents with Children 0 to 5	34,870	2,600	14,450	17,820
In an English Couple	4,750	565	1,990	2,195
In a French Couple	20,375	1,165	8,345	10,865
In an English and French Couple	3,750	255	1,390	2,080
English Lone Parent	685	50	300	330
French Lone Parent	2,850	195	1,375	1,280
Other Types of Families	2,460	350	1,045	1,065
Percentages				
All Parents with Children 0 to 5	100.0%	7.5%	41.4%	51.1%
In an English Couple	100.0%	11.9%	41.9%	46.2%
In a French Couple	100.0%	5.7%	41.0%	53.3%
In an English and French Couple	100.0%	6.8%	37.1%	55.5%
English Lone Parent	100.0%	7.3%	43.8%	48.2%
French Lone Parent	100.0%	6.8%	48.2%	44.9%
Other Types of Families	100.0%	14.2%	42.5%	43.3%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample.



- In RTS de l'Outaouais, 7.5% of parents with at least one child aged 0 to 5 earned an after-tax income below \$20,000 in 2021.
- Among those parents in English-speaking couples, 11.9% earned an after-tax income below \$20,000, which was much higher than those in French-speaking couples (5.7%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 6.8% of parents with children 0 to 5 earned an after-tax income below \$20,000. This was much lower than the proportion in English-speaking couples and higher than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 7.3% earned an after-tax income below \$20,000. This was higher than the proportion of French-speaking lone parents (6.8%). English-speaking lone parents with children 0 to 5 were less likely to earn an income under \$20,000 than were parents with children of that age in English-speaking couples.

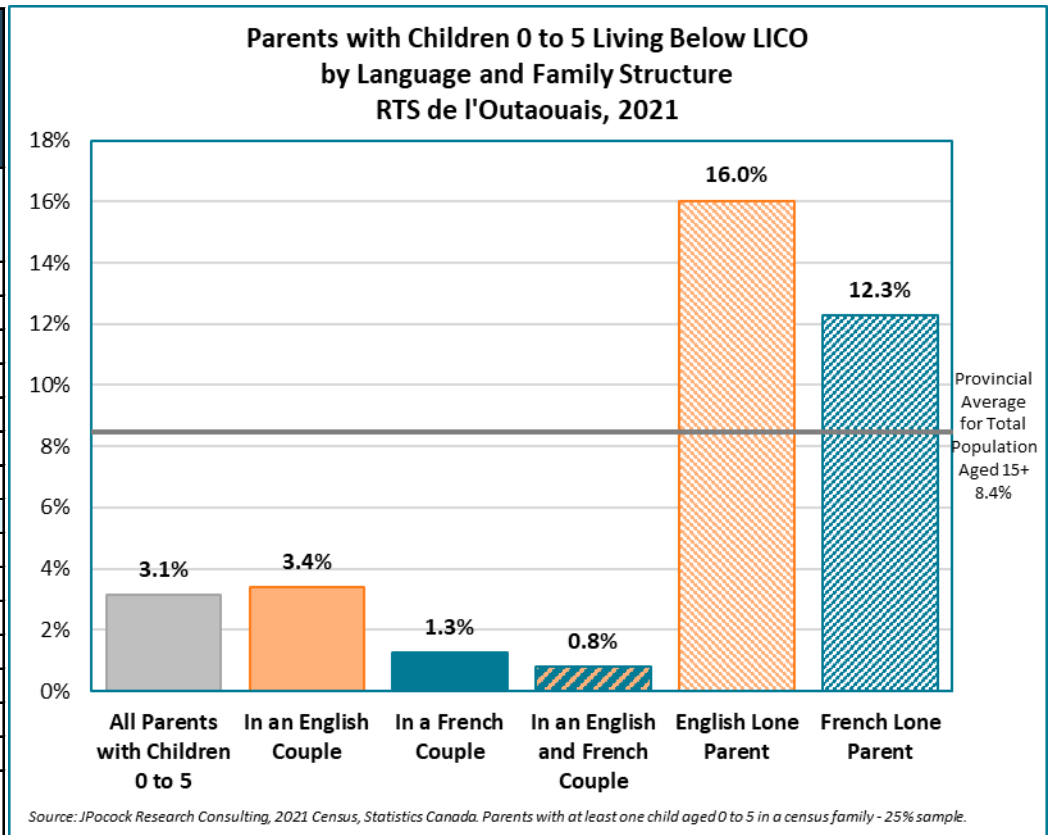


- In RTS de l'Outaouais, 51.1% of parents with at least one child aged 0 to 5 earned \$50,000 or more in 2021.
- Among those parents in English-speaking couples, 46.2% earned \$50,000 or more, which was lower than those in French-speaking couples (53.3%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 55.5% of parents with children 0 to 5 earned \$50,000 or more. This was much higher than the proportion in English-speaking couples and similar to the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 48.2% earned \$50,000 or more. This was higher than the proportion of French-speaking lone parents (44.9%). English-speaking lone parents with children 0 to 5 were less likely to earn an income of \$50,000 or more than were parents with children of that age in English-speaking couples.

Low Income Cut-Off (LICO)

Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Low Income Cut-Off Status RTS de l'Outaouais, 2021			
Census Family Structure and Language	Total	Above LICO-AT	Below LICO-AT
All Parents with Children 0 to 5	34,765	33,675	1,090
In an English Couple	4,705	4,545	160
In a French Couple	20,360	20,105	255
In an English and French Couple	3,710	3,680	30
English Lone Parent	655	550	105
French Lone Parent	2,850	2,500	350
Other Types of Families	2,460	2,300	160
Percentages			
All Parents with Children 0 to 5	100.0%	96.9%	3.1%
In an English Couple	100.0%	96.6%	3.4%
In a French Couple	100.0%	98.7%	1.3%
In an English and French Couple	100.0%	99.2%	0.8%
English Lone Parent	100.0%	84.0%	16.0%
French Lone Parent	100.0%	87.7%	12.3%
Other Types of Families	100.0%	93.5%	6.5%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown.

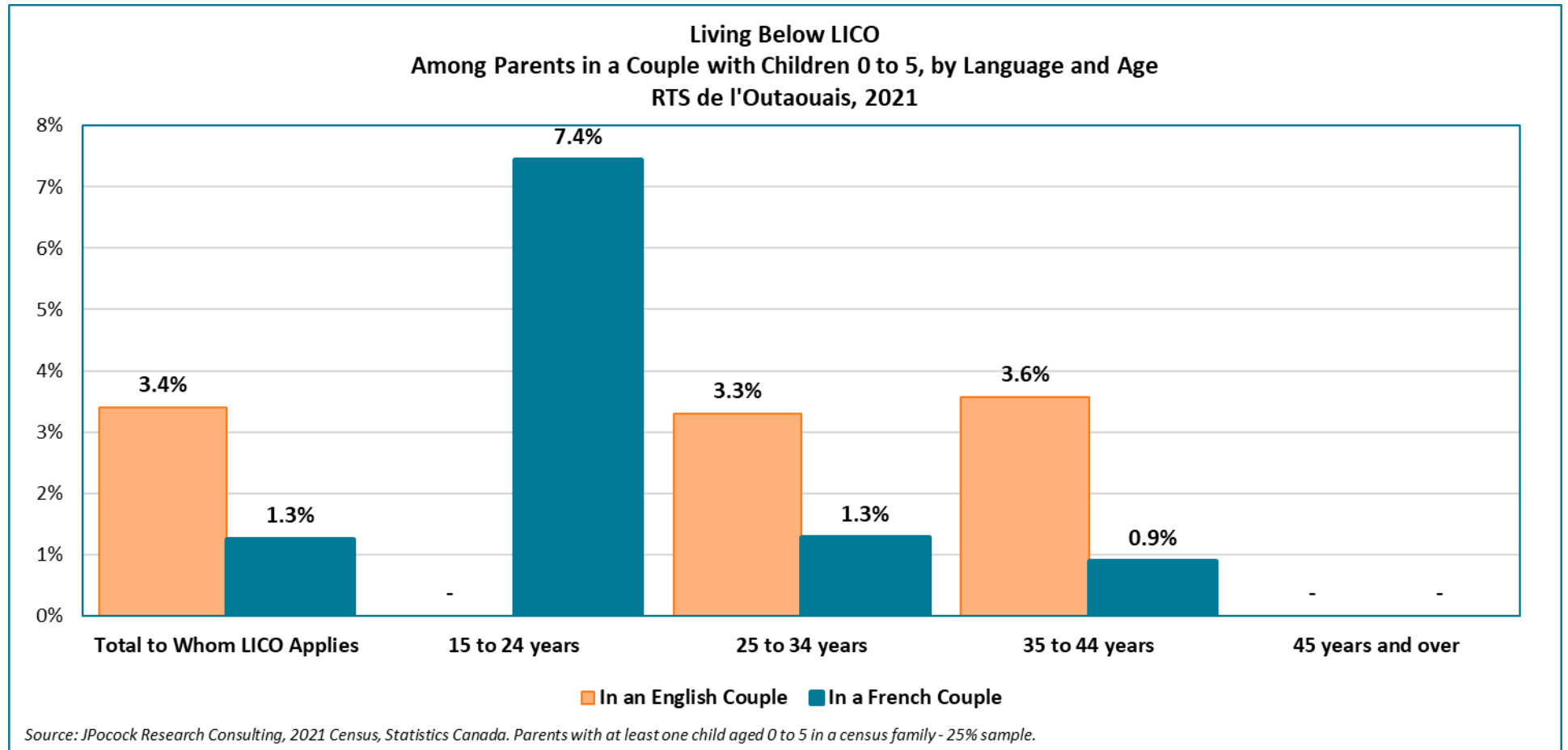


- In RTS de l'Outaouais, 3.1% of parents with at least one child aged 0 to 5 were living below LICO in 2021.
- Among those parents in English-speaking couples, 3.4% were living below LICO, which was much higher than those in French-speaking couples (1.3%).
- Within mixed couples, those with one English-speaking parent and one French-speaking parent, 0.8% of parents with children 0 to 5 were living below LICO. This was much lower than the proportion in English-speaking couples and much lower than the proportion in French-speaking couples.
- Among English-speaking lone parents with at least one child aged 0 to 5, 16.0% were living below LICO. This was much higher than the proportion of French-speaking lone parents (12.3%). English-speaking lone parents with children 0 to 5 were less likely to report living below LICO than were parents with children of that age in English-speaking couples.

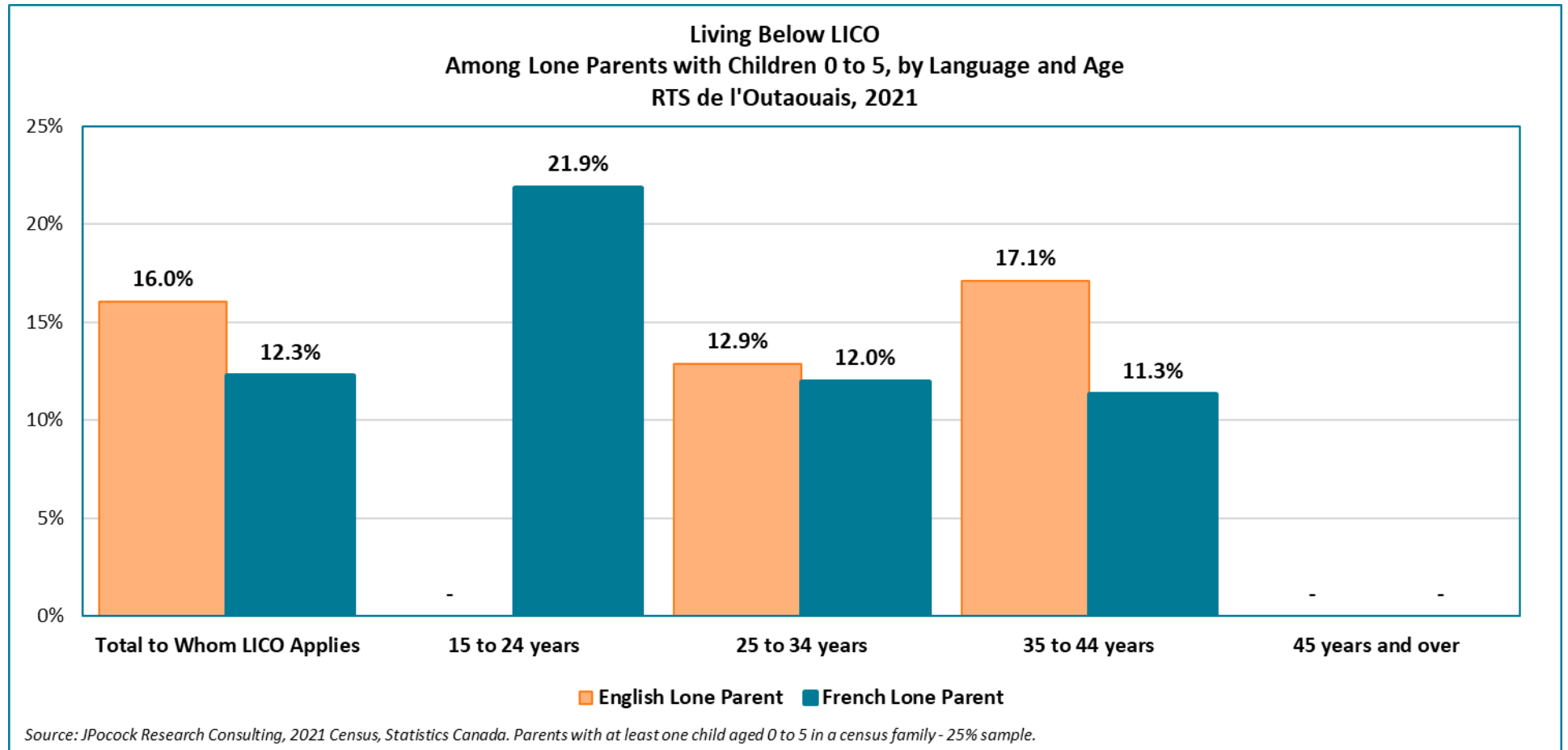
**Low Income Cut-off Stats of Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and Age
RTS de l'Outaouais, 2021**

Census Family Structure and Language	Total to Whom LICO Applies	15 to 24 years	25 to 34 years	35 to 44 years	45 years and over
All Parents with Children 0 to 5	34,765	1,095	15,585	15,580	2,490
In an English Couple	4,705	115	1,670	2,525	375
In a French Couple	20,360	470	10,125	8,450	1,310
In an English and French Couple	3,710	85	1,345	1,980	245
English Lone Parent	655	45	350	205	40
French Lone Parent	2,850	320	1,335	1,015	155
Other Types of Families	2,460	40	745	1,385	280
Living Below LICO-AT					
All Parents with Children 0 to 5	1,090	120	455	425	75
In an English Couple	160	-	55	90	-
In a French Couple	255	35	130	75	-
In an English and French Couple	30	-	-	-	-
English Lone Parent	105	-	45	35	15
French Lone Parent	350	70	160	115	-
Other Types of Families	160	-	45	90	20
Percentages					
All Parents with Children 0 to 5	3.1%	11.0%	2.9%	2.7%	3.0%
In an English Couple	3.4%	-	3.3%	3.6%	-
In a French Couple	1.3%	7.4%	1.3%	0.9%	-
In an English and French Couple	0.8%	-	-	-	-
English Lone Parent	16.0%	-	12.9%	17.1%	-
French Lone Parent	12.3%	21.9%	12.0%	11.3%	-
Other Types of Families	6.5%	-	6.0%	6.5%	7.1%

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown.



- Among parents aged 25 to 35 with at least one child aged 0 to 5, 3.3% of those in English-speaking couples were living below LICO, which was much higher than the proportion among those in French-speaking couples (1.3%).
- Among parents aged 35 to 45 with at least one child aged 0 to 5, 3.6% of those in English-speaking couples were living below LICO, which was much higher than the proportion among those in French-speaking couples (0.9%).

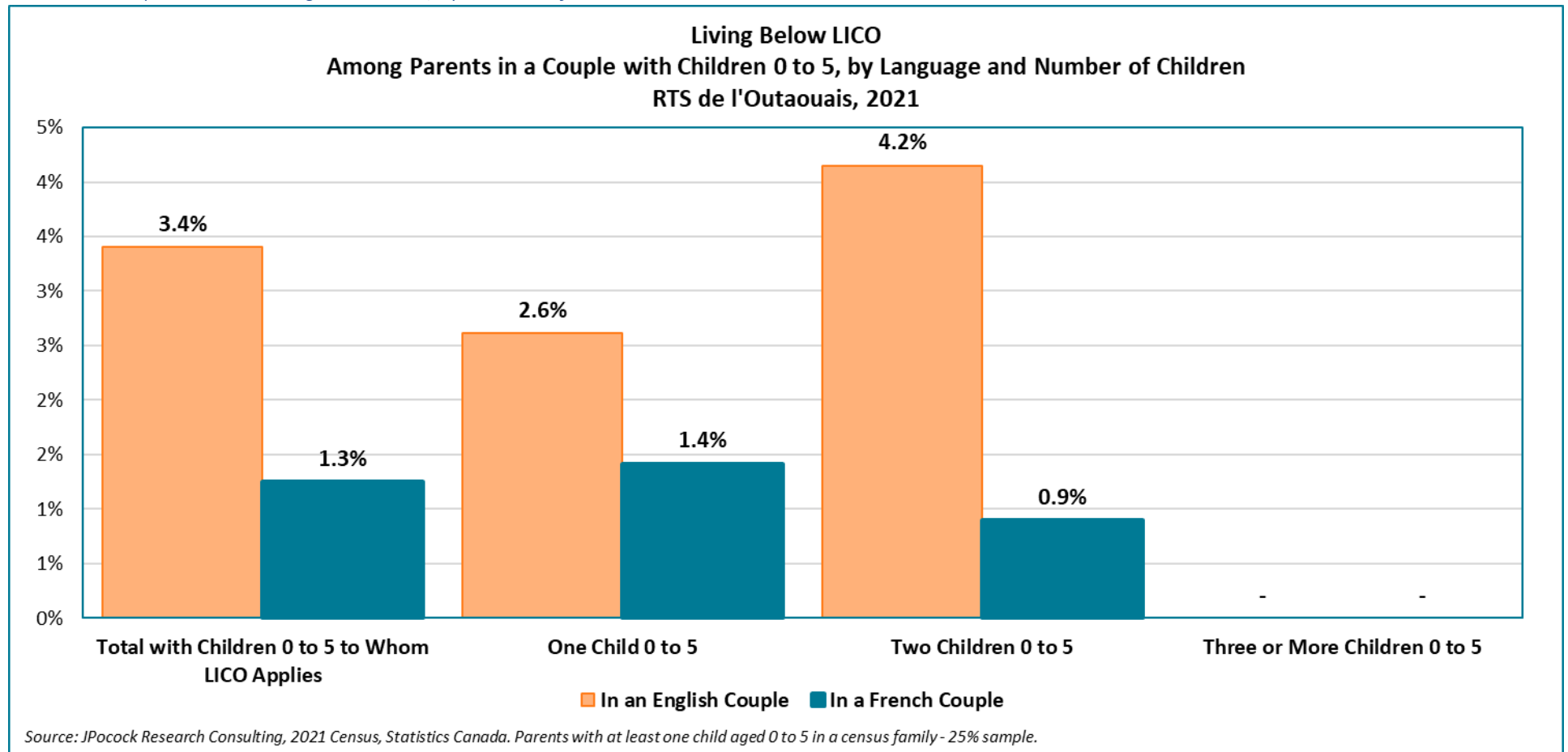


- Among English-speaking lone parents aged 25 to 35 with children 0 to 5, 12.9% were living below LICO, which was higher than the proportion among French-speaking lone parents aged 25 to 35 (12.0%).
- Among English-speaking lone parents aged 35 to 45 with children 0 to 5, 17.1% were living below LICO, which was much higher than the proportion among French-speaking lone parents aged 35 to 45 (11.3%).

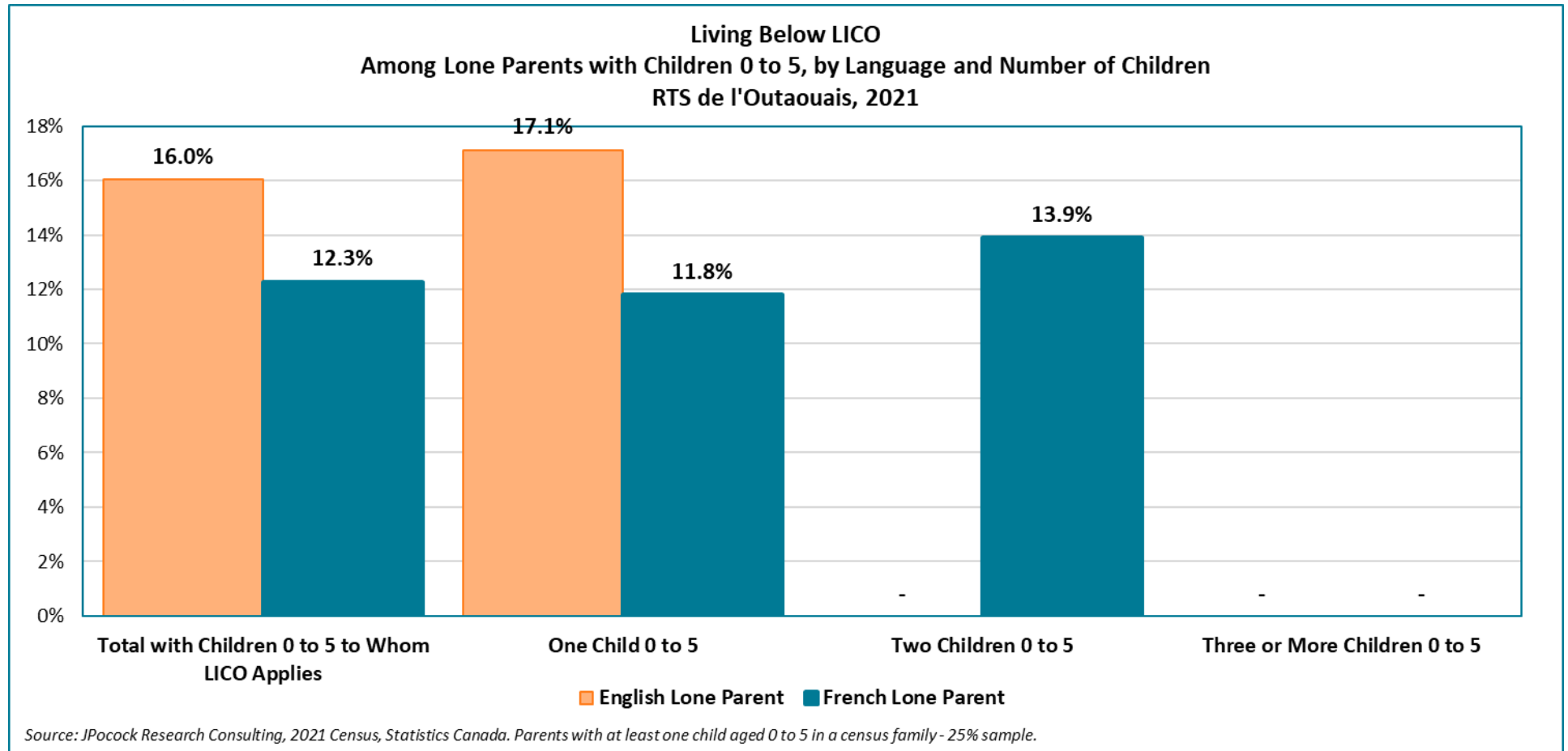
**Low Income Cut-off Stats of Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and Number of Children
RTS de l'Outaouais, 2021**

Census Family Structure and Language	Total with Children 0 to 5 to Whom LICO Applies	One Child 0 to 5	Two Children 0 to 5	Three or More Children 0 to 5
All Parents with Children 0 to 5	34,765	23,765	9,775	1,225
In an English Couple	4,705	3,255	1,325	100
In a French Couple	20,360	13,410	6,130	805
In an English and French Couple	3,710	2,550	1,010	95
English Lone Parent	655	555	75	15
French Lone Parent	2,850	2,245	540	55
Other Types of Families	2,460	1,700	685	65
Living Below LICO-AT				
All Parents with Children 0 to 5	1,090	785	240	65
In an English Couple	160	85	55	-
In a French Couple	255	190	55	-
In an English and French Couple	30	-	-	-
English Lone Parent	105	95	-	-
French Lone Parent	350	265	75	-
Other Types of Families	160	110	40	-
Percentages				
All Parents with Children 0 to 5	3.1%	3.3%	2.5%	5.3%
In an English Couple	3.4%	2.6%	4.2%	-
In a French Couple	1.3%	1.4%	0.9%	-
In an English and French Couple	0.8%	-	-	-
English Lone Parent	16.0%	17.1%	-	-
French Lone Parent	12.3%	11.8%	13.9%	-
Other Types of Families	6.5%	6.5%	5.8%	-

Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown.

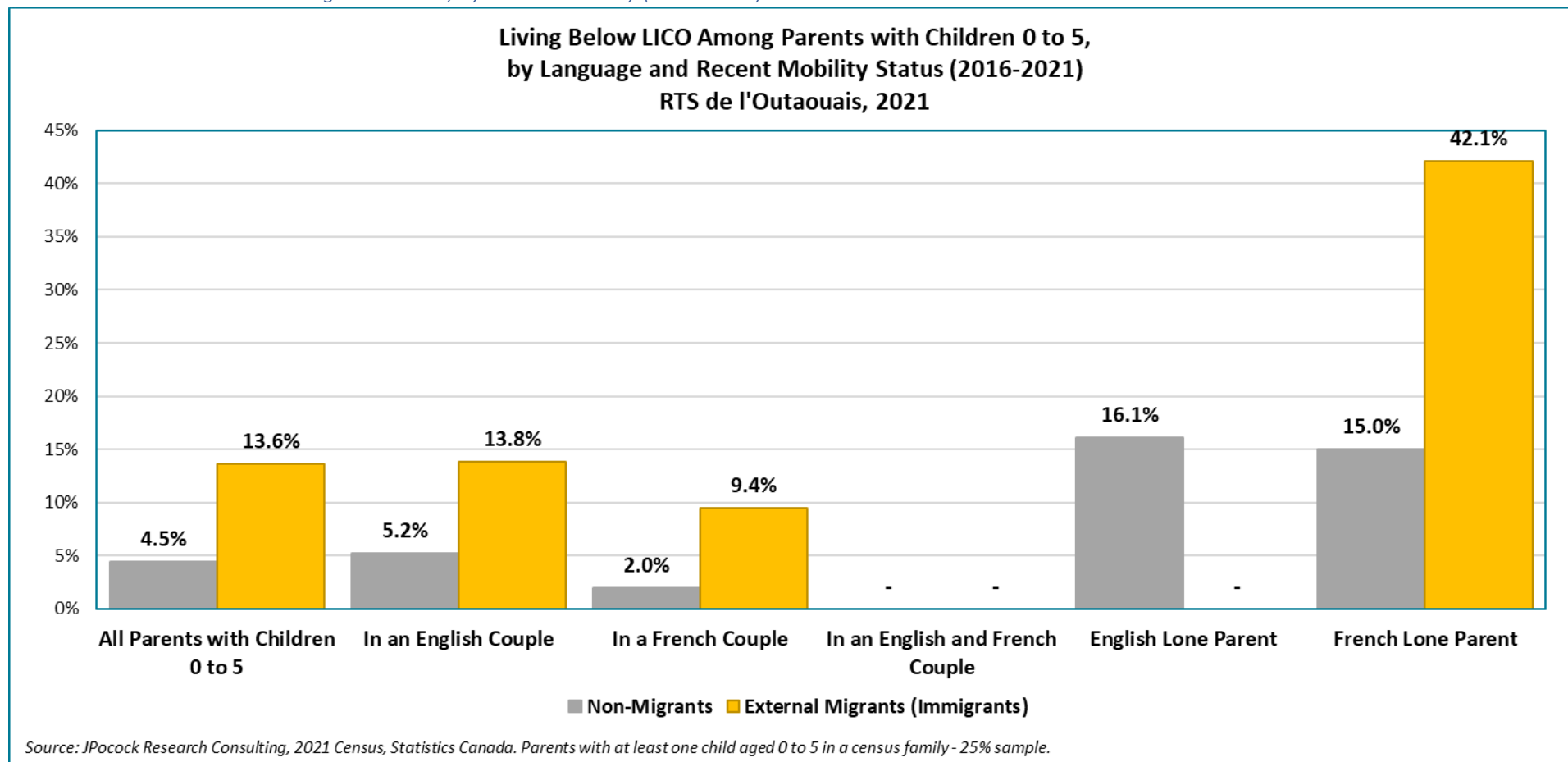


- In RTS de l'Outaouais, 2.6% of parents in English-speaking couples with a single child aged 0 to 5 reported living below LICO. This was much higher than the proportion among those in French-speaking couples (1.4%).
- Among English-speaking couples with two children aged 0 to 5, 4.2% were living below LICO, which was much higher than the proportion among those in French-speaking couples (0.9%).



- The number of English-speaking lone parents with at least one child aged 0 to 5 living below LICO in RTS de l'Outaouais was too low to report by number of children.

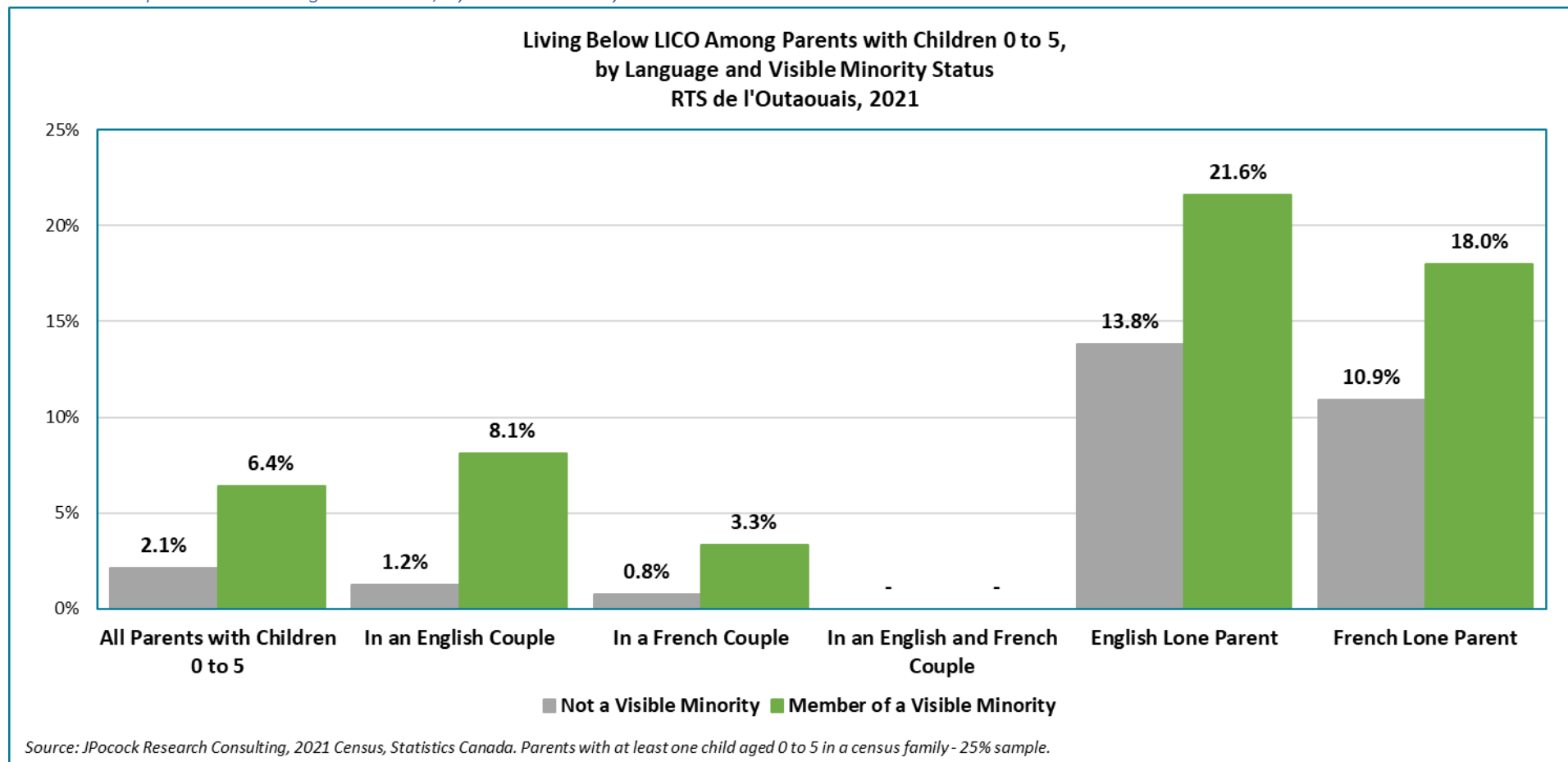
Low Income Cut-off Stats of Parents with at Least One Child Aged 0 to 5 by Language, Census Family Structure and Recent* Mobility Status RTS de l'Outaouais, 2021				
Census Family Structure and Language	Total	Non-Migrants	Migrants	External Migrants (Immigrants)
All Parents with Children 0 to 5	34,765	12,085	3,150	2,240
In an English Couple	4,705	2,410	1,080	650
In a French Couple	20,360	6,050	805	795
In an English and French Couple	3,710	1,420	670	150
English Lone Parent	655	310	200	30
French Lone Parent	2,850	800	165	95
Other Types of Families	2,460	1,060	210	510
Living Below LICO-AT				
All Parents with Children 0 to 5	1,090	540	105	305
In an English Couple	160	125	25	90
In a French Couple	255	120	-	75
In an English and French Couple	30	-	-	-
English Lone Parent	105	50	30	10
French Lone Parent	350	120	20	40
Other Types of Families	160	90	-	85
Percentages				
All Parents with Children 0 to 5	3.1%	4.5%	3.3%	13.6%
In an English Couple	3.4%	5.2%	2.3%	13.8%
In a French Couple	1.3%	2.0%	-	9.4%
In an English and French Couple	0.8%	-	-	-
English Lone Parent	16.0%	16.1%	15.0%	-
French Lone Parent	12.3%	15.0%	12.1%	42.1%
Other Types of Families	6.5%	8.5%	-	16.7%
<i>Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown. *Recent refers to the past five years, from 2016 to 2021.</i>				



- In RTS de l'Outaouais there were 2,240 parents of children 0 to 5 who had immigrated to Canada between 2016 and 2021. Of those parents in English-speaking couples, 13.8% were living below the Low-Income Cut-Off (LICO). This was much higher than the proportion among those in French-speaking couples (9.4%).
- Among parents with children 0 to 5 who were not recent migrants, 5.2% of those in an English-speaking couple were living below LICO, which was much higher than the proportion among those in French-speaking couples (2.0%).
- Among English-speaking lone parents with children 0 to 5 who were not recent migrants, 16.1% lived below LICO. This was higher than the proportion among French-speaking lone parents (15.0%).

**Low Income Cut-off Stats of Parents with at Least One Child Aged 0 to 5
by Language, Census Family Structure and Visible Minority Status
RTS de l'Outaouais, 2021**

Census Family Structure and Language	Total	Member of a Visible Minority	Not a Visible Minority
All Parents with Children 0 to 5	34,765	8,195	26,570
In an English Couple	4,705	1,480	3,225
In a French Couple	20,360	3,755	16,600
In an English and French Couple	3,710	710	2,975
English Lone Parent	655	185	470
French Lone Parent	2,850	555	2,295
Other Types of Families	2,460	1,485	975
Living Below LICO-AT			
All Parents with Children 0 to 5	1,090	525	560
In an English Couple	160	120	40
In a French Couple	255	125	125
In an English and French Couple	30	-	-
English Lone Parent	105	40	65
French Lone Parent	350	100	250
Other Types of Families	160	115	45
Percentages			
All Parents with Children 0 to 5	3.1%	6.4%	2.1%
In an English Couple	3.4%	8.1%	1.2%
In a French Couple	1.3%	3.3%	0.8%
In an English and French Couple	0.8%	-	-
English Lone Parent	16.0%	21.6%	13.8%
French Lone Parent	12.3%	18.0%	10.9%
Other Types of Families	6.5%	7.7%	4.6%
<p><i>Source: JPocock Research Consulting, 2021 Census, Statistics Canada. Parents with at least one child aged 0 to 5 in a census family - 25% sample. LICO After Tax shown.</i></p>			



- Among parents with children 0 to 5 who were not a member of a visible minority, 1.2% of those in an English-speaking couple were living below LICO, which was much higher than the proportion among those in French-speaking couples (0.8%).
- Among English-speaking lone parents with children 0 to 5 who were not a member of a visible minority, 13.8% lived below LICO. This was much higher than the proportion among French-speaking lone parents (10.9%).
- In RTS de l'Outaouais there were 8,195 parents of children 0 to 5 who reported being a member of a visible minority. Of those parents in English-speaking couples, 8.1% were living below the Low-Income Cut-Off (LICO). This was much higher than the proportion among those in French-speaking couples (3.3%).
- In RTS de l'Outaouais, 21.6% of English-speaking lone parents with children 0 to 5 who were a member of a visible minority lived below LICO. This was higher than the proportion among French-speaking lone parents (18.0%).